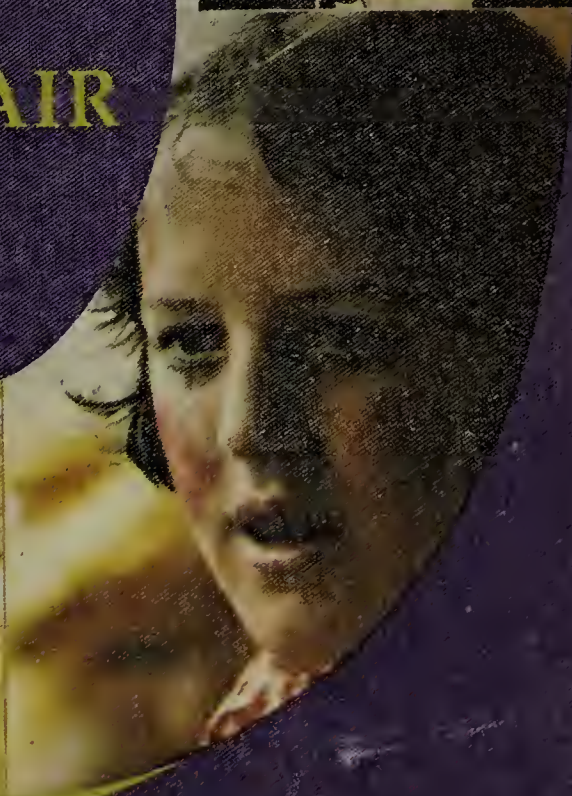


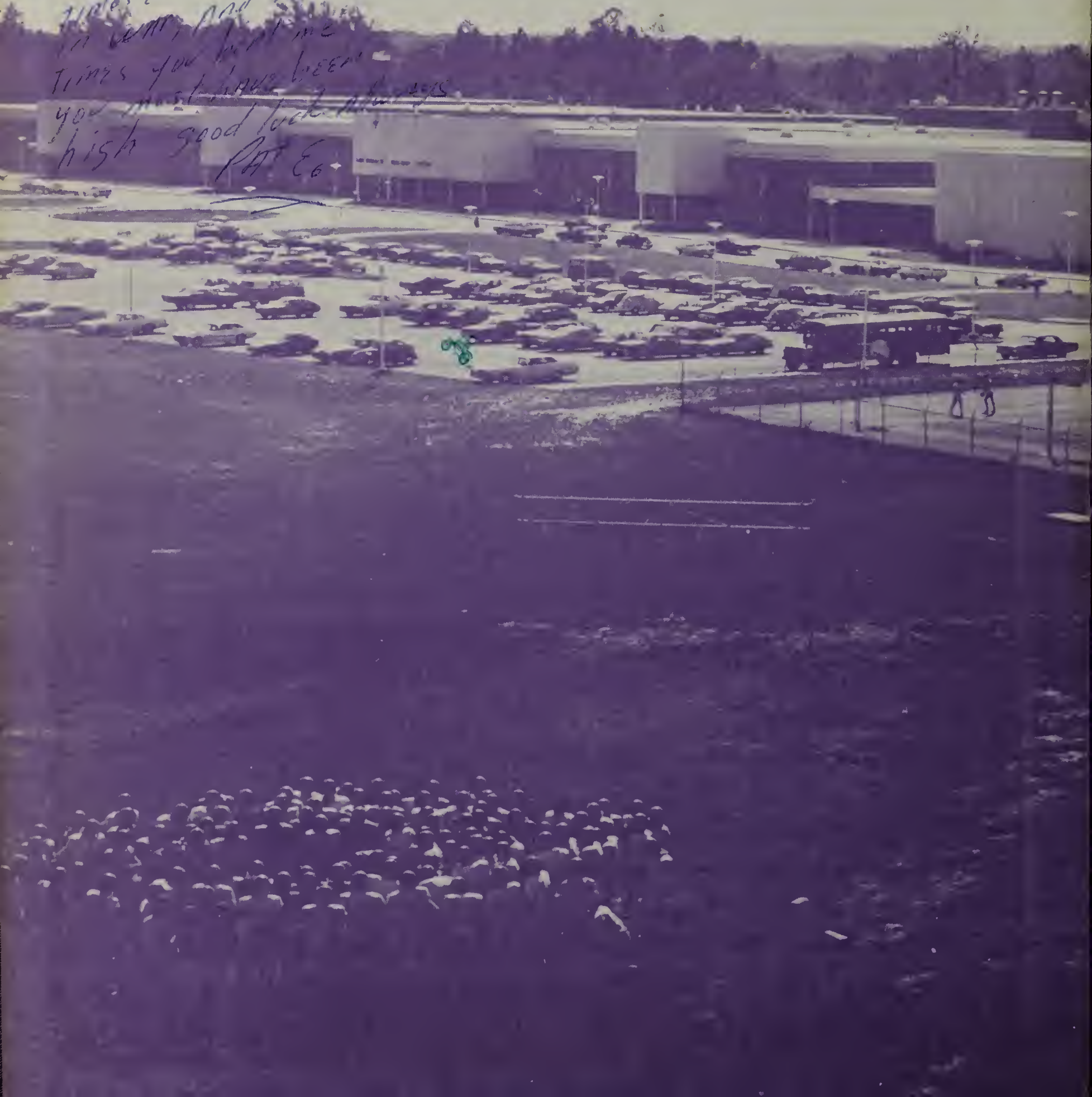
LAIR



CHUCK
TO THE BEST
TENNIS PLAYER (H.H.H.)
HAVE A GOOD
SUMMER AND YOUR
GOOD LOOK TO YOUR
NEW LIFE OUTSIDE OF L.B.
WILL BE
READY

Chuck Degenfeld

Chuck,
Don't forget the
times I beat you
in tennis and the
times you beat me
you must have been
high good luck always
PAT E6



to Chuck
 he a guy
 that we couldn't
 figure out. Also a
 person I ~~was~~ could get
 my money back from
 and a good card player

"26" Swift Douglas Tringum

Chuck

It's the end of a long
 hard (Hi There) year. A.E.
 was a blast. I've lost
 alot of money in poker
 but won alot in rumour.
 I'll never forget those
 nights in your basement
 and you dog (ah, oo, eh, oye)
 Good luck in the future.

Ross
 (Hessia)



[Handwritten text in the bottom left corner, mostly illegible due to the image's quality and angle.]



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THE '76 LAIR

Lake Braddock Secondary School • 9200 Burke Lake Road • Burke, Virginia 22015 • Volume 3 1975-76

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TOGETHER, YOU AND I



Use of tapes is one of the many ways to learn a language. Here, Brian Nakamura, Linda Rotundo, and Karen DaCosta practice Spanish cue drills.



Someone always receives the honors of helping carry field markers after class, and Greg Rizzard exhibits the easy way to do it.



Band member Marie Matson breaks from performing during a sixth period pep rally.



Mrs. Fullam, Mary Beth Montgomery, and Michelle Tsompanas work together to iron out questions concerning a composition assignment.



As Lake Braddock clashes against T. C. Williams in a Saturday afternoon football game, Lee Anne Herndon looks on. Bruins lost the hard fought game, 3-0.

Living through 3 years seemed to drag on forever and a day, but as we looked back, it was only 3 seconds ago. Instead of grades 7 through 10, we became grades 7 through 12. Empty halls made way for "standing room" only halls, a spacious cafeteria turned into a cracker box, vacant lockers were hard to find, books shared time in different hands, and 6 full subschools even made it necessary for Mr. Alwood to move to the foreign language department.

Moving from month to month and year to year, things grew. Varsity competition emerged, faculty workrooms filled up, new courses sprang up, the cheers of spectators strengthened, more yellow busses rolled down Burke Lake Road, parking had to be leased. The list seemed endless, but each change added its individual touch. Our own uniqueness had formed.

From 7:40 AM to 2:00 PM (35 minutes earlier than the previous year) our building came alive with sights and sounds of a total school. Even after school hours our student body was busy — working on that Bruin spirit. Walk in on 9200 Burke Lake Road and find out what makes LBSS "tick." Come on, join us in our celebration.



Making friends with a guinea pig in Ms. Mikula's science class is Pat Stewart.



Practicing the trumpet, Dwain Jones prepares for one of the Bruin forms of celebration, the football halftime show.



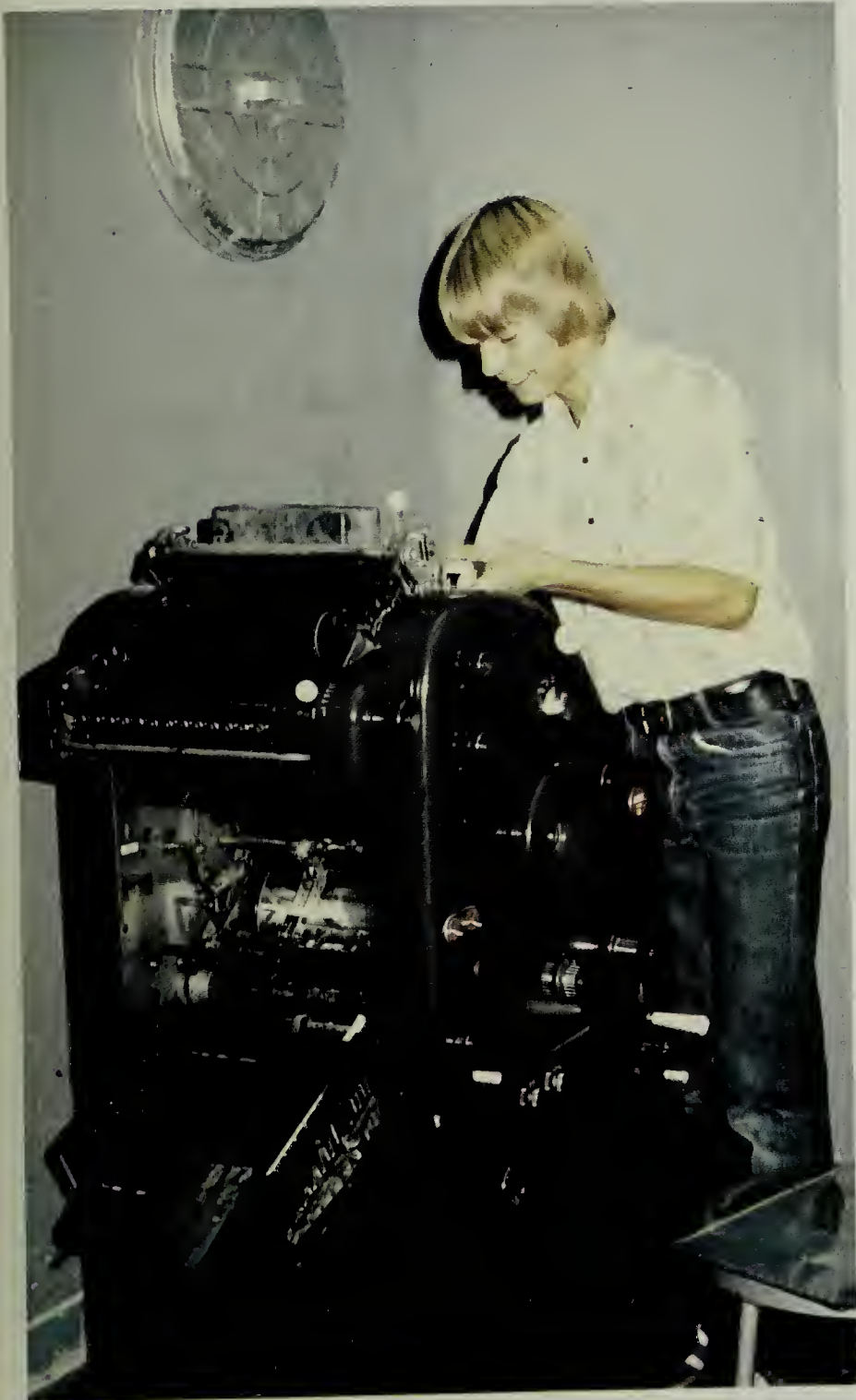
At the Fall Follies, Gloria Shepherd carries the Torch of Liberty, symbol of freedom and justice.



Although bicentennial thoughts are quiet ones, when all the cheerleaders ask for a little display of spirit during a pep rally, the crowd rises to the occasion.

UNITED WE STAND

Just as a bell of liberty rang, our own bell rang out a spirit of '76. Backing each other, working things out; we have united together to stand as one complete school. Such as it was with a nation united 200 years ago — a special meaning of history in repeat of itself. Like our American Revolution, we won our battle and proclaimed our independence as a total school. 1976's specialness was subtly heard at LB. Students didn't appreciate the commercialism of red, white, and blue stuffed down their throats, but recognized the once in a lifetime occurrence of a special birthday. In the back of our minds our historical struggles and accomplishments lurked about, and looking within ourselves we found the appreciation of liberty and freedom. So, if a loud spectacle was what one was looking for, one wouldn't have found it. 1975-76 was a nice quiet celebration of our nation's 200th birthday — the kind where thoughts said more than words or actions.



Although LB is equipped with the most modern typing and copying machines, Mark Riordan found this printing machine resembling those of days passed.



Dressed much like the fife player of the "Spirit of '76" painting, Bethann Jakoboski participates in the lighter moments with the Junior Class cast of "Follies" night.



After lunch there's nothing like enjoying the warmth and sunshine that occasionally breaks through on a fall day, while sharing one of the simple pleasures of life, as Belynda DeDios and Terri Bassett will tell you.

WE GOT OUR NUMBER, IT'S 1!

Lake Braddock's senior class had the distinction of being both the first graduating class and the Bicentennial class. Although spirits were high, to the onlooker, the celebrating was relatively quiet.

The class of '76, which had been growing for three years, finally developed a strong sense of unity. Seniors sat together and hollered at games, sponsored car washes, a Bike-A-Thon, and bake sales to earn money for the final get togethers — the Prom and graduation.

Senior talk encompassed almost any subject, but as time passed, the Class of '76 became increasingly conscious of a world outside the "walls" of LB. Chatter was heard constantly over college applications, jobs, and college entrance examinations. Verder, insipid, and other uncomprehensible words seen on SATs would never be forgotten.

For each senior, this final year was a time to look at the seventh grader who just came close to knocking you down, and reminisce about the carefree days. It was a time to look ahead towards college, or a career, and hope for the best. Most important, it was a time to realize that we were number one; the silent spirit of '76.

One of the people in charge of the bonfire, Jim Lebiedz adds another donation to the pile. Enough wood was brought to kindle the flame for 1 hour.

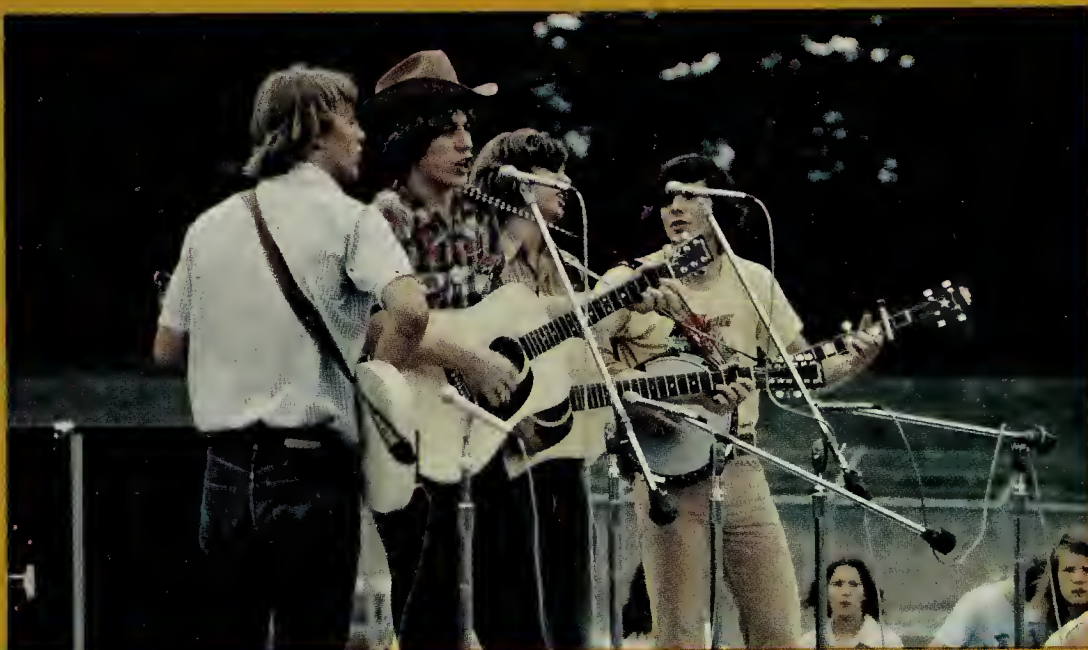




Assisting Becky Patellos and Cathy Pflughardt in Physics is Mr. Shudel.



Supporting Lake Braddock with her spirit, Anne McCubbin cheers the Bruins on in the game against T. C. Williams.



Adding another performance to their list, Tennessee Flying Goose spends time with students during the Preview Party to share a little bluegrass.



While play progresses in the game against T. C. Williams, Adam Rubin observes from the sidelines.



Fall Festival's game at halftime wheels in the winner by the Senior Class, "Life Liberty, and the Pursuit of Chantilly."



STUDENT LIFE

This was the year for celebration at our school. The Preview Party was celebrated as a new tradition at our school with the distribution of the '74-'75 yearbooks. The Fall Festival was celebrated with the theme depicting the Bicentennial. Fridays were celebrated with gusto ending the long weeks of school. Some students went to the football games, some went to parties, while some just stayed home and took it easy. Seniors celebrated their last year at L.B. while a new group of seventh graders celebrated their first year here. But most of all L.B. celebrated its first year as a full-fledged secondary school. These were just some of the ways students of L.B. celebrated the '75-'76 year.





Yearbook in hand, Ms. Raynes is prepared for signatures.



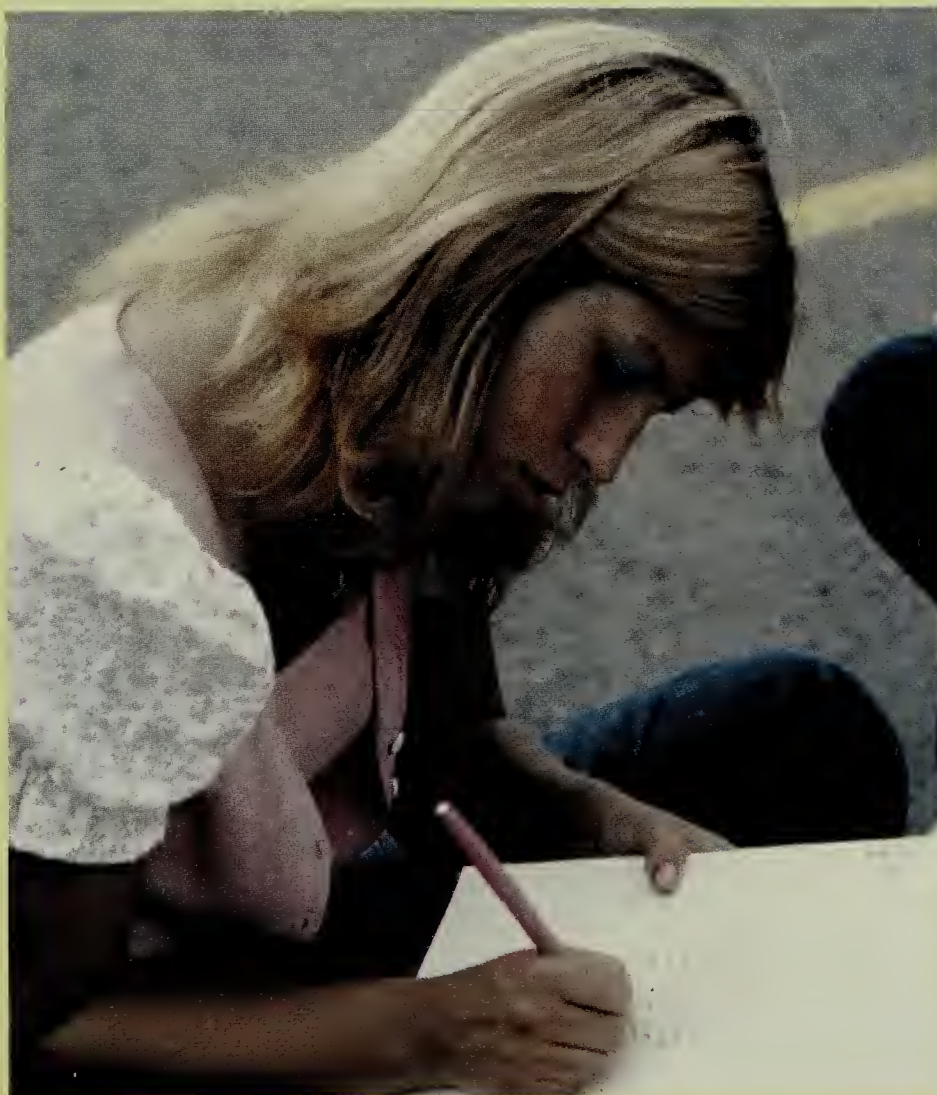
A hotdog and a coke sure seem to hit the spot with Mr. Price.

Signing and Dining

No one could describe the excitement and interest that was in the air at the Yearbook Spring Preview Party. Performers such as Tennessee Fly and Goose and the Stage Band, directed by Mr. Richardson, added to the success of the party. These performers put in a fantastic hour of music each. Door prizes such as tickets for free pizzas, T-shirts, records and a free 1976 yearbook were won. The idea behind the party was to give students time to get their yearbooks. It also gave them a chance to exchange them with friends for signatures. What a TURNOUT! Hundreds of students showed up with enthusiasm. The flipping of pages, laughter, music, and chatter were just some of the sounds heard at the party. Verbal expressions of approval and disapproval were heard from people as they studied the pages of the yearbook. Much credit was due to the Booster Club's Publications Committee. These parents did a fantastic job of organizing the party, getting refreshments, getting door prizes, and much more! The turnout and enthusiasm of all the people made the Preview Party a success. This certainly was an event worth planning again.



"Directing" his attention towards the camera, Mr. Richardson leads the stage band on.



Writing a note to a friend doesn't seem hard for Donna Krobeth. "Behind bars", students exchange yearbooks for signing.



Deciding not to rake the leaves, Becky Marshall enjoys the Fall weather at Burke.



Any look goes for Theresa Kratz.

Up, Down, In, Out

Fashions do more coming in and going out than they do staying. Up and down go the hemlines of dresses and skirts, and out goes the fullness of garments.

The fashions of 1976 brought hemlines to kneelength and lower. Loose fitting shirts and blouses with wild stripes were frequently seen on girls throughout the school. Also very stylish were scarves worn around the neck. The boys commonly wore sporty pant suits and colorful shirts. Overalls, blue jeans and T-shirts were still the popular casual look, while platforms, wedges and earth shoes became the fashionable footwear. Style, combined with comfort, added another change in the annual fashions.



Tracy Mendez and Scott Richardson brighten up a country store in Burke.



"Getting a front seat" on the bus, Mary Monroe and Keith Chilcote come to school in fashion.



Shawn Skelly and Mark Rogers spend a day on the farm "in style."



Clowning around, Mrs. Sharon Heflin gets her pocket picked for a prize by Lori Welch at the Fall Festival.

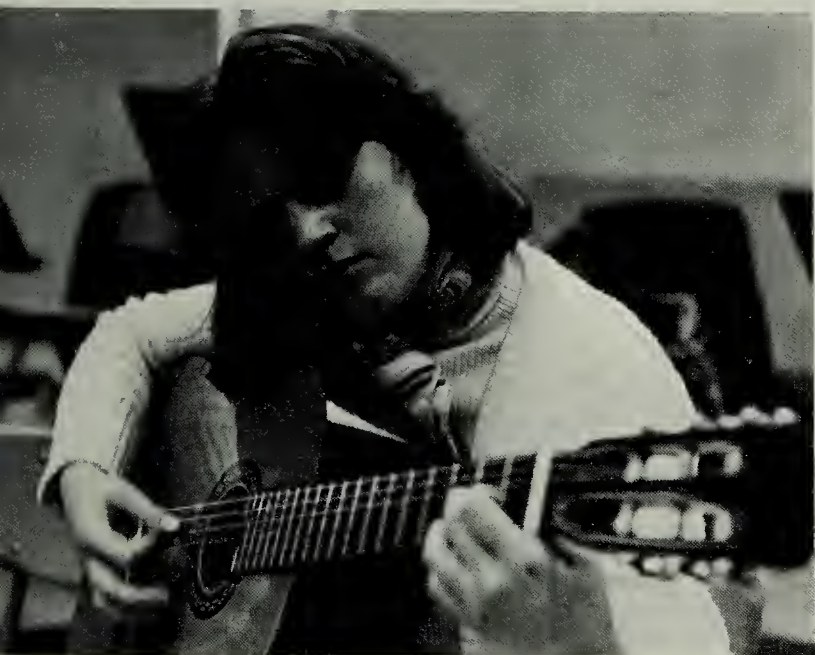
A group of students at a school event. A boy in a blue jacket and glasses is in the foreground, smiling. Behind him, a boy in a dark jacket holds a large white ball. To the left, a boy in a red shirt with "RED W" is visible. Other students are in the background.





Marching and playing "in harmony" is not hard for Charles Black.

Music Makes People



Sheila Cragun strums the hour away.



Getting into the Christmas spirit, the Symphonic Chorale and Mr. Stamback practice "Deck the Halls."



Giving rhythm to the game, the Marching Band performs at halftime.

What do you get if you have 854 students working together with six teachers who care? Unity — the key to the success of our music department. Six teachers, Mr. Stamback, Mr. Richardson, Mr. Tichenor, Ms. Roush, Ms. Wolfe and Ms. Chapman worked together to make the music department what it was — one of the best departments in the state. Our music department did not just consist of vocalists and instrumentalists; Swiss Flags, Majorettes, and Drill Team added to the expansive group. How did students feel about being in the L.B. music department? Most students felt it was a lot of hard work, but seldom did one hear a cracked or sour note because everyone united in their efforts to get it all together.



Being a flag is just one of the responsibilities of the Drill Team.



Drew Buckley, Holly Dick, and John Bullock are just fiddling around.

BOREDOM

It was 7:40 A.M., and in first period class you yawned and wondered, "What am I doing here?" That was boredom.

Later on, you found yourself staring at a book and listening to a teacher lecture about some subject that would supposedly be useful in the future, but seemed unimportant then. That was boredom.

During the day, the disease hit you. You felt the symptoms; you found yourself yawning and wanting to go to sleep. Your thoughts became boggled and concentration was an impossibility.

Students and teachers had varied opinions about what caused boredom. The Top Ten Causes of Boredom were (not in order):

1. Lectures: how teachers or students presented some subjects.
2. Studying for Exams: reading things over until they were memorized.
3. Homework: having to force yourself to do homework, and having a large amount of it.
4. Students Who Refuse to Participate.
5. T.A. . . . nothing to do.
6. Teachers With Lifeless Voices.
7. Languages: having to repeat lines until they were learned.
8. Waiting for Buses.
9. Standing in Long Lunch Lines.
10. Sitting Through Attendance.

What was the solution for boredom? The options were yours:

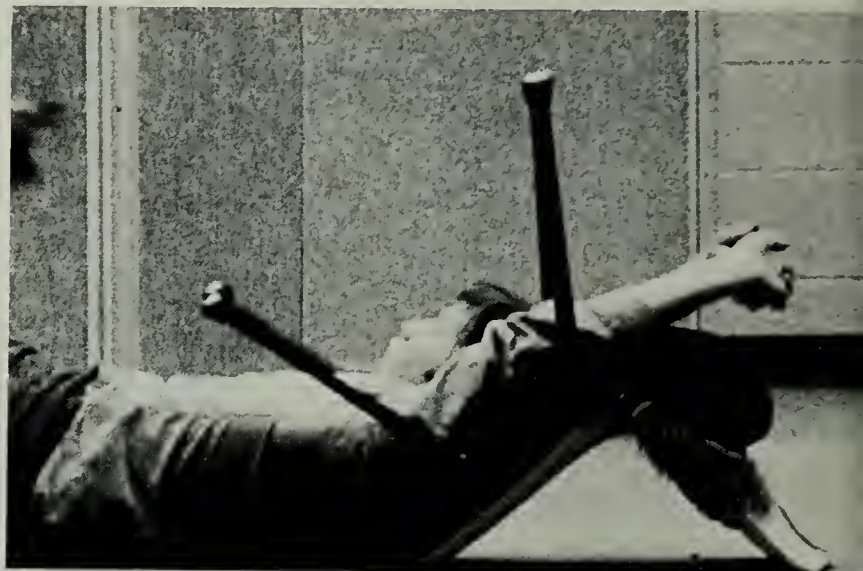
- A. Daydream during work and act like a jerk.
- B. Fume and fret and make yourself a nervous wreck.
- C. Take things lighter and things will look brighter.



After a hard day, Laura Lund decides to let the book study for her.



The heck with reading! Blowing bubbles is more fun for Mike Yomens.



Discovering the true purpose of chairs, Brian Nool takes it easy.



Feather pillows would do the job better, but Lisa Tucker and Jeanne Trujillo settle for chairs.

T.A. = Typical Attitudes



Trying to get his T.A. organized, Mr. Alwood comments, "We've got to start meeting like this!"

One thing that was unique about Lake Braddock was its T.A. — those minutes of school when you talked to your Teacher Advisor about school and personal problems. But what if you didn't have any problems? Then you socialized, ate, played games, had parties or skipped.

When asked, "Did you like T.A.?", students had varied opinions. Some liked it because they felt they needed a break. Those who didn't, thought it was a waste of time; they felt their T.A.s served no purpose. "What did you like to do in T.A.?" The answer was "eat."

When T.A. was changed to just Monday, Wednesday, and Thursday, students liked it better. The "free break" on Tuesday gave them a chance to hang around with their friends, and the twenty minutes before school on Friday was an opportunity to wake up.



Finding the hidden meaning of T.A. — food, Mr. Misner and Chuck Dizenfeld enjoy themselves.



Greg Skorupski and Tom Wiley were grateful someone remembered to plug in the popper.

RAPPORT



During sixth period, Cindy Kelly and Mr. Piernick discuss German.

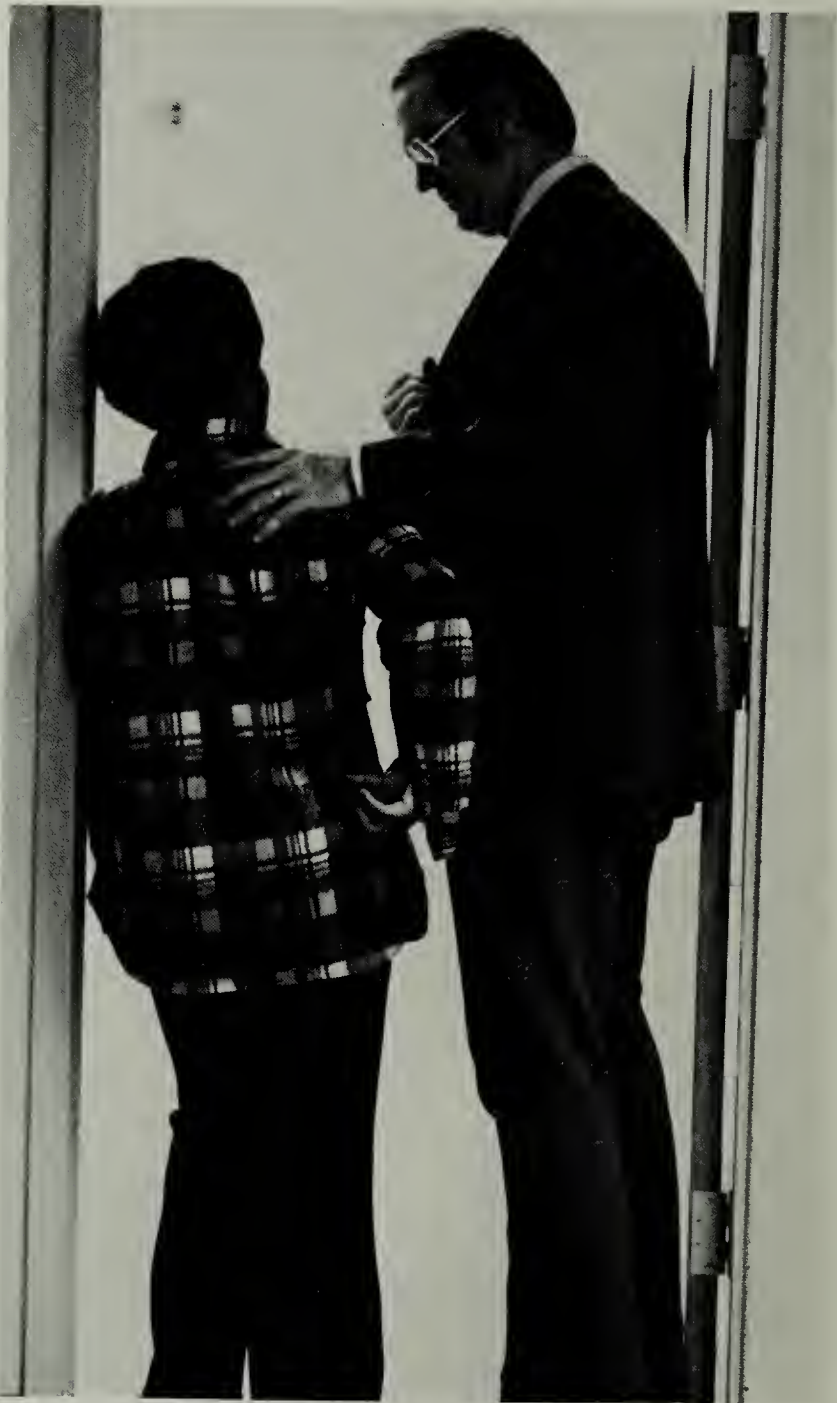


Mr. Kramer explains to Cortney Hicklin a physics problem.



In our large school, teacher-student relationships were important. A student was more to a teacher than a name in a rollbook. He was a person with whom the teacher could relate and openly share ideals. Lake Braddock's teachers were always willing to lend a sympathetic ear.

T.A. was an example of how rapport was developed between teachers and students. T.A. was a time during the day to socialize, take it easy, and do homework which should have been done the night before. Fun within the T.A. group was not only confined to school hours. Many groups enjoyed going places, such as Kings Dominion, bowling, and ice skating with their T.A. group. The generation gap was seldom seen at Lake Braddock because there was a mutual give and take.

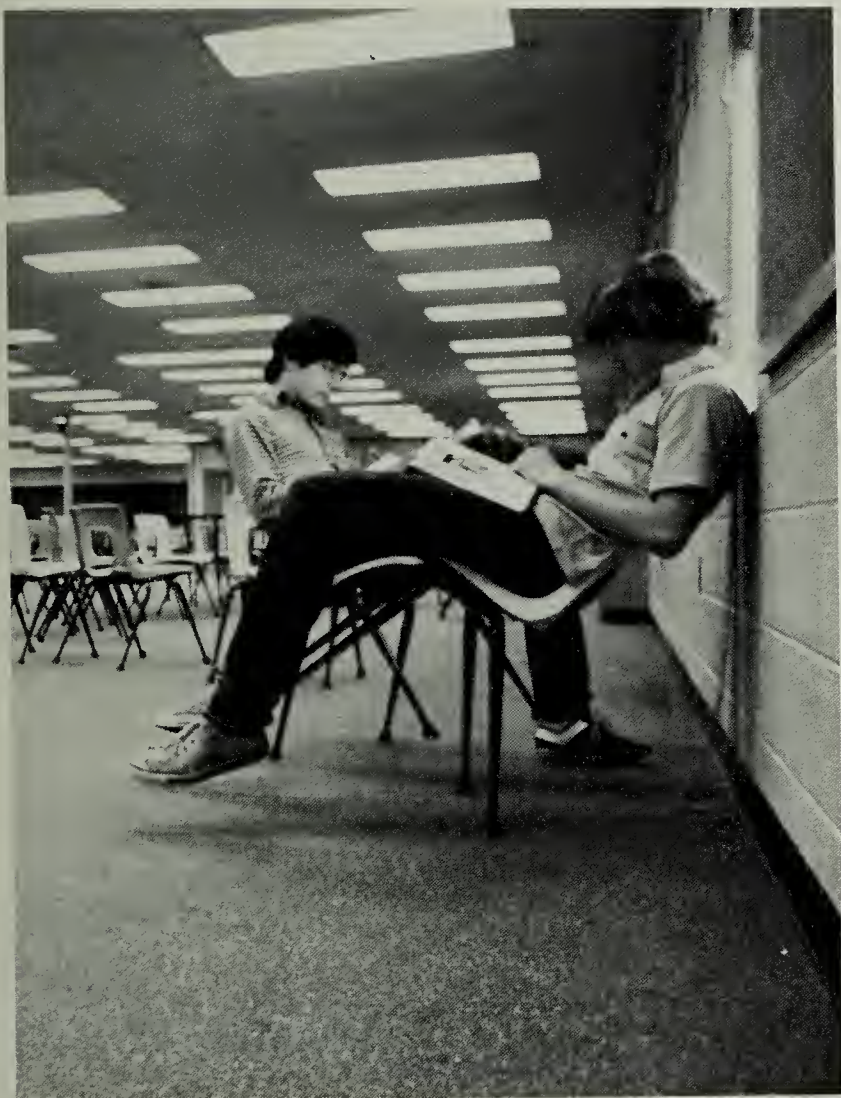


Dr. Manning has a man to man talk with Clinton Jefries.

Mr. Hills tells it like it is to his T.A.

FREEDOM OF SPACE

Lake Braddock's open classrooms were cast in a different mold than the conventional structured classrooms. The non-existent walls provided unlimited space with no boundaries that confined you to a certain area. No longer did you have to be firmly seated at a desk. Students plopped down, propped themselves against the walls, and worked in an open and relaxed atmosphere.



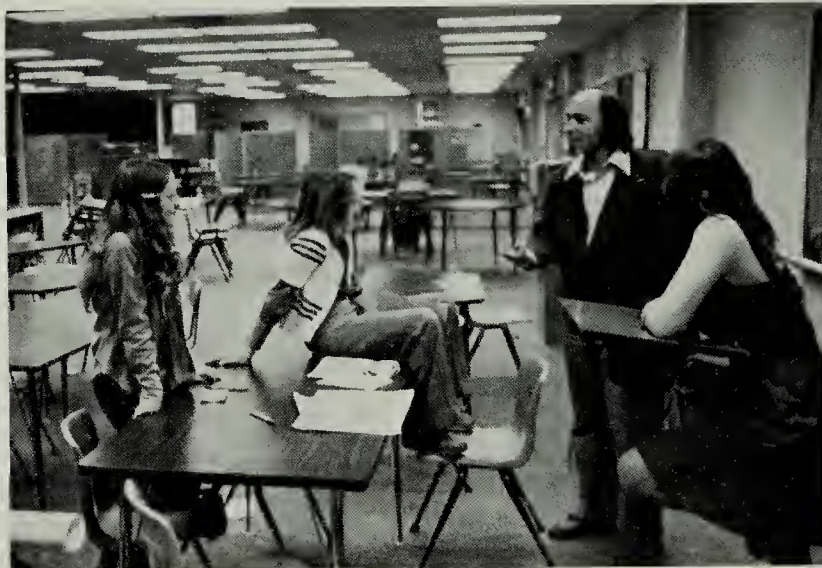
Finding comfort in midair, David Lynch and Matt McKenna do their studying in A.C.



Wow, look at this place! There's enough space here to bury a million bones!



Some people might call this chaos, but at L.B. students call it independence!



Mr. Hills explains to Diane Webb and Julie Trippe how to give an oral presentation.



A student finds a quiet place to concentrate.

I wrote in
 your favorite section
 because you like the
 lunch room, have fun this
 summer and don't slip. Whatever
 you end up doing next year, call
 me and I'll come over sometime.
 Chady O'Leary

COME AND GET IT!

Naming our eating and meeting place, the word "cafeteria" was just giving the word "lunchroom" a bit of class. To some of the newer students, its size was remarkable. Due to the number of new students, there were some problems in the cafeteria; such as waiting in the endless lunch lines which could have been compared to waiting in the automobile gas lines of the previous year.

After buying one of the "delicious" lunches, students found a lack of seats in the cafeteria and many had little time to eat and make it back to class. Among the favorite lunches made by Ms. Phyllis Rademacher and her hardworking cafeteria ladies were spaghetti and pizza. It seemed students had an excellent taste for Italian food.

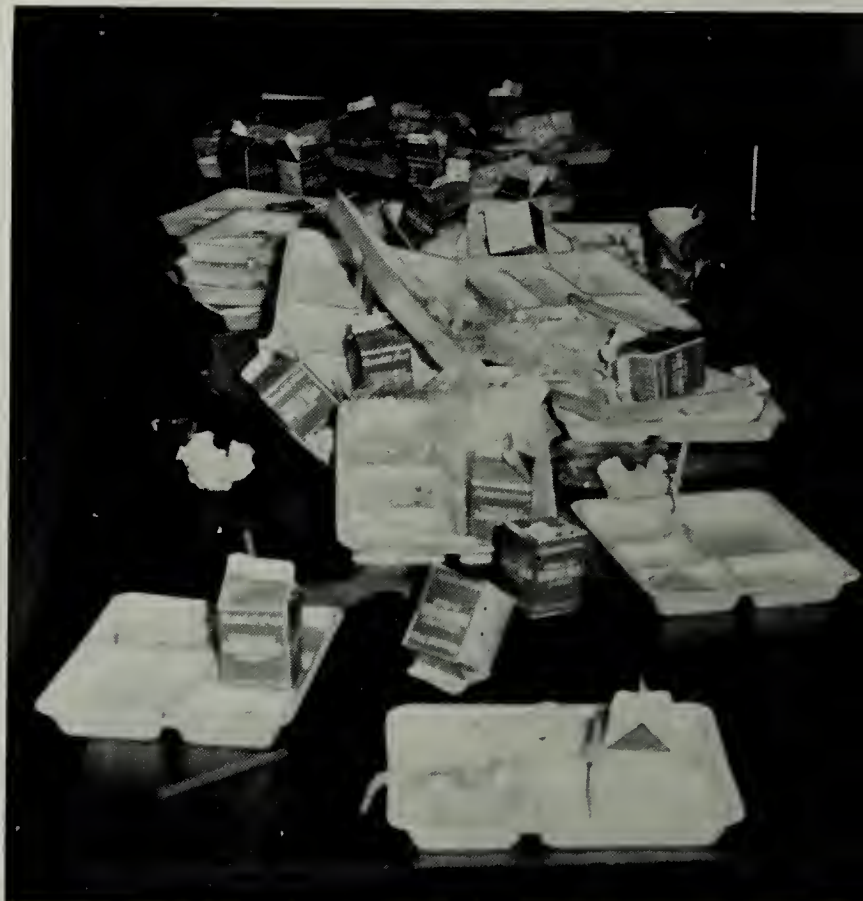
After eating one of the delicious lunches, some of the students found it time consuming to throw away their trays. If it weren't for the custodians, the entire cafeteria would have been knee-deep in trays. It seemed as if inflation hit everywhere . . . ice cream even went up to twenty cents each. The cafeteria was one of the busiest and favorite places in the school.



One of the highlights for Barbara Theimer is the traditional L.B. pizza.



Deciding to pass up a L.B. hot lunch, Mike Dougherty brings his own.



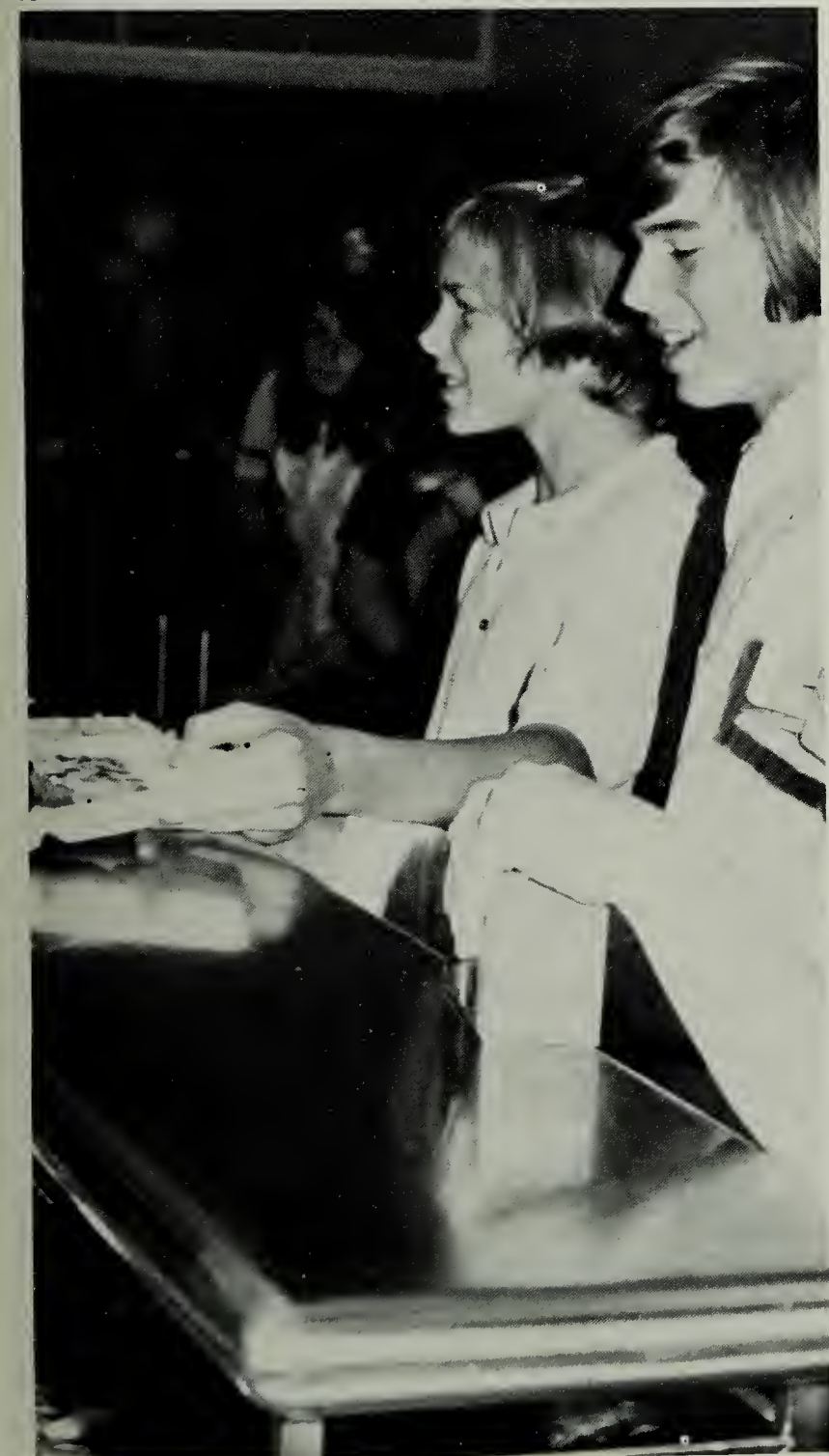
The empty trays from the final lunch shift await a trip to the trash compactor.



Socializing during "B" lunch shift, Carolyn Lee and Kris Nider enjoy a few minutes of relaxation.



Tina Bekhoff, Amanda Bradley, Brian Evans and Pete Hoyt say, "Next time we should make reservations."



After waiting in line, Glenn Harris and Brad Kurtz can hardly wait to sink their teeth into L.B. pizza.



"... 7 ball in the corner pocket."



Wondering whether to finish her lunch or go back to class is Regina Jeffries.



Putting their hearts into their music at Wolf Trap, Tennessee Flying Goose let loose.



Playing the guitar with the sunshine on his shoulders, is one of the Tennessee Flying Goose members, Mark Rogers.



Dwan Simmons is just one of the crowd that enjoys the music at Wolf Trap.



Behind this hot and beastly costume there lurks a person, Jim Pluchinski.

CELEBRATION

On September 13 and 14, Wolf Trap was alive with music, laughter, and the sounds of happy people for the International Children's Festival. It was cool that weekend and yet the sun was bright and warm and the air was still. Tennessee Fly and Goose was there to help kick things off, by singing many songs, including three of their own: Song of the West, Ramblin' Lou, and Back to You. Our own Drama Department also gave its time and effort to entertain the audience with the production of *Beast in the Cave*, a play written and directed by our Drama Director, Pat Jones. Mark Stevens, the hero, his sidekicks, Carl and Eric Eisenhower, the dragon, Valerie Yamamoto, and the beast, Jim Plucinsky and a cast of others made a great impression on the audience. Plays, music, and good times made Wolf Trap a celebration worth remembering.



Playing hide and go seek with the Beast Amy Maness hides behind a tree.



Singing one of their songs Tennessee Flying Goose seem right at home on stage at Wolf Trap.



Advising the audience to put a little zing into their lives, Mark Stevens and Carl Eisenhower play their part in "The Beast in the Cave."



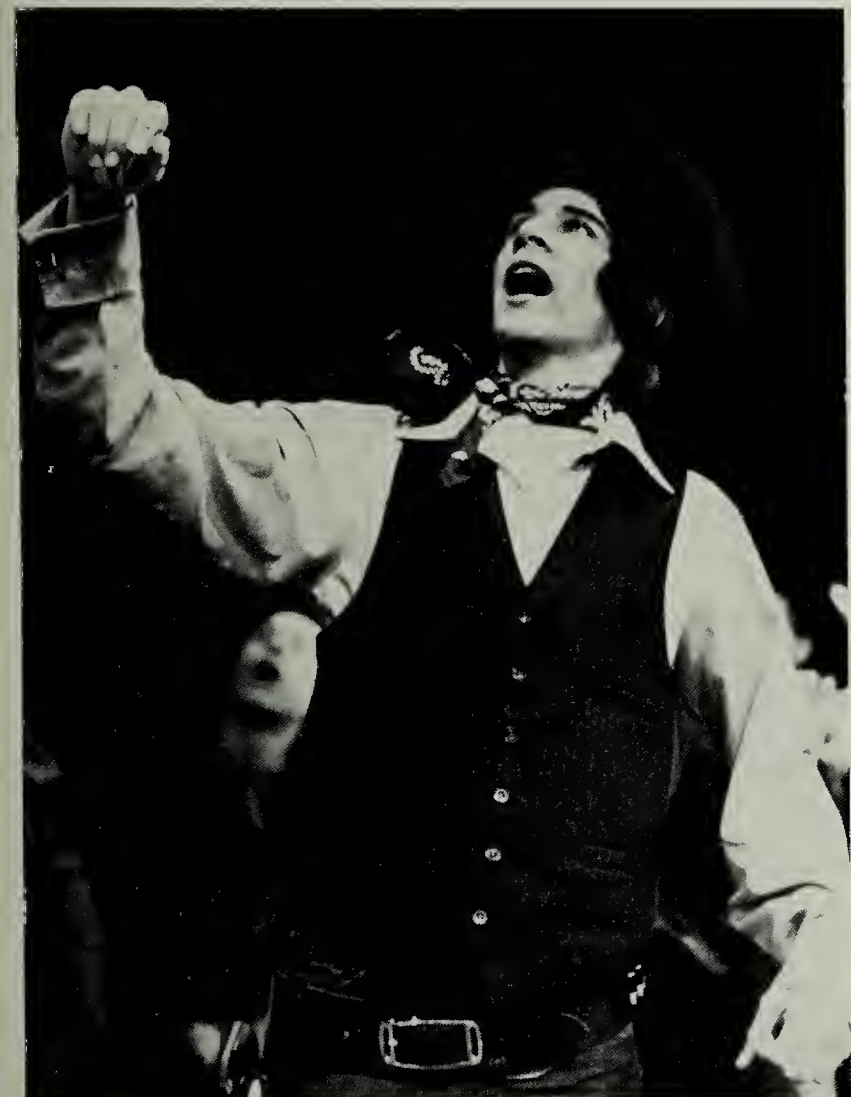
Bruce Nozick, as the witty peddler, intrigues the Flyer (Ado Annie) and Maye Stanfield (Laurey) into buying the magical decision-making potion.



Sitting in the surrey, Laurey and Curly wave good-bye after their wedding!

OKLAHOMA

"Oh, what a beautiful morning, oh, what a beautiful day! I've got a beautiful feeling everything's going my way" . . . Those magical words set the scene for our first musical, "Oklahoma." The set date was November 17 through November 22, but the crowds were overwhelming and "Oklahoma" was extended for another performance. Ralph Opacic as Curly, LeNaye Stanfield as Laurey, Mary Rubin as Aunt Eller, Pete Mollica as Jud Fry, Bob Frasca as Will Parker, Sue Hyer as Ado Annie, a fantastic cast of others, beautiful scenery, and the sell out crowds made "Oklahoma" a real good lookin', boot stompn', hat flingin', good singin' production.



Returning from Kansas City, Bob Frasca (Will Parker), has a lot to sing and talk about.



Ralph Opacic almost succeeds in conning Peter Mollica to his grave.



The entire Oklahoma cast sings the theme song, "Oklahoma, where the wind comes sweeping down the plains . . ."

STUDENT POLL

250 survey forms were sent out to T/A's, 200 were returned.
Forms were sent to 7th thru 12th grade students.

The curriculum at Lake Braddock:
A. Has too many required courses that are obsolete. 23%
B. Does not offer enough courses for your future. 35%
C. Offers courses that will be helpful for your future. 42%

What motivates you to study?
A. To get a good grade. 65%
B. To have a thorough understanding of the subject. 20%
C. To pass the course. 28%

The last time you needed counseling did you go to:
A. Teacher Advisor. 23%
B. Counselor. 28%
C. Friend. 49%

For most students, open classrooms are:
A. A stimulating and rewarding experience. 31%
B. Too noisy to concentrate. 39%
C. Not a factor in your ability to learn. 30%

Do you consider most of your teachers to be:
A. A figure of authority. 26%
B. A person with whom you can relate. 69%
C. Uninterested in developing student teacher relationship. 10%

Learning Centers tend to be:
A. Stimulation for the student to learn more. 14%
B. A better way than having the teacher lecture. 34%
C. Busy work. 52%

Do you think people's personal standards have gone downhill? YES 91% NO 9%

Do you feel more socially accepted when you belong to a certain clique or group? YES 63% NO 37%

Is there less discipline at school than in your home? YES 59% NO 41%

Should Seniors have the privilege of open campus during their lunch break? YES 79% NO 21%

Do you have political faith in our leaders? YES 36% NO 64%

Because of its large size, does Lake Braddock make you feel insignificant? YES 20% NO 80%

Do you think the teachers have good rapport with students? YES 70% NO 25% SOME 5%

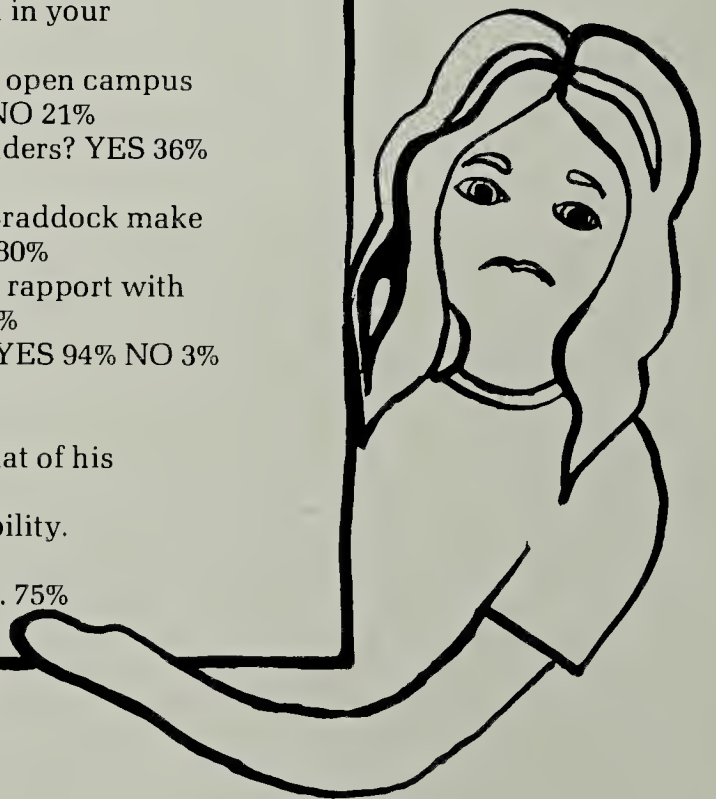
Are you planning to attend college? YES 94% NO 3% UNDECIDED 3%

Do you think grades should reflect:

A. student capability compared to that of his classmates. 6%

B. student effort relative to his capability. 19%

C. Both student capability and effort. 75%



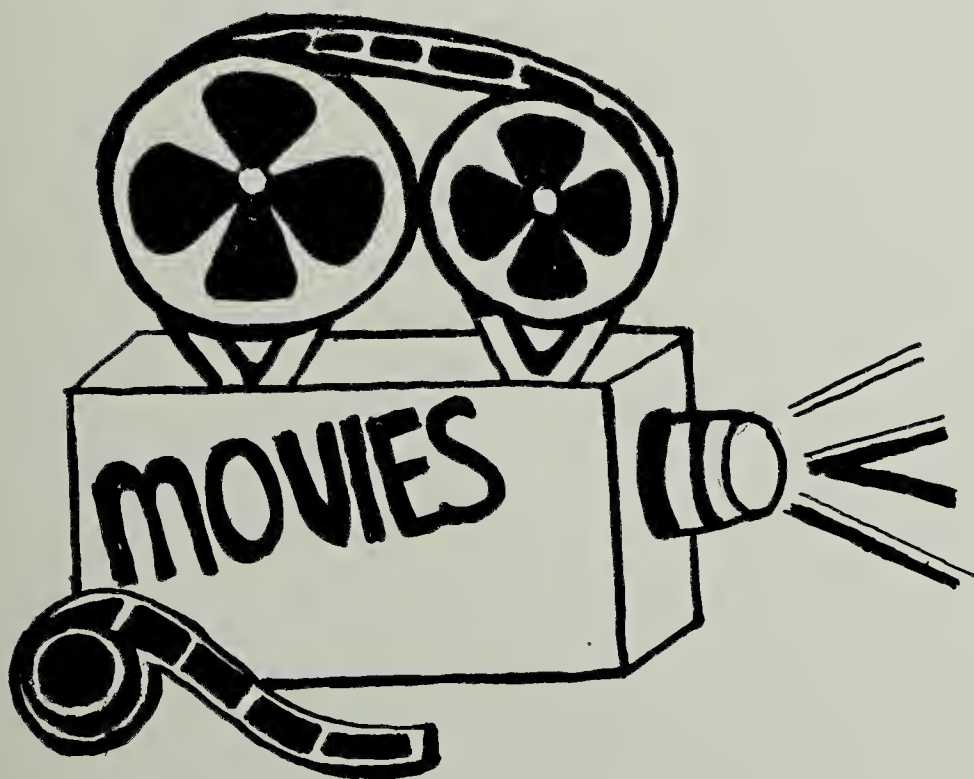
MUSIC & CINEMA

The Top Ten Songs of 1975:

1. Love Will Keep Us Together
2. Rhinestone Cowboy
3. Philadelphia Freedom
4. Before the Next Teardrop Falls
5. My Eyes Adored You
6. Some Kind of Wonderful
7. Shining Star
8. Fame
9. Laughter in the Rain
10. One of These Nights



The Top Ten Movies of 1975:



Alice Doesn't Live Here Anymore

Barry Lyndon

Jaws

Just Before Nightfall

The Magic Flute

The Man Who Would Be King

Nashville

The Passenger

Tommy

The Wind and the Lion

(Not In Top Ten Order)

(Taken from *Time* magazine)



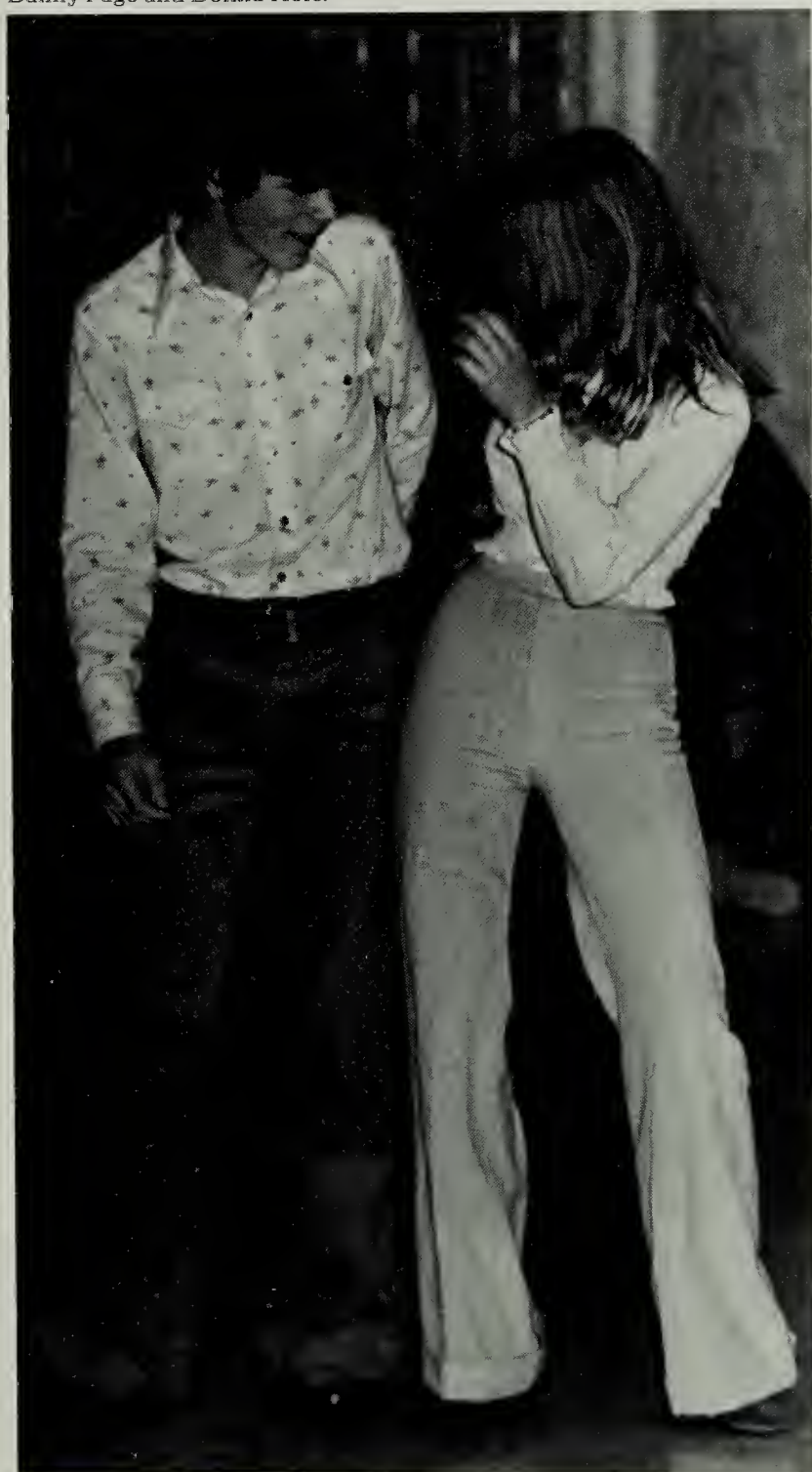
Julie Eisenhower and Mickey Hanson want to Rock and Roll all night.

From the Minuet to the Hustle

Dancing, the continuous movement of the body to music, was as old as man. Dances were one of the favorite events of the year, such as Soc-Hops which were held directly after the football and basketball games. Holidays and special occasions warranted other names: a Christmas Dance, the Sweetheart Dance for Valentine's Day and a Sadie-Hawkins Dance in the fall. In early May, the Seniors held their formal Prom, their last dance at Lake Braddock. If we lived in the 1700's when the nation was just getting started, we would have danced the "Minuet." After the Declaration of Independence was signed, people danced the "Waltz." As the United States grew in size from thirteen states to forty-eight states, the "Tango," "Charleston," and "Black Bottom" were the three big dances. Later, in the thirties, in order to lift their spirits from the depression, the nation did the "Varsity Drag," "Big Apple," and "Continental." In the forties after the nation survived the depression new dances such as the "Jitter Bug," "Boogie Woogie" and "Jive" appeared. The Fifties brought Rock and Roll, the "Monkey" and "Momba." A new style of dancing emerged in the Sixties with names as the "Twist," "Funkey Chicken" and "Frug." The political scene of the Seventies involved the Watergate scandal, national recession and inflation, but three new dances, the "Hustle," "Disco Strut," and "Bump" emerged from the serious tones of the country.



The super sound of South Side of the Sky brings out the dancers in Danny Page and Donna Hole.



Robert Grimm and Sallie Hole get a bang out of doing the "Bump."



Eric Boch lights up the stage with South Side of the Sky.



When things get slow around the National Honor Society's car wash, Dave Patton decides that Greg

town.

CLUBS & ORGANIZATIONS

Throughout the three years of Lake Braddock's existence new clubs have been formed creating a wide range of activity for the students. Each year more clubs are noted as being found and formed including such ones as the bike, afro-american, amateur radio, and High-Y. Those were just a few that had been accepted and added to the "75-76" list of clubs and organizations. With the constant addition of clubs it is hard for some to realize that many have declined. If the Lair's yearbooks were compared, one would find that model railroad, military strategy, rifle, and chess club no longer exist in the "76" book. Some clubs and organizations like cheerleaders, drill teams, S.G.A., and class governments will always be around, but the smaller clubs just seem to come for one year and disappear the next. As long as the students of Lake Braddock come up with new clubs there are bound to be interests that involve everyone. So if any new clubs or organization are formed or any old one is of some interest, J-O-I-N and have a good time.



DO THE HUSTLE

The Hustle, the Bump, and maybe even the Twist are only a minute part of the wide range of dance steps and styles discussed and learned in the Modern Dance Club. This club was for any girl interested in dance of any sort. The club concentrated on modern or contemporary dance. Meeting once a week after school, the girls worked on technique, style, choreography, and their performance in front of an audience. Their sponsor, Ms. Newton, stressed body conditioning to make one's body an instrument. The club had one performance in the spring in which the girls chose and choreographed their individual dances and presented their routines to their parents, teachers, and other spectators present.



First Row: Brilane Bowman, Donna Berkley, Janet Stuntz, Karen Schubert. *Second Row:* Juli Harrison, Alison McGrady, Meg Miller, Kim Morrison, Debbi James. *Back Row:* Sharon Autrey, Brigetta Stevens, Julie Poreda, Lori Jackson, Karen Stuntz, Ann Newman, Kathleen Hock, Sharon Ingram, Melissa Briggs.



Assisted by another member of the club, Debbi James practices her individual dance titled, "Surprise."

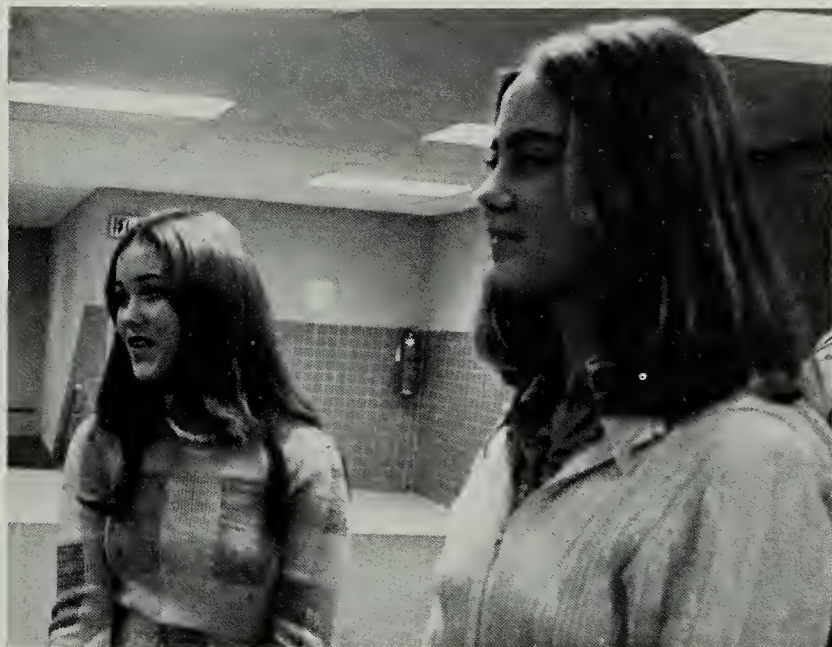


Led by Ms. Newton, the girls warm up in front of the mirror before practicing their individual dances.

FRESHMEN WANTED



Wanted: Spirited freshmen to help our class. Such an ad might have appeared in an imaginary newspaper early this year. Shortly before school started, the class of '79's sponsor, Mrs. Farrell, was selected. This put the freshmen off to a late start, but, after winning the Spirit Bell on October 24, they caught up quickly. As the year progressed, their spirited position was fulfilled through bake sales, car washes, pep rallies, sock hops, and dances.



Nancy Warren — Vice President, Paul Mollica — President; Natalie Craig — Secretary. Not Pictured: Kevin Moore — Treasurer.

During a casual officers meeting, Natalie Craig and Nancy Warren discuss the upcoming dance planned for late in January.

GREAT CLASS OF '78



Starting early was the idea for the Class of '78, "Never put off until tomorrow what can be done today." Before school began in August, the class brought in \$100 with the mixed efforts of a garage sale and a car wash. The money was put in a class fund and, busy preparation went underway for the fall projects. September and October gave way to the organization of the float and the halloween Dance; while November held the "Great '78" week, which lasted from the 10th to the 15th, and included the "Great '78" dance. The class sold mistletoe at Christmas and assisted the S.G.A. with the magazine drive. A slide presentation was given February 20th, which showed class members in their natural habitats! The class finished the year with a class picnic held in the spring. Watch out seniors, "Great '78" is coming!

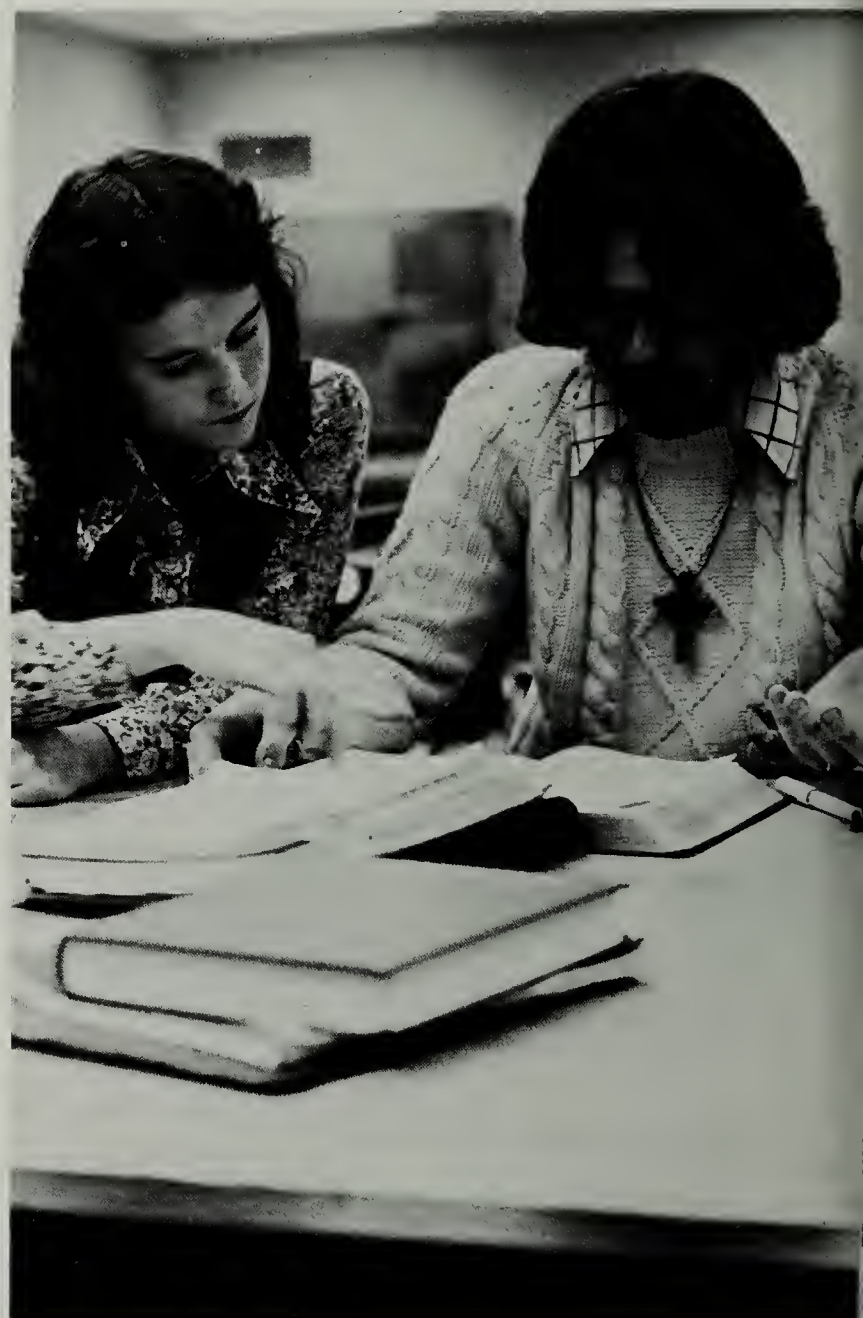
Michele Musco — Vice President, Debbie Haubner — President, Carola Friedt — Secretary, Mrs. Yalen — Sponsor, John Stewart — Treasurer.

MATTHEW „ ROMANS „ PSALMS „ „ „ „

Matthew, Romans, Psalms . . . These were just a few of the books the Bible club discussed from the Bible. Every week on Tuesdays and Fridays the Bible club, open to all students, met in the shop department. They read sections of the Bible and then discussed what they read, these included, The Living Bible and The Old and New Testament.



The Bible club is always discussing new concepts and ideas that they have learned as Bill Marshall seems to have some points to express to Mr. Osburn as well as the group.

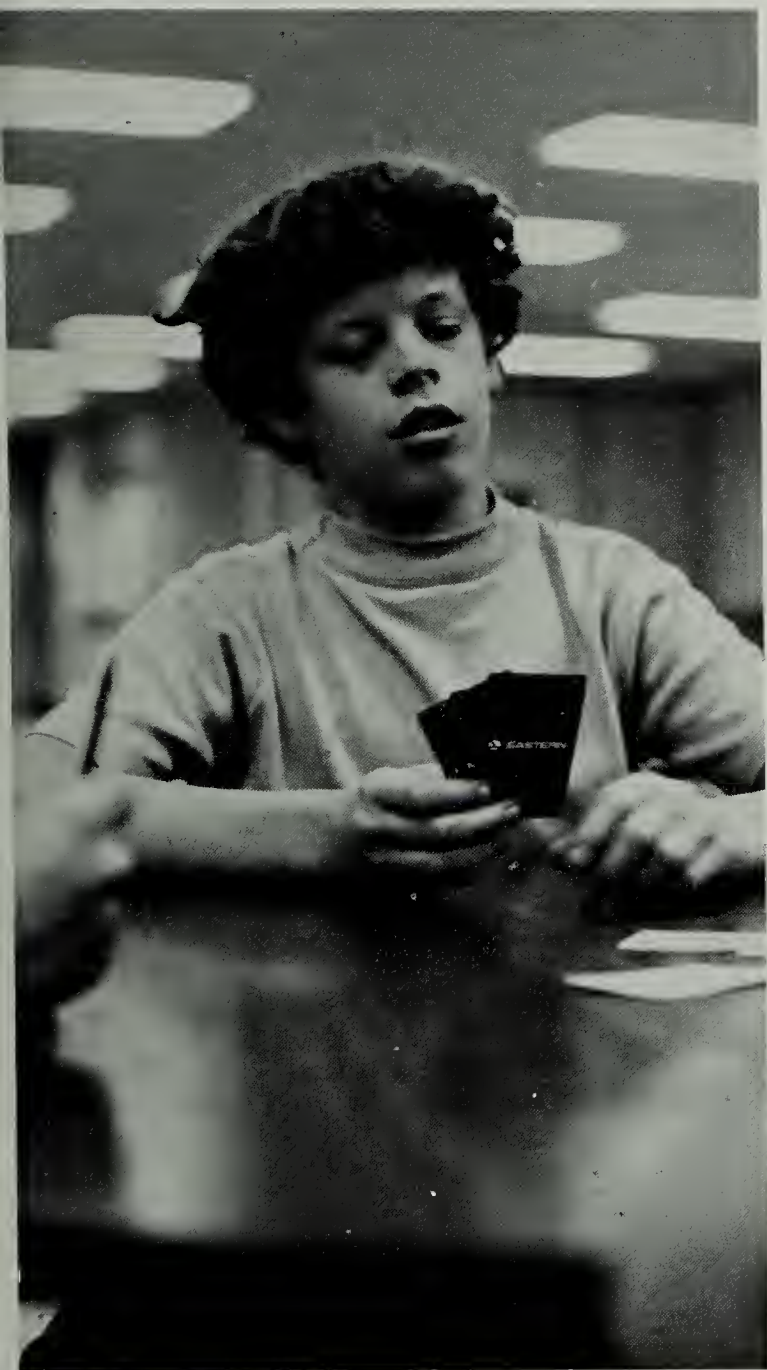


During an October 14 meeting, Emily Street and Joel Greene get involved in talking about Psalms from the Bible.



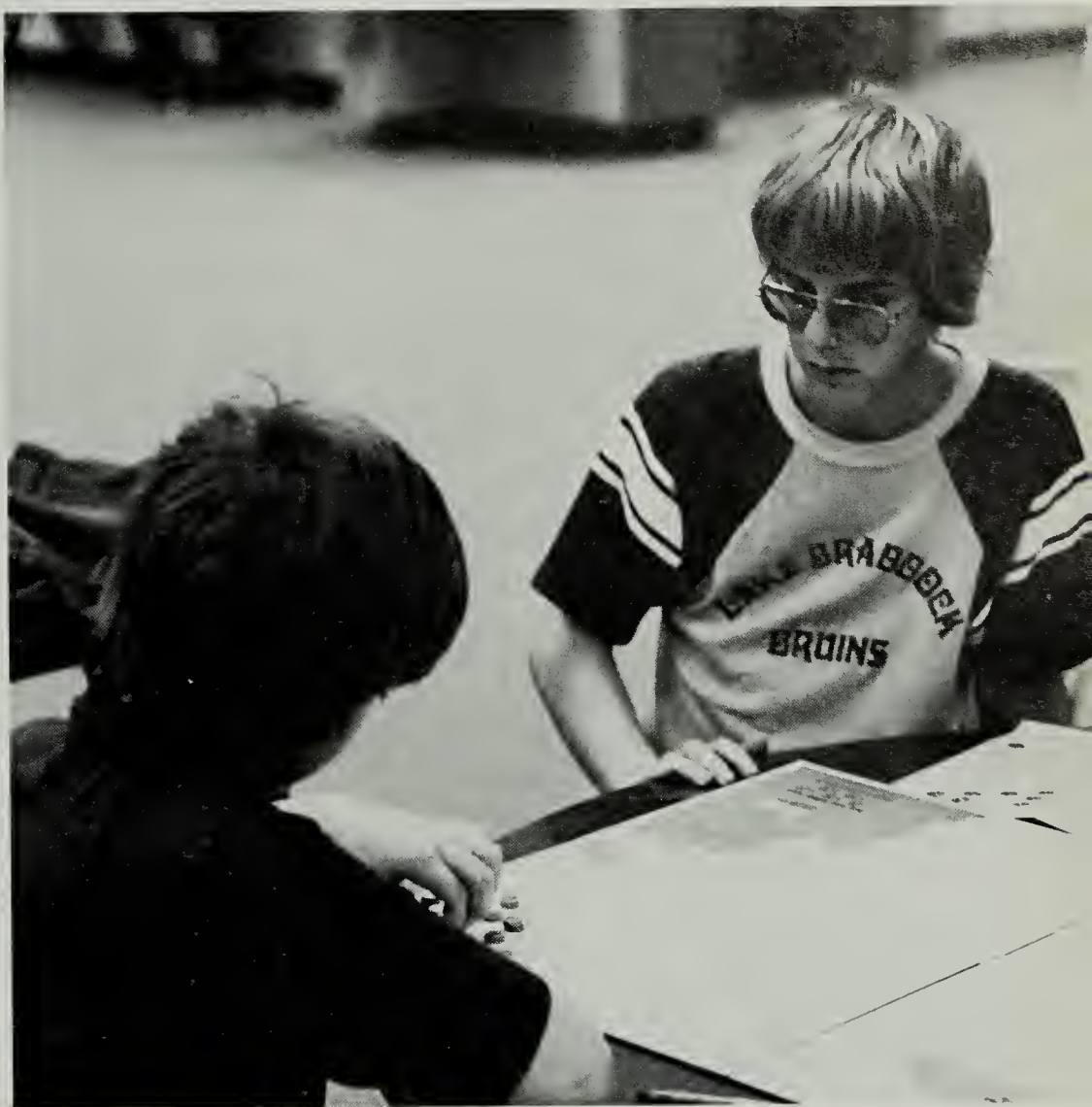
Lisa Walters, Emily Street, Joel Greene, Jon Pate, Steve Greene, Bill Marshall, Shanda Johnson, Mr. Osburn — sponsor.

FUN AND GAMES



After examining his hand, Mike Burckley decides his high card is just too irresistible to pass up in a game of cards.

Pinocle anyone? The game club, which met in SS2 was a new club with members from grades 7-12. The members brought games which they liked or were interested in, and the club's sponsors, Mrs. Keithley and Ms. Davis, helped to teach members how to play and played with them. The games included a variety of board and card games such as cribbage, pinocle, and tripoly. Near the end of the year the members competed against each other for different tournament levels.



David Meyer watches his partner, David Miller, with care to make sure he doesn't make any tricky moves while playing the game of strategy.



Front Row: David Meyer, David Miller, Russ McFarland, Greg Ross, Clinton Mesle, Mike Buckley, Terry O'Donnel.
Back Row: Mrs. Keithley, Ms. Davis.

This was the first year for the NGHS at L.B. Inductions were held late in February for students of German Level 2 and above with an overall high academic standing. It was a service organization which promoted the exchange program, participated in the Foreign Language festival and planned its own after school activities.

THEY'RE NEW

The Hi-Y club was a service organization put together through the efforts of Matt Milestead and Alec Ramsay. Near Christmas they sold tickets to a Washington-Bullets game in order to raise money. During January, the members distributed leaflets on vandalism and crime prevention to outlying Lake Braddock communities and explained some of the precautions which should be taken for safety. The club also attended a model general assembly, in which they helped the Senate work with bills.



German Honor Society: Bottom Row: Peggy Sowell, Ellen Strecker, Jim Hawkins. Top Row: Cindy Green, Meda Morgan, Kathy Crotty, Kevin Strecker, Cortney Hicklin, Ms. Boggess.



Let's gather round for a story. This seems to be what the Hi-Y club is doing, but they are actually discussing what their new club will be up to.



German Club: Bottom Row: Cortney Hicklin, Cindy Green, Ellen Strecker, Meda Morgan, Wendy Valare, Diane Negall. Back Row: Jim Hawkins, Peggy Sowell, Katie Howard, Kevin Strecker, Donna Palmer, Kathy Crotty, Ms. Varblow.



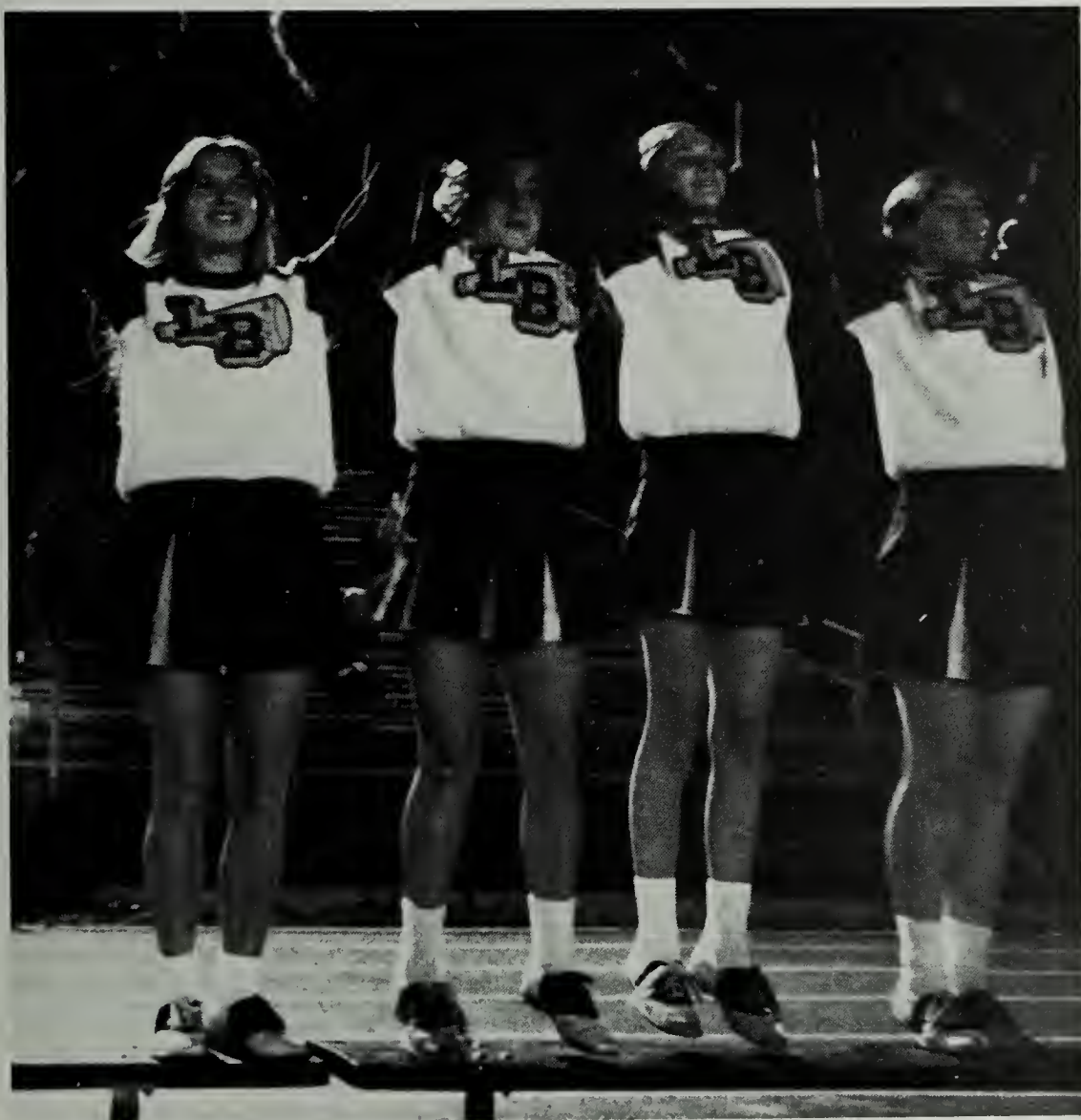
Front Row: Brad Rawls — Secretary, Caleb Miles — Treasurer, Mr. O'Connor — Sponsor, Alex Ramsey — Vice President, Matt Milstad — President. Back Row: Mike Langager, Eric Lalande, Jim Lebiecz, Mark Via, Scott Roberts, Jim Demoto, Tommy Williams, Jim Martin, Tom Lex, Pat O'Donnell, Dave Komornik, David Greely, Howard Tipton, Bill Lloyd.

LOOKOUT! Here Comes The Spirit Squad

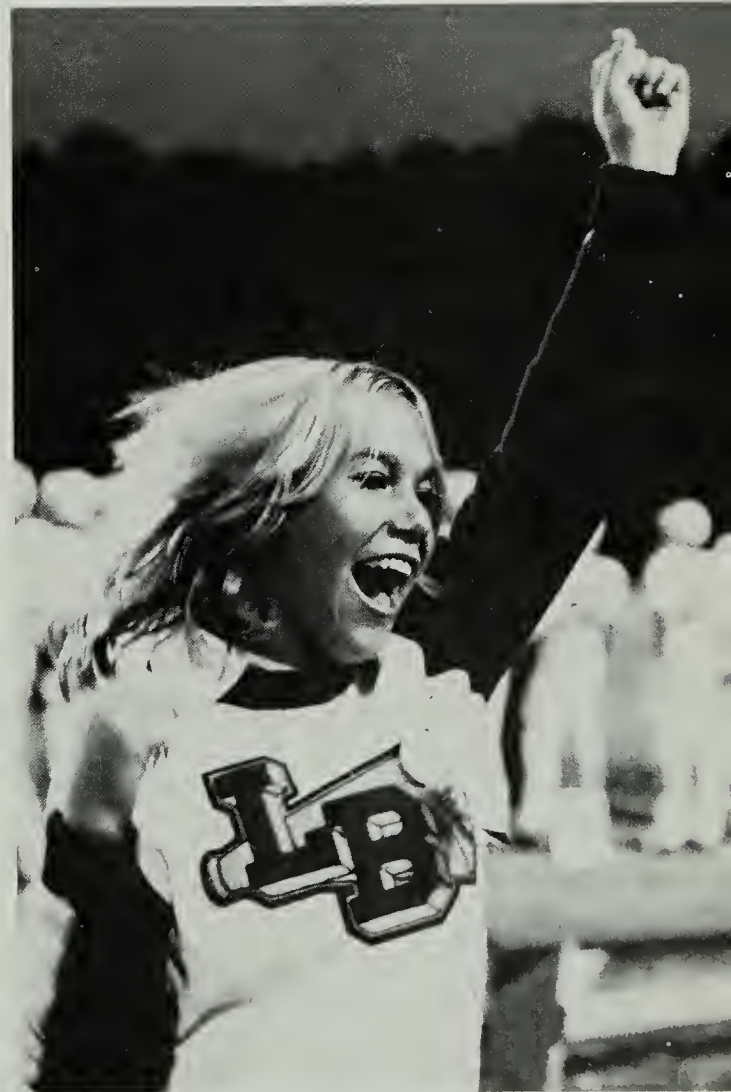


Front Row: Ellen Roth — captain, Margaret Cocke, Anita McDonald, Joan Notaro, Mary Lou Affronti, Diane Brushnahan, Stacy Downing, Patti Miller. Second Row: Natalie Craig, Monica Dembinski, Ann Greenwald, Leslie Zeller, Debbie Prindle. Back Row: Terri Sullivan, Lynn Ziernicki, Cheryl Turcsanyi, Kaythy Stromeyer.

The term "Freshmen" didn't hold the Freshman Cheerleaders back from showing the spirit and enthusiasm equal to that of the Senior class. For three years they consistently urged on their class to cheer, yell, and show spirit for the school. Through bake sales and car washes, the girls earned the money to help pay for their uniforms and participation in a cheerleading camp at the University of Maryland. At the cheerleading camp the girls won the "Spirit Stick" and the "Spirit Bell." Other activities included decorating the two freshman subschools for games during each season, making signs for the lockers of the freshman teams' members, decorating the team locker rooms each season, and giving T.A. parties for the members of the freshman teams.



Even though crowds failed to come, the freshman cheerleading squad appeared to encourage the team on to victory.



Spirit! Monica Dembinski assures the Bruin victory over Fort Hunt, 12-6, with her emphatic display of spirit.

Hard Work Pays Off

Fatigue, heat, sore feet and lost voices, though hindrances, didn't stop the J.V. Cheerleaders. These were some of the things the cheerleaders coped with while at Randolph Macon College during the previous summer. While at camp, they won, along with the varsity cheerleaders, 4 awards for spirit and an award for squad personality. On their own they earned "superior ribbons" for evaluation of the squad. The J.V. Cheerleaders then came to school to bring their class closer together with the spirit they developed at camp. Through bake sales, car washes, and poster making, they displayed their enthusiasm for their class activities. They supported and upheld the school teams with their confidence and spirit.



Under the lights, the Junior Varsity cheerleaders get a chance to put all their hard work and efforts to good use.



Basketball Cheerleaders: Gigi Wasniewski, Debbie Simmons, Marian Moke, Carol Vietenthal — captain, Lee Anne Herndon, Julie Kosnik — co-captain, Pam Mangum, Michele Musco, Dana Fanning.



A spirited Susan Senter, her first year at cheerleading, explodes with enthusiasm at the Fort Hunt game where Lake Braddock unfortunately lost 7-6.



Football Cheerleaders: First Row: Michelle Driscoll, Pam Digby, Kim Decker, Gloria Shepherd, Anne Walecka, Linda Gouveia, Pam Craig. Center: Susan Senter. Back Row: Sara Lake — captain, Colleen Atwell — co-captain.

Spirit of '76



At Hayfield Therese Gerdon chats, while Sheri Carnahan watches and in the meantime, Sheri Clifford and Ann Couture smile and make eyes to someone in the stands.



Stand up and holler!! . . . that was the spirit our varsity cheerleaders had through the "1975-76" season. They attempted to get everyone up on their feet, cheering before the halftime show came at the football and basketball games. After attending both a football game and a basketball game, everyone noticed that the two squads were different. Instead of having one squad cheering throughout the entire year, a change was made to include two. One squad cheered during football games and wrestling matches and the other during basketball and soccer games. Having two sets of cheerleaders gave more girls an opportunity to know what cheerleading was about. The girls worked hard leading everyone at pep rallies and trying to sell their quota of programs at the games; but most of all, they led us through the Lake Braddock sports season giving everyone the big B-R-U-I-N cheer!



Varsity Football: Front Row: Ann Couture, Sheri Carnahan, Ann Borgerding, Carroll Hamilton, Elaine DeAngelus, Sheri Clifford. Back Row: Karen Lutz — co-captain, Therese Gerdon, Karen Knapp — co-captain.



Varsity Basketball: Front Row: Sue Hyer — tri-captain, Donna Juncal — tri-captain, Bethann Jakoboski — tri-captain. Back Row: Becky Wood, Patti Weston, Cathy Larimer, Kelly Downing, Valerie Jones, Lois Korb, Leslie Dembinski, Maureen Aungier.

A time out is called for Therese Gerdon, who has some serious business to talk over with Carroll Hamilton during the football game against Groveton.

Up, up, and don't look down! The Highlife Club was busy doing things and going places during the Bicentennial year. The clubs sponsor Mrs. Gray, and the president, Steve Bishop, arranged and set up for weekend excursions to places such as Old Rag Mountain and trips on the Appalachian Trail. The trips took place on 2 to 3 day weekends and school vacations. The club members went mountain climbing and backpacking. Near the end of the day the members would set up plastic tarps under which they would place their sleeping bags and equipment. The club managed to plan their own meals and organize their trips from time of arrival to time of departure. They all felt that the trips were a great experience and that all their hard work was well worth-while.

Front Row: Keith Havens, Linda Fisher, Judi Schafer, Bill Howse, John Blair, Steve Willey, Ellen Feigel, Sheila Cragun, Teresa Tucker. *Back Row:* Stan Lee, Kevin Donnelly, Ken Blair, Steve Bishop, Dave Collis, Valerie Schafer, Steve Johnson.

DON'T LOOK DOWN

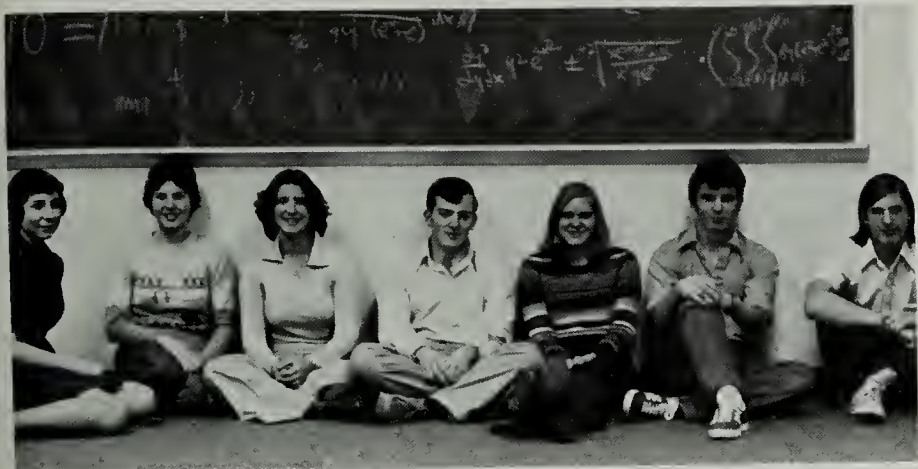


MAKING IT EASIER

Project A.Y.D. "Assisting Youth Development," was an activity of the Fairfax County Red Cross Chapter's Youth Program. The program was developed to provide sixth grade students with answers to questions they might have concerning drugs, drinking, smoking, the laws connected with these subjects, and any other anxieties which they felt related to high school. The team members of the program underwent training every Wednesday night which included sessions on leadership training, drugs and rehabilitation, the laws and their application in Fairfax County, and alcohol and tobacco. The A.Y.D. members coordinated and planned programs with the sixth grade teachers in order to relay information to the students and managed a "rap" session with them on subjects of their own choosing.

A.Y.D.: Bottom Row: Robin Twedt, Nancy Martin, Pam Hillary. *Second Row:* Debbie Thomas, Betsy Burton, Debbie Haubner, Christie Manderville, Kim Williams, Karen Nelson. *Not Pictured:* Tom Barringer, Lisa Bartholomew, Jim Robertson, Laura Ford.





Cathy McHale, Lois Korb, Susan McNabb, Bill Grammer, Julie Kelly, Doug Kirkpatrick, Chris Hibbert.

2 plus 2 is ?

The Math Team, sponsored by Mr. Misner, was new to Lake Braddock. Members participated in meets against Fairfax, Oakton, West Springfield, Woodson, and Robinson High Schools, and competed in a county wide meet held at the end of the year. In all 7 meets, a time limit of 1½ hours for 7 questions was set. The questions given involved Algebra 2, Geometry, and Trigonometry.



Lee Mikeska, Alison Hood, Jay Cramblet, John Burgess, Diane Webb, Kathy Crotty, Jennifer Spevacek. Not Pictured: Jim Robertson.

FAR OUT

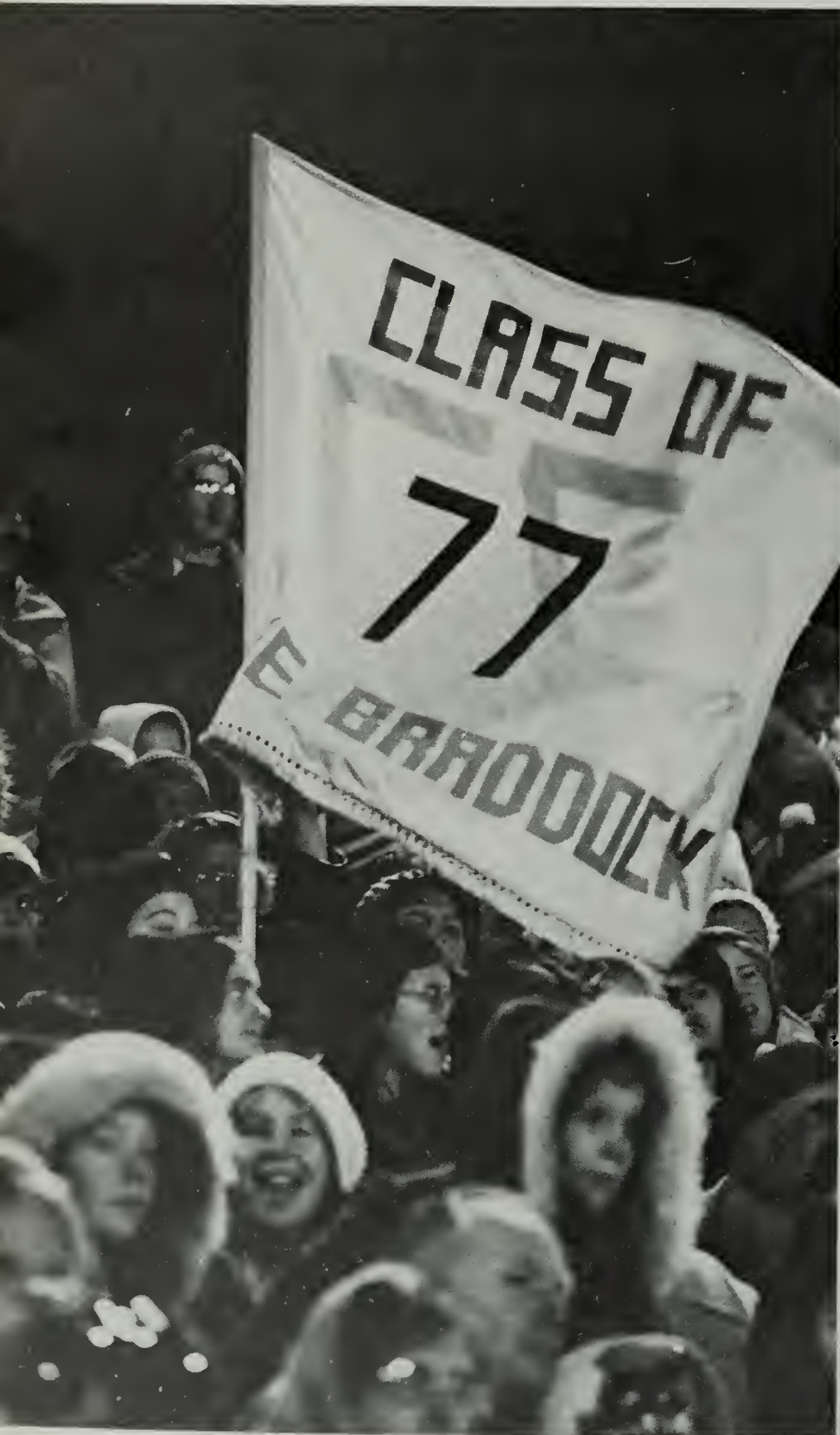
Visiting strange new worlds without leaving the building? It may have sounded impossible, but with the aid of books and television shows the Science Fiction Club successfully accomplished their task. They also attended movies, lectures, and conventions when their funds allowed. Three members of the club, Jay Cramblet, Jennifer Spevacek, Jim Robertson, and the co-sponsor Ms. Unkel, attended a Star Trek Convention in August at the University of Maryland.

At one of the bi-weekly meetings, Diane Webb points out the book's highlights which catch her eye.



CLASS OF '77 TAKES OFF

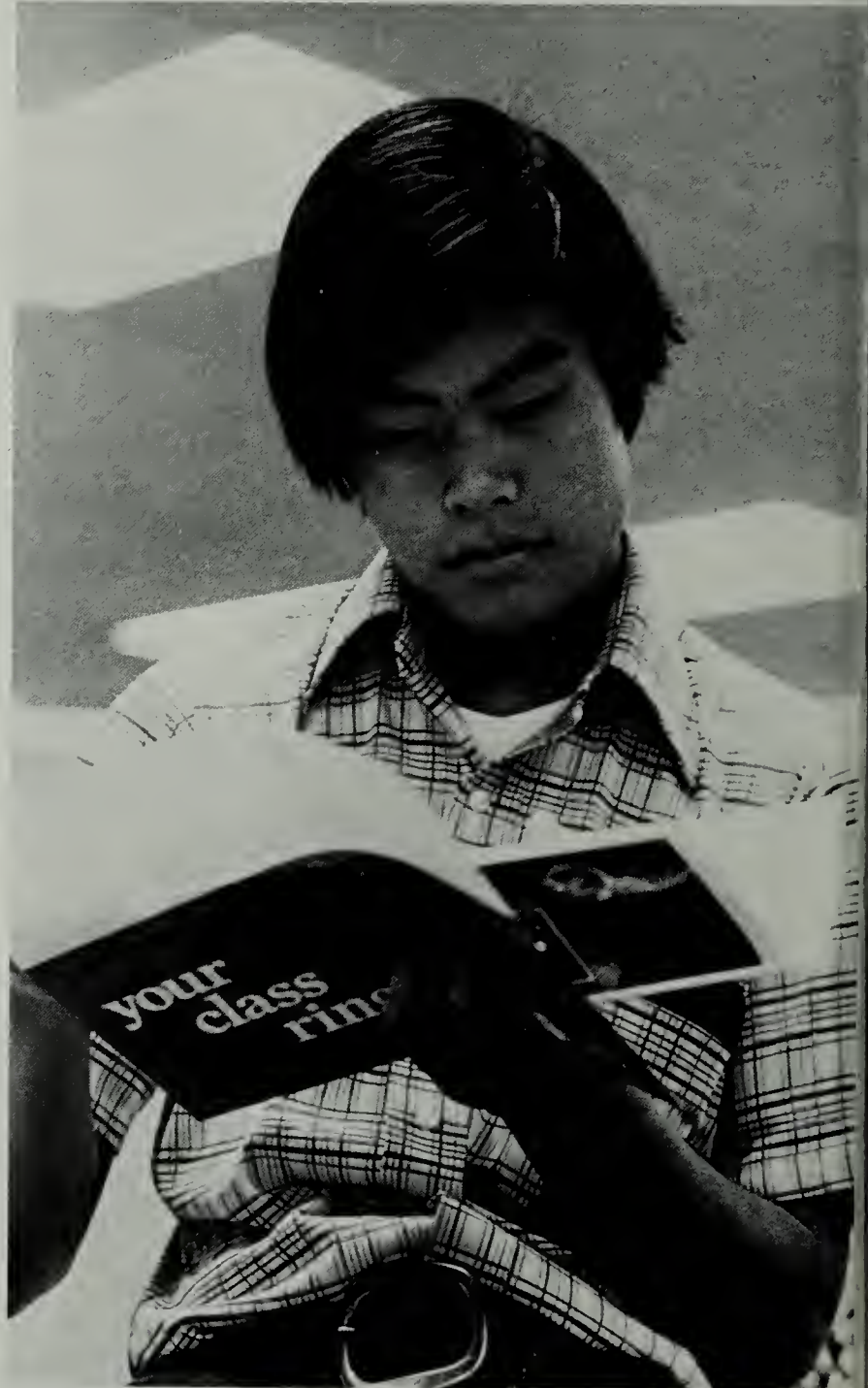
The class of '77 moved into orbit this year by starting off with a car wash at Phillips 66 in September, which brought in money for the junior class fund. This fund was the basis of the payment for the junior prom and the junior ring breakfast which were both held during junior week at the end of April. In order to improve class spirit and identify the class of '77 as being special, the juniors ordered "space cadet T-shirts" and wore them at athletic and casual events.



As class spirit rose, so did new ideas for expressing it. During November, collections were taken for the making of the junior class flag. The proof of the flag shows the juniors enthusiasm in supporting their class.



Directing the Band is Betsy Thompson — President, Dennis Stewart — Treasurer, Regina Jeffery — Secretary, John Warren — Vice President.



Full of the anticipation of buying junior class rings in December, Brian Lee carefully scrutinizes his ring pamphlet for one that suits him.

ACTIVENESS AND DEDICATION



Chuck Wedel — President, Leigh Ann Bushey — Treasurer, Kim Holt — Secretary, Jamie Foggo — Vice President.

Spirit of '76 can be defined by using the Senior class as an example. The seniors' activeness and dedication to their school helped finish off the year with accomplishments that let everyone know that this was the first graduating class. They were involved in activities ranging from car washes to planning and carrying out their own graduation. They started off the year by gathering together the students of Lake Braddock for the first Soc Hop of the year. Their several fund-raising projects included a Bike-a-Thon, where half the money went to the Senior class and half the money went to the Northern Virginia Training Center, and a crafts booth at the Fall Festival. They were also sponsors of the Sweet Heart Dance and the Senior Prom. All in all, it was a promising year for the first graduating class of Lake Braddock.



The senior class office elections were held during school in the little theater at the end of the second semester. Here, Mark Via waits his turn to present his platform. At the podium, Chuck Wedel concludes his presentation to the senior class.



Persuading a passer-by to get his car washed, Caroline McDaniel and Laurie Rubino make a production out of the Senior Class car wash held in September. The car wash was a big success and the money earned went towards the Senior Prom in the Spring.

A Long Way To The Bottom

Swoosh! Without any hesitations or cold feet, the Ski Club members glided down the slopes of Blueknob, Seven Springs, and Roundtop. Anyone interested in skiing, amateur or pro, intermediate or high school age, had the opportunity

to join the club for a small \$3.00 entrance fee. When they weren't on the slopes, they attended weekly meetings with guest speakers who explained about good equipment, good weather for skiing and superior places to ski.



Front Row: Susan Alexander, Diane Nagel, Todd Heverly, Eric Airola, Debbie Johnson, Inge Hoffman, Arline Powers, Carole Harter, Mark Peterson, Spencer Biles, Kathy O'Neil, Kathleen Trainer, Michelle Baldasare, Celia Hargleroad. *Second Row:* Max Grandinetti, Tony Stutts, Darryl Daley, Todd Donaldson, Blair Calhoun, Craig Garrant, John Kinman, John Bivens, Melinda Powers, Debbie Stowell, Sherry Huffmaster, Donald Morgan, Sara Danziesen, Lisa Bishop. *Back Row:* Scott Bowen, Ken

George, Mike Barton, Rob Powers, Ritson Ferguson, Sean Ensley, John Zych, Bob Etchells, Mark Hollar, Shelly Bissell, Diane Stuart, Lisa Puelian, Noelle dePalo, Greg Ulsh, Kate Howard, Claire Lurain, Kim Herb, Kay Mesirov, Gail Gallagher, Becky Hill, Kris Martin, Larry Klaus, Donna Konchuba, Charles Lamb, Lisa Ray, Donna Danbrauskas, George Biles, Don Larson, Joe Ardizzone.

Girls Strive For The Limit

Only a limited number of girls were accepted as regulars and alternates for the 7th grade drill team after tryouts. From then on much memorizing, practicing, and polishing was applied to their routines. A one week clinic

attended by the girls was held the last week of July and was taught by Patty Miller and Jill Lawhon. At all junior varsity games and special occasions, such as performing for parents, the girls spouted with enthusiasm.



First Row: Sharon Anderson, Mary Young, Kathy Ripley, Lisa Williams, Nancy Gearheart. *Second Row:* Karen Moore, Leah Lehman, Connie Hacker, Laura Cooper, Trisha Haskins, Melissa Coleman, Karen King, Annette Lutic, Suzanne Cole, Miram Wildman, Cindy Paschal, Val Olivito. *Third Row:* Cheryl Whitner, Mary Beth Jensen, Leslie Main, Lori Epstein, Melissa Davis, Kim Baines, Cheryl Patterson, Vivian Haley,

Sonia Smith, Jodi Patterson, Deanne Gage, Margaret Minuth, Cara Bullick, Terry Hutzleemann, Karen Minuth — High School Leader. *Fourth Row:* Susan Purple, Kristy Thompson, Leslie Nance, Debbie Saahd, Frannie Wright, Julie Robb, Patty McFaren, Patty Gurden, Linda Bowley, Paula Traversky, Becky Weary, Kathy Thompson.

A Little Extra Hard Work

Tuesdays and Thursdays, Tuesdays and Thursdays, Tuesdays and Thursdays. At 2:30 each week we were in the parking lot for one and a half hours and practiced, practiced, practiced, practiced, practiced. All our efforts were in preparation for our halftime performances at the J.V. games. We worked so hard! Over the summer we attended a five day clinic at Lake Braddock to learn our routines, but it was all worthwhile when we were asked to perform at the Capital Center in February which showed us that a little extra hard work often makes a successful year.

Front Row: Paula Gatti — captain. Second Row: Lori Hopkins, Sharon Johnson, Elena Sandoval, Joanna Gorman, Debbie Harvey, Cindy Shephard. Third Row: Jackie Reeves, Renee McCormack, Allison Shoun, Pam Haskin, Cindi Maxey, Claire Mikula, Ceilie Jones, Donna Roush, Kris Zeller, Kelly Quinn. Back Row: Kim Sampson, Jean Sullivan, Sandy Starkweather, Heidi Irrig, Diane Bowen, Cheryl Shephard, Laurie Seroka, Susan Archambault, Marian Smith, Denise Dues, Mary Kinback.



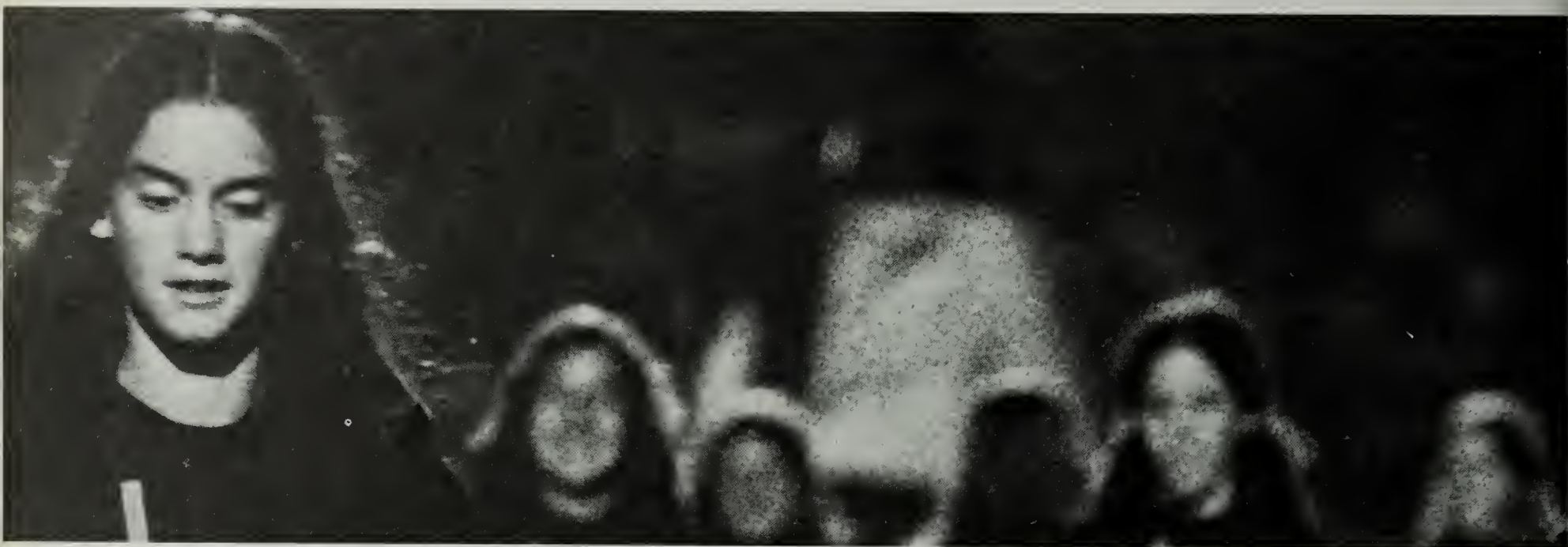
Even though the crowds are never huge at the Freshman football games, the girls still smile and perform with ease and, as you can see, they look pretty good during the Bruin/Spartan halftime performance.



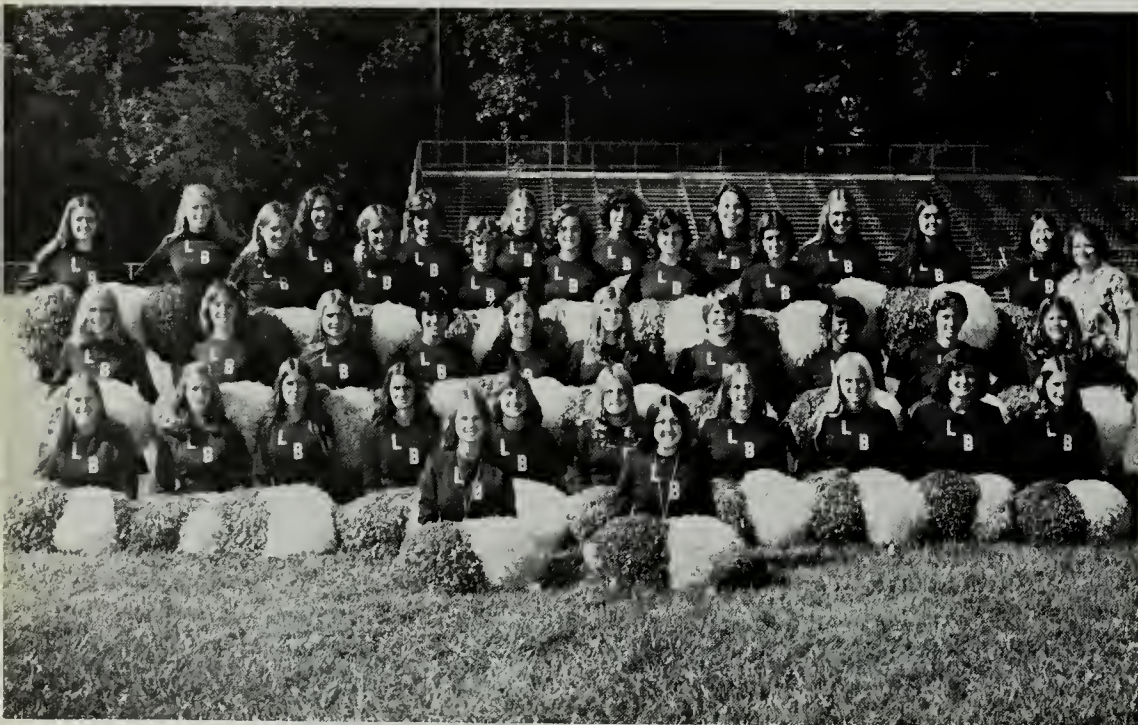
After long hours of practice, the girls show their ability and skills at a Frosh home game against West Springfield.

Getting It Together

Through three years of strenuous work the drill team managed to keep smiling and performed successfully. To start their 1975-76 season, the girls attended a one week clinic at Massanetta Springs, Virginia from August 24-29. There they worked up to ten hours a day preparing routines and formations for home football games. At our first home game against Groveton, many could tell the girls had improved by getting it all together. In addition to football games, the drill team performed at home basketball games, in parades with the marching band, and in the biggest event of all, the "Robinson Spectacular," where the drill team assisted the marching band in competition among other Fairfax County schools. Through their outstanding performances, the drill team showed that the spirit of "76" was worthwhile for them!



As you can see Leisa Williford concentrates while Lynn Archambault smiles, but what you don't know is that the drill team along with the halftime performers are performing at Robinson through a special invitation from the Robinson Rams.



First Row: Cheri Hall — co-captain, Dee Archambault — co-captain. *Second Row:* Kathy Breiman, Lisa Lauria, Melanie Morgan, Leisa Williford, Kathy Bornemeier, Jennette Fultz, Jill Lawhon, Lisa Posey, Marie Fanelli, Diane Sifford. *Third Row:* Jeri Schelling, Linda Nance, Elaine Stewart, Lynn Archambault, Susan Stauffer, Jerry Morgan, Wynn Hamilton, Lorleen Robinson, Debbie Stromeier, Becky Newport. *Fourth Row:* Pam Grich, Sandy Crow, Cindy Smith, Terri Burkes, Linda Klaus, Kathy McNerney. *Fifth Row:* Michele Reichert, Laurel Hughes, Donna Palmer, Gina Ianiero, Lori Bachner, Lori Weinberger, Selina McNair, Jennie Powell, Debbie Lund, Nancy Spain, Miss Ann Reynolds — sponsor. *Not Pictured:* Mary Brissey.



Before halftime begins, Cheri Hall waits and listens to start the drill team performing during the fifth football game at home against West Springfield.

Practice Makes Perfect



After many hours of discussion and debate, the Debate Club prepared to compete in Northern Virginia tournaments. This newly organized club included high school students only. The intermediates discussed a variety of subjects which included capital punishment and other controversial topics, but the high school was limited to the National High School Question which was, Resolved; that the development and allocation of scarce world resources should be controlled by an international organization. By the end of the year, both groups felt they had covered all aspects of their topics.

Debate Club: Mr. O'Conner, Laura Rodgers, Ellen Schneider, Mrs. Drinnon. Not Pictured: Cal Ribbons, Jerome Skelly.

WE THE STUDENTS

As 1976 rolled in, so did the Lake Braddock constitution. The student government finished and ratified Lake Braddock's first constitution at the beginning of the new year. Among other things, the organization arranged an exchange day program between other Northern District schools, such as T. C. Williams, West Springfield, Fort Hunt, and W. T. Woodson. In celebration of the Bicentennial, the government organized a program which included invitations for congressmen and senators to

come to Lake Braddock to speak about America and the Bicentennial. The student government set up for major school dances, Fall Festival, the homecoming court and class night, which was held January 22, and consisted of stunts and unheard of games, in which the classes competed against each other. Last, but not least, Lake Braddock could thank the S.G.A. for the WLBS lunch radio program which was arranged during the summer for the entertainment of the students during their lunch break.



Chelle Harrison — secretary, Mark Kaczmarek — vice president, Mike Belt — president, Sueann Brown — treasurer.



Through the donation of 300 trees from the Marines, Bruce Smith and Brian Lee along with Mr. Steve Barkmakian of the Environmental Protection Agency and Staff Sergeant Bacon of the Marines dedicate the first dogwood planted.



First Row: Ben Steinberg, Laird Steinberg, Amy Cooper — Treasurer, Cheryl Eisenhard — Vice President, Susan Miller — President, Karen Turner — Secretary. Second Row: Laura Blandchard, Susan Alexander, Kathy Ellis, Cindy Green, Pat Breeden, Vicki Miller, Cindy Horan. Back Row: Diane Glazner, Mark Bennett, Mike Johnston, Jill Clompus, Karen Dalsed, Jim Hawkins, Diane Wilson, Lee Harant, Brian Lee, Mike Jones, Steve Hoyt, Laura Rodgers, Karen Dyson, Cindy Metz, Peggy Sowell, Dave Mutter. Not Pictured: Mr. Giska — Sponsor, Julie Bisoe, John Dyson, Suzanne Barrineau, Pat Brunson, Brian Roman, Kelly Reeve, Debbi Thomas, Chris Olin, Becky Brown, Kathy Kufka, Chris Clark, Mark Reardon, Judie Schaffer, Minh Nyen, Russ Evans, Lynnette Montith, Bruce Smith, Vicki Kenney.

The saplings that surrounded the school didn't just appear. Many members of the Ecology Club put many long hours of hard work into planting the trees and making them thrive. They planted a variety of trees which were donated to them by the U.S. Marine Corps. Trees such as lob-lolly, dogwood, pine, and black walnut were planted in various places on the school grounds. Other endeavors included a newspaper dumpster which was open at all times, a clean-a-thon held on November 22, a tree plant, and an earth week.



On November 22, the Ecology Club members went out and collected 857 lbs. of garbage around the Lake Braddock area. Afterwards, they piled it up and put the garbage in trash bags and, as you can see, Susan Miller, Julie Bisone and Sharon Broadus are doing just that.

ACTIVITIES A MILE LONG



First Row: Debbi Canonice, Ann Marie Heffren, Vicki Martin, Sandie Gatlin, Danna Abney, Laura Dawson, Julie Sullivan, Jeannette Pepper, Susan Shillinglow, Leeanne Wacker, Janet Stuntz, Susan Justuson. *Second Row:* Cortney Hicklin, Carol Highfield, Cheryl Eisenhard, Janet Chestnut, Suzanne Stewart, Cynthia Cooper, Karen Garcia, Debbi Thomas, Wanda Beckers, Susan Hollar, Lois Corb, Peggy Sowell, Ms. Neale — Spon. *Not Pictured:* Debbi Bradford, Liz Cardenas, Mary Carroil, Allison Dugan, Susan Gatlin, Leslie Goodling, Janet Hard, Natalie Haugb, Diane Kenaston, Diane Knez, Carla Lewis, Karen Nelson, Julie Poreda, Linda Rotundo, Patti Shifflet, Jeannette Smith, Marian Smith, Debbi Thurston, Shelly Young, Lisa Anderson, Mary Bittner, Margaret Cocke, Kathy Caffey, Cindy DeAngelus, Lisa Hedreck, Laurie Hollis, Diane Jolley, Leyla Kermanchi, Joan Nataro, Monica Radman, Kathy Richards, Susan Rutter, Brenda Sapp, Jennifer Smith, Sheila Sullivan, Terri Sullivan, Janice Thigpen, Marie Vodicka, Becky Waddell, Naomi Yamamoto, Leslie Zeller.

If you listed every project and activity the Future Homemakers of America completed, you would have a list a mile long. Each person signed up for the committee she was interested in, which varied from picking apples in Winchester and making apple butter, apple jelly, and caramel apples to doing service projects for UNICEF, Muscular Dystrophy, and Headstart. As a Bicentennial project they served as guides, planted a herb garden, and served as hostesses at Gunston Hall during Christmas and Garden Week. Some of the members also adopted The Fairfax Nursing Home, and for every holiday did something special for the occupants. On Halloween, they dressed up and paraded for the elderly; and for Christmas, they brought 20 of the elderly people to our school to eat Christmas dinner. This gesture, besides their regular visits and other good deeds, brightened the lives of the old people.



While at an FHA meeting, members discuss a future bake sale and how to utilize the profits.



A member of FHA, Jennifer Smith, escorts one of the residents of the club's adopted nursing home through the booths and stalls at Fall Festival.

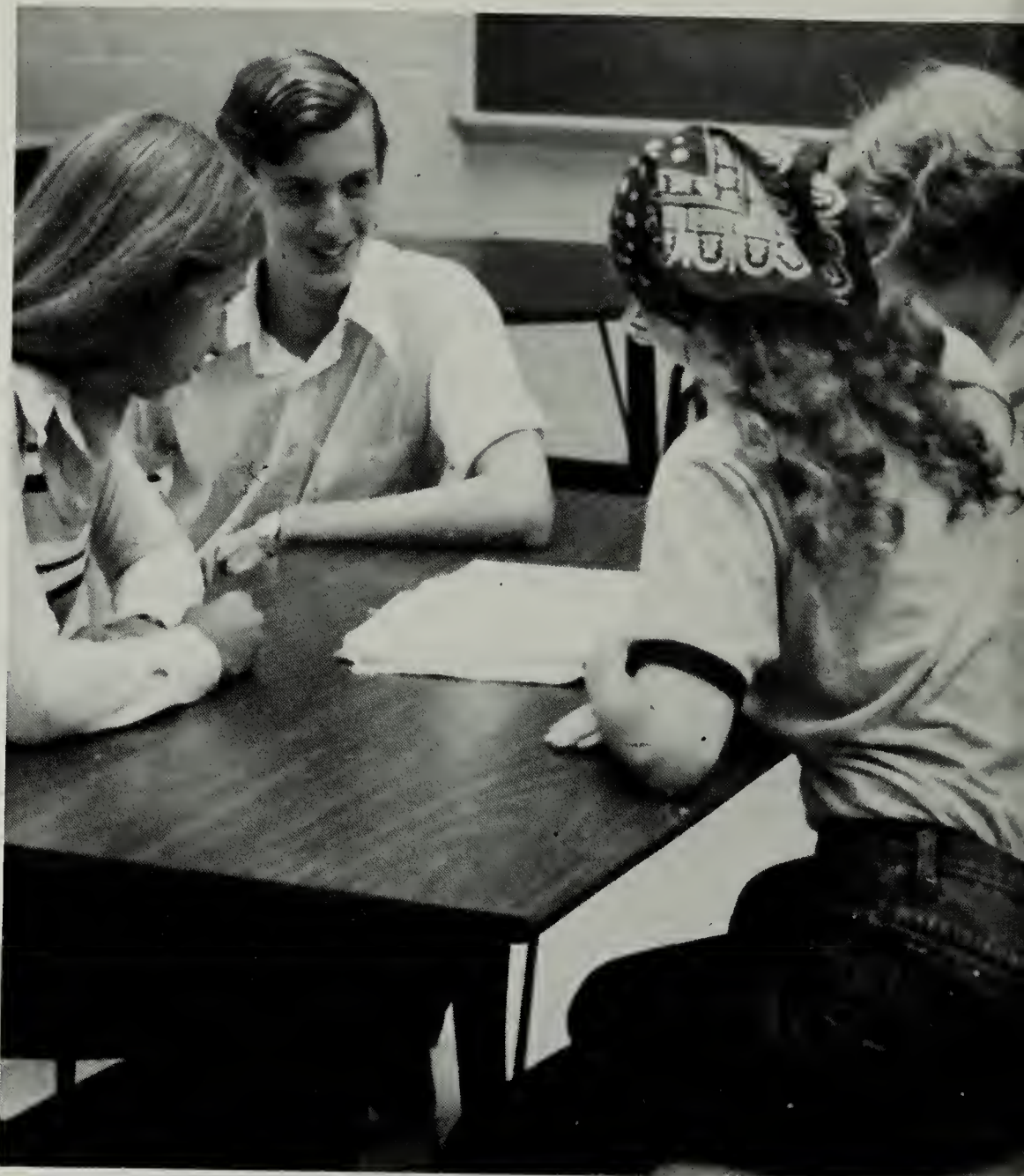
The Setting Of New Traditions

While having fun was an important factor, the French club was also busy adding to Lake Braddock's traditions. One of the new traditions which the French club initiated was the International Language Festival.

The festival lasted for one week during the spring and included assemblies, variety shows, cultural displays, and exotic international foods prepared by the teachers and students in the Foreign Language department. Another achievement was the foreign language newspaper which was planned and written by the club. The restaurants, plays, and movies which the club went to see helped to improve their understanding of the French habits and way of life.



Involved in serving food at a French club party, Mrs. Garcia tries to unwrap some foil off a delicious looking loaf of French bread.



Before Susan Miller, Terri Bassett, Doug Waugh, and Jeff Toney present their notes at the first French club meeting, they find time to check them over.



Front Row: Susan Reynolds, Linda Nance, Marilyn Tarlano. Second Row: Doug Waugh, Tony LaRe, Jeff Toney, Susan Miller, Laura Lund, Jean Tremaine, Cheryl Miller, Terri Bassett. Back Row: Mrs. Garcia — sponsor, Mrs. Deppe — sponsor.

HONOR SOCIETIES SELECTED

The French Honor Society consisted of students with an A average in French and a B average in all other subjects. The club members went to French restaurants, such as La Caravelle, and ate roast duck and onion soup. During the Christmas season the club went caroling and sang English, Welsh, and French carols. Members of the society worked together in organizing and publishing a paper for the Foreign Language Department. A special Christmas edition was published which included French Christmas recipes, games, puzzles, and Christmas customs from other countries. In the spring the club members also attended plays and films spoken in French.



The French Honor Society gets together for a meeting on the contents of their special Christmas edition of the foreign language newspaper.



On a Friday morning the Spanish Honor Society decides what to have for a progressive dinner that they held a week before Christmas.



French Honor Society: Front Row: Susan Reynolds, Debbie Lund, Jeff Toney, Jamie Foggo, Laura Lund. Second Row: Terry Bassett, Susan Archambault, Pam Grich, Linda Nance, Marilyn Tarlano, Helen Vanderhoven, Karen Dalseg, Holly MacFarland. Back Row: Joy Leahy, Valerie Schafer, Lisa Lauria, Karen Sterner, Beth Goodsite, Marty Moke, David Greeley, Doug Waugh.



Spanish Honor Society: Front Row: Ken McClain, Mike Poreda, Tracy Mendez, Barbara McCowen, Curt Eisenhower, Chris Lebiedz, Sara Brown, Susan McNabb. Second Row: Mrs. Kuhn, Natalie Haugh, Kelly Haugh, Cheri Hall, Sheryl Gouveia, Nancy Stuart, Phyllis O'Neil, Lisa McGrady, Cheryl Rogers, Jeri Webber, Mrs. Rosen. Back Row: John Mairs, Mike Crook, Greg Rowan, Larry Klaus, Steve Billian, Kathy Barton, Claudia Mutter, Lisa Dasher, Betsy Morfield, Ron Marryott.

¿Habla Usted Español? These people did. As a matter of fact, they did it so well they were accepted to the Spanish Honor Society. The requirements were a 3.0 average in Spanish for third year students and a 3.5 average in Spanish for second year students. It was the type of club where you did what you wanted. Some of the activities they participated in as a group were a progressive dinner and selling Spanish arts and crafts, food, and raffling a piñata at the Foreign Language Festival.

Ambition & Drive Sparks the Year

Ambition, drive, and spunk kept the H.E.R.O. club, short for Home Economics Related Occupations, active throughout the year. Projects included setting up a file on colleges and scholarships which were available to students interested in food related careers. They also collected money for UNICEF and donated food to the March of Dimes Marathon. Mentally retarded and physically handicapped children were brought to the kitchens and members taught them how to prepare basic foods for themselves. The H.E.R.O. club visited restaurants and other food service facilities to see what their menu plans were for the Bicentennial.



While keeping the mess to a minimum, Nancy Stahle prepares a pie crust for the football dinner which was held at every home game.

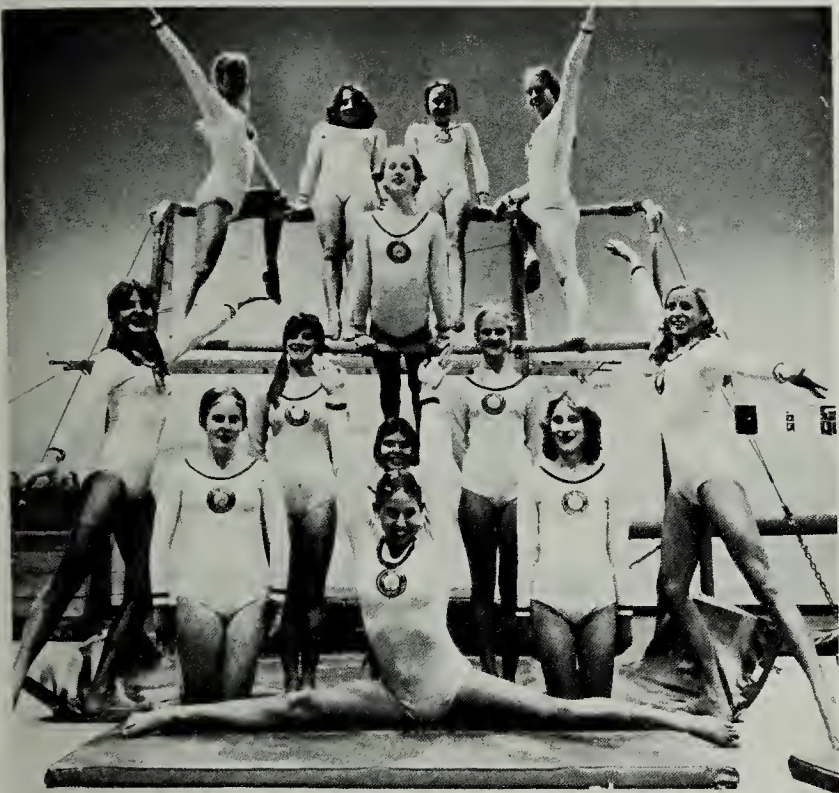


Consulting the recipe, Julie Poreda, Don Wright and Gene Fitcher make ready the refreshments for Back to School Night.

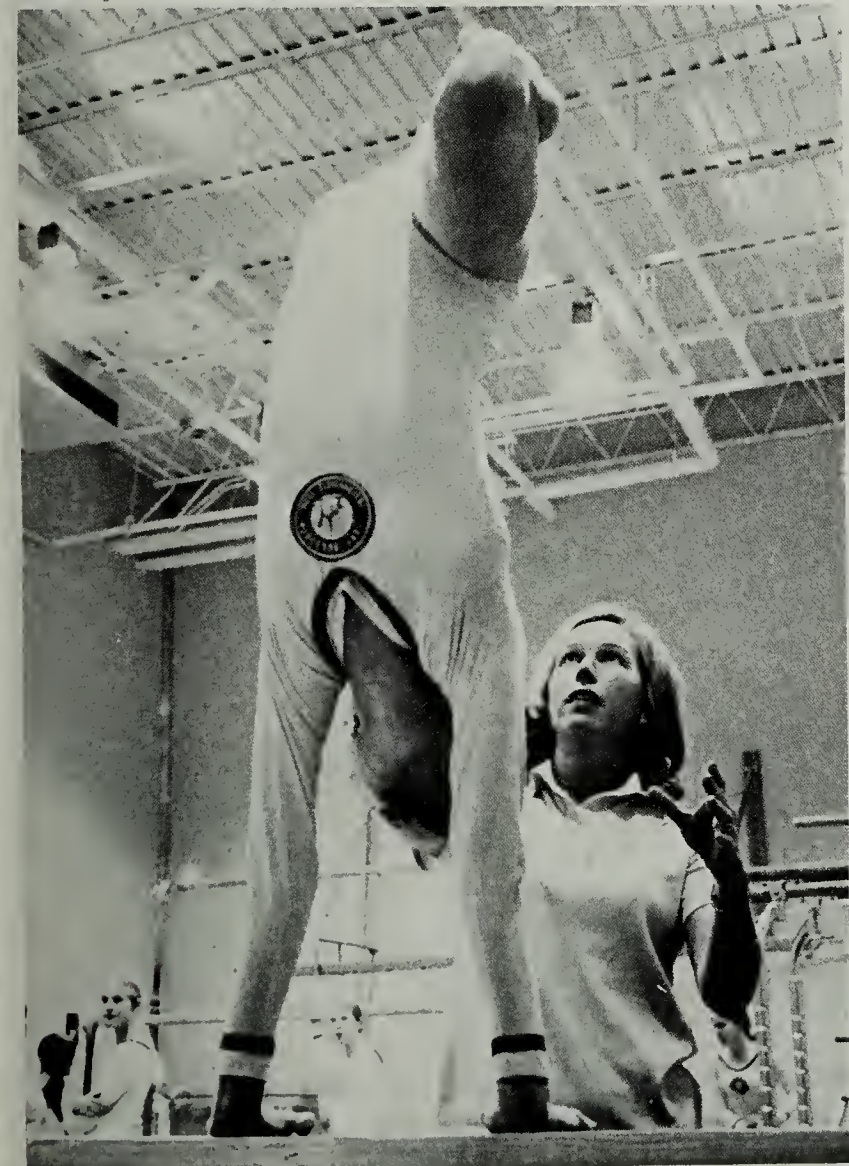


Preparing a quantity of apple sauce raisin cake, Tod Mitchell has time for a laugh.

"You'll Flip Over 'Em"



First Row: Mary Coutour. Second Row: Jenny Salomon, Rene McCormack, Margot Caldwell. Third Row: Cindy Shepherd, Julie Reeves, Mary Young, Debbie Hayward. Fourth Row: Melinda Polk. Fifth Row: Paula Gatti, Laura Vahouny, Kathy Ripley, Leslie Morgan. Not Pictured: Lynne Kemmer, Jana Gill.



Gymnastics are not only fun but dangerous. Mrs. Ripley always has a cautious eye out for the girls.

Over and under, around and through, flipping and bending, and winning! All of these characteristics could be seen constantly in the Intermediate Gymnastics Team. The members, seventh and eighth grade girls, were chosen in two shifts during the year. In the fall, a few girls were selected from the tryouts to be the foundation of the year's team. The girls with the best developed qualities and the most versatile talents started the team, and later aided in instructing additional members. The second tryout period in January gave interested girls a second chance to make the team and increase the team's potential. The girls' main function was to perform choreographed routines during the half times of the varsity boys basketball games. Their other activities included guiding new seventh and eighth graders through the school, assisting the varsity girls gymnastics team in their meets, and helping with a workshop for other gymnasts. In February, the girls performed an outstanding presentation at the Capital Center. They tied up the year in the spring with the County Intermediate Gymnastic meet and the third Annual Intermediate Gymnastic's Night.



At one of their practices, Mrs. Ripley spots as Jenny Saloman works out on the uneven bars.

The 7th-8th grade cheerleaders, unlike most performing groups, had to be ready at all times. They were, in a sense, at the beck and call of the freshman cheerleaders. Any time they were asked to perform they had to be ready. The overwhelming spirit of these girls showed through when 180 of them showed up for tryouts.

READY AT ALL TIMES



7th Cheerleaders: First Row: Patty Wyatt, Diane Thompson. Second Row: Elly Redican, Stacy Smith, Karin Naslund, Julie Clark, Brilane Bowman, Suzanne Larocque, Jerri McConnell, Nancy Rowzie, Simone Smith, Laura Grunawalt, Jan Roush, Kathy Nordness, Laura Richardson. Third Row: Missy Klein, Jeanne Elser, Amanda Bradley, Marla Poncar, Annie Yanoshik, Loretta Sandoval, Laura Shenk, Amy Doran, Anne Comeaux, Julie Williford, Amy Immerman, Kelly Vorbau, Becky Jones, Debbie Willard. Fourth Row: Laura Simpson, Karen Donnelly, Ellen Waddell, Sarah

Bunn, Lesa Dishman, Vicki Reeve, Judy Treadway, Debbie Smith, Camille Prestera, Lauren Stewart, Diana Jackson, Cindy Moody, Laurie Rice, Kim Blank, Becky Wilson. Fifth Row: Helen O'Rourke, Liz Dybas, Wendy Nelson, Carolyn Hogan, Joan Dunning, Kim Leistico, Susan Hinson, Becky Thompson, Millie Souders, Karen Tutterow, Vivian Haley, Shauna Cooley, Colleen Crowe, Lynn Kimmer, Julie Robb. Not Pictured: Amy Blasch, Elizabeth Grower.



8th Cheerleaders: First Row: Mrs. Covucci — Sponsor, Linda Meredith — President, Laura Rogers, Amy Merelman, Shannon Carlisle, Patti Nimmo, Ginny Gravatte, Sheila Nicholls. Second Row: Susan Wilson, Mary Beth Miller, Jane Strong, Sheila Morris, Lee Ann Wacker, Betty Jean Snapp, Carol Whalen, Robin Kruck, Sally Frank. Third Row: Heidi Downs, Leslie Closey, Jeannie Pollard, Lisa Carpenter, Debbie Dyer, Eleanor Culin, Jill Hutzilman, Lori DeSantes, Cheryl Waracomski, Mary Woodard, Celeste Guertin. Fourth Row: Noreen Parella, Maureen Parella, Donna Hunt, Rhonda Lewis, Carrie Ross, Dawn McDaniel, Pam

Rowzie, Robin Vannoy, Regina Rogers. Fifth Row: Yvonne Groeneweg, Debbie Hall, Marcey Bousman, Michelle Herb, Sue Heinz, Diane Benendetti, Pam Basshm, Debbie Thurston, Lori Anderson, Kristin Billak, Mary Webster. Sixth Row: Beth Hammond, Ceilie Jones, Kim Sampson, Jean Sullivan, Cindy Shepard, Sandy Starkweather, Mary Kimback, Debbie Harvey, Sabrina Moscova, Chris Turcsanyi, Kelly Sisco, Carole Stimac, Brenda Harrah, Linda Harris. Not Pictured: Maureen Peed, Joan McQuiston.

Jacks of All Trades



Making an audience laugh isn't an easy thing to do, but Ron Heinz, Bill Crutchfield, Dave Watson, and Todd Williams of the Key club manage to do so at the Fall Follies, during Fall Festival week in October.

If a Key club member were asked what they did over the year no one person's answer would be the same. The club sponsored dances, acted as ushers at Wolftrap Farm Park for the International Children's Festival, and helped Red Cross, the Epilepsy Foundation, and the mentally retarded. They also directed traffic and parked cars at the football games.



"Fastest thing on two feet." As the Key club skit comes to an end, Steve Cocke streaks across the stage to encourage applause from the audience.



First Row: Mark Patterson, Mark Hackney, John Webster, Brian Mansour, Casey Hill, Kelly Johnson, Steve Cocke — vice-president, Mark Kaczmarek. Second Row: Ritson Ferguson, Jeff Ward, Denise Clarken, Keith Chilcote, Karl Sprague, Bill Crutchfield — treasurer, Mike Belt — president. Third Row: Steve Coy, Chris Hibbert, Mike Crook — secretary, Mark Eisenhower, Ralph DeAngelus. Fourth Row: Phil Balmforth, Kevin Deck, Tom Clark, Todd Williams, Cary Capper, David Watson, Ron Heinz, Richard Grich, Jamie Foggo — president, Mr. Bart Kramer — sponsor.

During their first year as a full club of 40 members representing all grade levels from freshmen to seniors, the Keyette club plunged head-on into the school and community projects which were planned over the summer.

In the fall, the Keyettes painted the football trash cans purple and gold, helped clean the stands after the football games, sold activity calendars for the Booster Club, and guided parents at the intermediate school's Parents' Night in September. They also collaborated with the Key club in co-hosting the International Children's Festival and a "Progressive Dinner," both in October.

They continued their burst of energy with a canned food drive for Thanksgiving, a party for Children's Hospital at Christmas, and a "visiting library" at an Old Folks Home in the winter. This activity involved bringing and reading library books to the elderly.

In March, the girls attended the Keyette International Convention in Washington, D.C. and returned with excitement and ideas for next year. Their District Project for the year, held in the spring, was the bloodmobile for the Red Cross.

Both the school and community benefited from the enthusiasm and concern shown by these girls.

Plunging Head On



The Booster Club sold activity calendars to raise money for other school activities. Calendar sales were high on back to school night, and the Keyettes volunteered their services to help out.



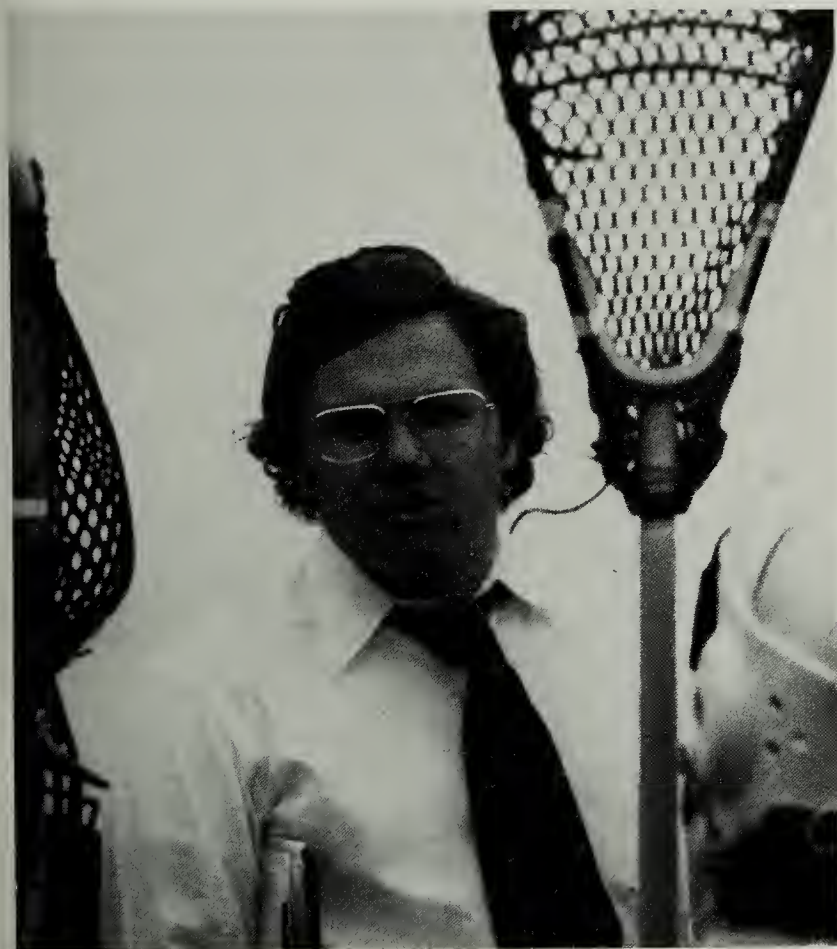
Parents get lost, too! Cindy Long helps the parents around on back to school night.



First Row: Roxanne Uyeda — recording secretary, Stephanie Buchanan, Beth Pflughardt — sergeant at arms, Betsy Burton, Bethann Jakoboski, Judi Schafer. Second Row: Sherri Johnson, Susan Gatlin, Theresa Stuart, Julie Ramsey, Peggy Sowell — Jr. Representative, Liz Cameron, Elaine DeAngelus, Leslie Dembinski, Donna Fowlkes, Sue Hyer, Beth Walsh — president. Third Row: Cindy Long, Janice Robinson, Becky Snowberger, Chris Lebiecz, Cathy McHale, Jan Carlson — treasurer, Debi Morris, Jessica Senio, Courtney McClurg — corresponding secretary, Julie Gauthey — vice president, Beth Goodsite, Nan Cates, Kathy Stauffer, Mrs. McClurg — sponsor, Miss Jandorf — sponsor. Not Pictured: Betsy Cocke, Jenni Lawhon, Dawn Ploe, Cathy Pflughardt, Priscilla Patellos, Elizabeth Jackson, Nancy Nafzinger, Beth Klompus, Belinda Dedios.

Stick It To 'Em

Members of the Lacrosse Team: Bill Albeck, Mike Barbuschack, Ken Berkly, Carl Beveridge, Steve Billian, Bryan Borgerding, Joel Brown, John Bullock, Richard Choate, Tim Clemmons, Bill Davis, Matt Delaney, Brian Denny, Toby Dowell, Jamie Foggo, Steve Gordon, Tom Grich, Micky Hanson, John Hatcher, Mike Hibbert, Bill Howes, Jeff Johnson, George Jones, Eric Lalande, Bill Lloyd, Tom Lyles, Paul Maginnis, John Main, Eric Naslund, Mike Norton, David Patten, Ray Pickering, Paul Reeves, Clif Sevachko, Ken Sharp, Randy Shirley, Paul Skogerboe, Richard Smith, Greg Spitzer, Hampton Vanlandingham, John Warren, Tommy Williams, Steve Wireman.



Lacrosse coach, Bud Mayo, talks over some strategy with the players during a time out, but the help is a little late as George Mason gets in the last point, winning by one.



Senior midfielder, Mike Norton, #23, attempts to rush down field in action against Woodson.

Lacrosse, opening its season in the spring of 1975, was categorized as a club because there was not enough interest in the school systems to make it a sport. Besides the lack of interest, there would be a financial problem with the cost of uniforms and equipment. According to Coach Mayo and Mr. Bill Savage, Director of Student Athletics in Fairfax County, Lacrosse would become better known and soon catch on in other schools, like soccer and swimming. When Lacrosse started at Lake Braddock, students, as well as teachers, wondered what the long sticks with nets on the end were for. Members of the Lacrosse team were really enthusiastic about playing, but first they had to try out for positions. Midfieldmen, attackmen, defensemen, and goalies were the four possible positions. Next, two teams were picked, one containing the thirty best varsity players and the second team containing twenty J.V. players. Starting the last of March through the middle of April in 1975, four games were played with Lake Braddock winning two and losing two.

Lake Braddock	15	Sandy Springs	10
Lake Braddock	4	George Mason	5
Lake Braddock	8	West Springfield	1
Lake Braddock	5	Woodson	6

In the spring of 1976, twenty games were played; ten by the varsity team and ten by the J.V. team. Lacrosse was a new experience at Lake Braddock and the team had an enjoyable and successful year, so for the future of Lake Braddock look for Lacrosse!



With the ball falling into the net of their West Springfield opponent, #41, Tommy Williams, and #42, Paul Reeves, run in for the attack.

A BIT OF EVERYTHING

The Latin club was busy doing just about everything this year, from banquets to conventions. The club started the year with a Halloween party held during October. It then held an annual Christmas party, called a Saturnalia for the members. The Saturnalia was a festival celebrating the time of harvest. Romans celebrated the Saturnalia by exchanging gifts of gold, silver and bronze (plates, other household utensils, and coins) and little packages of sweet meats and nuts. During this holiday period the masters and slaves exchanged places for a day and assumed each other's rights and privileges. The holiday was characterized by lavish banquets and much socializing among friends.

Some of the members attended a Latin convention held in Roanoke, Virginia on December 12 and 13. In the spring, the club held a banquet at one of the member's houses, to which all the members wore their roman togas. Finally, the club ended the year with a picnic for the members.

Scattered in between these activities were various bowling, ice skating and roller skating trips.



As Mr. Sipe tries to ignore the yearbook photographer, he explains that the club must start to organize for their Christmas party, the Saturnalia, way in advance.



Front Row: Kolleen Gowans, Laura Parker — Organizer, Lee Mikeska, Ken Foster, Robin Davis. Second Row: Diane Webb, Melanie White — Secretary, Kim Wagner, Shirley Foulz, Cindy Marshall, Lisa Willey, Sarah Mills, Stacey Overman, Suzanne Stuart, Mr. Sipe — Sponsor. Third Row: Harold Walter, Greg White, Francis Barner, Joy Gladwell, Howard Clark, Kelly Johnson, Tony Lare, Jeanette Smith, Diane Wilson, David Apker, Frank Parrella — President, David Weary, Doug Waugh. Fourth Row: Kathy Doyle, John Apker, Janet Hurst — Vice President, John Pape, John Wagner, Scott Wagner, David Wilkins, Rose Estes, Lisa McGrady, Mark Williams, Paul Niemeier, Mike Syzmanski.

Nothing to do! It just looks that way, but actually, these members are organizing costumes for their Saturnalia.



Flip And Smile



Getting the halftime show underway, Mr. Richardson blows the first whistle, while Kim Belt and Mary Anne Towe wait to start the performance at the first victorious home game against Groveton.



First Row: Cindy Palmer — co-captain, Karen Trunfio — co-captain. Second Row: Sue Mansour, Helen Clarke, Shirly Foulitz, Caroline Gatti. Third Row: Paula Baldridge, Jeanne Simmons, Kim Belt, Mary Anne Towe.

With the flip of batons, and smiles on faces, the Lake Braddock Majorettes started their year with a one week clinic at Massanetta Springs, Virginia, August 24-29, 1975. From camp, along with the help from their new sponsor, Miss Jahoda, the girls put together, in conjunction with the marching band, halftime shows for our football games. Besides football halftimes, the Majorettes, along with the Marching Band, Swiss Flags, and Drill Team, marched in the "Robinson Spectacular," a competition in which they all helped the marching band make their performance more exuberant. The girls ushered at band concerts, performed at basketball games, and most of all, pleased the fans!



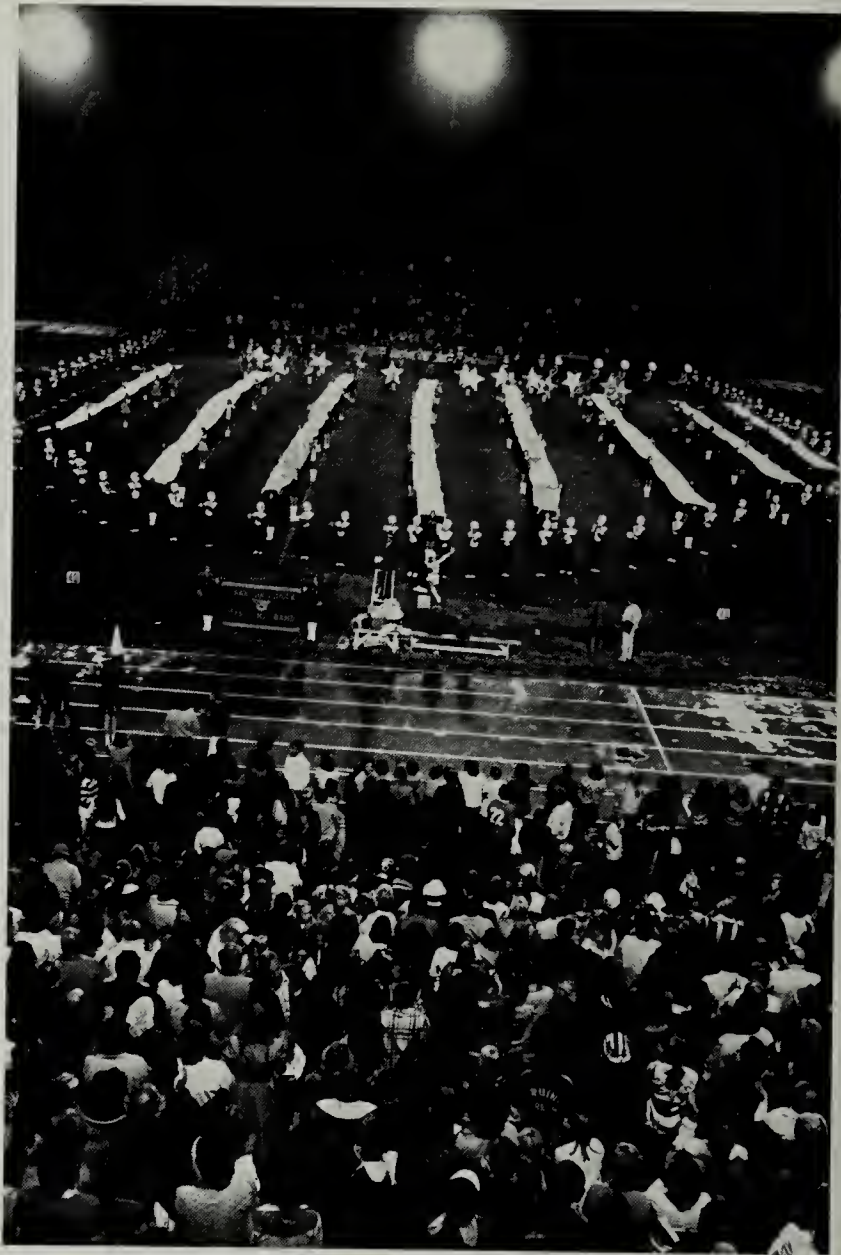
With her head high and in perfect majorette form, Kim Belt marches across the field during the football halftime at Lake Braddock with the Ft. Hunt Federals ahead 6-0.

Making It All Worthwhile

When the whistle blew, everyone knew it was time . . . time to listen for the whistle, time to march, time to practice, time to do, then re-do, time to sweat, time to curse yourself for doing it wrong, but then time to perform with perfection, making it all worthwhile. Every year the marching band got together to work on halftime shows for football games, parades, and competitions. The band started off their year by attending a clinic at Massanetta Springs, Virginia. There they worked ten hours a day getting their first show prepared, which turned out to be a great success at our first home football game against Groveton High School. The marching band also had the great honor of marching for the first time in the "Robinson Spectacular," a Fairfax county-wide competition. Along with the Robinson Spectacular and football games, the marching band took part in the "Fairfax County on Parade," where every Fairfax County school participated. With all its hard efforts and enthusiasm, the Lake Braddock marching band, for its third year, turned out to have a fantastic "1975-76" year, making it all worthwhile.



Before halftime begins, Mr. Richardson gets ready to blow the whistle.



Starting off a new year, the marching band shows its spirit of 1976 with a shield of red, white, and blue.

Members of the Marching Band: Lisa Apistolas, Debbie Bauer, Dianne Bennett, Julie Carroll, Ann Clark, Kathy Earl, Debbie Fichter, Barbie Hilliard, Chris Johnson, Mariette Markon, Cheryl Rice, Sue Rothenberger, Betty Rouse, Suzzane Sandy, Scott Ballantire, Charlotte Bonilla, Sue Cooper, Karen DaCosta, Sheri Koon, Karin Larsen, Peter Neil, Kelly Reeves, Bobby Schaaf, Lynda Schamber, Shelby Walter, Bill Davis, Mike McFayden, Dave McIntyre, Mark Schleusener, Jeff Bradford, Eugene Fichter, Scott Fisher, Carol Langager, Mike Rice, John Webster, Steve Coy, Marc Denny, Kevin Donovan, Dave Gage, Mary Gravely, Mickey Roulet, LeNaye Stanfield, Doug Anderson, Dwight Barkley, Keith Brown, Charles Crabill, Kieran Gifford, Andy Hock, Tony Stutts, Mike Williford, Lisa Brakebill, Fran Chandler, Bill Schaffer, Sue Maire, David Miller, Ross Bartel, Dwain Jones, John Peters, Guy Stockwell, Paul Cox, Mike Green, Nathan Lynch, Brian Jones, Ted Treat, Mike Confoy, Brian Mansour, Charles Black, Jeff Busa, Frank Eberhardt, Tom Kinback, Gaye Burns, Cindy Calhoun, Ben Jones, Buddy Morrisette, Mike Overman, Joe Deck, Keith Havens, Rich Pennington, Emilee Posey, Chip Fraser, Dave Burks, Bill Barrere, Jim Apistolas, Marie Matson.



“VOICES TO BE HEARD”



While presenting her piece, Lynn Tipton looks to Miss Gale for approval and response.



As sponsor of the Forensics Club, Miss Gale helps the members to project and express their readings.

Loud and clear, emotionally and fervently, the words of various types of literature can be heard from the members of the Forensics Club. This club was actually a team of students striving for team awards as well as individual recognition. Forensics was an interpretation of written works — including poetry, prose, dramatic interpretations of selections from plays, writing and delivering original speeches, and delivering original extemporaneous or impromptu speeches. The objective of this club was to give students confidence in speaking in front of an audience and practice in interpreting literature. The members held meetings once a week for coaching by the sponsor and selection of materials. They were involved in the Northern Virginia Speech League meets which were held once a month. The participation consisted of twelve to fifteen schools. During February and March the students competed in the District and Regional Forensic meets and then went on, in March, to the Virginia High School League State Forensics meet.



Valerie Vinogradov, Betsy Cocke, Ms. Diane Gale, Keith LaRochelle, Eric Ulanowicz, Jack Sessler, Jerome Scelly, Lynn Tipton.

Standard of Quality

With approximately 72 copies of "The Bear Facts" under their belts, excellence was an expected standard of quality. Over the past three years the newspaper staff had achieved the following awards: The International First Place Award — Newspaper of Substantial Achievements, First place in the Columbia Scholastic Press Association, Fairfax County Public Schools Certificate of Accomplishment, The Fairfax County Public Schools Certificate of Excellence, and a first place in the Virginia High School League. This impressive record kept their standards high.

"The Bear Facts" was the most frequently published school newspaper in Fairfax County, publishing a minimum of 22 issues for the 75-76 school year. Two weeks before school started, the newspaper staff had begun work on the first issue of "The Bear Facts." On September 19, it was ready to be distributed, despite the lack of mailing labels for mailing the papers home. The future for the "Bear Facts" held a trip to New York for the Columbia Scholastic Press Association convention in March which they attend each year in an attempt to maintain their standard of excellence.



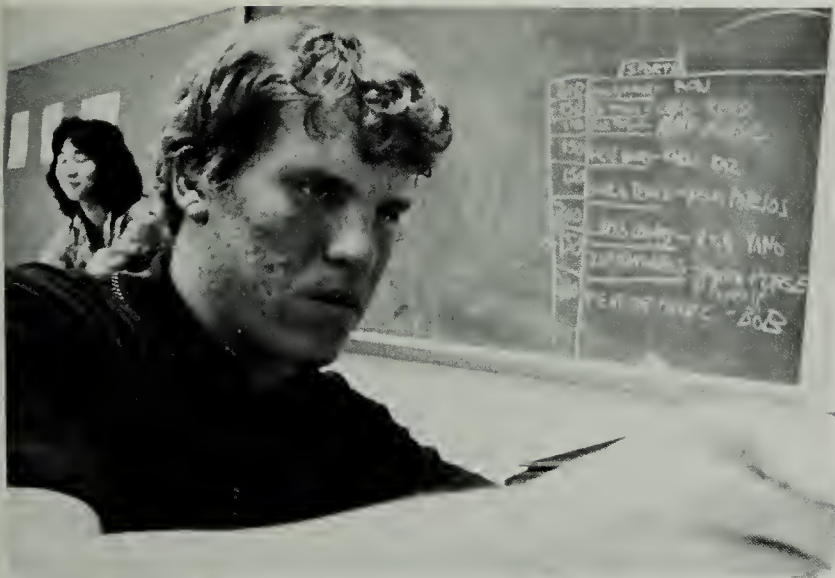
Journalism 1: Front Row: Kathy Hogan, Karen Kaczmarek, Kathy Beasley, James Taylor, Lori Saia, Jeanne Simmons. Second Row: Karen Hale, Chip Collier, Wanda Spenser. Third Row: Anne VandenBosch, Cynthia Nash, Allison Hood, Debbie Blair, Debby Richter, Linda Ledder, Lynn Archambault, Julie Sullivan, Llyn Ploe, Carol McHale, Jennifer Beir. Fourth Row: Kathy Bishop, Terri Rogers, Harold Walter, Susan Monsour, Dan Meade, Mark Rodgers, Dave Collis, Mark Reardon.



Journalism 2: Rich Yano, John Connors, Jon Scott, Becky Patellos. Second Row: Jack Moore, Mark Morse, Rick Penrose, Chris Reed, John Ledder, Valerie Light, Jessica Senio, Chuck Wedel, Judy Schafer, Kathy Pflughardt.



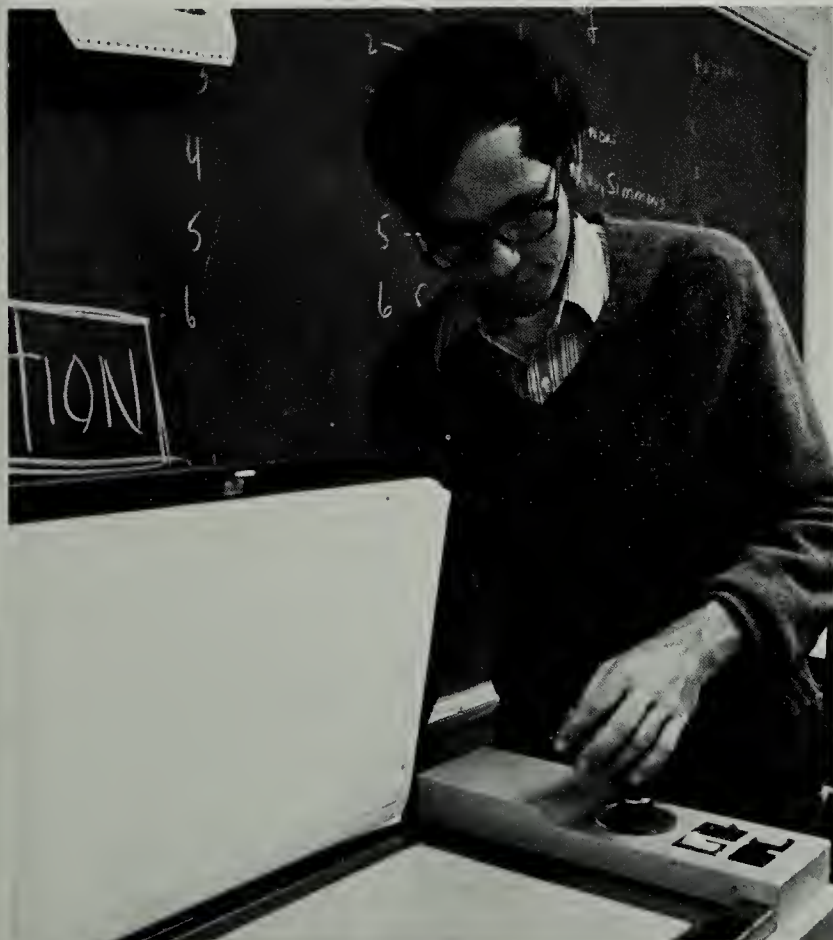
'Surprise! We caught Jessica Senio off guard while she is composing type on the staff's 3700 dollar composer.



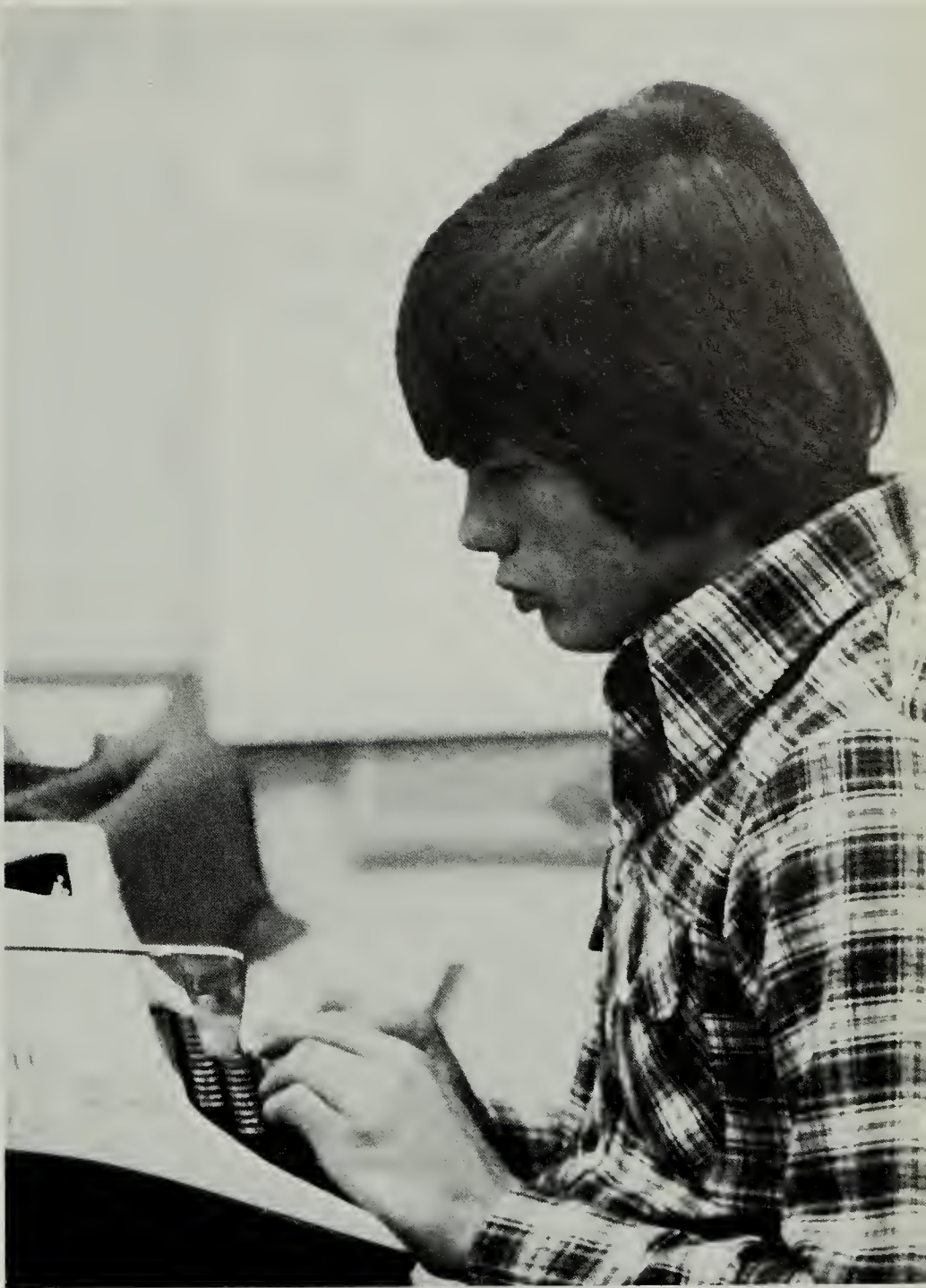
Contemplating last night's game, Ron Heinz writes a caption on Lake Braddock's win over Robinson 20-14.



Printing Staff: Top: Xavier Solares, Mr. McCarthy, Steve Cytryn. Lower: Randy Powell.



Helping his students get their deadline finished, Mr. McCarthy helps out by running the plate machine.



Stuck on the right word to use, Dave Patten pauses while writing an editorial which is one of the many jobs he is involved with as editor.



Editorial Staff: Joan Gardiner — Copy Editor, Saress Ivey — Managing Editor, Kathy Rouse — Managing Editor, Mr. McCarthy — Sponsor, David Patten — Editor-in-Chief, Arthur Benkert — Page Editor, Jill Rollison — Business Editor, Bob Simmons — Printing Manager. Second Row: Ron Heinz — Sports Editor, Holly Clanahan — Feature Editor, Jim Davidson — Tech. Editor, Keith Chilcote — Plate Maker, Mark Abregu — Page Editor.

Make Way For The Pep Club

The term "pep" could never sufficiently describe the spirit, dedication, and support exhibited by the Pep Club.

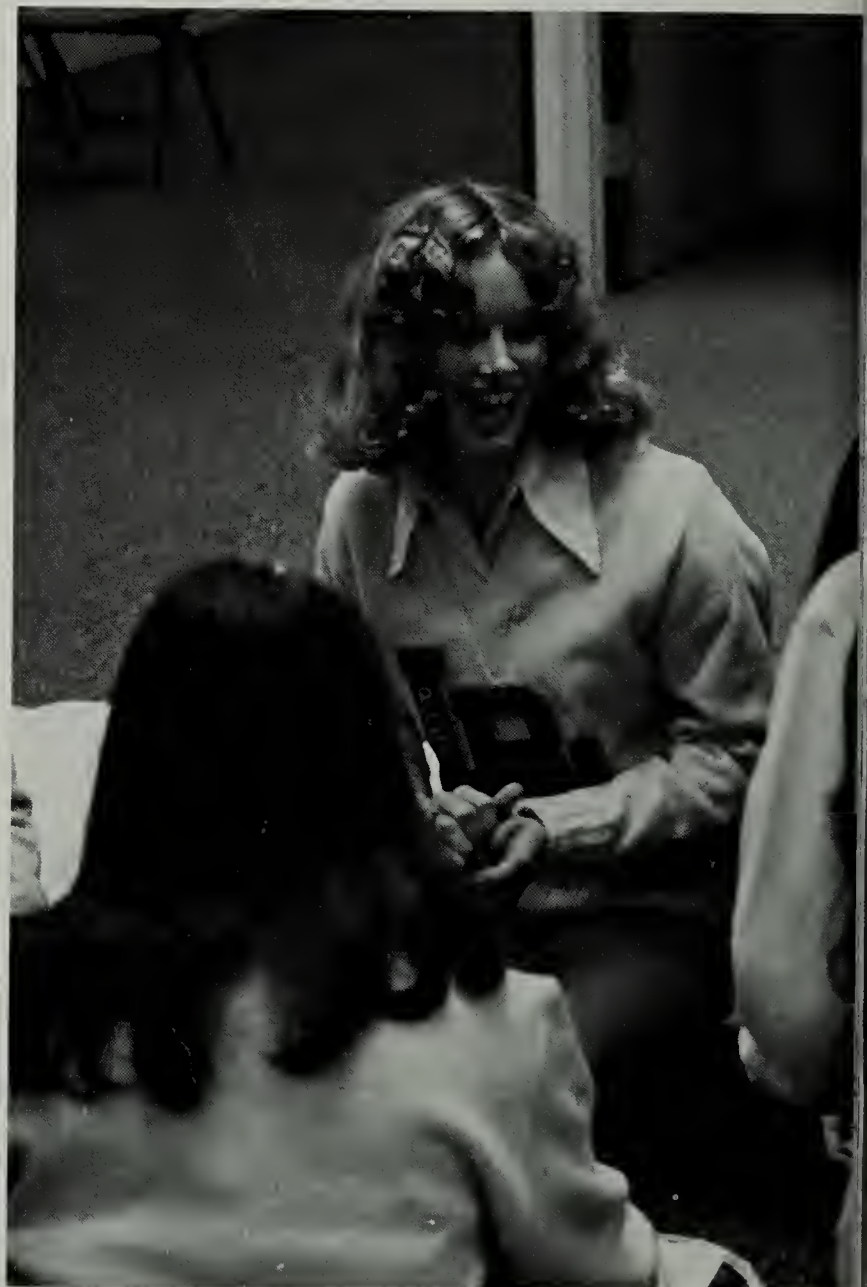
Through banners, parties, and actual participation with the teams, the girls in this club boosted the egos and spirit of the various teams they worked with. Their continuous dedication was shown in refreshments for the participants, decorations for the locker rooms, and their invigorating presence at the games. Another example of their determination was shown by the fact they paid for and made their uniforms. Without these girls and their enthusiasm they gave the school and the individual teams, the vibrating spirit we experienced at the many games would not have been felt with such an impressive force.



First Row: Debbie Padgett — secretary-treasurer, Debi Williamson — captain, Karen Garcia, Peggy Sowell — co-captain. *Second Row:* Shana Shiver, Kelly Haugh, Lisa Williamson, Vicki Tattarelli, Cindy Cummins, Doreen Yacoby. *Third Row:* Cathy Gilbert, Cheryl Dinkins, Lynda Sechrist, Marylee Eisenhower, Kate Essman, Barbara McCown, Karen Stuntz, Karen Nishigana, Rhonda Richardson, Andrea Lehman, Marilyn Tarlano, Jeanette Kolher.



Planning for the many things they do for the sports teams, such as decorating lockers with candy, planning parties, and painting Good Luck Banners, the Pep Club meets often after school for long hours of hard work.

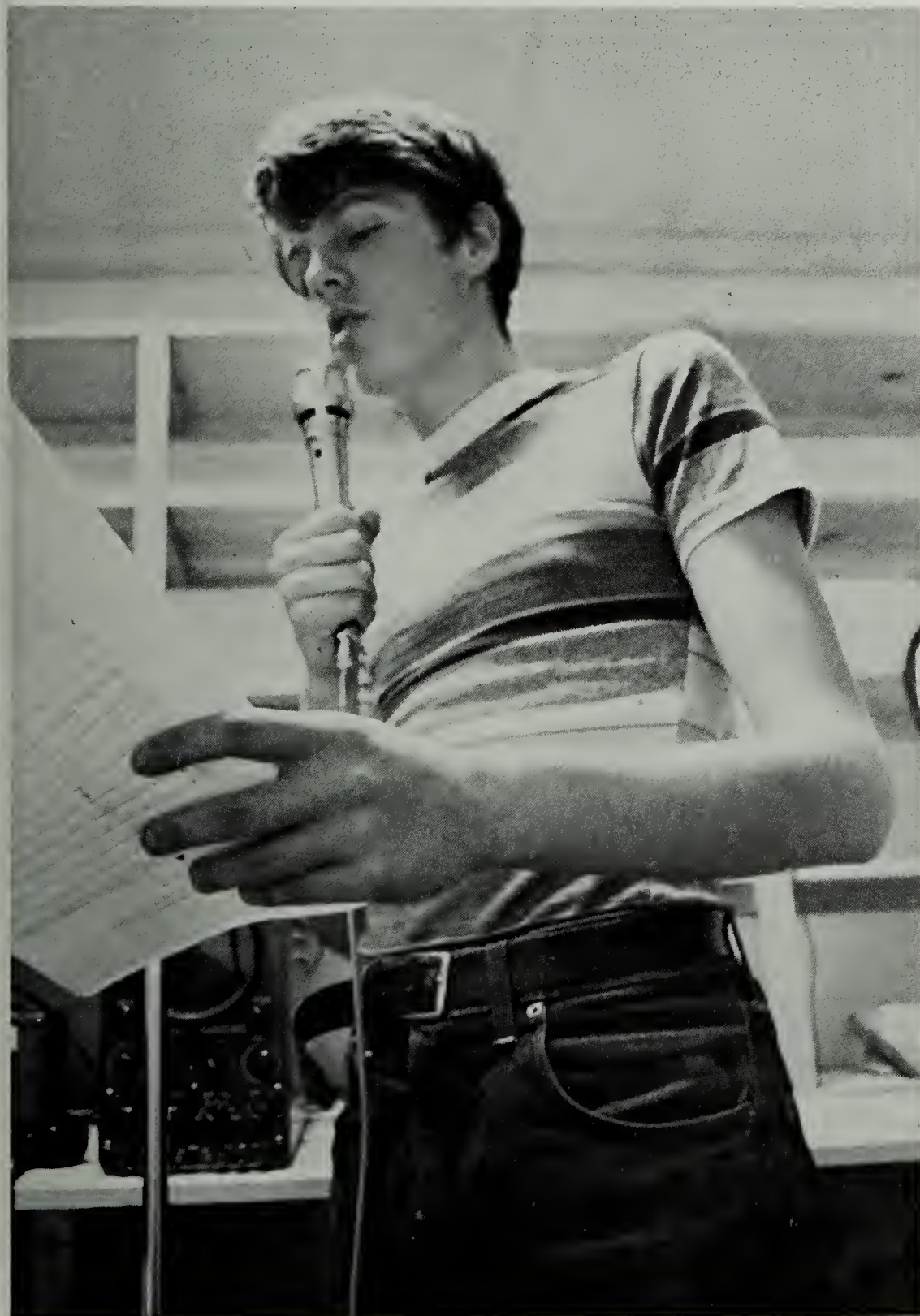


Enjoying the company and the project, Lisa Williamson helps organize the treats for a surprise party for the Girls' Tennis Team. All the baked goods made for the teams each season were paid for and made by the Pep Club members themselves.

A WORKING TA



First Row: Anna Rivers, Chelle Harrison, Kip Vaile, Bruce Shillinglow. Second Row: Mrs. Baturin, Marty Nickley, Dave Gimple, Ron Marryott. Back Row: Nancy Rynex, Brigetta Stevens, Juli Harrison.



Before taping one of the daily shows, Bruce Shillinglow quickly scans over the many announcements they receive.

Good morning, this is WLBS. Each day, except Friday, these popular and well known words rang through our school. Responsible for these daily announcements was the Radio Club. During TA the members combined fun and hard work in preparation of the program for each morning. In 20 short minutes they rehearsed and taped the shows which were played at 10:40 for the entire student body to hear.



Before the show is even taped, Dave Gimple previews the music.



This is our morning disc jockey? He goes to pieces as all pandemonium breaks loose.

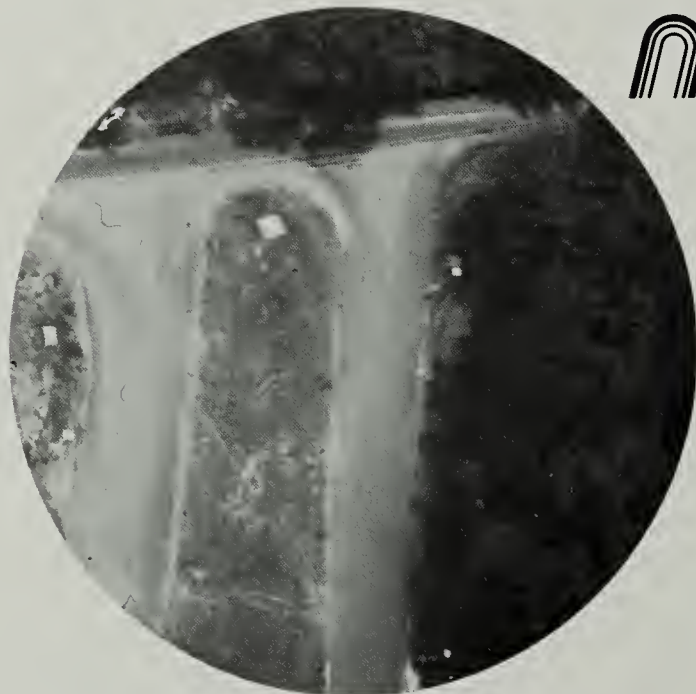
UP! UP! AND AWAY!!

Blast off! up, up and away. The one and two stage rockets of the Model Rocketry Club zoomed upward, some as high as 1,500 feet or more.

To one, was attached a camera which took several photos of the school grounds as it headed upward. The club planned to have between six and eleven launches, weather permitting but much preparation had to be taken before the first launch became a reality. First, the members and the sponsor had to learn *ALL* the safety rules. Next, the launching pad had to be carefully prepared to assure the member's rockets, made from kits, would lift-off correctly. Finally, spotters equipped with walkie-talkies were placed in strategic places so the rocket could easily be retrieved.



Paul Geithner — Secretary, John Poreda, Jim Evins, Mike Poreda — President, Bob Strage, Joel Wilson.



You'll never guess what this picture is? It is an aerial view of the entrance and exit to Lake Braddock. The Model Rocket Club ingeniously attached a camera to Paul Geithner's rocket and launched it at one of their afterschool meetings.

NO VACANCIES ???



First Row: Chris Bouton, Robert Curran — President, Chris Kosnik. Back Row: Ms. Craft, Chris Kirschke.

In subschool 1, there was a "hotel" for amphibians and reptiles in Ms. Craft's room. Among the many occupants throughout the year were several chameleons and a few *jeweled Lisertas* or, more commonly called lizards. In addition to caring for the little creatures, Herpetology Club members make trips into the woods located across Burke Lake Road to capture and study their zoological friends.

RED, MY EYES ARE RED

When words start dancing a minuet and the black and white print turned to red, tired eyes blinked away the blurriness and concentrated on the task before them. Red eyes could be found in the people and much used grammatical corrections on the work of the Literary Magazine. The students of third period creative writing class comprised the literary staff. Sponsored by Mrs. McClellan and Miss Dianne Cale, the students in this class created, organized, and produced all types of literature. The editors of the magazine and staff editors of the sections were all selected during the second month of

school. The staff members chose the theme and the cover. They planned a format for the magazine, chose the materials and colors, and initiated the production of the magazine. Samples of literary work were submitted by English and Journalism classes throughout the school to the staff. Each poem, play, and story was read, corrected, and criticized by the individual staffs, with help from the sponsors. The blurred vision and daunted vocabulary resulting from all the proofreading did not in any way affect or subtract from the production of the magazine.



After reading one of the many stories submitted by English and Journalism classes, Jane Hurd waits to state her opinion.



One way members, such as Lisa Tucker and Jack Moore of the Literary club acquired red eyes is by reading and examining other magazines and comparing it to ours.



Front Row: Andy Mosso, Regina Turner. Second Row: Ms. McClellan, JoAnne Morales, Betsy Cocke, Mike Dickenson, Jane Hurd, Paul Lettier, Lisa Tucker, Jack Moore. Back Row: Monica Street, Jean Willoughby, Stephanie Wesley, Pat Fee, Marty Nickley, Dan Phillips, Len Wishart, Holly McFarland, Val Vinograd.

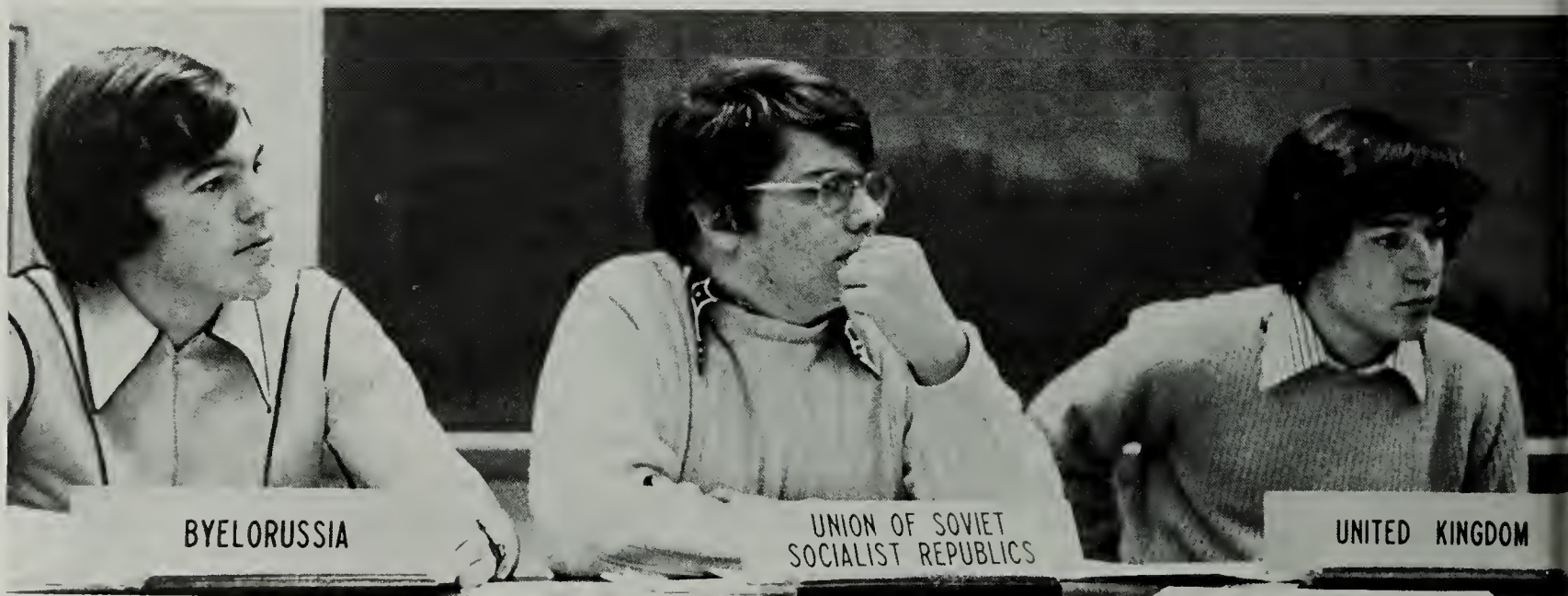
THE WORLD IN A CLUB

Nowhere else in this school could you have found over 20 different countries in one club. The Model UN Club consisted of a group of students interested in foreign relations who formed a team that participated in nation wide simulations. The team represented various countries and discussed world issues from the point of these countries at the UN simulations. The club participated in a Model UN meet in October. They then traveled to Washington D.C. for the North American Invitational Model UN meet in February, and to New York in March for the National High School Model UN meet held in conjunction with the United Nations. Between October and February, when not involved in meets, the club had trial simulations and developed Model Security Councils within the club. Their final meet was the Fairfax County Model UN meet held in May. The members of the club rehearsed, studied, presented and debated for and at these simulations. All the knowledge was from their own efforts, and the reward, a scope of knowledge that could not have been attained anywhere else.



The chairman of the mock UN, Chris Clark, doesn't get many protests because he's armed.

First Row: Paul Hillery — Vice President, Jack Sesler, Valerie Vinogradov, Jennifer Spevacek, Kathy McLernan. *Second Row:* Chris Clark — President, Scott Larson — Treasurer, Frank Parrella, Steve Romano, Ray Huber, David Lynch, Mark Hollar, John Burch, Glen Gawarkiewicz. *Third Row:* Jim Murry, Kelly Johnson, Tony Stutts, Kieth LaRochelle, Lisa McGrady, Sandy Daly, Sandy Kauffman — Secretary, Cindy Nash.



Deep in thought, Steve Ramano, Jack Sesler, and Jeff Ball try to solve world problems at the UN meeting in sub school #6.

STUDENTS SELECTED

The National Honor Society was a group of students selected for their potential in character, scholarship, leadership and service. Affiliated with and sponsored by the National Association of Secondary School Principals, this group of students represented the school in its service activities to the school and community, and each individual's grades and participation in school activities. The junior charter members of the Society were inducted in the spring of 1975, and the new seniors were inducted in the Fall. The spring and summer of the first year of the NHS were spent with a car wash and a trip to Kings Dominion. Another car wash was organized in the Fall, after the new members were inducted, and the group collected toys for needy children at Christmas. In January, the members went on a ski trip and later, in the early spring, on a Bicentennial Tour. Also, in the spring, the new juniors were inducted into the NHS to replace the graduating seniors.



Dave Patten desoaps himself after carwash which was sponsored by the NHS at Phillips 66 to provide money for various projects and activities.

Charter Members: Dee Archambault, Kathy Barton, Joe Borgerding, Angela Bramblet, Sueann Brown, Connie Cameron, Jan Carlson, Celia Clark, Crawford Cole, Debbie Dougherty, Cheryl Eisenhard, James Foggo, Melissa Garmin, Susan Gatlin, Joy Gladwell, Pam Grich, Colette Guertin, Cheri Hall, Chris Hibbert, Cortney Hicklin, Beth Hizer, Kenneth Holroyd, Laurel Hughes, Sue Hyer, Saress Ivey, Brian Jacobeen, Jackie Jones, Mark Kaczmarak, Barbara Kauffman, Julie Kelley, Douglas Kerkpatrick, Jim Lebiecz, Heidi Lewis, Jeanne Lull, Mitchell Lynch, Scott Mandeville, Diane Mannino, Ron Marryott, Rebecca Marshall, Nadine Matteson, Courtney McClurg, Ann McCuhhin, Cathy McHale, Kenneth W. McLain, Susan McNabb, John Milford, Cheryl Miller, Karen Miller, Betsy Morefield, Julie Morin, Ed Murphy, Claudia Mutter, Nancy Nafzinger, Katharine Paschal, David A. Patten, Dwanda Patterson, Dawn Ploe, Bernadette Prutzman, Barbara Schleusener, Jeffrey Brent Sanders, Jessica Senio, Dwan Simmons, Robert Sisson, Debbie Stromeyer, Theresa Stuart, Laura Sweeney, David Tikkala, Cherly Vernon, Beth Walsh, Lori Walls, Charles Wedel, Lisa Wigg. *New Members:* Mark Abraham, Linda Barnes, Jan Barrett, Lisa Bartholomew, Angela Battle, Ken Bayne, Kristen Bissell, Ginger Braddon, John Briggs, Sara Brown, Cindy Carlson, Tim Carpenter, Janet Chestnut, Cheryl Christ, Chris Clark, Sarah Cocke, Shelley Cramblet, Kara Davis, Kim Deck, Kathy Hales, Donna Hart, Natalie Haugh, Richard Hays, Ronald Heinz, Carolyn Herald, Kim Holt, Ray Huher, Valerie Jones, Dale Larson, Carol Lee, Eric Leeper, Cindy Long, Carolyn Martin, Theresa McKay, Brian Miller, Margaret Miller, John Mitchell, Mary Ellen Morales, Robert Murray, David Olivier, David Pazstor, Audrey Perkins, Cathy Pflughardt, Ray Pickering, Jill Rallison, Vince Ramik, Alice Ramsay, Steve Richardson, Georgianna Rivers, Janice Robinson, Joyce Robinson, Susan Robinson, Victoria Roelle, Cheryl Royers, Steven Romano, Katherine Rouse, Sharon Shaw, Dorothy Shumway, Ronald Sibold, Shawn Skelly, Rebecca Snowberger, Helen Southern, Michael Steere, Gregory Taylor, Jean Tremaine, Mary Twilley, Angela Wackett, David Watson, Debbie Williams.



An inside view of an active senior, working his heart out at a carwash for the NHS. Brian Jacobeen, keep right on scrubbing!

Buy, sell, trade. Sound familiar? These were the activities of the Stamp and Coin Club. During the summer the club met at members' homes in order to discuss plans for the year. The club invited speakers to come talk with them about different aspects of stamp and coin collecting. They arranged a field trip to the Smithsonian Institute in Washington in November in order to see the collections which were on display there.

Buy .. Sell & Trade ?



During a club meeting, members pour their collections on tables and bargain for desired items.

Members: Scott Nichalls — Pres., Eric Reimund — Sec., Rick Penrose — Treas., Doug Stailey — V.P., Christian Meukow, Craig Hanchey, Brett Hodge, Garth Hodge, Beth Gordon, Jeff Barnes, Keith Whitener, Dwight Cragun, Peggy Sowell, David Lynch, Johnny Bullock, Rick Fowler, Todd Wilkes, Sam Cohen, Mark Stadslev, Steve Heflin, Wendy Fowler, Doug Hill, Ed VanerHoeven, Gary Williams.



Many of the collections deal with historical persons or things. The age and the uniqueness of these historical stamps make them worthwhile collection pieces.



Tri-Hi-Y Cries Work!

Work! Work! Work! was the cry heard from the Tri-Hi-Y club. During the year they supported the school by cleaning up the football field the day after the games and raised the flagpole on the field in September. At the open house, which took place during the fall, the Tri-Hi-Y members guided teachers and parents through the school. The girls put a lot of hard work into Lake Braddock and have planned to help support their school even more in the years to come.



First Row: Diane Vahouny, Theresa Perkins, Becky Patellos. *Second Row:* Denise Coffey, Lynn Ploe, Terry Rodgers, Anne Walecka, Nancy Martin, Julie Eisenhard, Janice Berkley, Mrs. Lipsi — sponsor. *Third Row:* Joyce Robinson, Vicky Pergerson, Robin Hopkins, Laura Lee Miller, Cindy Fults, Kathi Beasley, Valerie Grummt. *Back Row:* Kathy Kafia, Angela Barbara, Louise Evans, Lisa Lauria, Ann McCubbin, Cathy Larimer, Amy Wolfe, Kathy Crow.



On Saturday afternoon, after the first football game against Groveton, Laura Lee Miller and Valerie Grummt pitch in to clean up the debris and to keep Lake Braddock lookin' good!

As Kathi Beasley and Valerie Grummt watch, the money increases as the bake goods dwindle, especially those chocolate chip cookies in one of their many bake sales during October. For some delicious chocolate chip cookies try this recipe: Mix together $\frac{1}{2}$ cup oleo, $\frac{1}{4}$ cup brown sugar, $\frac{1}{2}$ cup sugar, 1 egg, $\frac{1}{2}$ teaspoon baking soda, $\frac{1}{2}$ cup pecans, $\frac{1}{4}$ teaspoon vanilla, 1 cup plus 2 tablespoons flour, and last the most important ingredient of all is a 6 ounce package of chocolate chips. Bake at 375 degrees for 10-12 minutes and have a fantastic, tasting snack!



HOURS .. hours & hours

Long hours of practice, tired feet, and aching arms were all endured by the Swiss Flag Corps. The members of this group were trained and judged selectively to insure that only the most highly qualified performers would represent the school in the Flag Corps. The newly formed team attended band camp for a week of tedious instruction, drilling, marching and development of routines to prepare them for the coming year.

The Swiss Flag Corps performed at all the home football and basketball games, as well as participating in the Fall Festival, the Robinson Spectacular, and a few parades. Through their dedication to the school and their work they were able to contribute talent, support and enthusiasm to the athletes as well as the audience.



First Row: Cindy Long — co-captain, Judy Holtzclaw — captain. Second Row: Berri Fullerton, Cheryl Miller, Karen Steere, Andrea VanHoose. Third Row: Linda Fisher, Peggy Orahoad, Cheri Mansfield, Vicky LeBanc, Linda Anderson, Jennifer Bier, Saress Ivey, Dawn Newcombe.



While watching and waiting for Lake Braddock to emerge victorious against Robinson, Cheri Mansfield and Cindy Long watch with anticipation. We won 22-14.

Because of their outstanding performances in the past, the Swiss Flags Corps was extended an invitation to perform at the game against Robinson, and are now preparing to go out on the field to entertain the fans.



From 12 To 50

Well, the summer is almost here and it's time to look back over the year. During the past year the yearbook increased its staff from 12 to 50 members. The 38 new members were selected school wide from 110 students who completed a 2 week yearbook mini-course, organized and taught by the staff members in the spring of '75. The staff also attended the Virginia High School League journalism workshops

held at the University of Virginia in the fall and spring. Due to the work of the yearbook members and the Boosters Publication committee, the yearbook preview party, given at the end of the previous year, was a big success. For the first time at Lake Braddock, yearbook students received a journalism credit for the course which was offered, 6th period. This class time enabled many members to design layouts, compose copy, set headlines and meet to discuss plans, but there were still a great many extra hours spent working after school and on weekends by the staff.



To meet one of the many important deadlines, Keith Brown transfers body copy onto a quad-pack.



Row One: Dee Archambault, Angela Battle, Vicky LeBlanc, Sandy Crow, Kris Pape, Cindy Carlson, Alexandria Vincent. Row Two: Pam Wilson, Andrea Boyle, Ellen Roth, Lisa Bartholomew, Betsy Cocke, Lorleen Robinson. Row Three: Kathy Paschal, Valerie Schafer, Keith Brown, Susan Ponder, Monica Dembinski. Row Four: Mary Aungier, Jill Lawhon, John Murphy, Kevin Fitzgerald, Mike Collis, Leann Krause, Doug Adams. Row Five: David Mutter, Ann O'Donnell, Linda Burnam, Diane Sifford, Kim Steere, Melissa Olvera, Becky Tuttle. Row Six: Judy Wintersteen, Julie Cohen, Nancy Mercer, Kim Williams, Lisa Norris, Kate Lyons, Sara Wesly, Cheryl Rogers. Back Row: Chris Lebiedz, Mr. Shoun, Miss Brant, Jeanne Lull.



Despite the monotony, Angela Battle finishes up her layout.

Practice Guides V.I.C.A.

Hours and days of practice enabled the V.I.C.A. Club, short for Vocational Industrial Clubs of America, to participate in many competitions. The auto mechanics branch of the club, sponsored by Mr. DeMalleville, competed in events such as a car rodeo and a car trouble shooting contest. The cosmetology division of the club, sponsored by Mrs. Sayers, raised funds on Wednesdays by offering shampoos, cuts, and ironcurls for \$2.00 to students and teachers who were interested. The profit which was made went to pay for a trip to New York to view the International Hairstyling contest.



Class is at a lull while Mr. DeMalleville discusses auto mechanics techniques with his "level two" students.



First Row: Lois Prichard, Barbara Meimer, Kim Mathews, Lori Dougherty, Kathi Kennedy, Suzi Kelly, Diane Palazzalo, Robin Black, Stacy Black, Kim Baran, Sue O'Lecky, Tricia Hill, Cheryl Barr. Second Row: Mrs. Daiger, Mrs. Sayer, Ellyn Wolff, Lisa Parsons, Pat Abregue, Lisa Ihrig, Tobi Bean, Tommy Williams, Chris Miller, Gregg Grigana, Mike Moyer, Mike Lykins, Ken Stocktin. Third Row: Mr. DeMalleville, Cindy Hansen, Dwaine Cunningham, Phil Hall, Richard Hock, Les Broadus, Jim Norton, Mark Niemeier, George Simons, Russ Jones. Back Row: Jim Romano, Kaaj King, Brad Dalton, John Pittman, John Pepper, Steve Zavada, Gregg Ulsh, Don Larsson, Robert Carson, Doug MacFarland, Mark Masaitis.



Diligently, Mike Lykins works to repair a disc brake caliper.

ROLLING INTO ACTION



Correct positioning, perfect timing, great concentration. Now if only the ball hits the pins!



As Mike Taranto releases his ball, he holds his breath in anticipation as it heads toward the gutter and suddenly angles out straight for the pins.

As the balls thundered down the alleys and pins fell with a final slam of defeat, members of the bowling club took careful aim and let it roll! The club consisted of three man teams. These teams competed against other Fairfax school teams and their own for fun and unofficial categories.



First Row: Kenny Jeffrey, Ricky Hill, Clinton Jeffrey. *Second Row:* Dwanda Patterson, Peaches Stevens, Regina Jeffery, Julie Harrison. *Third Row:* Sharon Audry, Linda Chambers, Chelle Harrison, Andrea Mangrum, Trisha Hill. *Fourth Row:* Sandy Carter, Cheryl Patterson, Opel Thomas, Antonette Harris.

PAST CULTURES ?

The Afro American Club was into a study of the Black American culture which runs through the life and history of America. The club members, with the help of their adviser, Mr. Johnson, organized an exhibition of art in celebration of black history week, during the second week in February. The paintings were borrowed from different un-named selected societies and the exhibition was open to the public. The club took a trip at the beginning of the year, to the Fredrick Douglas Museum. The trip was to see displays on Black American culture.



It takes a lot of memorizing and practicing in order to operate a ham radio. Ben White, Ken Bayne, and Bob Murphy seem to be keeping up with this art.



Ken Bayne, Stewart Wilkes, Steve Jones, Mayo Carrington, Tom Hoioos, Ben White, Bob Murphy, John Milford, Robert Singleton, Tom Carpenter, Danny Magill, Peter Ohlhauer, Ken Gormally, Mr. Rodgers.

Last November the members of the Amateur Radio Club revived a dying art, ham radios. After they obtained the equipment for the station the members built their own interface equipment, such as antennas and power consoles. In order to obtain their ham operator's license, members needed a background in Electrical Theory and Radio Regulation and then memorized the Morse Code. The various frequencies enabled the amateur operator to talk to other amateur operators as far away as Spain, Puerto Rico, or Canada. In February 1976, amateur radio operators all over the United States were shocked when they were the only ones to receive a call for help after an earthquake in Guatemala, which killed over 18,000. For 24 hours they ran an information service to inform our government and the Guatemalan government of the disaster's aftermath. At Lake Braddock Radio Club Members were on shifts to receive any further information concerning the earthquake.



Jeanne Lull, Ms. Brant, Saress Ivey, Jessica Senio, Mr. McCarthy, Eric Leeper, Dave Patten, Jim Davidson, Jill Rallison, Cindy Carlson. *Not Pictured:* Kathy Rouse, Chuck Wedel, Cathy Pleghardt, Noreen O'Kane, David Pastor, Judy Schaefer, Lindsey Shull, Debby Williams, Steve Reynolds, Lisa Sierra, Hampton Vanlandingham, Darby Lightel, Chris Lebiecz, Kathy Paschal.

Quill and Scroll provided an incentive for yearbook, literary magazine, and newspaper staff members. Members were chosen through class standing, and were recommended after having completed superior work in some phase of journalism on school publications. These students, inducted in the Spring, belonged to an international organization which increased their journalistic perspective.

RIP"EM COWGIRLS



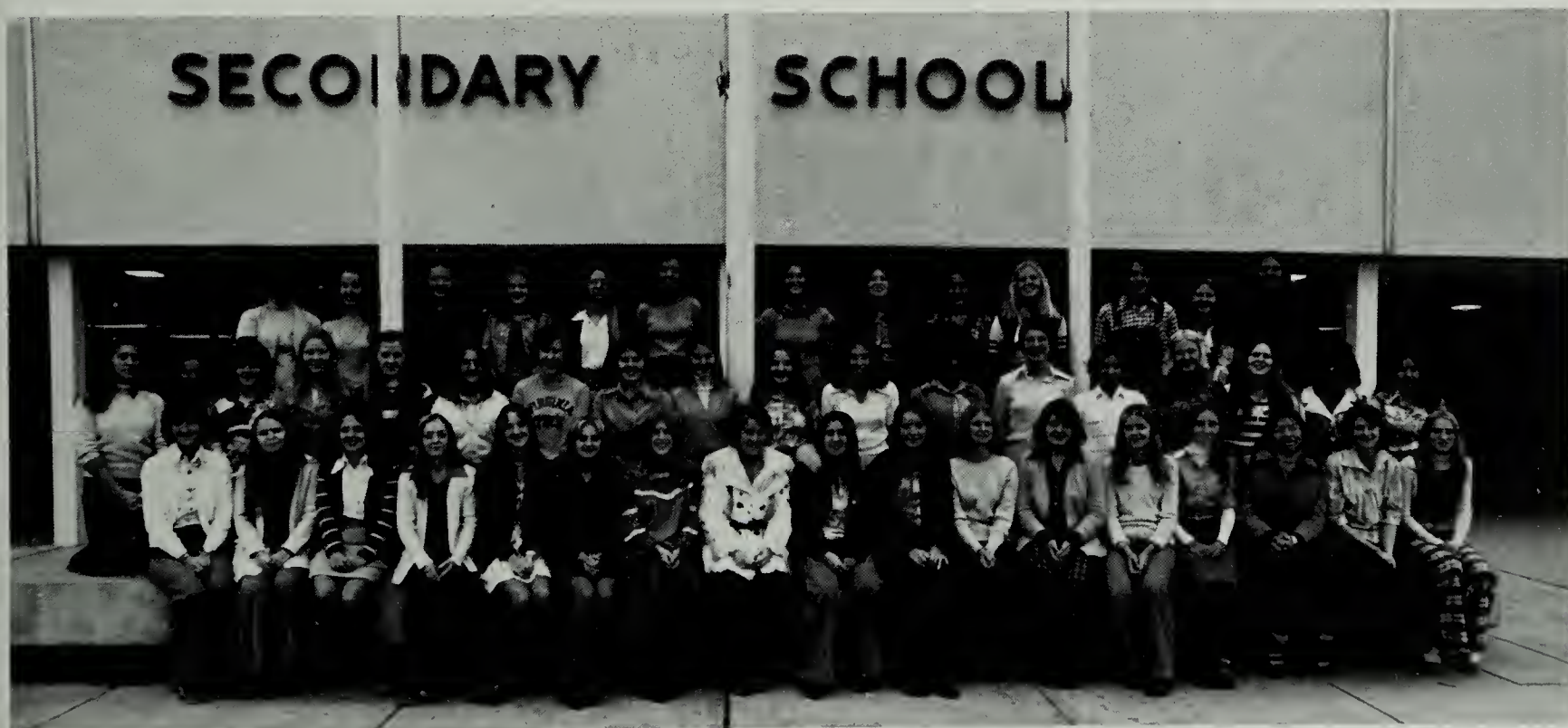
Equestrian Club: Sitting: Jane Gawarkiewicz, Sherrie Sickelsteel — President, Susan Alexander. By the Board: Ann Frear. In the Chairs: Lori Epstien, Melanie Greiner, Lorrainna Sherman.

The Equestrian Club started money raising bake sales in September in order to provide the funds for riding trips to Bar-J Ranch near Fairfax, Virginia. The riding was not uneventful and included such attractions as stubborn horses, who almost submerged their riders in a desperate attempt for water, and a horse which couldn't be coaxed to leave the stable yard. For the majority, most of the members had a good time, while some even tried the jumps which were available on the course. The club did not ride in the winter because of the cold weather; but come spring the members were ready to try it all again.

TOO BUSY TO BREATHE

Ever have the feeling that some people were just too busy to breathe? Well, that was the only way to describe the Future Business Leaders of America. They began in September with an open house presentation to all the business classes. This was followed by a fall workshop, which was to explain the upcoming events to the FBLA members. The association collected for UNICEF in October, while some of the members attended the Southern Region Leadership Conference, held in Gatlinburg, Tennessee. The conference was for discussion of state and bicentennial projects.

In November, they collected food for Thanksgiving for the Salvation Army and needy families. The members also helped at Lee Wood Nursing Home for a Senior Bingo night. During the new year, the FBLA assisted the SGA in the magazine drive and on February 11, held an open house for the faculty. On March 14, they helped with the Walk-A-Thon. From April 9-11, several members attended the State Convention held in Roanoke, Virginia. The convention offered competition for offices and training for bettering skills.



FBLA: Front Row: Pat Breeden, Linda Mathison, Debbie Padgett, Sharon Harmon, Diane Bassett, Maude Rapaport, Cheryl Smith, Karen Hoffman, Diane Reichert, Helen VanderHoven. Second Row: Karen Stride, Kim Tech, Shelia Cleneland, Vicki Tattarelli, Susan Rucinger, Lois Korb, Vicky Roelle, Marcia Broronder, Kate Connell, Chelle Harrison, Edie

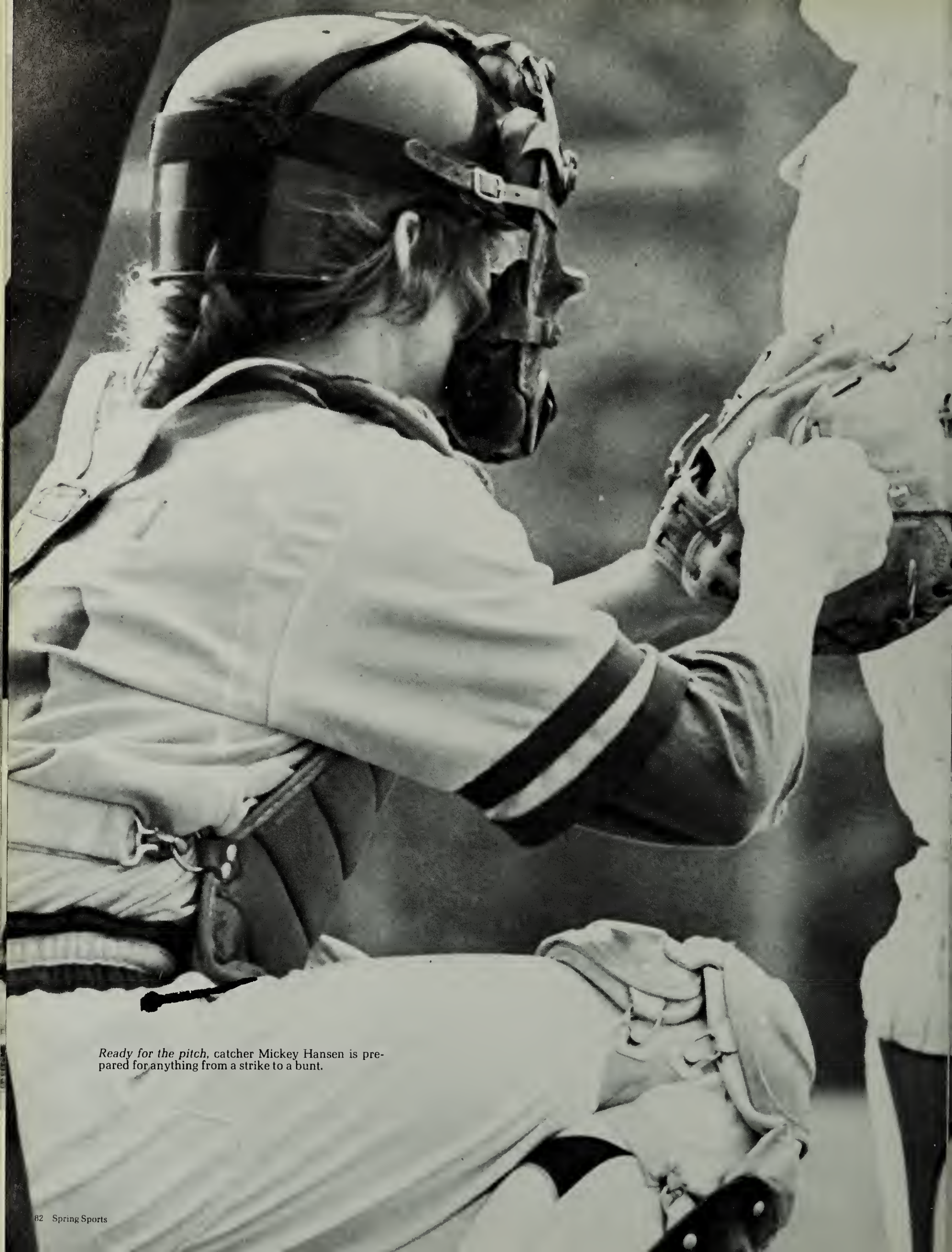
Smallwood, Diane Saenz, Diane Paty, Regina Jeffrey, Paula Denny. Back Row: Ms. Bryant, Karen Hirte, Peggy Orahod, Cindy Metz, Karen Miller, Marissa Herrera, Lorna Little, Holly Clanahan, Karen Trunfia, Jessica Walter, George Biles, Merianne Ford, Stan Glassman.



SPRING SPORTS

Outside again! Warm days and cool nights marked the beginning of the Spring of '75. In the celebrating, the bats swung, balls were kicked and hit, batons were passed, and new records were set. The final season of another competitive year yielded two district champions and many other admirable records. Through diligence and perseverance, we earned our place among the top schools and not at the very bottom as was usually expected of new schools. At the beginning of the spring, games were played in the hot sweltering afternoons. Due to parent opposition, the school board reversed the policy of no commemoration night games; however, only Boys Varsity Baseball and Boys Varsity Soccer were affected by its decision.





Ready for the pitch, catcher Mickey Hansen is prepared for anything from a strike to a bunt.

First In Spirit , Third In District



Front Row: Danny Page, Gary Moss, Robbie Hughes, Craig Crutchfield, Scott Campbell, Chuck Mangum, Mickey Hansen, Tony Stephan. Top Row: Scott Richardson, Fran Urbany, Greg Taylor, Pat Mulvihill, Todd Williams, Joe Barnett, Karl Sprague, Dave Greeley.

Finishing a great season in 1975 by taking third place in the Gunston District with a 6-5 win over George Mason, the Varsity Baseball team went on to play Yorktown in Regional competition. They were defeated, with a final score of 0-6. This closed the season, during which the team totaled a record of 12 wins, 8 losses.

Throughout the spring, a few individual team members acquired some admirable records. Pat Mulvihill, the team's high pitcher, had a 7 win, 3 loss record, and an earned run average of 1.58. Danny Page had the high batting average, .351.



In a surprise play, Dave Greeley bunts the ball.

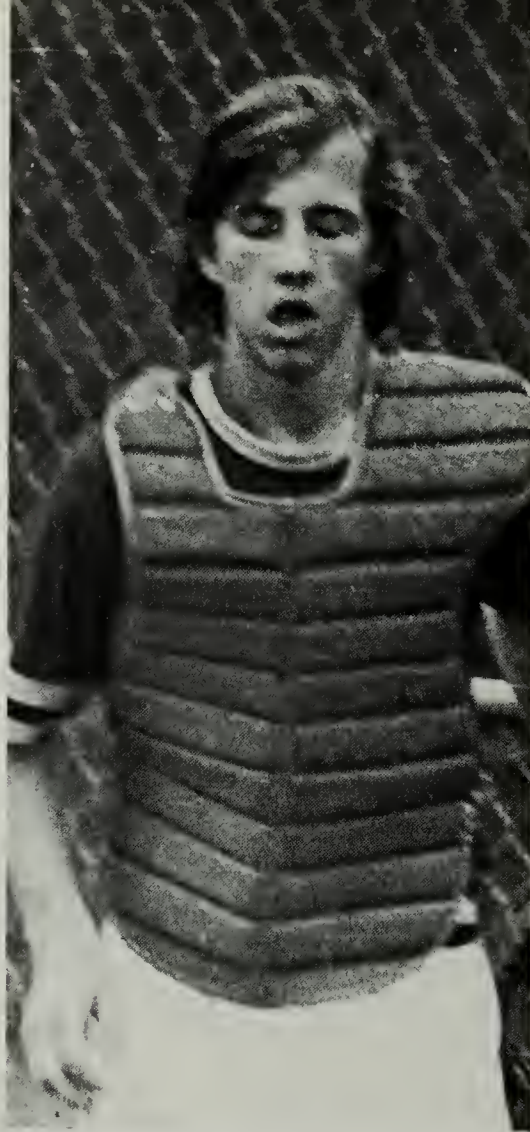
Groveton	2	Lake Braddock	5
Lee	8	Lake Braddock	0
Hayfield	5	Lake Braddock	6
West Springfield	11	Lake Braddock	3
Mount Vernon	1	Lake Braddock	2
Fort Hunt	3	Lake Braddock	4
Groveton	3	Lake Braddock	12
Lee	4	Lake Braddock	3
Edison	2	Lake Braddock	0
Hayfield	17	Lake Braddock	7
West Springfield	1	Lake Braddock	2
Mount Vernon	7	Lake Braddock	12
Fort Hunt	7	Lake Braddock	2
Groveton	8	Lake Braddock	2
Lee	1	Lake Braddock	3
Edison	4	Lake Braddock	6
Hayfield	0	Lake Braddock	7
West Springfield	2	Lake Braddock	0
Mount Vernon	10	Lake Braddock	11
Fort Hunt	0	Lake Braddock	1



Pitcher Gary Moss winds up for a strike-out.

Coming UP From Below

The Junior Varsity Baseball team started off the season rather weak. However, throughout the spring they gained much improvement and experience. Our team finished with a record of eight wins, eleven losses; Coach Rick Isaac was pleased with their performance. They displayed noticable progression near the end of the season with three consecutive wins, a loss, and then two more victories over Fort Hunt, 10-9, and George Mason. The George Mason game was played well in spite of a spring shower which started before the game, and continued drizzling throughout. The final score was 6-5, adding a final win to our record.



After watching a pop go over the fence, Glen Dire goes back as catcher.



From a long hit to centerfield, Kevin Dec second base.



In the bull pen, Harry Sexton watches George Mason warm-up in the rain.



retrieves the ball to throw to Mike West at

Hammond	10	Lake Braddock	6
George Washington	4	Lake Braddock	7
George Mason	4	Lake Braddock	6
George Washington	8	Lake Braddock	3
Groveton	8	Lake Braddock	5
Lee	10	Lake Braddock	9
Edison	8	Lake Braddock	7
Hayfield	5	Lake Braddock	2
West Springfield	6	Lake Braddock	1
Hammond	15	Lake Braddock	7
Mount Vernon	9	Lake Braddock	6
Fort Hunt	4	Lake Braddock	7
Groveton	4	Lake Braddock	3
Lee	4	Lake Braddock	7
Edison	10	Lake Braddock	11
Hayfield	6	Lake Braddock	12
West Springfield	1	Lake Braddock	0
Fort Hunt	9	Lake Braddock	10
George Mason	5	Lake Braddock	6



Front: Harry Sexton, Glen Dire, Greg White, Mike Heim, Mike West, Jim Nisivoccia, Bobby Donnelly, Dennis Crossin. *Back:* Bob Leporatti, Marty Masaitis, Mark Harant, Randy Goldberg, Kent Picard, Matt Masaitis, Caleb Miles, Brad Rawls.

As George Mason players stand alert for action, Caleb Miles, at third base, gets ready to run home.

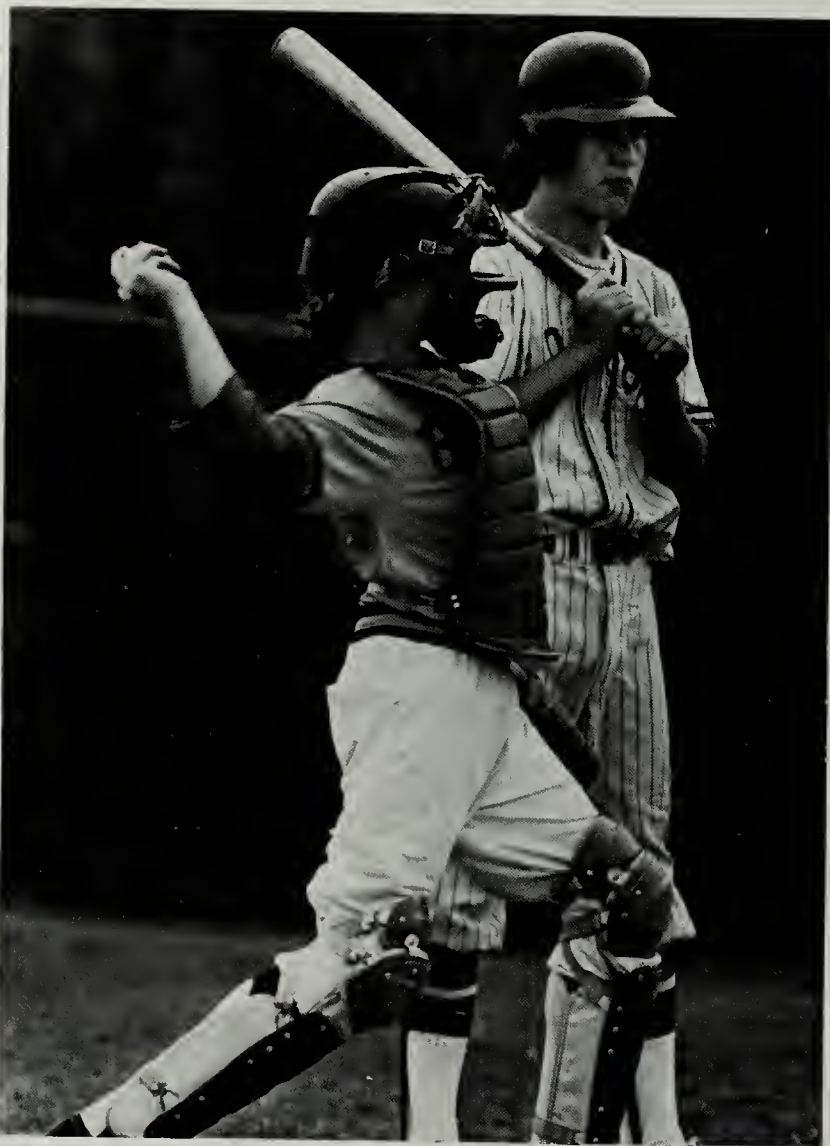
Carrying On The Tradition

Baseball, hot dogs, apple pie, and the American flag all were a tradition in our country. The Freshman Baseball team did their part in carrying it on with a record of 7-4-2.

Cheered on by a few faithful spectators, mostly parents, the team played many superb games, including the one against Fairfax, where, even though they lost with a score of 7-6, they played a close game. According to Mr.

Chernenko, the coach, the season could have been better, but instead of allowing only the star players to play, everyone had a fair chance to participate. The Freshman

Team had what it took; a good attitude, a desire to win, willingness to train, and the good ol' natural ability. Coach Chernenko and the individual members combined their efforts into making a winning season.



As the Edison opponent solemnly watches, David Turner returns the pitch.

With Brian Alden signaling safe, Carter Greene slides into home plate.



Leading off of third base, David Campbell gets ready to score another run for the team.





Striving to make an out against Edison, John Zych tags the runner.



Edison	8	Lake Braddock	5
Lee	6	Lake Braddock	6
Fort Hunt	2	Lake Braddock	3
West Springfield	2	Lake Braddock	7
Fairfax	7	Lake Braddock	6
Robinson	6	Lake Braddock	1
Edison	3	Lake Braddock	15
West Springfield	10	Lake Braddock	1
Fairfax	2	Lake Braddock	8
Fort Hunt	3	Lake Braddock	8
Edison	3	Lake Braddock	10
Fort Hunt	2	Lake Braddock	3



Taking a break, the Freshman Team watches Edison warm up.



Front: Phil Williams, John Hedges, Brian Alden, John Zych, Mike Clohisy, Carter Greene, Charles Hergesheimer, Kurt Eisenhower, David Turner, Walt Burns, John Pope. Back: David Campbell, Robert Vickers, Craig Rider, Scott Lyles, Steve Hutchinson, John Carroll, Ed Grundler, Tom Alner, Mike Venaglia, John Monahan.

Pitching Into The Season

Crack! Another home run for our Girl's Varsity Softball Team. Striving to perfect their game, the team's fourteen members spent an average of two hours each day working with coach Kay Norton. In their first season of varsity play, their enthusiasm and talent earned them a record of 8-2. Their perserverance paid off, as they took the Gunston District Championship and then captured second place in regional competition.



A cloud of dust appears as Jan Carlson tries for the tag.



After winning a big game, Coach Norton gives a sigh of relief.

In her position awaiting the pitch in the first Varsity game Debbie Lovell is ready to share anything hit her way.



Bobbling the ball, Kathy Noack catches the ball with the help of Audrey Perkins.



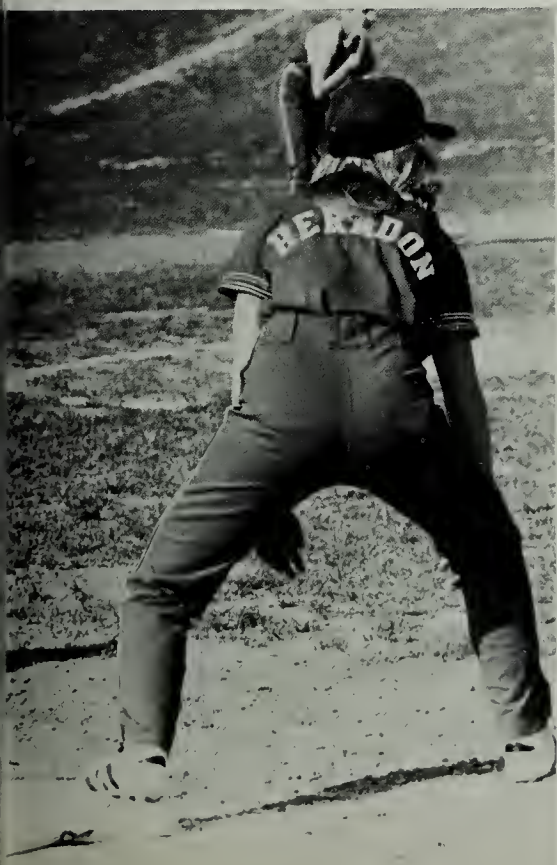


To add to her strike-out record, Cindy Carlson whips a strike.

Herndon	10	Lake Braddock	10
Jefferson	3	Lake Braddock	1
Lee	7	Lake Braddock	9
West Springfield	1	Lake Braddock	3
Mount Vernon	5	Lake Braddock	11
Groveton	5	Lake Braddock	13
Edison	11	Lake Braddock	2
Hayfield	1	Lake Braddock	3
Fort Hunt	10	Lake Braddock	20
Lee	6	Lake Braddock	12



Keeping enthusiasm high, Jenni Lawhon shouts encouragement to her teammates.



Front: Susan Reynolds (Manager), Kathy Noack, Jan Carlson, Cindy Carlson, Sara Brown, Betsy Thompson, Kathy Kleppinger, Vicky Pergerson, Dissy Thompson (manager). Back: Barbara Schleusener (manager), Courtney McClerg, Louise Evans, Debbie Lovell, Lorna Little, Jenni Lawhon, Julie Eisenhard, Priscilla Patellos, Audrey Perkins, Kelly Downing, Miss Norton (coach).

Herndon	3	Lake Braddock	19
Jefferson	4	Lake Braddock	12
Lee	12	Lake Braddock	18
West Springfield	4	Lake Braddock	17
Mount Vernon	6	Lake Braddock	3
Groveton	5	Lake Braddock	11
Edison	10	Lake Braddock	11
Hayfield	3	Lake Braddock	1
Fort Hunt	13	Lake Braddock	6
Lee	5	Lake Braddock	8



An excellent bunt is hit by Donna Kroboth.



Although Maureen Delaney receives a strike, the team went on to win the game against Herndon.



Always ready for the play is Karen Stride.



Pondering her next strategy brings a pensive look to Coach Newton.

Playing To Win



Swiftly pitching, Sue Pelzel whips in the third strike.

Winning is habit-forming! The Girls Junior Varsity Softball team started off the season with a 19-3 victory over Herndon, and they continued to habitually conquer their opponents each game, finishing the spring with a record of seven wins, three losses. That was an impressive record for our team, but there was more to it than just those bare statistics. Almost always, they defeated the opposing teams by a large margin, and when they lost, it was usually a close game. The nineteen members, coached by Sally Newton, became a close-knit team, and learned to strengthen their plays through working together.



Everyone has a right to clear their plate, replies Sharon Meiners.



Front: Donna Kroboth, Colleen Geurtin, Kathy Earl, Karen Stride, Lisa Posey, Sue Pelzel, Linda Rotundo, Lisa Bartholomew (manager), Lori Dougherty (manager). Back: Lani Carpenter, Gina Ianerio, Lisa Antonelli, Shaon Meiners, Ann Borgerding (co-captain), Vivian Sala, Lenaye Stanfield, Laura Rodgers, Jill Garcia, Maureen Delany (co-captain), Sally Reynolds (manager), Mrs. Newton (coach). (Not pictured, Cheri Corley and Regina Turner)

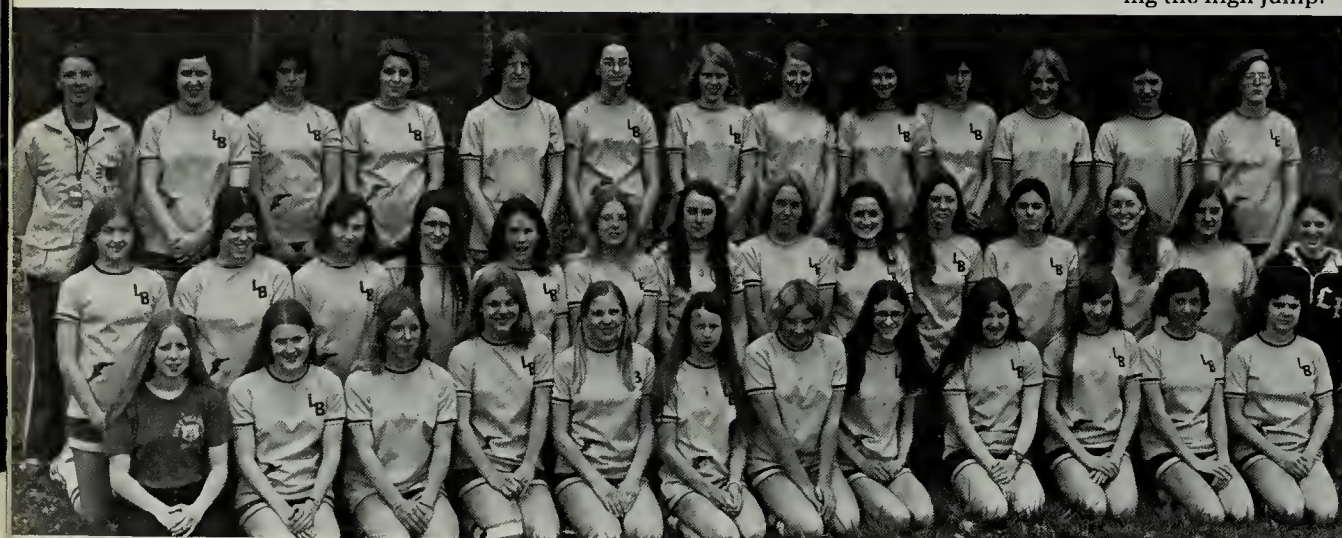
Final Home Stretch

In their second year of varsity competition, the Girls Track team not only stood up to a prediction made by Coach Raynes for at least one victory, but finished the season with first place in the Gunston District. The many field events played a major part in their victories. Donna Byrne, discus thrower, and Karen Green, high jumper, went to state competition in these events. Jeanne Lull placed 6th in state for hurdles.

Being on the Track team required a lot of individual time. Those girls who put out that extra effort were awarded trophies at the Spring Sports Banquet. The trophy for outstanding first year member was presented to Denise Thompson and Carol Laquement got the outstanding sportsmanship and spirit award. The most valuable player went to Jeanne Lull.



At the five foot mark, Karen Green hopes for high marks while attempting the high jump.



Front: Beth Davis, Carol Laquement, Cheryl Christ, Sandy Luther, Karen Kaczmarek, Debbie Webster, Julie Noren, Sherri Nash, Ellen Strecker, Jeanne Lull, Debbie Stromeyer, Becky Slaght. Second: Robin Twedt, Diane Shifflet, Karen Hale, Linda Burnam, Elees Purple, Jessica Ward, Theresa Kratz, Donna Byrne, Noreen O'Kane, Amy Wolf, Lori Walls, Debbie Williamson, Melissa Davis, Donna Hole. Back: Coach Raynes, Susie Reisinger, Kim Decker, Jeanne Kleppinger, Diane Wagner, Vicki Tattarelli, Denise Thomas, Laurel Hughes, Tina Fannelli, Julie Gauthey, Holly McFarland, Ronnie Hoffman, Karen Green.

Fort Hunt	56	Lake Braddock	54
Groveton	57	Lake Braddock	53
Hayfield	42	Lake Braddock	68
Edison	22	Lake Braddock	88
Lee	37	Lake Braddock	73

Fearlessly trying to keep in bounds, Donna Byrnes stretches her arms while throwing the shot put in a meet against Hayfield.





While timing team members, Coach Raynes is delighted by the improvement of the times.



While concentrating on her foot work, Denise Thomas runs toward the long jump, an important event.



While pulling ahead of their opponents, Eleese Purple hands off the baton to Karen Kaczmarek in the 880 relay.



In an important meet against Hayfield, Jeanne Lull and Jessica Ward stretch over the hurdles, trying to gain speed over their opponents.

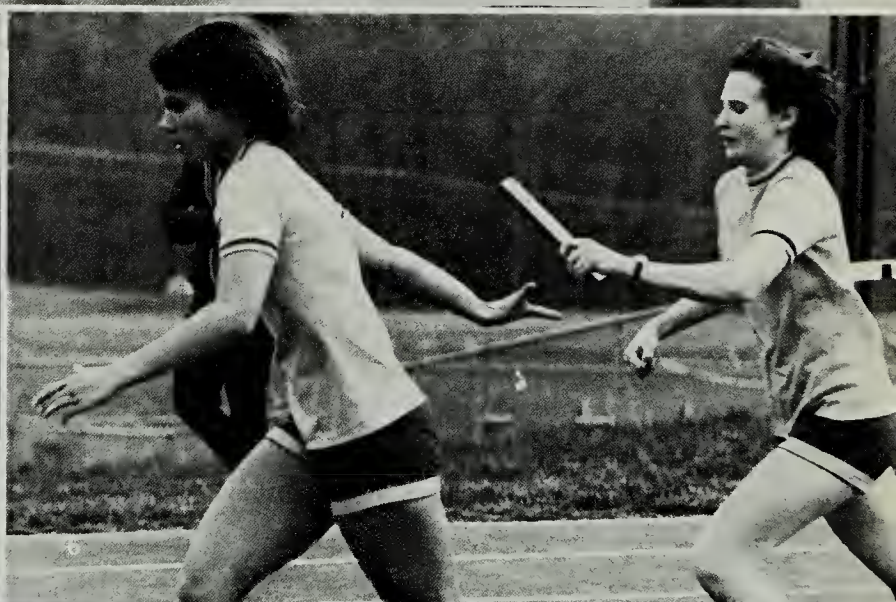
Gunston District Champs

As our second year of being LBSS ended, another milestone was passed as we completed our first year of varsity competition. We managed to produce two Gunston District Champions, Girls Softball and Girls Track. The Girls Softball Team went on to finals in regionals but lost to Hayfield, 2-7.

Page 94: Picture 1 — Theresa Kratz, 2 — Debbie Lovell, 3 — Audrey Perkins, 4 — Kathy Noack, 5 — Kelly Downing, 6 — Robin Twedt.

Page 95: Picture 1 — Susie Reisingier, 2 — Sarah Brown, 3 — Betsy Thompson, 4 — Audrey Perkins, 5 — Jan Carlson, 6 — Kim Decker, Karen Hale, 7 — Karen Hale, Tina Fannelli, 8 — Lori Walls, 9 — Debbi Williamson, Diane Shifflett, Kim Decker.





Bruins Make Tracks

Playing a varsity schedule with no seniors was a drawback for some teams, but the Boys Varsity Track Team displayed expertise as well as most opposing teams with seniors.

Thinking about their great season, Coach Ed Trimm said, "I love running against seniors, and a good thing about it is we'll be there next year and they won't." The team showed much improvement over the fall. At district, Dan Huskerson placed third with a time of 1:58.8 in the 880. John Padgett ran high hurdles in 15.8 seconds, earning sixth place, while 330 yard intermediate hurdles were run by John Webster in 39.7 seconds, placing fourth. Also, Mike Donovan jumped 6 feet in the high jump. These four trackmen qualified for state but didn't place.

The Most Valuable Trackman was John Padgett; Most Outstanding Runner, Dan Huskerson; and Most Outstanding Fieldman, Mike Donovan.



Winding up for the discus, Robert Taylor prepares to thrust it 143 feet.



Front: Scott Roberts, Craig Patterson, Lewis Affronti, Peter Beczkiewicz, John Webster, Dan Huskerson, Rusty Davis, Jim Lebeidz, Steve Ketchum, John Conner. *Second:* Steve Johnson, Mike Crook, Bill Cramer, Ron Heinz, Robert Taylor, Jon Scott, Kevin Meyers, Mike Galston, Dan Phillips, Jim Shea, Ken Honingford, Richard Grich. *Third:* Ed Sterra, Richard Vannoy, Dave Clark, Mike Broadus, Bill Hedges, Jim Martin, Cary Capper, Keith Havens, Mitchell Lynch, Jacques Patton, Charlie Black, Lane Scheiber, Mike Langager, Tom Bornemeir. *Back:* Sam Galston, Mark Balmforth, Doug Waugh, Marty Moke, Mike Donovan, Tim Miller, Robert Sisson, Jeff Toney, David Weary, Don Miller, Brian Phillips, Dan Miller, Greg Ray, Robert Triggs, Ray Triggs, Tom Clark.

Hitting a hurdle, during practice, John Conner expresses his dissatisfaction.





It's a long way down for Lewis Affronti after missing the pole vault at 12 feet.



Executing the long jump for 18 feet is Stan Glassman.



In the lead, John Webster takes a hurdle with a finish of 41.2 seconds.

Edison	0	Lake Braddock	9
Mount Vernon	4	Lake Braddock	5
Hayfield	0	Lake Braddock	9
Fort Hunt	4	Lake Braddock	5
Chantilly	1	Lake Braddock	8
Lee	4	Lake Braddock	5
West Springfield	3	Lake Braddock	6
Groveton	4	Lake Braddock	5
Edison	0	Lake Braddock	9
Chantilly	1	Lake Braddock	8
Mount Vernon	6	Lake Braddock	3
Hayfield	0	Lake Braddock	9
Fort Hunt	5	Lake Braddock	4
Lee	1	Lake Braddock	8
West Springfield	4	Lake Braddock	5
Groveton	0	Lake Braddock	9



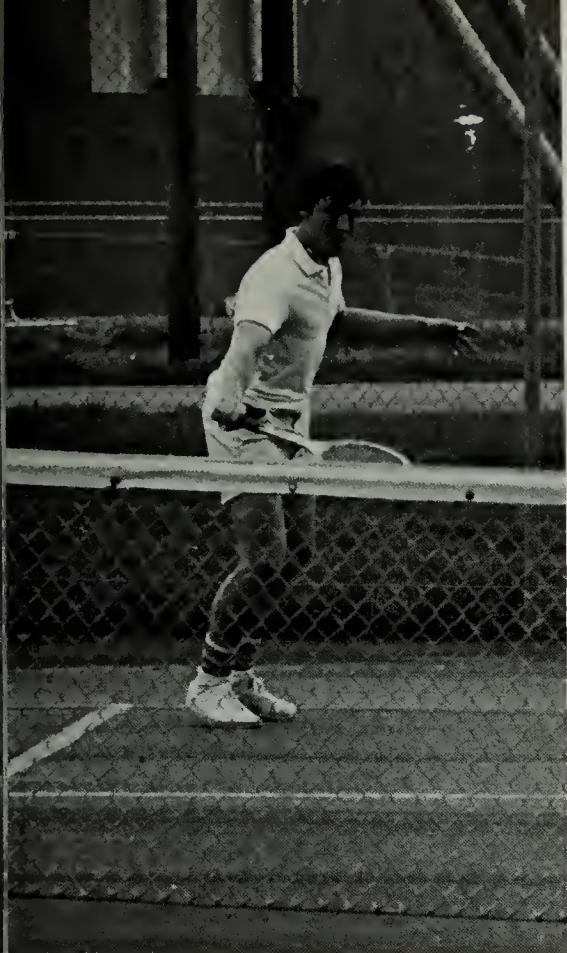
Slamming a forehand, Nguyen Minh executes a crosscourt shot.



Reaching high, Ed Morris proceeds with a spin serve.



Waiting for his Groveton opponent's serve, Nguyen-Binh goes on to win the point.



To return a serve, Bill Lloyd hits a cross court shot.

New Faces Sparkle

Under the direction of their new coach, Mr. Fred Sanders, the Varsity Tennis Team finished the season with an impressive record of 14 wins and 2 losses. Overcoming the problem of transportation — no bus driver was available — by enlisting parents to drive to matches, the team went South defeating such tough competition as Mount Vernon and Fort Hunt.

With such an excellent team record, the boys also compiled many outstanding individual records. Bill Crutchfield had an undefeated record of 19-0. Nguyen Binh was ranked #1 in the district. Binh and Mike Belt went to District; Binh came back with third place. Binh and Bill went as doubles and took second place in the district.



Serving, Mike Belt moves in for a volley.



An undefeated record is what Bill Crutchfield is trying to keep by beating his Groveton opponent.

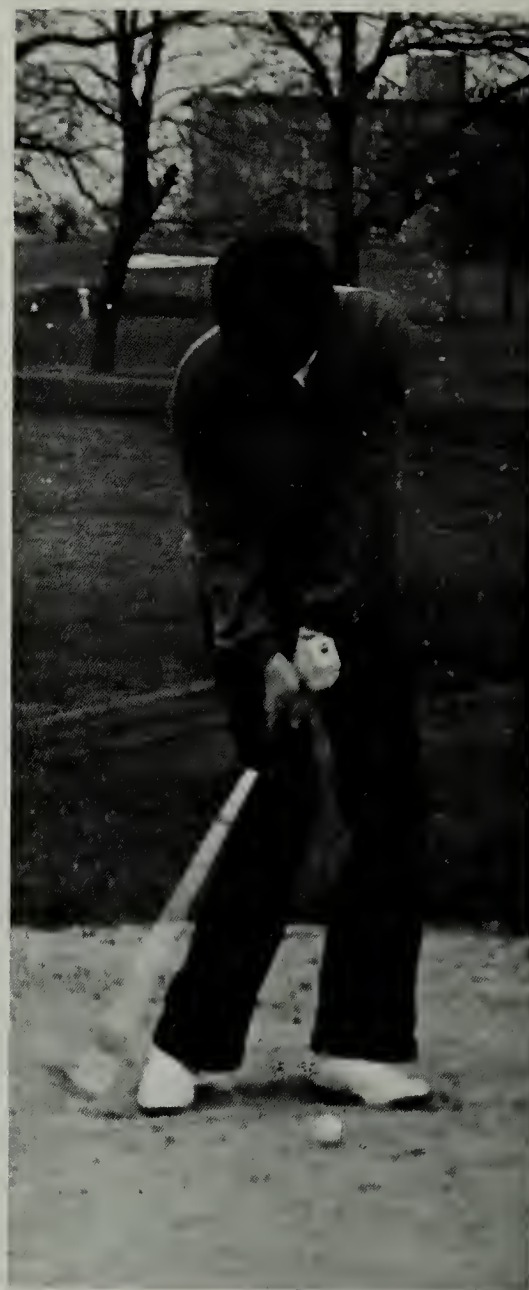


Front: Jim Allison, Len Wishart, Brian McNabb, Steve Hoyt, Richard Shelley, Bob Jones, Jack Lix, Nguyen-Minh, Cathy McHale. Back: Fred Sanders, coach, Ken McLain, Kory Lee, Brent Sanders, Bill Lloyd, Bill Crutchfield, Mike Belt, Steve Cytryn, David Waddell, Nguyen-Binh, Ed Morris.

Groveton	1	Lake Braddock	8
West Springfield	6	Lake Braddock	3
Lee	7	Lake Braddock	2
Hayfield	3	Lake Braddock	6
Fort Hunt	4	Lake Braddock	5
Mount Vernon	6	Lake Braddock	3



Blasting from a fairway bunker is a finesse shot, and Mark Wukovich shows us why.



Feet planted, head steady, Amy Geithner chips from the trap on 11 at Belle Haven.

The Silent Opponent

In golf, the opponent is the course, not another player, as one tries to get around sand and water traps, up and down hills to the little hole at the end, with as few strokes as possible. As soon as you tee off, you're on your own, without any coaches to assist you. The Bruin Golf Team showed good potential in '75 with a record of 3-3. They were defeated in most of their matches on the 17th and 18th holes. What we needed was that mythical hole in golf, the 19th, where you can redeem yourself for the first 18. However, with or without, we still did a great job for our second year of competition. Grey Hamilton, one of the team's outstanding players, placed 5th in the District and 6th in the Region.



Lining up a putt can be done many ways, and Steve Reynolds likes to read the break from behind the ball.



At the top of his backswing, Ritson Ferguson prepares to nail a drive.



Sinking a knee-knocker for a par is Ritson Ferguson.



On the practice green at Belle Haven before the District Match is Grey Hamilton.



Scott Bowen, Ken George, Mark Goldberg, Mark Wukovich, Amy Geithner, Grey Hamilton, Jay Steacy, Randy Williams, Ritson Ferguson, Steve Reynolds.

Chantilly	0	Lake Braddock	3F
Lee	1	Lake Braddock	1F
Robinson	1	Lake Braddock	3F
Fort Hunt	3	Lake Braddock	2F
Jefferson	2	Lake Braddock	3F
Groveton	1	Lake Braddock	5F
Mount Vernon	2	Lake Braddock	3F
West Springfield	5	Lake Braddock	9F
Hayfield	2	Lake Braddock	6
Edison	1	Lake Braddock	5
Fort Hunt	2	Lake Braddock	3
Lee	2	Lake Braddock	1



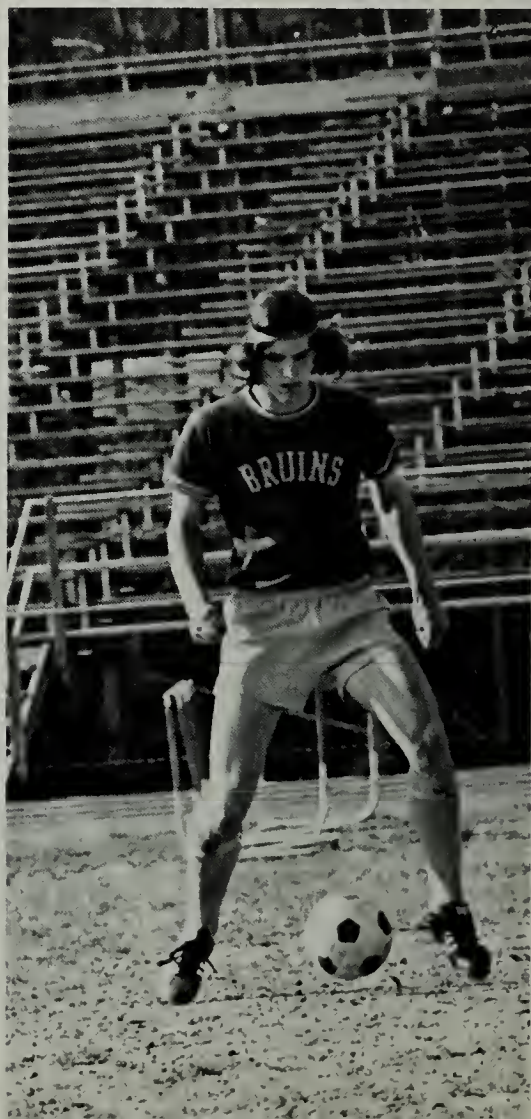
Attempting to steal the ball, Doug Dugan fails against the Groveton defense. However, Lake Braddock won 5-1.



Kicking the ball back upfield, Dave Watson advances it to Frank Gorman.



To head the ball, Karl McNiff bounces it toward Scott Breslin.



Dribbling, Marty Nickley controls the ball downfield.



Working As One Unit



Chasing the ball, Frank Gorman moves it toward the Groveton goal.

Just 19 players did not make up the Varsity Soccer Team. Each individual member, aided by coach Linder, combined his skill and effort with the others, making a close-knit team. Boosted by Doug Dugan, one of the top scorers in the district, our team accumulated an excellent record of 9-3-1. However, it was a little misleading, because of an ineligible player. The eight games had to be forfeited. So, even though our team itself was outstanding, they had to settle with last place. In the Districts, we beat Fort Hunt, 3-2. In the next round we went down fighting with a loss to Lee 1-2.



With players entangling, the ball is given a tap from John Moffatt.



Front: Maureen Farrell, Ron Komornik, Karl Mc Niff, Frank Gorman, Charlie Merrill, Cris Miller, Mark Abraham, Dave Watson, Doug Dugan, Brion Picard. Back: Rick Linder — Coach, David Schaffer, Scott Breslin, Dave Komornik, John Giza, Sean Ensley, John Moffatt, Marty Nickley, Hank Corscadden, James Thomas.



Front: Tony McDonald, Chris Olin, Mike Williford, Mark Abregu, Mike Raeder, Glen Fuesel, Pat Espinosa, Ray Huber. Back: Lou Patch — coach, Larry Bedker, Lee Bowersox, Bob Cashion, Jack Moore, Doug Kirkpatrick, John Thelen, Chris Martin, Jim Thomas, Mike Steere, Tom Amason, Chris Dubiel, Jim Damato, Mike Bergen.

West Springfield	2	Lake Braddock	0
Edison	0	Lake Braddock	2
Robinson	1	Lake Braddock	5
George Washington	0	Lake Braddock	5
Falls Church	1	Lake Braddock	5
Mount Vernon	2	Lake Braddock	4
Hayfield	7	Lake Braddock	3
Hammond	1	Lake Braddock	2



Defense is what Jim Damato has to look for as he loses control of the ball.



Bringing the ball back upfield, Pat Espinosa uses aggressive tactics.



Daytime, Nighttime, Saturdays, Too

To keep with the ball, Mike Williford tries to get by a Hayfield opponent.



Charging down the field, a pass to a teammate, a well-aimed kick, a goal is made. Our Junior Varsity Soccer Team had it all together as they compiled a 6-2 record through teamwork and cooperation. Junior Varsity was not played throughout the district nor was it played consistently (at the same time of day). At the beginning of the season, games were played on Saturday mornings or in the afternoon after school. Midway through the season, the School Board reversed the decision of banning night games because of opposition from many parents. Our only night game was against Mount Vernon and we won 4-2.

Saving the ball, Chris Martin prevents one less goal for Hayfield in a major defeat for the Bruins.

Practice Demands Overtime

Strength, coordination, flexibility, and precise timing were all needed to make a top gymnast, and our Boys Gymnastics Team improved steadily on these skills throughout the season.

Unlike last year, interest in the sport was on the rise, as shown by the turnout — fourteen members, in comparison to the previous year's five. The coach, Mr. Bud Clements, did not teach at Lake Braddock, so we encountered difficulty as to practice schedules. We managed to find enough time, however, usually in the late afternoon or night. Even though we didn't win any meets, our guys were always out there trying their hardest, whether it was during practice hours perfecting a just-learned trick, or during a meet.



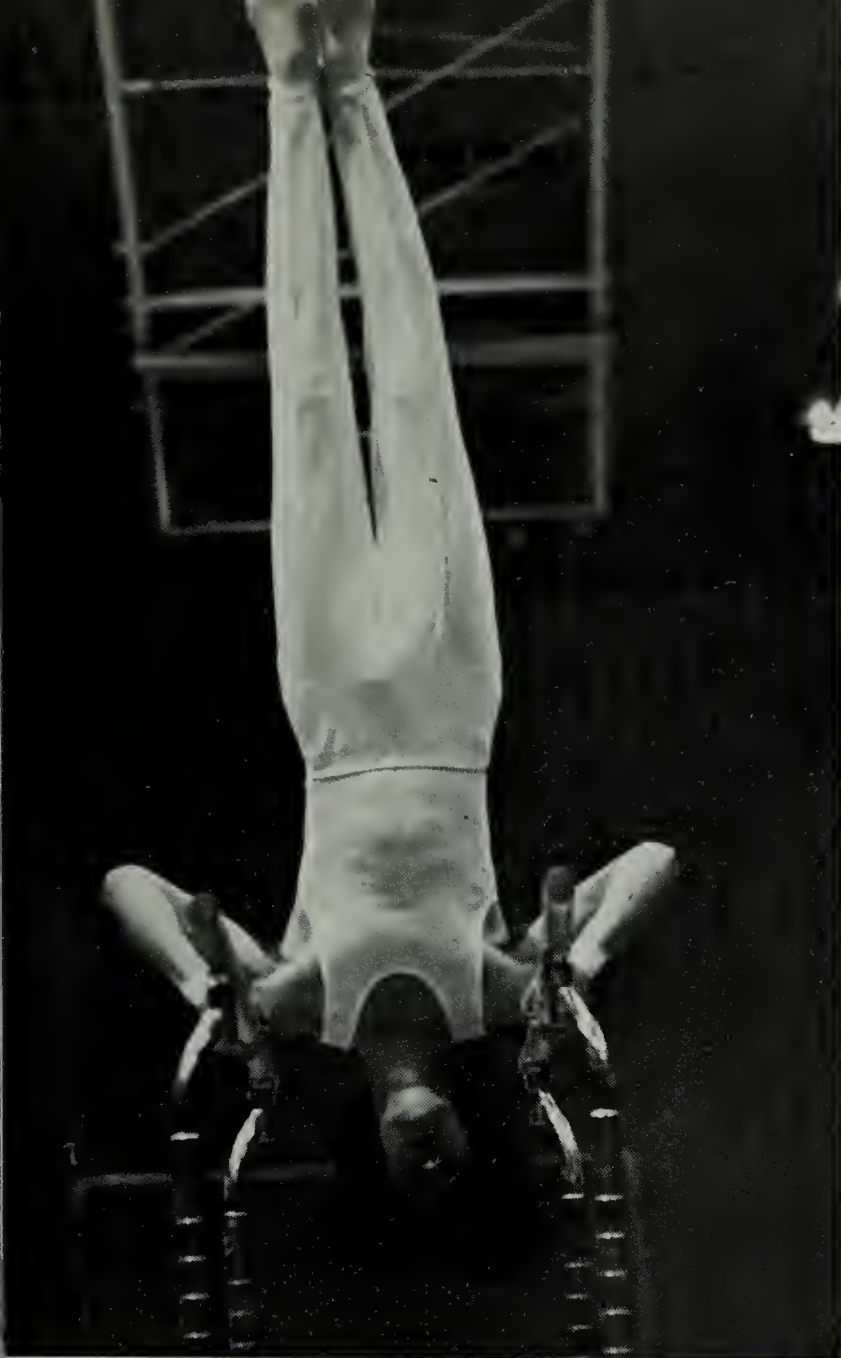
Performing before the judges, Dan Morefield prepares to dismount.



Throughout the season, Linda Leeson donates her time by showing and announcing the scores.



Sullivan puts his memory to the test for



Pressing into a handstand takes strength and balance, as Kelly Higgins demonstrates.



the home crowds during his free-ex routine.

Wakefield	73.3	Lake Braddock	33.4
Garfield	78.3	Lake Braddock	39.4
Robinson	76.8	Lake Braddock	50.4
Mount Vernon	72.8	Lake Braddock	40.5
Woodson	78.0	Lake Braddock	43.8
Hayfield	84.8	Lake Braddock	47.2



Sitting: Mark Hackney, Brian Jones, Coach Clements, Kelly Higgins, Pat O'Donnell. Standing: Paul Brodeur, Ray Sullivan, Mike Jones, Mark Bennett, Steve Carey. On rings: Greg Ulsh.



SPORTS

75-76

Chuck,
Even though
I've kidded
you all year
you're still a
pretty decent kid.
You made math
class a little
better at least.
Be good
Cathy

The Fall and Winter Sports program took off into the wild blue yonder, THE NORTHERN DISTRICT. Playing many new opponents for the first time (Robinson, Annandale, T. C. Williams, W. T. Woodson), the "Super District" was a good start for our varsity programs. The tough competition was evident, as many teams' records dropped, but the new district brought out the best in the fighting Bruins. Our Varsity Cross-Country Team ran by the perennial champs, Edison, for the Regional Championship. Other sports were not to be out-done, as Junior Varsity Field Hockey and Junior Varsity Cross-Country were district champs. Participants in our programs wanted to show other schools we were not second rate competition, and after 3 years of hard work by coaches and players, we were to be recognized as contenders, even though it was only our first year with seniors.



Practice Tips Season

When other students were just beginning to think about the start of the new school year, the Varsity Football team had already begun training and practice for the fall season at a week long camp in Pennsylvania. From August 18-24, the team was put through drills and were taught new plays to get in shape for the coming season. Practice continued throughout the fall for two hours each day.

The official beginning of the season, September 12, began with the kickoff at our home game against Groveton. At the start of the game, we were briefly uncertain as Groveton scored a touchdown in the first quarter, taking a 7-0 lead, but our confidence was restored as Bill Lloyd scored the first Varsity points of the season with a 22 yard field goal. We went on to win the game against the Tigers, 17-7. For the remainder of the first half of the season, we continued to do well with 2 more wins and 1 loss.

We suffered a disappointing loss to Fort Hunt; however, the enthusiasm and spirit kept growing throughout the game, but we still lost, 13-0. October 10, we played against West Springfield. Determinedly, our team went on to add one more win to our record. The Spartans came out fighting, scoring a touchdown in the first play. We immediately matched the touchdown and added the point after three plays later. We continued to play well, conquering the Spartans 14-6.

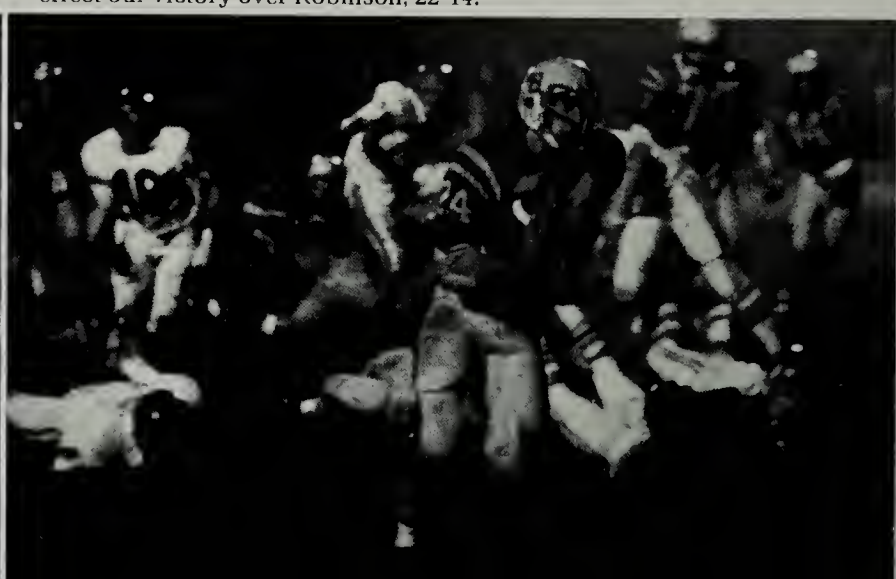
Out-running the defense, Bill Crutchfield scores our first points in the victorious game over West Springfield, 14-6.



Meeting with Groveton player Tom Sullivan: Bobby Klaren, Dennis Stewart talk over plays which won the game for the Bruins 17-7.



A pass thrown by Chuck Mangum (11) to Scott Billak (14) is overthrown, but this did not effect our victory over Robinson, 22-14.





Game strategy against Groveton is reviewed by Coach Thompson, as the Bruins proceeded to win the game 17-7.



Front Row: Kip Vaile, Jim Klein, Chris Martin, Dennis Stewart, Steve Ketchum, Bob Klaren, Karl Morris, Ken George, Kevin Haymaker, Ritson Ferguson, Head Coach Rick Lewis. Second Row: Matt Klaren, George Jones, David Patton, Alec Ramsey, Mike Norton, B. J. Meadows, Adam Rubin, Dan Mead, Tom Burnam, Tim Strombel, Ted Silva, Coach Dinan. Third Row: Bill Grammer, Brien Denny, Bill Crutchfield, Greg White, Brian Soulsby, Sam Johnson, David Greely, Caleb Miles, Chuck Mangum, John Webster, Mickey Hanson, Coach Bruno. Fourth Row: Chris Miller, Kent Pickard, Bill Lloyd, Scott Billak, Robbie Hughes, Bret VanRanken, Robert Carson, Steve Sexton, Paul Reaves, Coach Baughn, Trainer Rick Issac. Fifth Row: Brad Rawls, Chuck Herb, Robert Leporatti, Joe Borgerding, Ron Heinz, Duane Cromwell, Karl Sprague, Howard Tipton, Tim Miller, Ken Magill, Coach Sengstack, Coach C. Thompson. Sixth Row: Tony McDonald, Steve Hackney, Mark Miller, Scott Breslin, Scott Campbell, Brad Walker, Tommy Williams, Coach A. Thompson, Coach Rayburn.



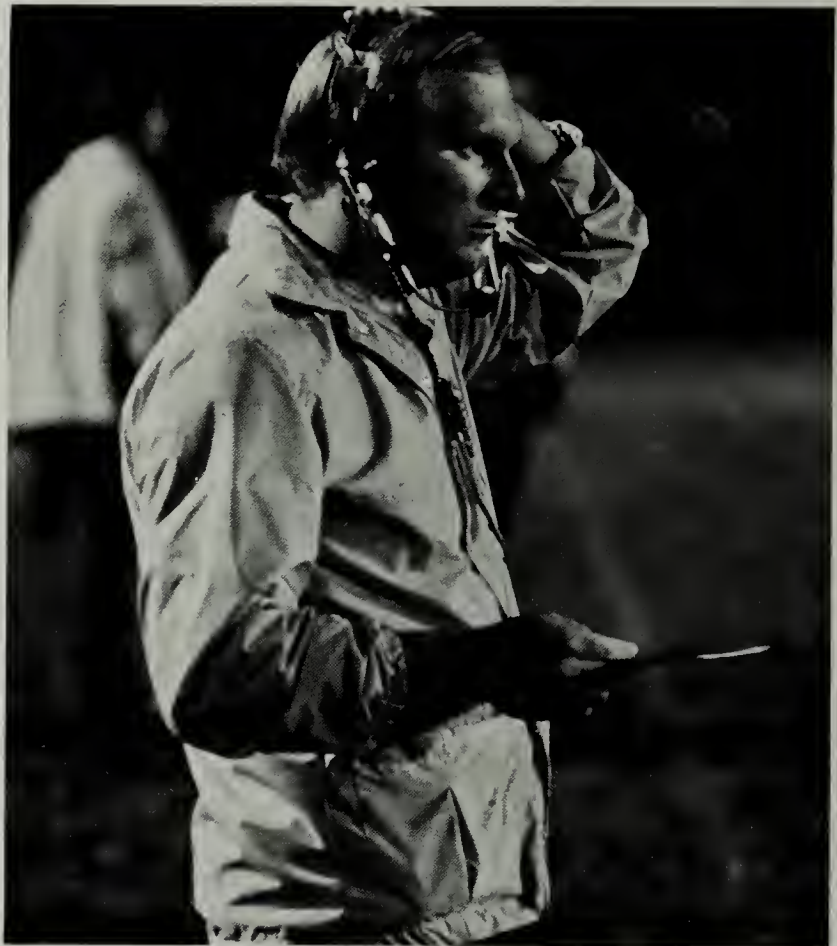
Front: Charlie Thompson, Butch Baughn, Bobby Dinan, Charlie Rayburn, Steve Sengstack, Henry Bruno, Alan Thompson, Rick Issac. Back: Head Football Coach, Rick Lewis.



Split end David Greeley gets stopped cold by the T. C. Williams defense in our only Saturday afternoon game.

Yardage Improves With New Formation

The second half of our season got off to a bad start as we lost our Fall Festival game against Chantilly, 10-2. Using a new formation for our offense, we made mistakes due to inexperience. However, after practicing the new offense formation the following week and substituting in different players, we were ready for the next game against Woodson. At the kickoff, Alec Ramsey, a junior in his first year at Lake Braddock, ran for a touchdown. Our playing kept going great that night, and we defeated the Cavaliers, 16-0. We played a crushing game against Edison because in the final minutes of the game, Edison scored a touchdown, defeating us 7-3. In our final game of the season against Annandale, our players gave it all they got. In one of the best games we played, we managed to hold a 20-7 lead over the Atoms. At the start of the fourth quarter, Annandale was too tough for us. The Atoms' momentum continued as they went 21-20. In the last minute of the game, Bill Lloyd tried a 39 yard field goal, but the kick was too wide. This game ended our season, resulting in our 5-5 record.



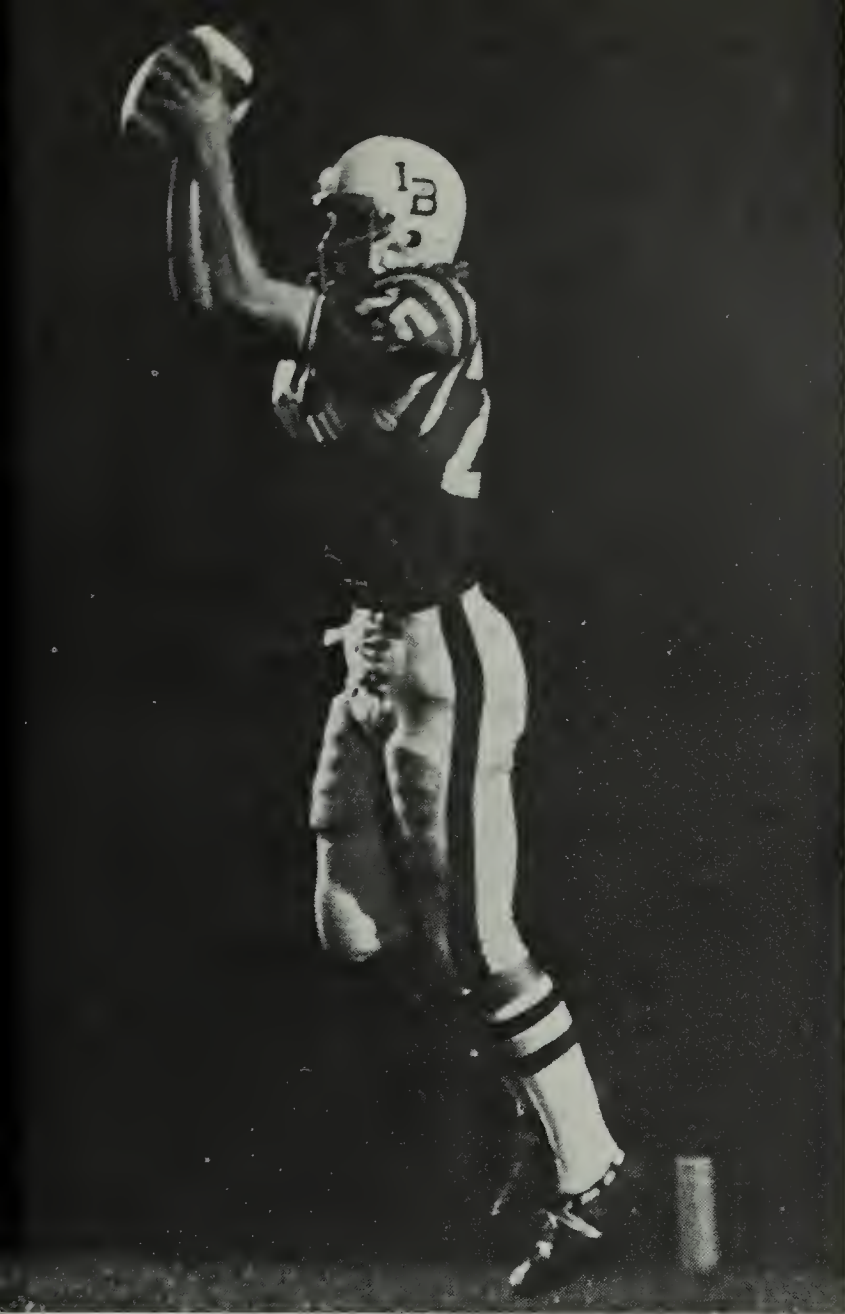
Getting information from the press box, Coach Rick Lewis surveys the play against Groveton.



The Bruin offense opens a hole as Tom Williams takes the handoff from Chuck Mangum (11) against Woodson.

All District defensive lineman, Adam Rubin (75), and B. J. Meadows (65) stack up a Chantilly back in our Fall Festival game in which we lost, 10-2.





About to be blocked is Howard Tipton's punt against Fort Hunt, which we lost 13-0.



Lake Braddock	17	Groveton	7
Lake Braddock	7	Hayfield	0
Lake Braddock	22	Robinson	14
Lake Braddock	0	Fort Hunt	13
Lake Braddock	14	West Springfield	6
Lake Braddock	0	T. C. Williams	3
Lake Braddock	2	Chantilly	10
Lake Braddock	16	Woodson	0
Lake Braddock	3	Edison	7
Lake Braddock	20	Annandale	21



While Chuck Mangum (11) holds, Bill Lloyd kicks for the extra point against Robinson. It was good.

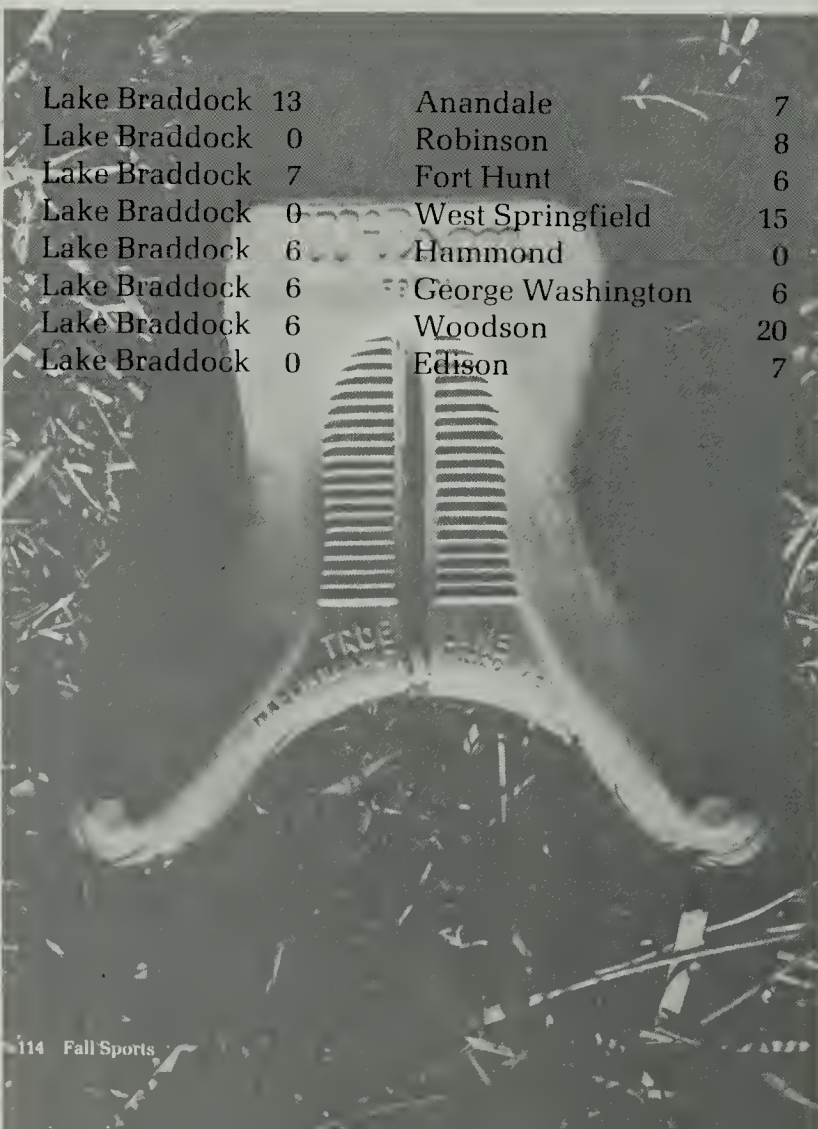


Showing that our defense was one of our strong points, Matt Klaren (55) nails a Woodson Cavalier.



The result of a good hit by Steve Gerdon (20) was a Hammond fumble, which was recovered by Lake Braddock.

Lake Braddock	13	Anandale	7
Lake Braddock	0	Robinson	8
Lake Braddock	7	Fort Hunt	6
Lake Braddock	0	West Springfield	15
Lake Braddock	6	Hammond	0
Lake Braddock	6	George Washington	6
Lake Braddock	6	Woodson	20
Lake Braddock	0	Edison	7



Hit hard by Thomas, N. O'Kane, and Mark Russell, Hammond fumbled the ball.



In hopes of gaining yardage, Craig Patterson runs down the field in a game against Hammond.

Coming On Strong...

Coming on strong the second half of the season, the Junior Varsity football team finished with a 3-3-1 record. There was an increased quality of opposition this year as the team faced past football powerhouses, fighting to maintain their status. Our Bruins were highly competitive. The offense was sporadic during the early stages of the season but led by quarterback David Turner and runningback Craig Patterson, the offense really picked up in the latter half of the season. An aggressive defense guarded our goal, never yielding more than two touchdowns in a game.



Finding an open man, quarterback David Turner throws a pass.



Front: David Turner, Mike Raider, Fred Salfeld, Tim Gimble, Tom Demas, Craig Patterson, Jeff Stahle, Jim Hart, Mark Shenk, Bruce Borgerding. Second: Rick Silva, Brien Borgerding, Ken Berkley, Mike O'Kane, Steve Kick, Dennis Matson, John Hedges, Charles Evans, John Grammer, Dave Collis. Third: Eric Bach, Carter Green, John Stewart, Mark Russell, John Zych, Jim Fee, Chuck Silva, Hal Walters, Toby Dowell, John Carroll. Fourth: Paul Balmforth, Steve Jones, Richard Flatau, Howard Clark, Chuck Ray, Steve Billian, Steve Bryant, Kent Huber, Steve Gerdon, Dave Cambell. Fifth: Bill Runyon, Paul Whitner, Jim Shumway, Chriss Beveridge, Chuck Catherine, Jay Newman, Mike Driscoll, Carl Beveridge, Richard Choate, Steve Sexton.



Playing a rare appearance on the Junior Varsity squad, tailback Robbie Hughes returns a kickoff in a game against Robinson. Minor injuries set Robbie back to J.V. only for one game.

Slow Start, Fast Finish

The Freshman Gold Team got off to a slow start but strengthened their playing as they gained experience, winning 2 of the last 3 games and finished the season 2-2-1. Playing other B teams, the Gold Team sported a tough defense, relinquishing almost nothing up the middle.

The offense came on at the end of the year and with the return of some injured players, the team scored a 20-6 victory against West Springfield.



On a gallop up the middle, Mike Smaldone carries three Fort Hunt defenders with him.



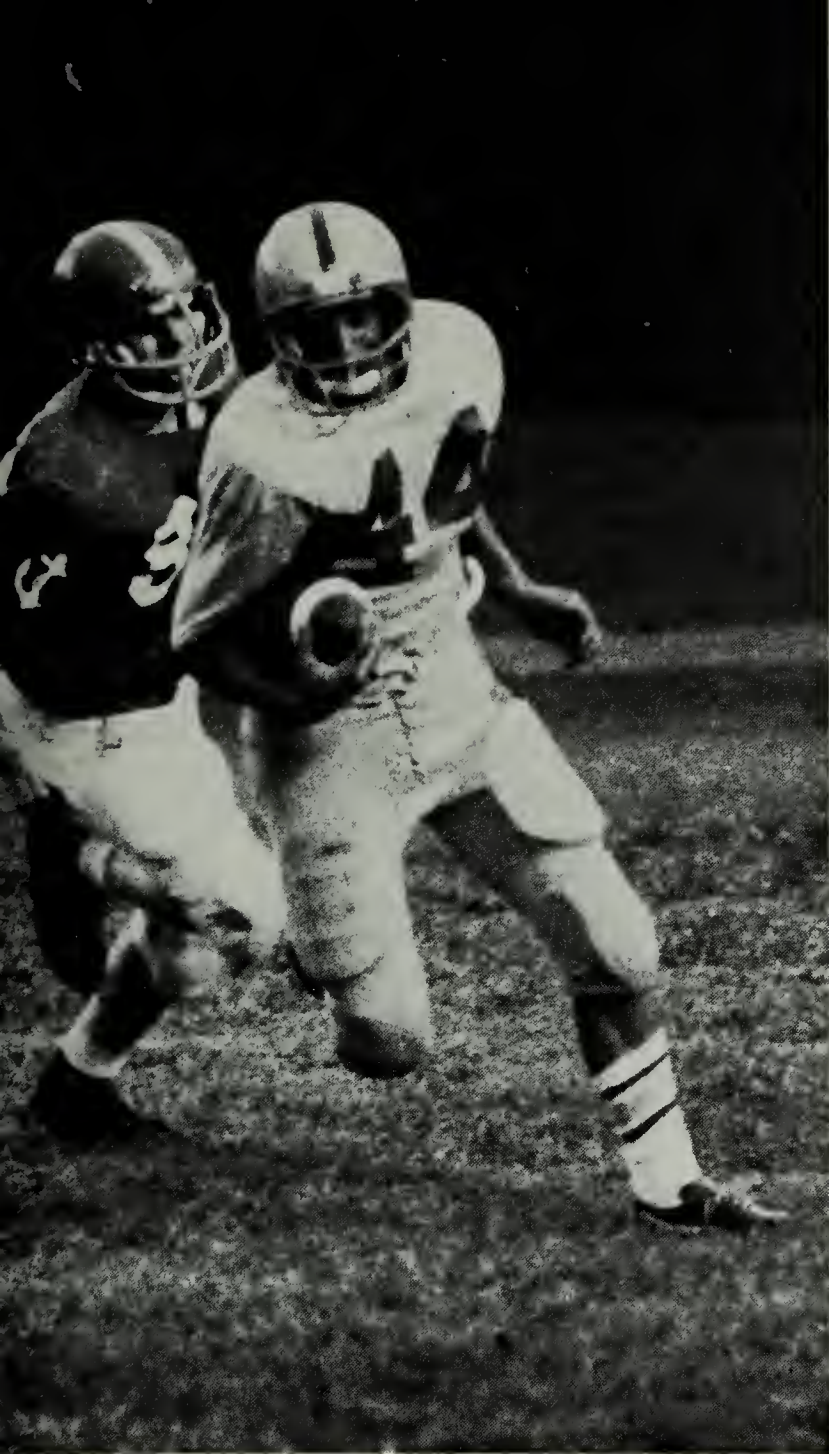
The defense listens to Coach Bruno as he gives out instructions which helped preserve a 0-0 tie with Hammond.

				<i>Purple</i>	
Lake Braddock	12	Fort Hunt	8		
Lake Braddock	16	West Springfield	20		
Lake Braddock	0	Hammond	0		
Lake Braddock	12	Robinson	12		
Lake Braddock	8	George Washington	21		
Lake Braddock	8	Woodson	14		
				<i>Gold</i>	
Lake Braddock	6	Falls Church	6		
Lake Braddock	0	Chantilly	12		
Lake Braddock	8	Robinson	0		
Lake Braddock	0	St. Stephens	26		
Lake Braddock	20	West Springfield	6		

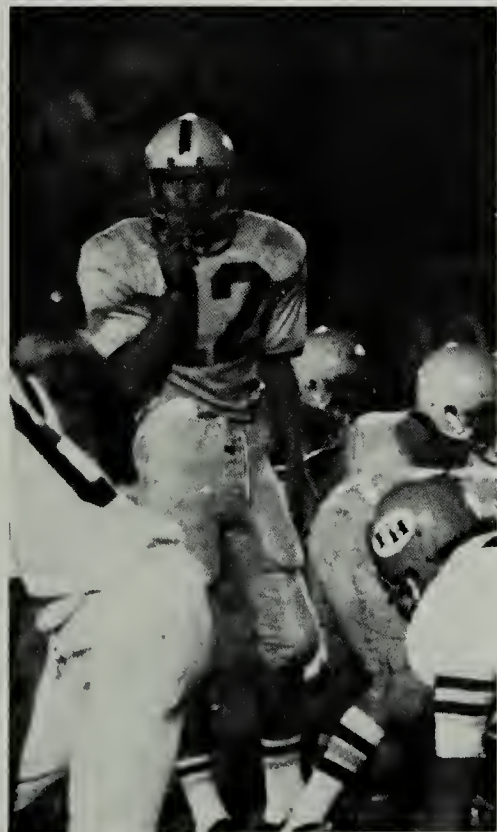
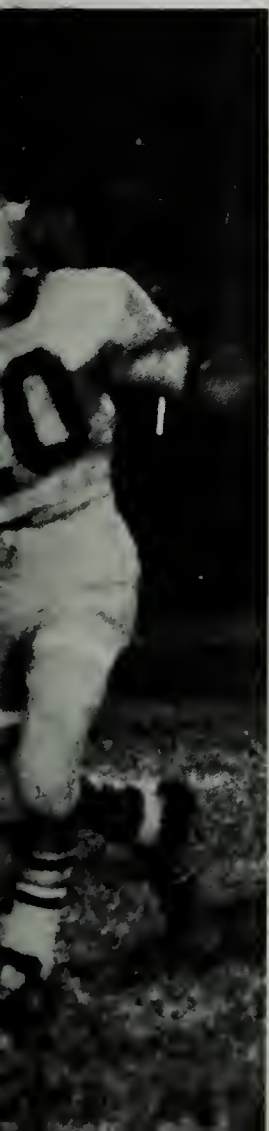


First: S. Morales, J. Selz, S. Cooley, A. Griffin, S. Mandeville, J. Gallagher, S. Huber, D. Harris, D. Buckely, Tim Whalen. Second: D. Nock, E. Lehman, S. Marin, J. Westphal, D. Miller, D. Jacobeen, Dan Magill, D. Jeffrey, J. Barnes, S. Gallstan. Third: H. McClure, V. Agnelli, M. Stutts, M. Smaldone, M. Masaitas, B. Pittman, B. Frager, S. Hibbert, B. Etchells, J. Urbany. Fourth: C. Merrill, T. Moore, M. O'donnell, Jeff Lalande, J. Murphy, Wayne Patten, B. Watts, J. Myong, J. Stadnik, B. Tuck. Fifth: J. Zugschweft, E. Harris, B. Schubert, R. Crater, C. Stallings, S. Brutcher, D. Crabill, T. Newton, J. Kela, M. Wahl. Sixth: S. Brown, T. Belcher, M. Olver, C. Bergen, J. Ryan, J. Chandler, D. Hamilton, B. Gardiner, P. Cor-scadden, N. Miles. Seventh: J. Petty, M. Wagnun, K. Moore, Dave Slupe, T. Borgreding, J. Bishop.





A perfect combination of speed and power, Mike Smaldone uses the former to gain yardage on Hammond.



An alternate between Frosh and J.V., Art Griffin calls the signals against Fort Hunt.

On a counterplay, Wingback John Murphy gains seven yards and a first down against Fort Hunt.



The defense, led by Scott Cooley (52), Dave Nisivoccis (34) and Jell Urbany sticks this Hammond runner in his tracks.



As the team is rejoicing, Coach Bruno congratulates Coach Sengstack on a last second touchdown play.

Inconsistency Hurts

Offensive and defensive inconsistency took away four victories for the Freshman Purple team as they finished the year 1-3-2. The offense and defense didn't seem to be able to play together, as the offense fumbled away scoring opportunities and the defense just could not tighten down. An exception was in their victory over Fort Hunt in which the defense had four turnovers and the offense twice broke ties. In other games, the offense, with a desire to come back, featured a high powered running game. The defense intercepted many passes and recovered many fumbles but were susceptible to the big play. Tailback Mike Smaldone led the offense with over 100 yards a game rushing and Linebacker Scott Cooley led the team in tackles.



Spirit is expressed as the team chants "Let's Go, Let's Fight, Let's Win" before the T. C. Williams match.



Expressing concern over a match against Annandale, Coach Norton watches Audrey Perkins.

Varsity			
Lake Braddock	1	West Springfield	8
Lake Braddock	3	Robinson	6
Lake Braddock	1	Fort Hunt	5
Lake Braddock	0	Woodson	5
Lake Braddock	8	Annandale	1
Lake Braddock	4	T. C. Williams	5
Lake Braddock	1	West Springfield	8
Lake Braddock	4	Robinson	5
Lake Braddock	2	Fort Hunt	7
Lake Braddock	0	Woodson	9
Lake Braddock	7	Annandale	2
Lake Braddock	4	T. C. Williams	5

Junior Varsity			
Lake Braddock	5	West Springfield	4
Lake Braddock	8	Robinson	2
Lake Braddock	7	Hammond	1
Lake Braddock	2	West Springfield	7
Lake Braddock	3	George Washington	4
Lake Braddock	7	Hammond	2
Lake Braddock	1	West Springfield	8
Lake Braddock	4	Robinson	1
Lake Braddock	3	Annandale	1
Lake Braddock	2	Annandale	1



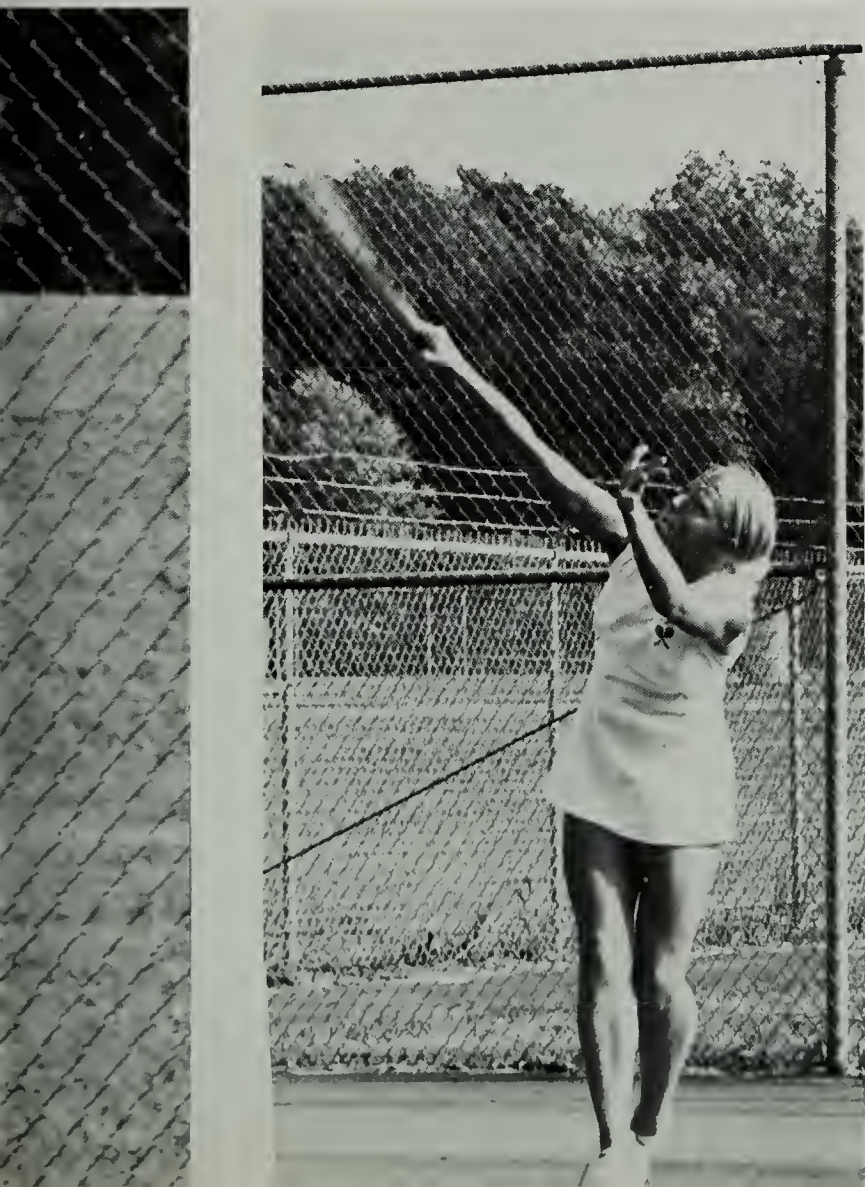
Warming-up together are Betsy Cocke and Cindy Carlson. Cindy played fifth singles against Annandale and won 10-1.

Ready for the ball in a backhand shot, Jenni Lawhon fires it cross court.





A down-the-line shot by Audrey Perkins catches her West Springfield opponent off guard. Audrey proceeded to win 10-3.



Left: Donna Juncal, Erin Murphy, Jenni Lawhon, Priscilla Patellos, Martha Strong, Betsy Cocke, Cathy McLernan, Amy Geithner, Barbara McCown, Sally Reynolds, Coach Norton. Right: Julie Trippe, Ellen Strecker, Audrey Perkins, Lois Korb, Jesse Ward, Sue McNabb, Kathy Crow, Dissy Thompson, Molly Lloyd, Cindy Carlson.

Third singles Jesse Ward serves to her T. C. Williams opponent. Jesse went on to win 10-6.

I Am Part Of A Team

Tennis is usually thought of as an individual sport, but our team members' attitude was summed up in the statement, "the team comes before me. No matter what I did, it's what the team did that counted." This attitude was important since each depended on the other for support in playing against the new teams. The move into a different district brought in better opponents and tougher competition. The change was hard as we finished the season with 2 wins and 10 losses. Many of the matches came down to the wire with the Bruins losing only by a small margin. Like the Robinson match, we lost 5-4 after losing our last doubles match by a slim margin of 11-9.

A new type of competition began this year. Instead of playing 5 singles and 4 doubles, 6 singles and 3 doubles were used. The girls who played singles could now play doubles too. With less girls needed for Varsity, a junior varsity team was started. The Junior Varsity Team, in unofficial matches, finished with a 8-3 record.

One Goal Away

Hockey was a sport which took a lot of endurance and teamwork, and our girls' varsity hockey team put 'em all together, for a 7-1 season. Many of the girls have been on the team together for the past three years and have learned to work with each other. Even though they didn't have much school support, they played their best, remaining undefeated in district play up until the last game against T. C. Williams. Pressure and over-confidence handicapped the team and T.C. overpowered them, 1-0. With this loss, the team gave up their chances for a District championship.



Excitement rages for Theresa Kratz and the Bruin team after a goal is scored against West Springfield.



Playing defense is rare for attacker Lisa Bartholomew, but she blocks a shot on goal by this Ram as Theresa Kratz backs her up.

Gaining much yardage, Debbie Morris gets the ball down the field.





Front: Lynne Alexander, Theresa Kratz, Joanne Jackson, Lisa Bartholomew, Ellen Zmudski, Noreen O'kane, Debbie Morris, Lani Carpenter, Betsy Thompson, Bernadette Pruztman, Peggy Hutchinson, Kate Zavada (manager). Back: Kathy Jenkins (coach), Susan Miller (manager), Julie Gauthey, Jan Carlson, Liz Cameron, Debbie Sutton.



At the edge of the goalie's region, Noreen O'kane cranks in a shot against Annandale.



Finding herself completely in the open, Julie Gauthey chases down the ball and brings it under control.

Lake Braddock	1	Madison	0
Lake Braddock	0	Mount Vernon	1
Lake Braddock	1	Fort Hunt	0
Lake Braddock	1	Woodson	1
Lake Braddock	1	Robinson	0
Lake Braddock	0	Annandale	0
Lake Braddock	5	West Springfield	0
Lake Braddock	0	T. C. Williams	1



With drive and hustle, Jill Garcia and Nina Benito out race their Annandale counterparts.

Lake Braddock	5	Madison	0
Lake Braddock	2	Mount Vernon	0
Lake Braddock	2	Fort Hunt	0
Lake Braddock	2	Woodson	0
Lake Braddock	2	Robinson	0
Lake Braddock	1	Annandale	0
Lake Braddock	1	West Springfield	0
Lake Braddock	2	T. C. Williams	0



After intercepting an Annandale pass, Jill Garcia turns up-field.



Front: Kelly Haugh (mgr.), Karen Stride, Pam Bowers, Kathy Noack, Nina Benito, Liza Ferguson, Jeri Webber, Karen Minors, Mindy Dempsey (mgr.). Back: Sandy Barrows (coach), Rita Harold, Jill Garcia, Debbie Lovell, Donna Hole, Kathy Kafka, Sherry Herzig, Mary Hanson, Nancy Warren.

A shifty stick handler, Mary Hanson maneuvers for a shot on the West Springfield goal.





Excitement arouses when Pam Bowers scores the winning goal against Annandale.

Don't Mess With Dyn-o-mite!



The move from Gunston District into the tougher Northern District did not seem to affect the Girls Junior Varsity Hockey Team. Remaining undefeated, the team carried an excellent record for the season. The defense was exceptionally strong and goalie Karen Stride was unscored upon throughout the season. In October, the Junior Varsity Hockey Team played their first night game at home against the Federals, in the stadium. The game against the Federals ended in another victory in the first night game played in Fairfax County. The final score was 4-0.

Unleashing a shot on the Spartan goal is Debbie Lovell.



By overcoming this Woodson opponent at the wire, Dan Huskerson finishes 8th in the District.

“The First of Many...”

. . . REGIONAL CHAMPS

This year's Varsity Cross Country team became the first Regional Champions at our school, the first of many more yet to be earned, as they dethroned the perennial power, Edison, in an unexpected Victory. We boasted a balanced team, having no “super-star.” Four runners, Mitchell Lych, Jim Shea, Kevin Myers, and Dan Husherson led the team, with the rest following close behind. The team easily won the Northern District competition. In the Regional Meet, Edison was favored to win and our runners were under much pressure because of the loss of Kevin Myers (who was injured in the districts but still placed fifth). Trying their hardest, they upset Edison 96-102 (low score wins). On to the state meet at William and Mary, our team fell behind Edison (2nd) and took fifth place.



Cheering on Kevin Myers to a course record of

DISTRICT:

Varsity — First	Jim Shea	3rd
Junior Varsity — First	Kevin Myers	5th
	Mitchell Lynch	6th
	Dan Huskerson	8th
	Brian Robinson	15th

REGIONALS:

Varsity — First	Jim Shea	6th
	Mitchell Lynch	10th
	Dan Huskerson	14th
	Brian Robinson	27th
	Richard Grich	39th

STATE:

Varsity — Fifth	Mitchell Lynch	11th
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Dan Huskerson 15th, Jim Shea 37th, Richard Grich 41st, Brian Robinson 69th, Lane Scheiber 67th, Scott Roberts 77th



Portraying their District Trophy, the Varsity also brought home the Region Trophy as well.



Front: Scott Isley, Jim Kenaston, Mark Sheridan, Bill Hedges, Ed Myers, Ed Lull, Scott Oslund, Mark Broadas. Second: Coach MacDonald, Diane Wagner, Denise Thompson, Scott Roberts, Dan Huskerson, Mitchell Lynch, Jim Shea, Kevin Myers, Brian Robinson, Lane Scheiber, Coach Ed Trimm. Third: Rusty Davis, Richard Grich, Cary Capper, Marty Moke, Robert Leblanc.

15:32 is Ed Lull.



Other highlights of the season were the Palotti Invitational at which Varsity took second place and a fifth place at the William and Mary Invitational. The Junior Varsity team placed first at Palotti and second at William and Mary.

The only senior on the team Mitchell Lynch, runs his second to last race for the Bruins as he finishes 10th in the Northern Region.

Fall Champ Awards

Outstanding athletes at Lake Braddock were awarded LB letters to trophies to All District team selections. Fall Sports banquet was held December 2, 1975 to honor the athletes and present awards. Trophies were given to each team in categories such as Most Valuable, Most Improved, and Best Offensive and Defensive Players. Also this fall, an All-District Team, in football, was chosen by the coaches, included Karl Morris, Scott Campbell, B. J. Meadows, and Howard Tipton. An All-Regional team was selected by the Washington Post and the Washington Star. Karl Morris was chosen for linebacker by both newspapers and Scott Campbell and B. J. Meadows earned positions on a team. Cross Country dethroned Edison this season, taking the regional championship and capturing fifth place in State. This constitutes our first regional champs, as we make our way to the top.

Page 126: Picture 1 — Regional First Place Trophy in Cross Country, 2 — Richard Grich, 3 — Jim Shea, 4 — Karl Morris, Ted Silva, Chris Martin, 5 — Brian Robinson, 6 — Tim Borgerding, Clinton Jeffery, 7 — *Front:* (Tennis) Priscilla Patellos, Most Improved Player; Cindy Carlson, Most Team Spirited; Audrey Perkins, Most Valuable Player, (Hockey) Jan Carlson, Most Valuable Player; Joanne Jackson, Best Offensive Player; Bernadette Prutzman, Best Defensive Player. *Back:* (Football) B. J. Meadows, Most Outstanding Defense Player; Ron Heinz, Most Valuable Player; Ron Heinz, Most Outstanding Offense; (Cross Country) Mitchell Lynch, Most Valuable Player; Dan Huskerson, Sportsmanship Award; Jim Shea, Most Improved Player.

Page 127: Picture 1 — Howard Tipton, 2 — Bill Hedges, 3 — Mitchell Lynch, 4 — Brian Robinson, Coach McDonald, Coach Trimm, 5 — Mr. Alwood, Dan Huskerson, 6 — Dan Huskerson, 7 — Brian Robinson, Dan Huskerson, Mitchell Lynch, 8 — Scott Campbell.







By adjusting his shot, John Beveridge avoids getting it blocked and sinks two.



On a rare drive, Kent French beats the Cadets badly.



Sailing in clear for two of his thirty points against De Matha is Scotty Richardson.

Towering over the Rebels, Kent French banks in a side jumper.

Page 129: Despite giving away ten inches in height, Joe Barnett still puts up a jump shot.





A turnaround jumper by Todd Williams isn't enough to defeat the Rebels.



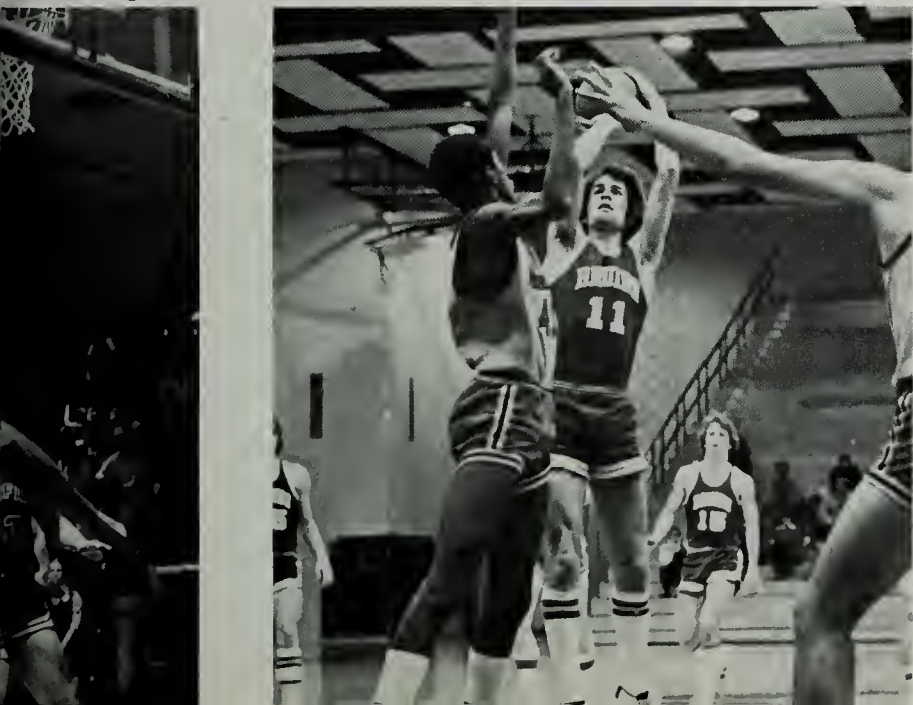
The smallest man on the court, Bobby Steele more than makes up for it by his great jumping ability and controls the tap.



A determined effort by Kent French cannot overcome the Stags of DeMatha.

Lake Braddock	48
Lake Braddock	67
Lake Braddock	58
Lake Braddock	62
Lake Braddock	60
Lake Braddock	70
Lake Braddock	46
Lake Braddock	54
Lake Braddock	67
Lake Braddock	49
Lake Braddock	58
Lake Braddock	74
Lake Braddock	44
Lake Braddock	75
Lake Braddock	44
Lake Braddock	50
Lake Braddock	47
Lake Braddock	78
Lake Braddock	72
Lake Braddock	

Lee	46
Hayfield	48
Fairfax	61
Edison	60
Mount Vernon	62
DeMatha	72
St. John's	60
Robinson	58
Fort Hunt	54
Annandale	41
Woodson	64
T.C. Williams	72
Groveton	60
West Springfield	58
Robinson	48
Fort Hunt	62
Annandale	49
Woodson	61
T.C. Williams	86
West Springfield	



Bruins Utilize Sixth Man

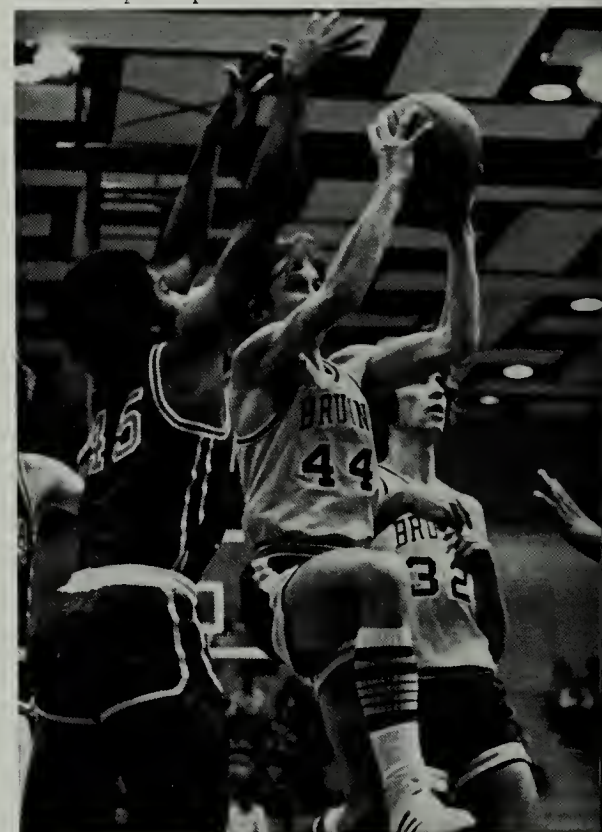
The Varsity Basketball Team utilized their sixth man, the home court advantage. They compiled a 5-3 record at home and they defeated 3 opponents at home, when they lost to them away. The crowds at the games were the largest, even though they competed on the same nights as wrestling and swim-dive. The players could feel the emotion playing at home.



Captain Rick Peterson converts an offensive rebound into two points against DeMatha.



In the waning moments against Fairfax, Todd Williams puts up a shot.

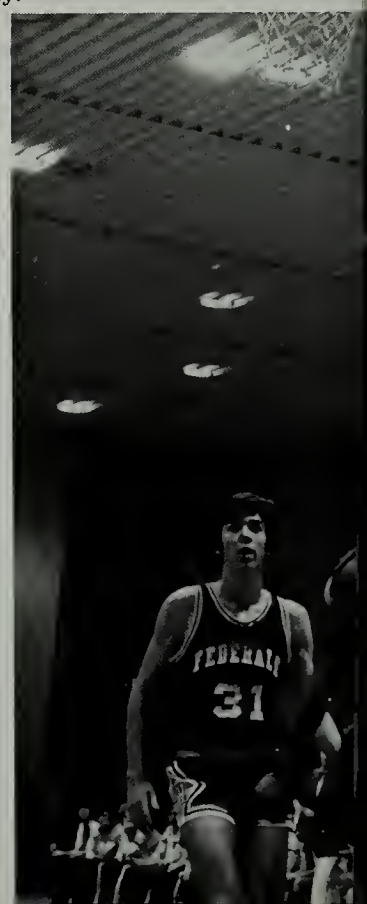


As he splits the Stags defense, Scott Richardson makes a 3 point play.

Schedule As Tough As Bruins

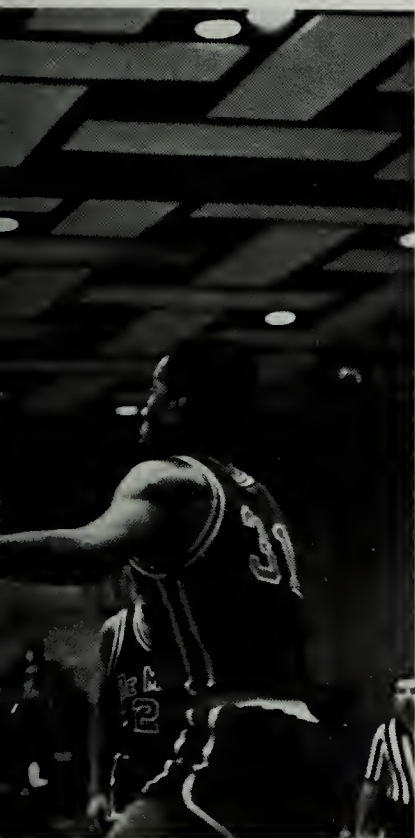
The Bruin's 75-76 schedule was as tough as the Bruins themselves. Besides the obvious problem, the new super district, the Bruins faced the best non-league opponents available.

Fairfax, Lee, Mount Vernon and Groveton were four of the region's top ten teams and DeMatha and St. John's were east coast powers. The Bruins were against players such as All-American Hawkeye Whitney and Bucky Roman. However, the Bruins kept their poise. They suffered a severe letdown after the heartbreaking loss at Robinson. Leading with less than ten seconds to go and in possession of the ball, the Rams stole the ball and inbound passes and scored five points in five seconds. The Bruins were upset twice the next week before they came back to destroy league-leading Woodson.

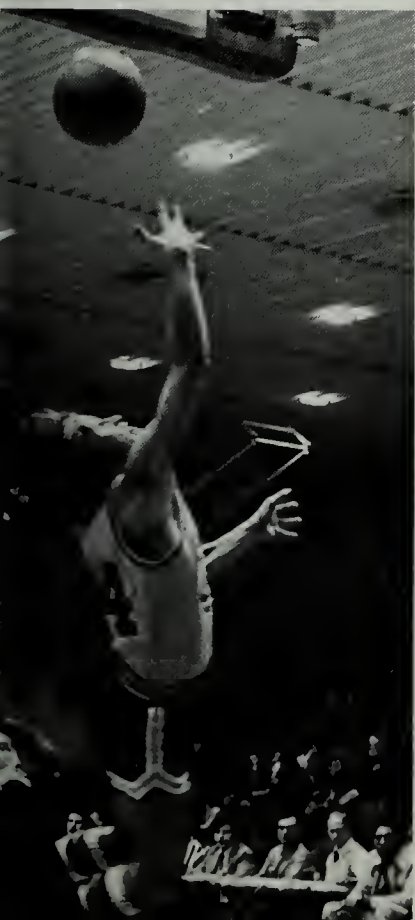




As they surround a Federal, Rick Peterson and Kent French take control of the ball.



Knocking the ball away from a Rebel is Bobby Steele, while Kent French gets inside position.



Ken Holroyd, Dave Greeley, John Beveridge, Rick Peterson, (capt.), Joe Barnett, Mike Digby (co-capt.), Kent French, Todd Williams, Dave Bartz, Matt Milstead, Marty Nickley, Bobby Steele, Bob Leporatti, Scott Richardson, Mike Adams (mgr.).

Twisting in for a tough basket is Scott Richardson.

Injuries Hamper J.V.

After losing three starters to injury in midseason, the Junior Varsity could not come out of a losing streak and finished with a 5-13 record. Clutch playing defeated Annandale and Fort Hunt on the last shots. The heartbreakers of the year were to West Springfield, losing in four overtimes the first game and with only three seconds left in the second game.

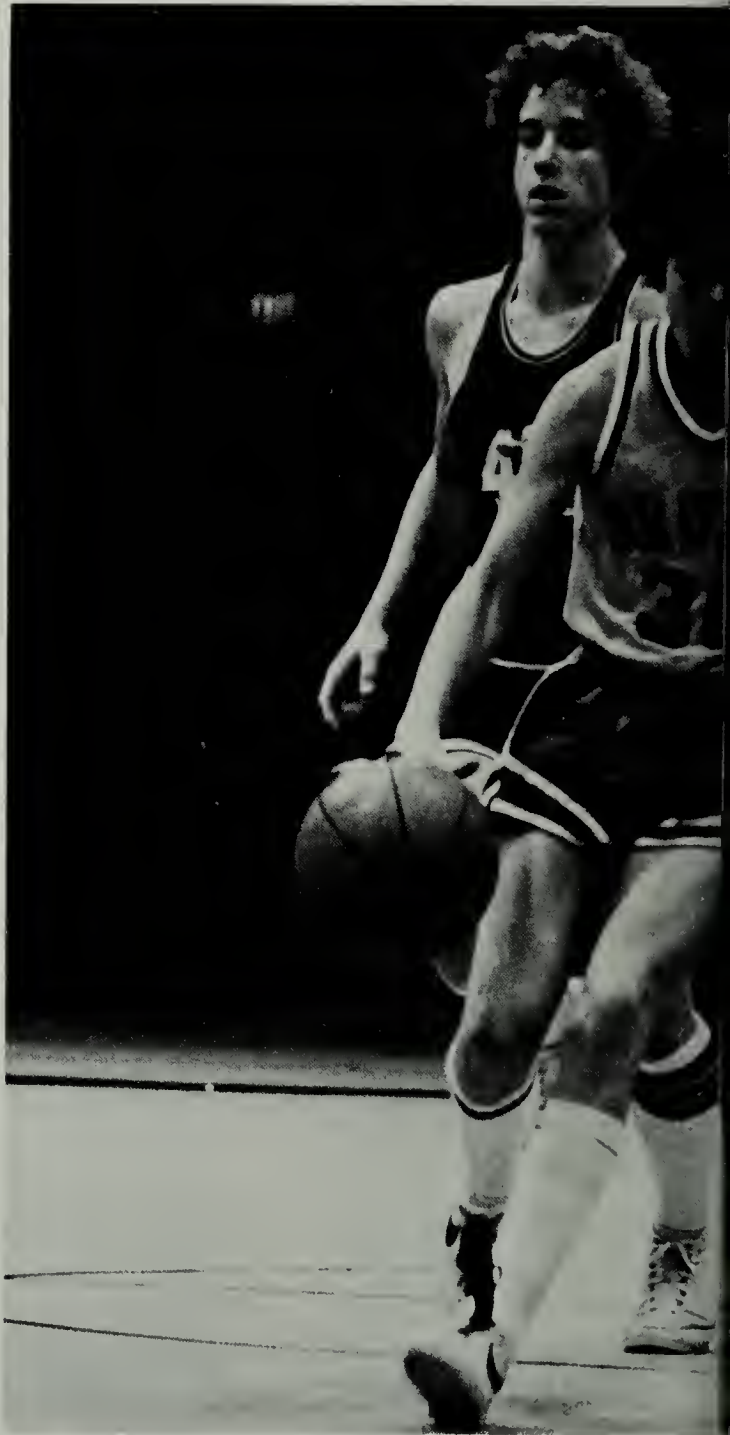


Clamping an Atom, Toby Dowell and Guy DeLandurantaye force another turnover.



Tom Arnold, (mgr.), Walt Burns, Brad Johnson (capt.), Jeff Thiesing, Toby Dowell, Dave Goins, David Westphal, Ken Harnad, Scott Gilbride, Ed Grundler, Guy DeLandurantaye (co-capt.), Bill Fries, Chuck Hergesheimer, Lee Harant (tr.), Rich Paschal (mgr.).

Lake Braddock	49	Lee	43
Lake Braddock	33	Hayfield	39
Lake Braddock	53	Fairfax	62
Lake Braddock	60	Edison	56
Lake Braddock	60	Mount Vernon	61
Lake Braddock	42	Robinson	33
Lake Braddock	53	Fort Hunt	51
Lake Braddock	54	Annandale	53
Lake Braddock	69	Woodson	71
Lake Braddock	44	George Washington	51
Lake Braddock	57	Groveton	61
Lake Braddock	48	West Springfield	50
Lake Braddock	42	Robinson	55
Lake Braddock	43	Fort Hunt	50
Lake Braddock	38	Annandale	40
Lake Braddock	52	Woodson	71
Lake Braddock	53	West Springfield	51
Lake Braddock	70	Hammond	72



Dribbling through the Spartans is Harry Taylor.



Cutting off a screen, Harry Taylor steams towards the basket.

Lake Braddock 37	Hammond	52
Lake Braddock 52	Woodson	58
Lake Braddock 39	Robinson	60
Lake Braddock 40	Annandale	61
Lake Braddock 58	Fort Hunt	64
Lake Braddock 48	George Washington	69
Lake Braddock 74	West Springfield	58
Lake Braddock 56	West Springfield	61
Lake Braddock 48	Hammond	57
Lake Braddock 45	Fort Hunt	46
Lake Braddock 44	Robinson	46
Lake Braddock 51	Woodson	55
Lake Braddock	George Washington	
Lake Braddock	Annandale	

Experience: Key For Frosh

With the main goal of every boy gaining experience for the freshman team, sometimes ten players saw 'A' game action and all players got to play each week. The 'A' team got their game going late in the year. Their best efforts were against Fort Hunt and Robinson. They played tight defense in those two games and almost pulled off last second upsets.



Front: T. Schell, J. Murphy (capt.), T. Ensley, G. Scovel, T. Whalen, D. Crabill, M. Glassman, H. Taylor, M. Oliver. Middle: M. Masaitas, J. Hess, S. Morales, B. Kurtz, D. Harris, C. Cafferky, D. French, G. Harris, W. Clements, R. Thar. Back: Asst. Coach Holley, P. Granholm, J. Westphal, D. Burns, B. Shubert, D. Slupe (co-capt.), K. Moore, G. Barrett, B. Miles, Coach Lauris.



As Amy Geither looks for a teammate to help her out she is covered by her opponent.



Maneuvering around the Fort Hunt player, Julie Gauthey goes up for Two.



Kathy Noack, Lani Carpenter, Sara Brown, Jan Carlson, Theresa Kratz, Cortney McClurg, Coach Raynes, Sally Reynolds, Julie Gauthey, Donna Byrne, Amy Geither, Debbie Lovell, Jenni Lawhon.

Lake Braddock	40	Williams	20
Lake Braddock	60	West Springfield	44
Lake Braddock	40	Annandale	42
Lake Braddock	45	Fort Hunt	47
Lake Braddock	59	Woodson	33
Lake Braddock	38	Robinson	46
Lake Braddock	48	Fort Hunt	54
Lake Braddock	64	Williams	44
Lake Braddock	54	West Springfield	56
Lake Braddock	54	Woodson	36
Lake Braddock	69	Annandale	43
Lake Braddock		Robinson	

While Coach Raynes is giving a pep talk, she is assisted by Coach Norton.



It's A Whole New Ball Game . . .



About to pass, Debbie Lovell gives her opponent the slip.



Throwing the ball down court for a fast break, Jennie Lawhon gets it to her teammate successfully.

Playing this season in a different district with new rules, the Girl's Varsity Basketball Team did not play their best together, but individually, they each improved in skill daily. This year was the first year they played with the same rules as boys' basketball, which changed some of the procedures for shooting, one on one fouls, backcourt play and in several other areas. They played some excellent games with a strong defense, holding Robinson's top scorer to less than twenty points even though they were defeated, 46-38. The girls strived each game to do their best, led by Coach Dee Raynes. They were tough competition.



Fancy foot work helps Jan Carlson get out of difficult situations.

Behind Their Coach , In Front Of Their District

An undefeated record after ten games. One member of the Girl's Junior Varsity Basketball Team was asked what made the team so good. She replied without hesitation that Miss Kay Norton, their coach, deserved the credit. Even working out and doing drills with the team, Miss Norton put her whole self into making the team one of the best in the district. She did her best and asked in return that they also play as well as they could. Over half of the team were freshmen who most shared the feeling that they were proud to participate. Sandy Luther, captain, helped the team with offense. Viv Saia was the leading rebounder.



As Tricia Heim battles for the ball, she gets tied up with a Fort Hunt player.



Ready to try for a rebound is Karen Hale and Dissy Thompson.

Lake Braddock 45	Williams	26
Lake Braddock 23	Springfield	20
Lake Braddock 55	Annandale	31
Lake Braddock 48	Ft. Hunt	43
Lake Braddock 40	Woodson	33
Lake Braddock 39	Robinson	33
Lake Braddock 42	Ft. Hunt	38
Lake Braddock 62	Williams	37
Lake Braddock 38	Springfield	28
Lake Braddock 47	Woodson	40
Lake Braddock 53	Annandale	32
Lake Braddock	Robinson	

Dropping back to protect against a fast break is Sandy Luther as she watches her teammate Debbie Varbau shoot a foul shot.





Executing a great jump is Dissy Thompson against the Federals.



With effort and determination, Sandy Luther strives to get the ball around her opponent.



Driving hard and fast Mary Hanson scores 2 points with a lay-out.



Front: Coach Norton, Jeanne Kleppinger, Karen Hale, Sandy Luther, Elees Purple, Viv Saia, Vicki Horning. Back: Julie Trippe, Becky Short, Dissy Thompson, Kim Neff, Kim Edwards, Valerie Hottle, Mary Hanson, Angela Ketchum, Tricia Heim, Debbie Vorbau.

Swim And Dive Team Stays Afloat

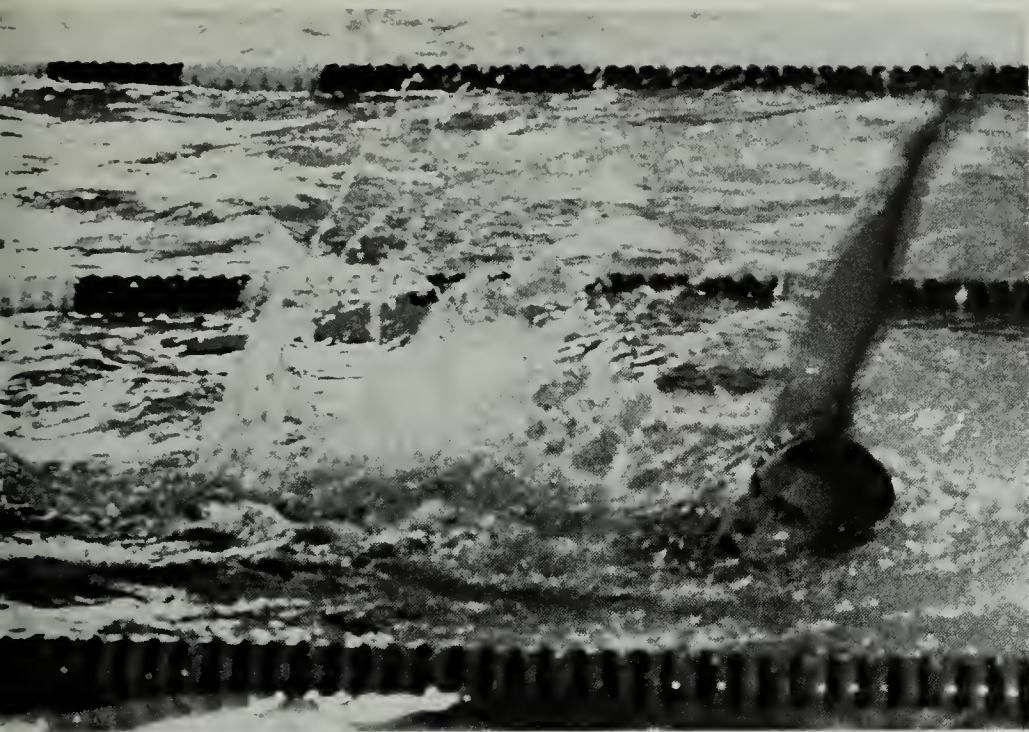
The Swim and Dive team was prophesized this year to do well and probably place high in Districts. Under the direction of three coaches, Orlay Johnson, Jack Markey and Dr. George Vahouny, the team set thirty-two team records. The team had eighty-two members, a tremendous increase over the twelve they had the first year. Depth was their big advantage; they had a lot of people to choose from for each event. They only lost one meet this season, against Woodson, and they also won some very close matches. On to Districts, the Bruins placed first, one step along the way to a possible Regional victory.



Stretching out into the water is Dino Reimond.



Showing tremendous form in his dive is Mike West.



Strength and power are both needed for the back stroke as shown here by Steve Galvin.



Front Row: Lisa Ianiero, Gordy Sachs, Kathy Hancock, Cheryl Hinkle, Lori Weinburger, Jossi Mosso, Norna Newton, Kathy Winters, Chuck Silva. Second Row: Elise ang, Renee Kolofski, Matt Galvin, Jerome Skelly, Debbie Collier, Lorainne Singoff, Rod Campbell, Ron Carlot, Bill Smith, Scott Brown, Tracy Cades, Chris Olin. Third Row: Ellen Zmudsinski, Dino Raimond, Debbie Emmerman, Jim Galvin, Joel Lahman, Stephan Green, Ken Blair, Sally Smidle, Rubin Moore, Tim Skelly, Mike Coatie, Rick Thompson. Fourth Row: Margie Green, Nancy Mercer, Chip Collier, Betty Rouse, Connie Phergeson. Fifth Row: Helen Wheeler, Liz Honningford, Lisa Shaller, Steve Galvin. Sixth Row: Coach Jack Marky, Meda Morgan, Katie Simmons, Coach Johnson. Back Row: Robin Hopkins, Brien Hobbs, Lee Bowersox, Scott Nichols, Jimmie Slaght, Norma Newton, Barry Hobs, Lewis Bowersox.

Pushing her way to the finish line is Robin Hopkins.



Lake Braddock 189	West Springfield	155
Lake Braddock 170	Woodson	173
Lake Braddock finished 6th place in a relay carnival.		
Lake Braddock 204	Robinson	131
Lake Braddock 184	Falls Church	160
Lake Braddock 198	Annandale	145

Front Row: Lisa Brakebill. Second Row: Mary Brissy, Robert Carvahall, Tom Maddalena, Rose Ramos. Third Row: Becky Rutter, Diane Vahouny. Fourth Row: Elise Lang, Mike West, Erin Murphy, Renee Kolofski. Fifth Row: Chris Miller, Marty Masaitis. Back Row: Mr. Vahouny.



Rebirth By New Talent

A rebirth happened for the Girls Gymnastic Team. Rising from the bottom last year, the youngest team in the Northern District ended with a 6-1 season record. New players supplied the new talent. The additional coach provided more attention for the team. Before the season started, the Girls Gymnastic Team was invited to the Broad Run Invitational along with ten other schools. Our team came home with first place. When the season started the team knew this season was going to be different. The team's first win was over Williams and the winning lasted for five more meets. The team's only loss was to West Springfield.



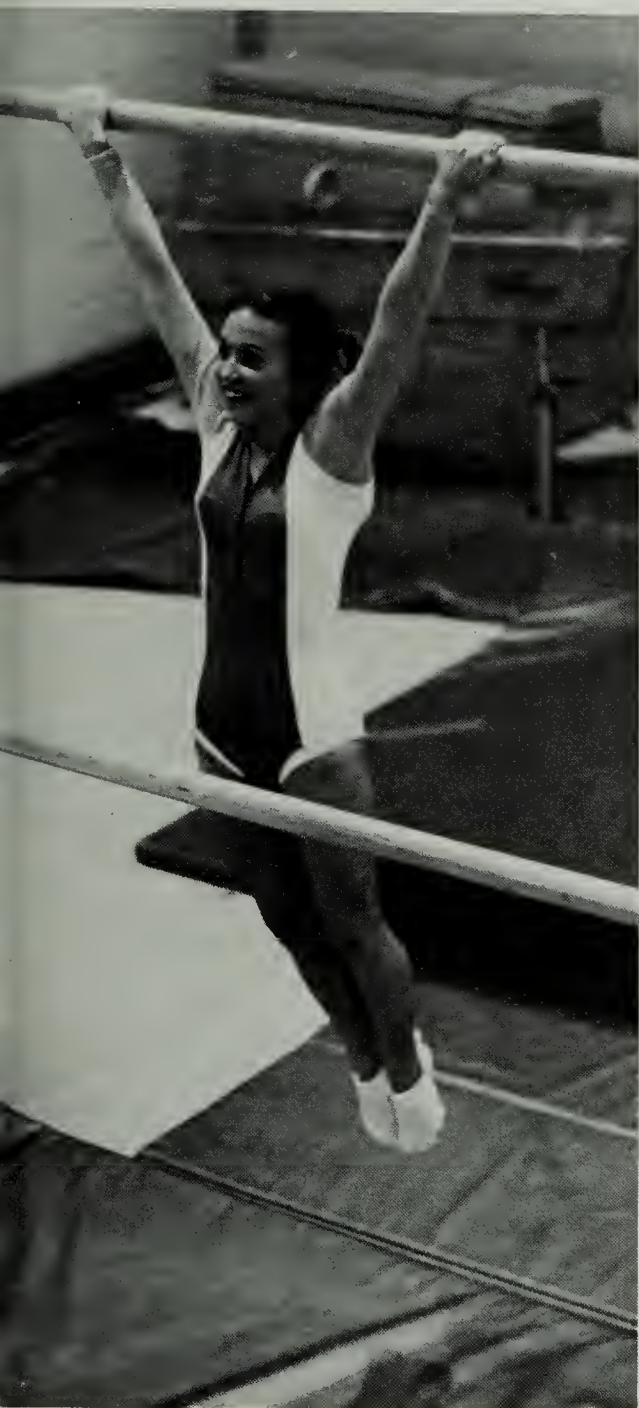
With great skill and perfection, Sheila Gould performs a stag handstand on the beam.



Doing a floor-ex routine, Erin Murphy stops to pose for the camera.



Balancing on the beam, Becky Wood executes a coffee grinder.



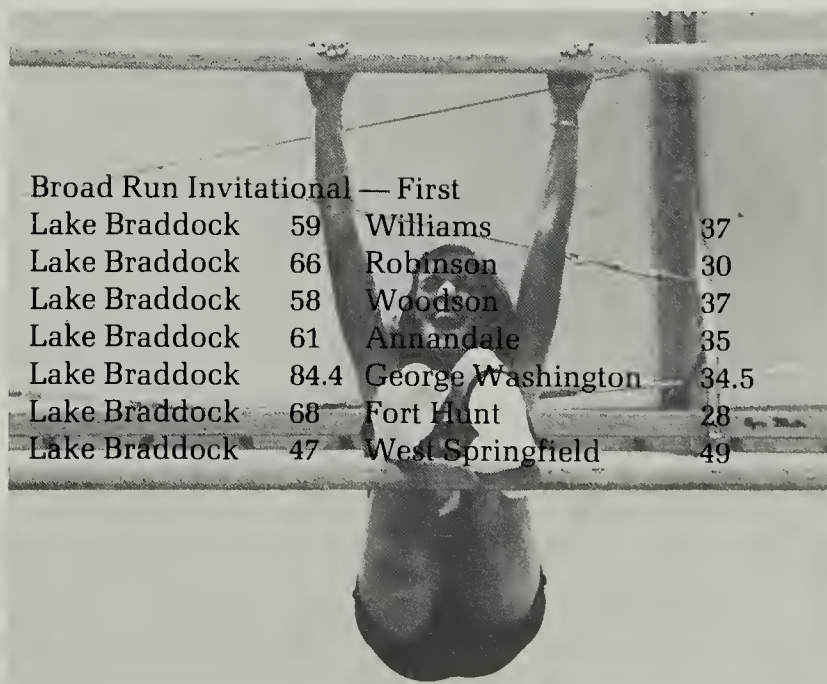
Coming out of an eagle, Michelle Driscoll gives a big smile.



Executing a straddle on the top uneven bar is quite a job, but Cathy Sowl makes it look easy.



Front: Coach Newton, Karen Stride (mgr.), Kathy Bornemier, Karen Kaczmarek, Sherri Keim, Molly Lloyd, Liza Ferguson, Susan Alexander, Ellen Roth, Karen Larocque, Betsy Thompson (mgr.), Coach Ripley. Back: Erin Murphy, Sherri Hersig, Sheila Gould, Michelle Driscoll, Cheryl Christ, Cindy Evans, Cathy Sowl, Becky Wood. Not Pictured: Sandy Crow.



Broad Run Invitational — First			
Lake Braddock	59	Williams	37
Lake Braddock	66	Robinson	30
Lake Braddock	58	Woodson	37
Lake Braddock	61	Annandale	35
Lake Braddock	84.4	George Washington	34.5
Lake Braddock	68	Fort Hunt	28
Lake Braddock	47	West Springfield	49

During her floor-ex routine, Sherri Keim does a high and graceful leap.



Eye to eye is Bobby Klaren as he goes on to win against Wakefield.

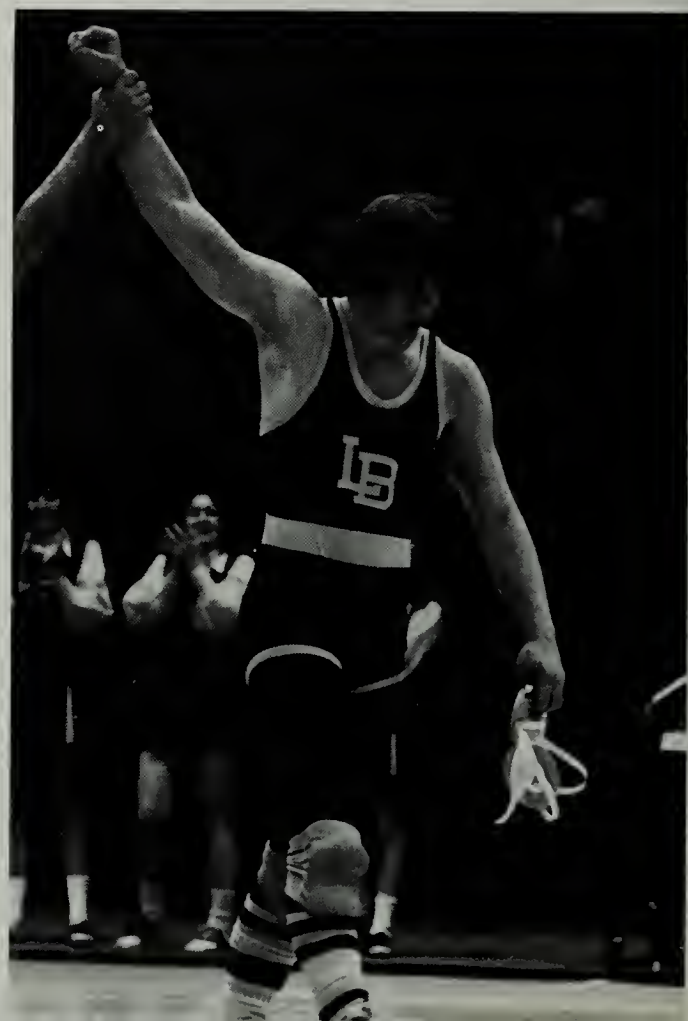


About to take down his Wakefield opponent is Pat Griel.



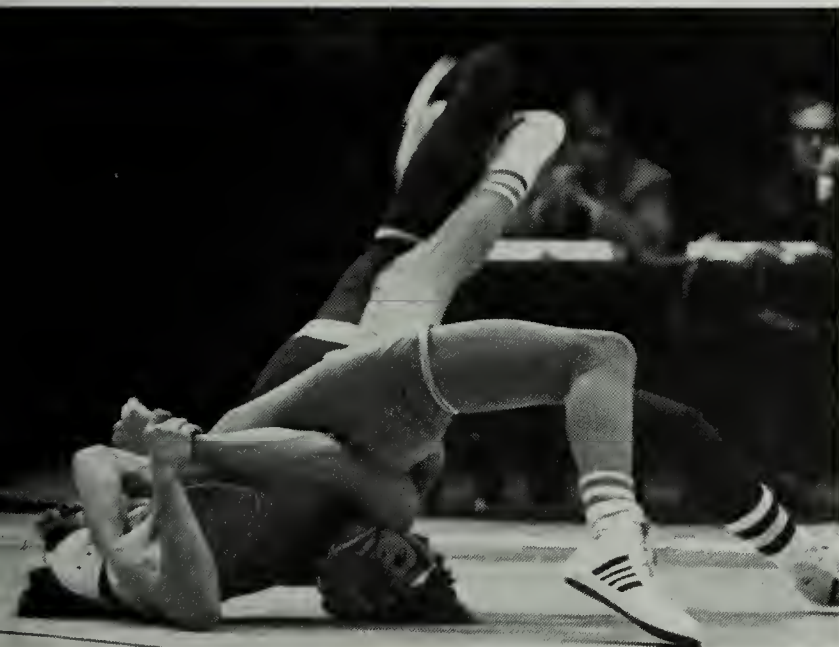
Front: Phil Case, Mark Hackney, Pat Griel, Scott Alexander, Mark Hackney, Tony McDonald. Back: Kaaj King, Dave Patten, Scott Breslin, Matt Klaren, Mark Miller, Bobby Klaren, Coach Bob Dinan.

The winner by a pin, Bobby Klaren makes the final score 54-6 against Hayfield.





Working for a reversal against his Hayfield opponent is Mark Hackney.



About to try an escape is Steve Hackney against the Hawks.

Weight Watchers

Jogging, running, sweating, striving to lose every extra pound, each member of the wrestling team had his own special regiment to follow to keep his weight to a minimum. He had until three hours before each match to attain his desired weight, which would determine which class he wrestled in. Some starved themselves before each match and then gorged food after it was over; but this method, though it brought their weight down temporarily, also drained their strength so they couldn't wrestle as well. Most of the guys preferred to follow a continuous diet. Because of the need for keeping off every extra pound, wrestling demanded much will power and self control. It required a lot of each individual team member as all his achievements were for the team.



State champion Mark Miller tries for a single leg takedown against Wakefield.

Work

Reputations Take

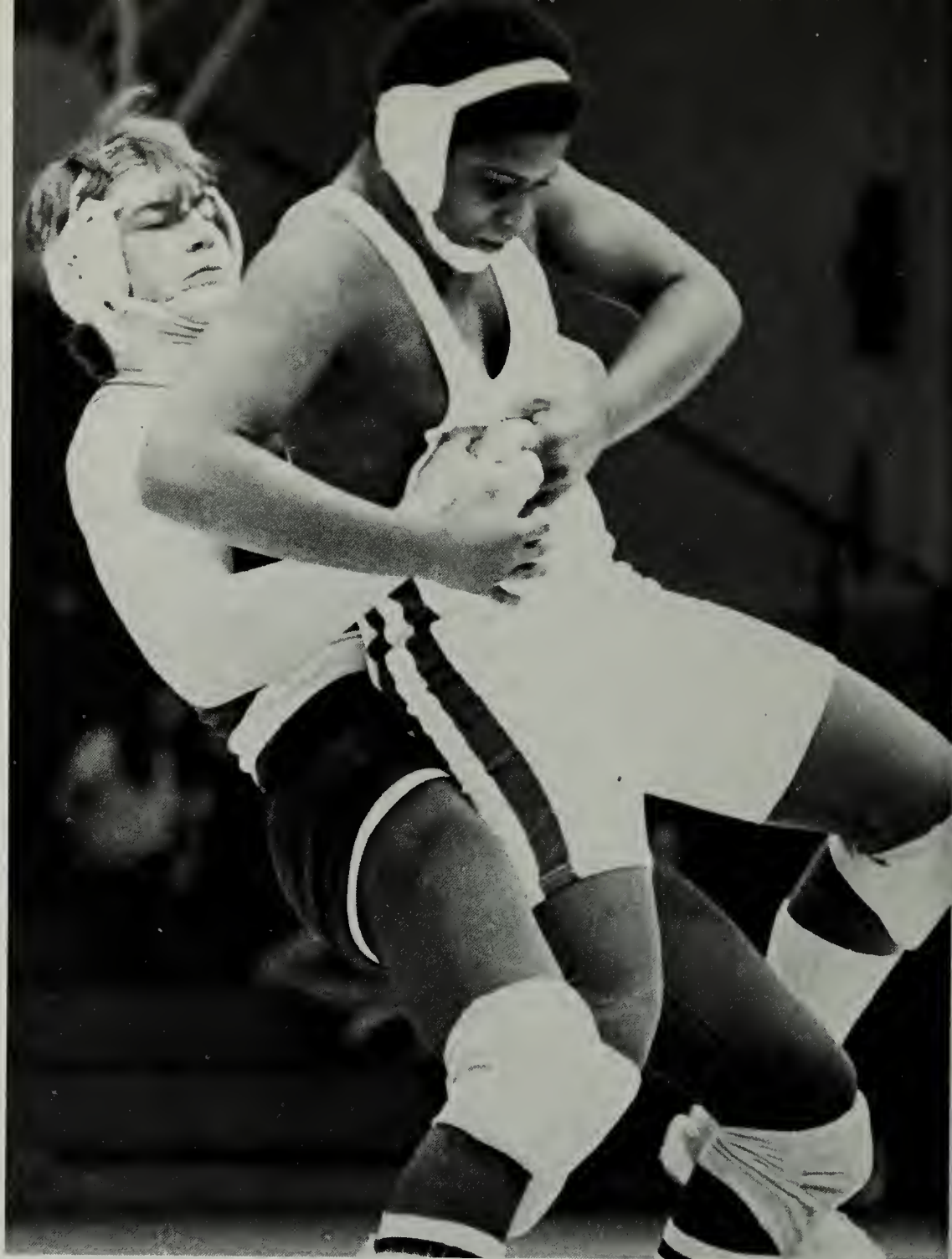
Practices were hard and it was not uncommon for a wrestler to have lost six pounds in one practice, because the temperature soared to 95 degrees in the closed practice room. The

hard work paid off. The Bruins earned the reputation as being one of the top teams in the region. They beat big-name wrestling schools like Falls Church and Wakefield. In the final match of the season they took on the undefeated Robinson Rams.

The match was considered to be the match of the season. The teams appeared evenly matched after the first six weight classes, when the score was tied 9-9. Then the Rams went ahead by seven points. The

Bruins were known for their heavyweights. Their last four wrestlers were undefeated in the District. Scott Breslin pulled the Bruins to within four points by winning the 155 pound match. In a

tough match Matt Klaren tied his opponent, then Defending State Champion, Mark Miller pulled the team ahead by pinning his man in 3:09. Bobby Klaren clinched the victory by pinning his man in 3:19. The final score Bruins 26, Rams 18.



About to throw his Wakefield opponent on the mat is Bobby Klaren, he pinned him.



Wrestling in the neutral position is Phil Case against Wakefield.



At the start of a new period Tony McDonald tries for an escape against Hayfield.



After taking his Wakefield opponent to the mat, David Patten begins his maneuver.



Near the end of his match, Mark Hackney keeps his Warrior opponent on the mat.



Giving expert instructions to our matman is Coach Bob Dinan as Wakefield falls to the Bruins.

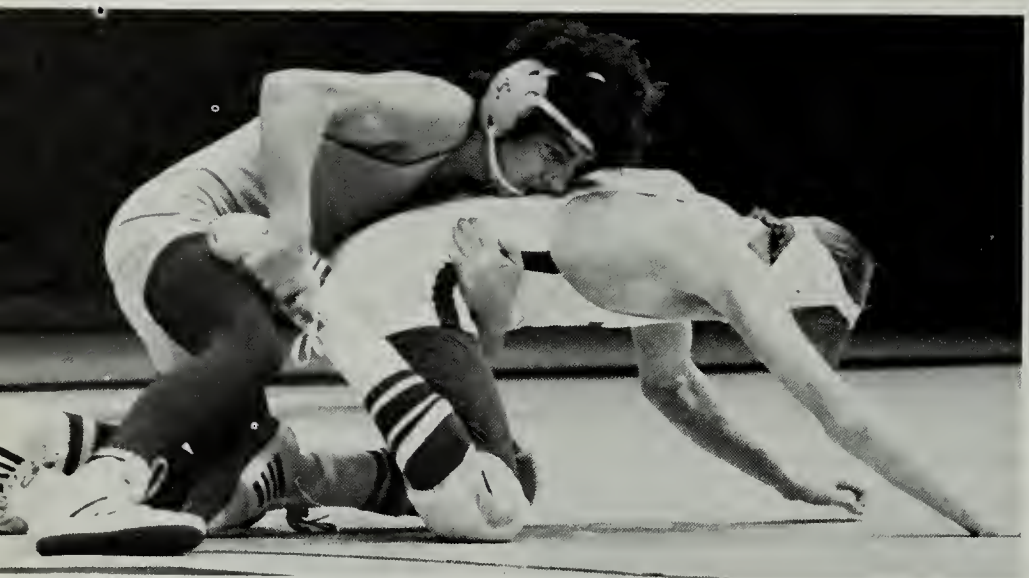


Lake Braddock	44	W-L	14
Lake Braddock	42	L	13
Lake Braddock	30	Falls Church	22
Lake Braddock	46	Lansing	11
Lake Braddock	54	Hayfield	6
Lake Braddock	39	West Springfield	6
Lake Braddock	51	William	4
Lake Braddock	40	Wakefield	9
Lake Braddock	50	Annandale	9
Lake Braddock	57	Ft. Hunt	9
Lake Braddock	56	Woodson	0
Lake Braddock	26	Robinson	18

Maneuvering for a takedown is Scott Breslin, against Hayfield.



Lake Braddock	25	W-L	24
Lake Braddock	35	Lee	24
Lake Braddock	24	Falls Church	44
Lake Braddock	36	Langley	22
Lake Braddock	40	Hayfield	23
Lake Braddock	27	West Springfield	21
Lake Braddock	60	Williams	0
Lake Braddock	33	Wakefield	20
Lake Braddock	35	Annandale	20
Lake Braddock	47	Fort Hunt	14
Lake Braddock	37	Woodson	16



Attempting a right leg takedown is Walter Trujillo.



At the beginning of a match, Dave Campbell is taking on his Annandale opponent.



Front: Don Waye, David Nisivoccia, Pat Smith, Walter Trujillo, Mike Green, Dave Baldwin, Bret VanRanken. Back: Steve Greene, Art Griffin, Howard Clark, Paul Reeves, Dave Campbell, Dennis Stewart, Greg Ray, John Stewart. Not Pictured: Ron Komornik.



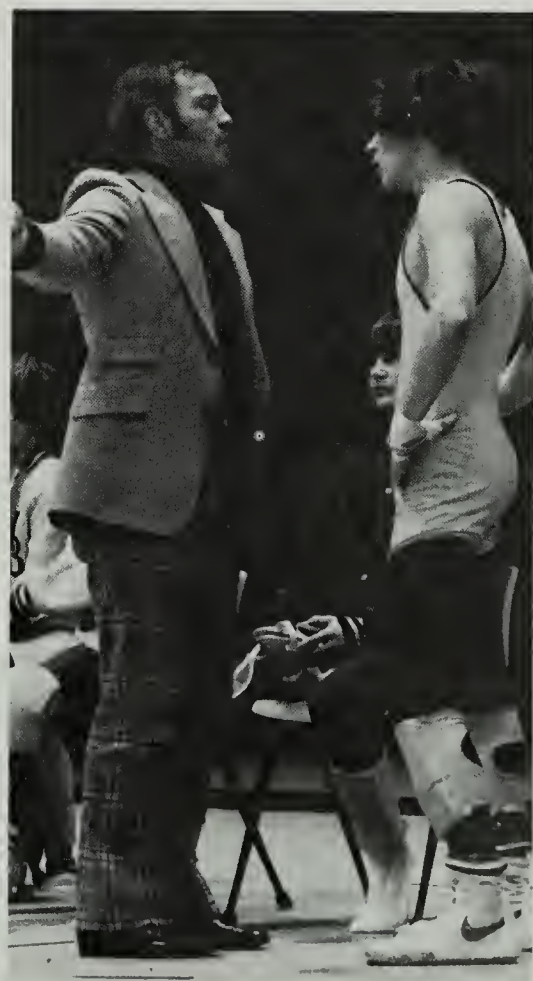
About to take his opponent down is freshman Pat Smith.



Attempting a left leg takedown is Ron Komornik against the Atoms opponent.

Keeping In Line For District

With a well-balanced team, the Junior Varsity Wrestling Team did very well this season. Even though the competition was tougher, our team had good wrestlers in each weight class. Nine freshmen wrestled on the team at one time this year, which was an increase over the last three years. Many Junior Varsity grapplers had a lot of potential and were capable of wrestling Varsity the next year. Some of the team's most valuable wrestlers included Walter Trujillo, Don Way, Bret VanRanden, Dave Campbell, John Stuart, Greg Ray, and Dennis Stewart. With the aid of these guys and others, our team finished their season, 10-1.



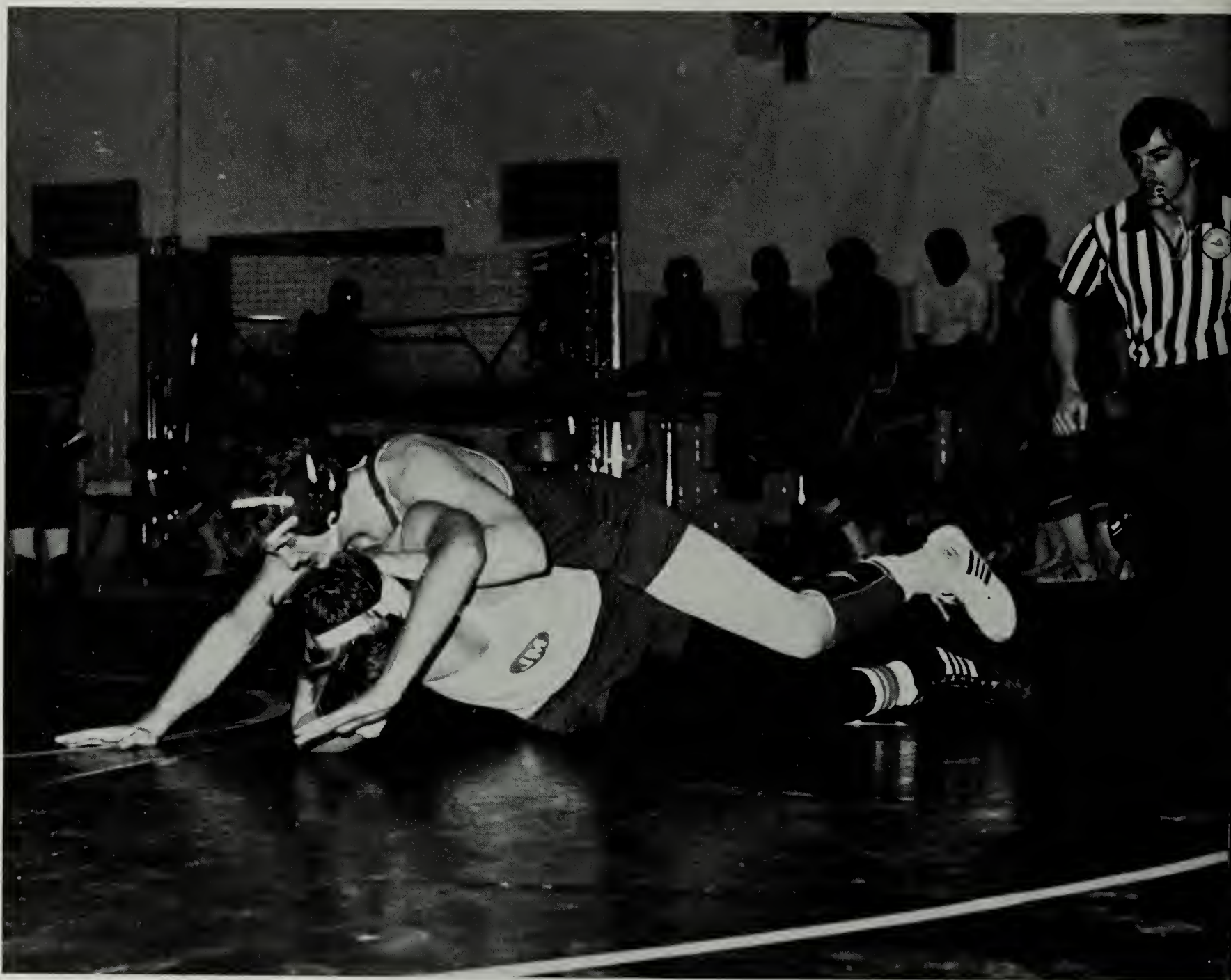
A few final words of advice is to Dave Baldwin by Coach Thompson before the start of a new period.

More Than Ever

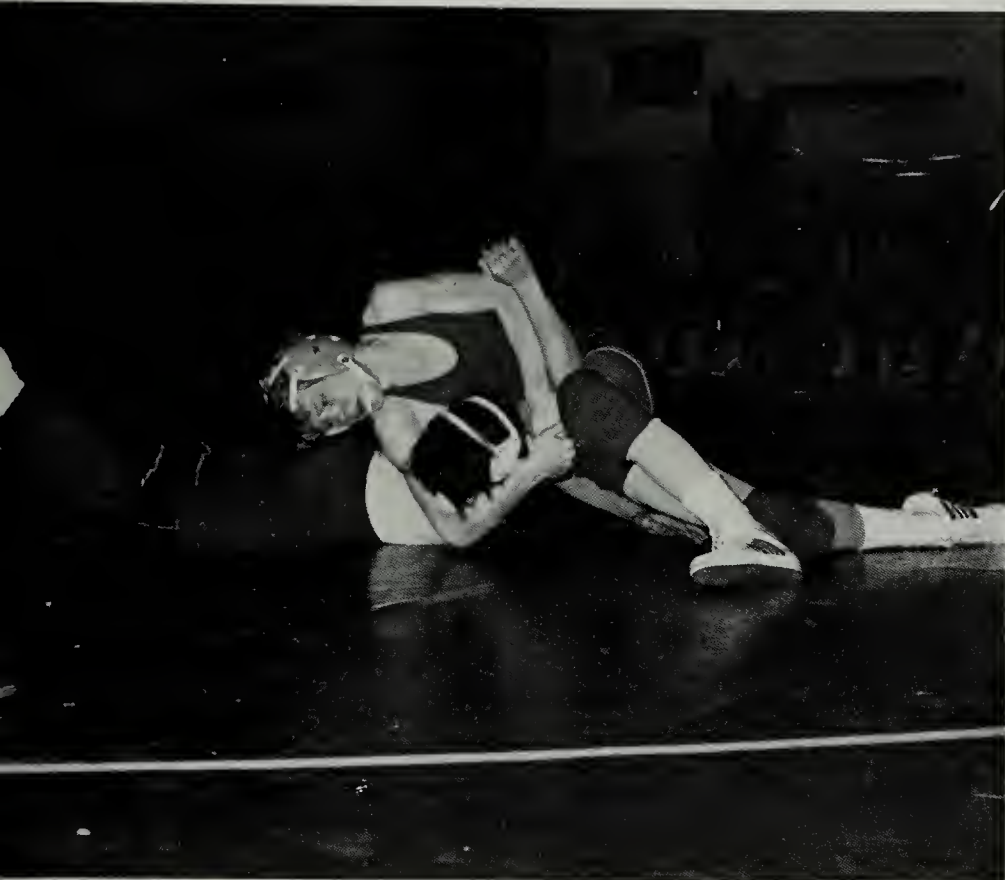
At the beginning of the season, more guys came out for the Freshman Wrestling Team than any other year. According to Coach Robert Sengstack, the toughest teams to beat were West Springfield and Robinson. This season, they practiced by themselves instead of with the Varsity team as before. This enabled them to get in a lot more practice and devote more time to increasing their skills. All of the team members participated in the meets, including some of those who weighed under ninety-eight pounds who wrestled unofficially.



Lifting up his Madison opponent, Jim Selz performs a difficult move.



As he goes for a pin, Jeff Urbany tries to break down his opponent.



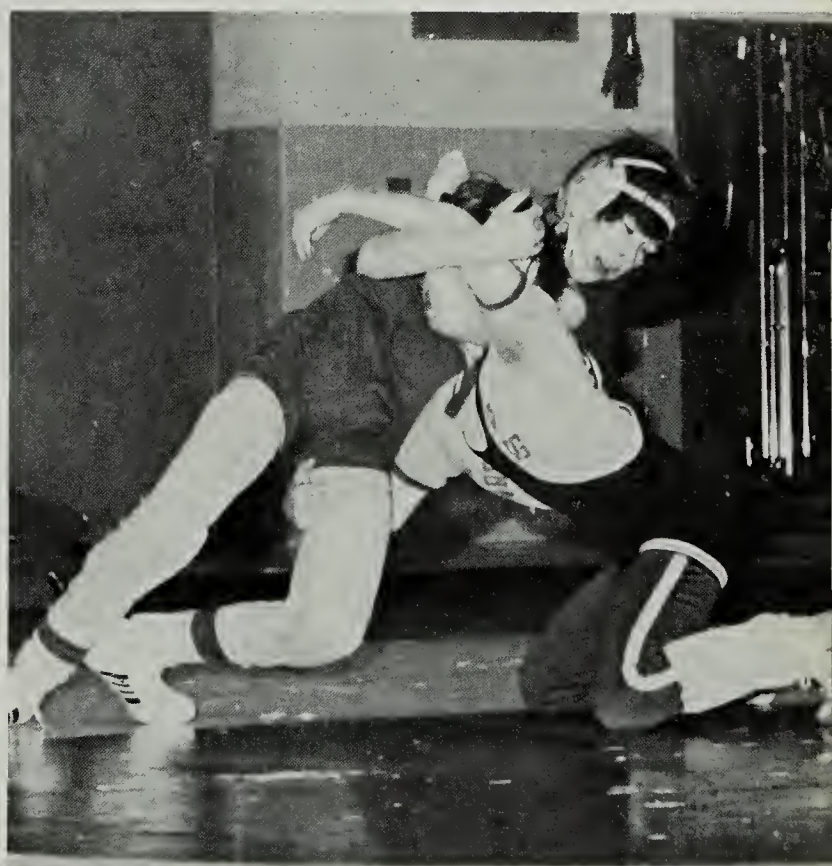
Forcing his Wakefield opponent down is Chuck Goodling.



Escaping for one point is John Webster against his Spartan opponent.



Front: Dave Wilson, Chuck Goodling, Doug Hanilton, David Jacobeen, Richard Green, Dan Miller, Matt Delaney, Jeff Urbany. *Second:* Jim Keneston, Mike O'Donnell, Dan Zeller, Bruce Kolofske, Brad LaRochelle, Martin Heffren, John Webster, Craig Bosworth, Joe Bly, Jeff Bradford. *Back:* Steve Hibbert, Scott Cunningham, Sam Galston, Rob McCollom, Scott Cooley, Jim Selz, Wayne Patten, Coach Sengstack, Sean Corscadden, Ted Spaede, Chris Bergin, Paul Moolica, Dan Magill, David Frager.



About to go for a takedown is Bruce Kolofske, against his West Springfield opponent.



Lake Braddock	22	Woodson	42
Lake Braddock	38	Robinson	22
Lake Braddock	42	Annaudale	24
Lake Braddock		Forfeit	
Lake Braddock	51	West Springfield	21
Lake Braddock		Forfeit	



Showing outstanding form and balance while throwing the shot put is Bob Taylor.



Shear determination pushes Rusty Davis faster while running third leg in the mile relay.

Records Are Set

With two new coaches, Mr. Chris McDonald and Mr. John Dillon assisting Coach Ed Trimm in instructing the Varsity

Track team, they were hopeful for the Northern District title. The field events were led by Lewis Affronti, Jon Scott and Mike Donovan. Defeating Hayfield in the first meet of the season, the team persevered running in qualifying meets for the C.Y.O. Classic. On to Districts, Lake Braddock was not favored to win, but they performed well at the meet, setting new school records. Despite their effort, they were beaten by Williams and finished second.

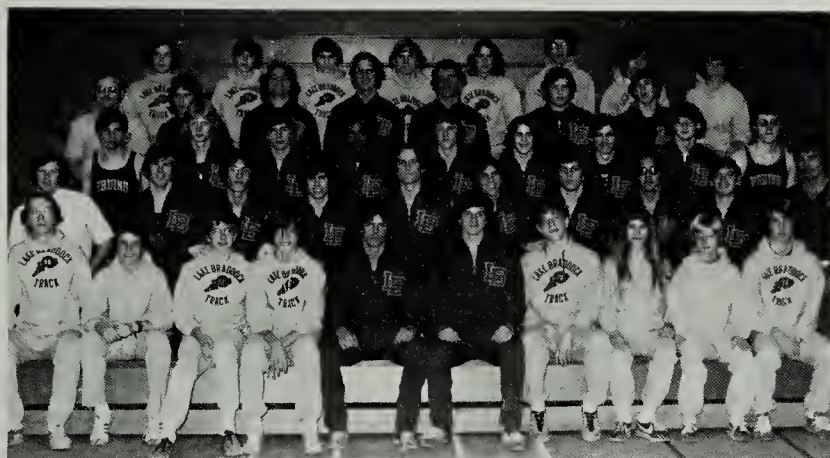
The first placer at the meet was Dan Huskerson, in the 1000 yard run. Second placers were John Padgett, Long jump; Mike Donovan, high jump; Bob Taylor, shot put; Dews Affronti, pole vault; and Dan Huskerson, mile; and Jime Shea, two mile.

After running the 1,000 meter Dan Huskerson is confronted by coach Trimm. A fine job, Dan.





In the two mile, Lane Schieber runs ahead of the Williams and Lee runners.



Front: Marty Moke, Scott Oslund, Mark Broaddus, Ed Lull, John Scott, Dan Huskerson, Vince Agnelli, Jeanne Lull, Mary Hushower, John Pope. Second: Coach McDonald, Richard Grich, Kevin Myers, Mitchell Lynch, Mike Galston, Brian Robinson, Peter Beczkiewicz, Rusty Davis, Lane Schieber, Head Coach Ed Trimm. Third: Jim Lebiedz, Doug Pulliam, Peter Krombergs, Craig Patterson, John Padgett, Bobby McKay, John Conner, Mike Donovan, Mike Langauger. Fourth: Coach Dillon, Lewis Affronti, Don Miller, Robert Taylor, Ron Heinz, Dan Phillips, John Webster. Back: Chuck Catherine, Mark Patterson, Tim Hipps, Bob Grich, Mike Stutts, Ed Myers, Bob Vickers, Bill Hedges.



At the 12 foot 6 inches mark, Lewis Affronti attempts to clear the pole vault in a meet against Hayfield.

Track Changes

A new thing for Winter Track this year was the introduction of a Junior Varsity team for Lake Braddock. In smaller dual and Tri meets, J.V. was scored separately from Varsity.

However, there was no Junior Varsity team at the larger meets, such as Districts, because they were run by qualifying times. A J.V. runner could go as a Varsity team member if his times were good enough. Another first for Winter Track was the number of girls on the team. In previous years, none went out for the team, but this season, out they came to show they could do it.



Starting off for the Bruins are Craig Patterson, Mike Galston, and Peter Krombergs in a meet at Hayfield.



Strength and balance are shown here by Don Miller while putting the shot.



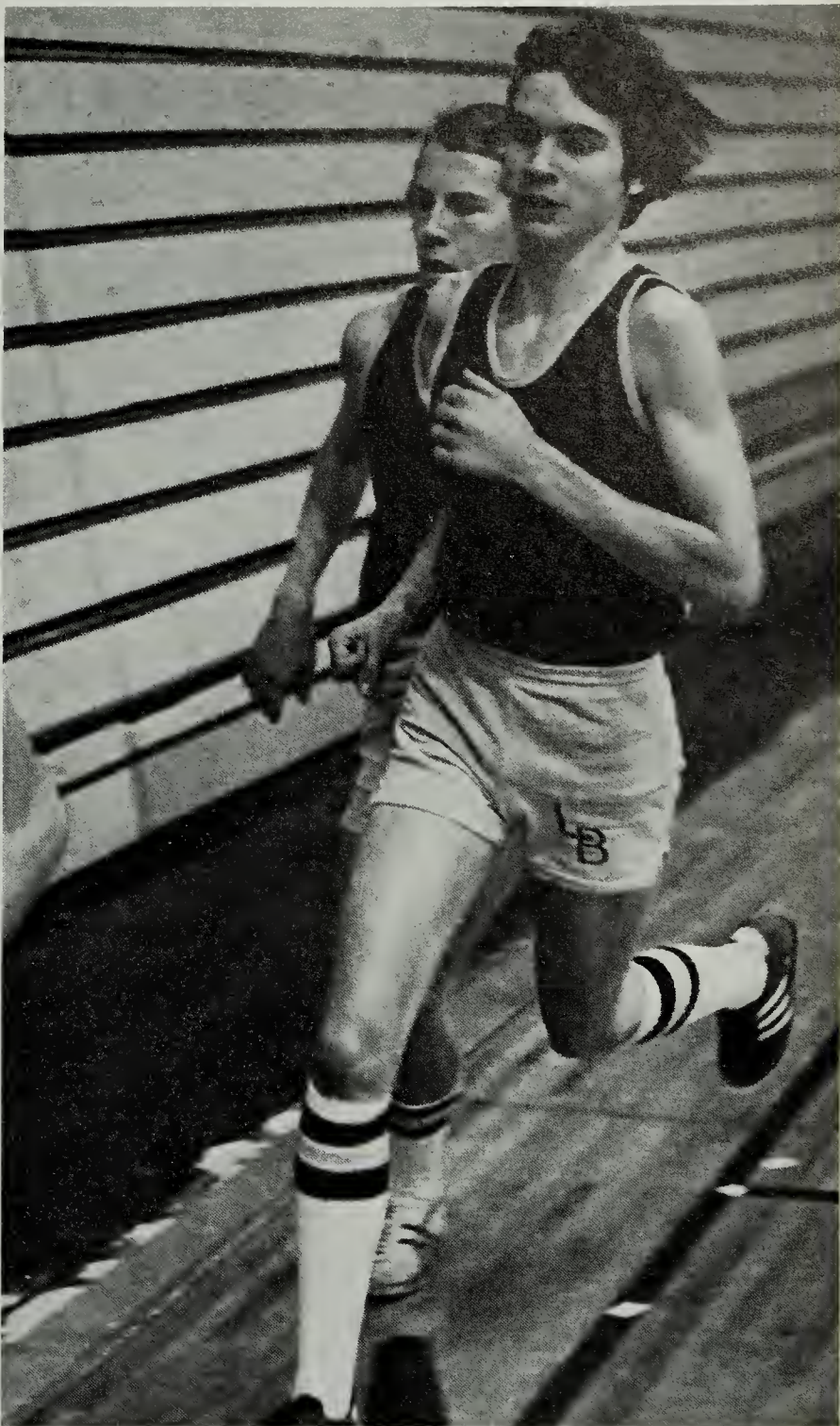
Mike Stutts puts a great effort as he clears the bar.



Leading into the stretch, Brien Robinson pushes to finish while his Woodson opponent is close behind.



Every second counts for Jeanne Lull as she pushes toward the finish.



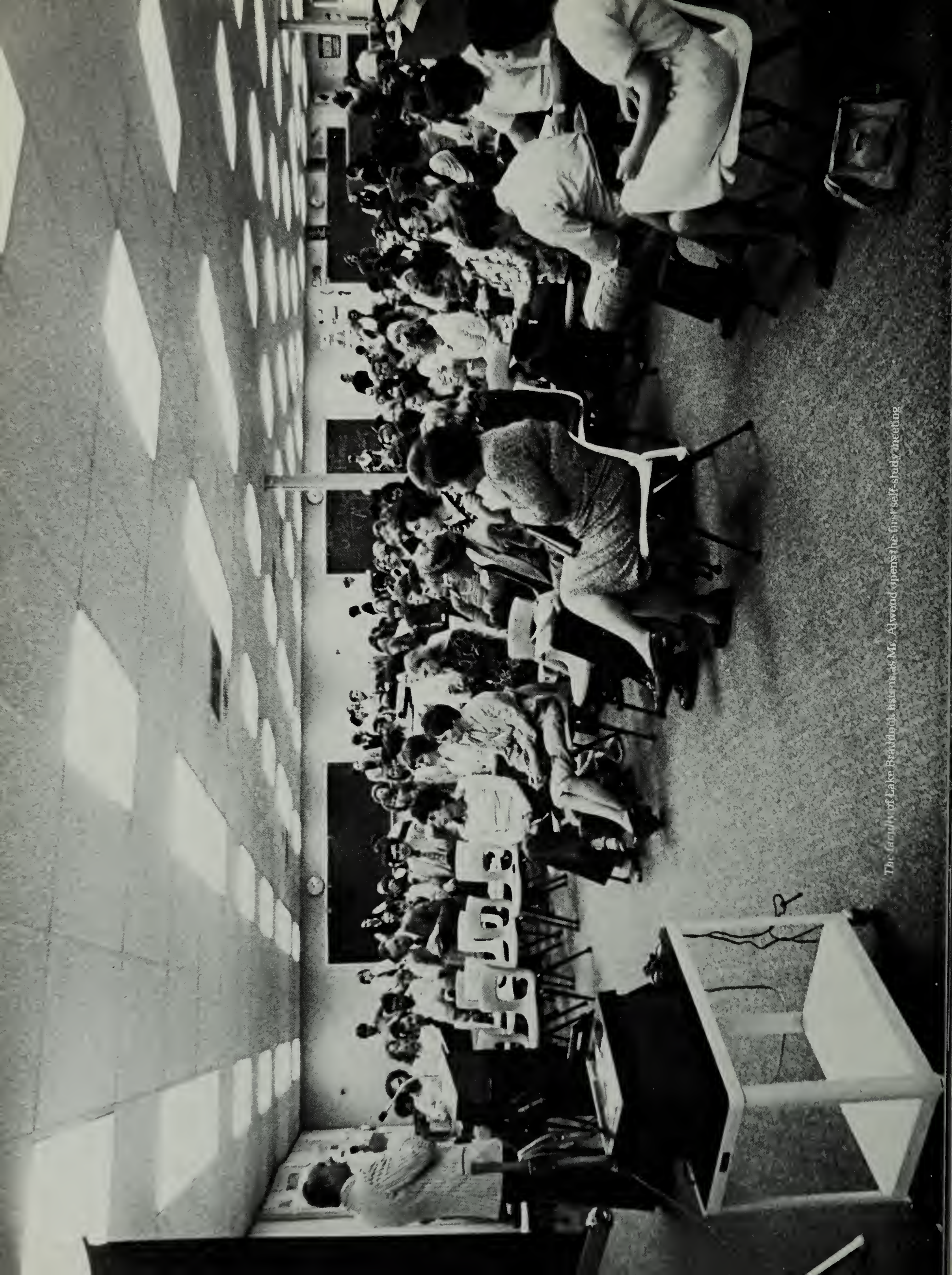
In the mile run, John Pope and Marty Moke try to keep a good lead ahead of their opponents.



Struggling to keep the Bruin lead, Doug Pulliam races toward the finish line in the mile relay.



Well ahead of their opponents, John Pope, Mark Patterson, Mark Broadus, Ed Myers lead the pack for the Bruins in the mile relay.



The faculty of Lake Braddock Institute as Mr. Alwood opens the first self-study meeting

FACULTY

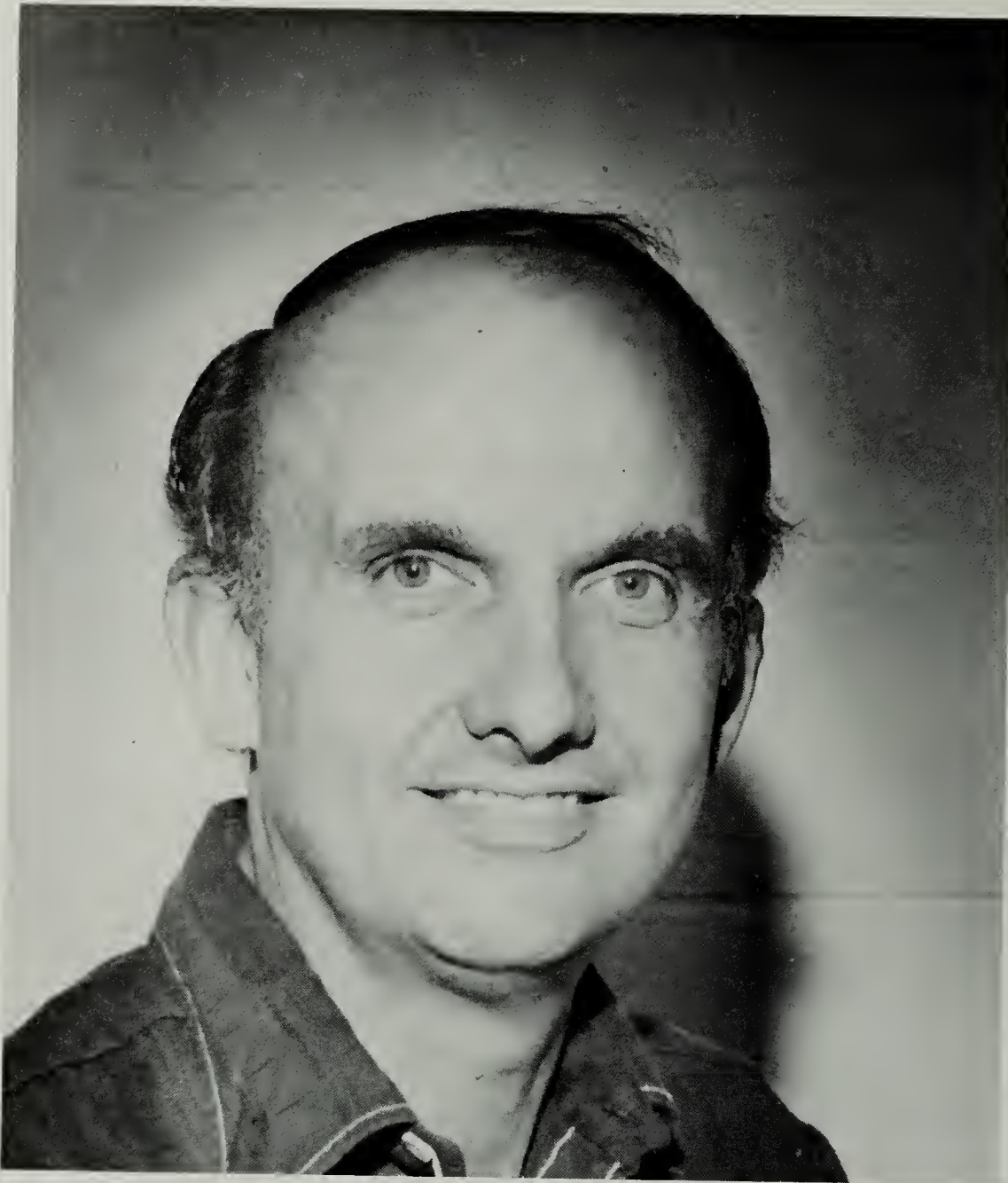
Stern disciplinarians with teaching techniques which were developed in the Dark Ages, and instructors who were only concerned with how much knowledge they could pump into their students were people Lake Braddock decided they could get along without. Consequently, each member of the staff had to have new and unique ideas which could have been applied to the open school concept.

Sharing the students' enthusiasm, the teachers seemed to be reliving old high school days. In addition to daily classroom activities, the faculty could often be found mingled with the students, cheering on the Bruins at pep rallies as well as at athletic events. Making it their business to care for the school as well as the students in it, members of this staff spent much of their free time sponsoring clubs, attending school functions, and being abused by students while perched in the "Dunk-a-Teacher" booth at the Fall Festival.

It was said the school was divided into two groups, students and faculty, but again we were the exception. Most people believed it was impossible for both groups to work together as one, but we showed we could "get it together." Lake Braddock was not just a building, it was people who were able to relate to each other.



MR. JOHN ALWOOD



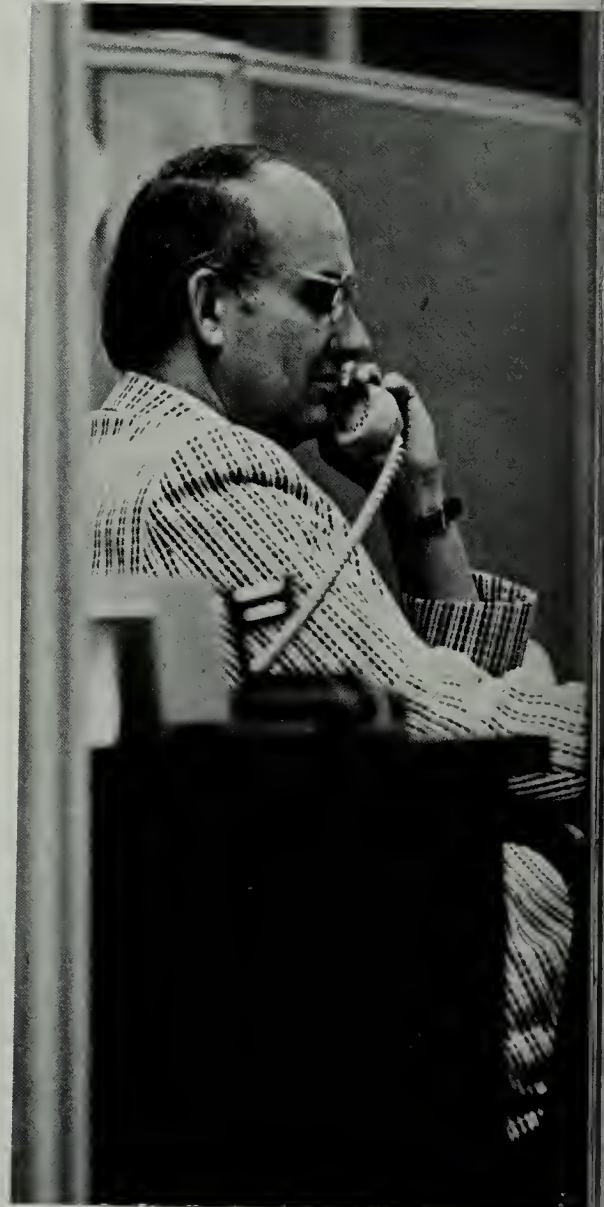
JOHN ALWOOD — Principal

After two years of preparation, Lake Braddock was finally a full-fledged secondary school, and leading us all the way was Mr. John Alwood. Two years previous, he stepped into the principal's position here, ready to face the challenge of organizing a school. He looked back and stated, "We've done above average considering we've only been in operation two years." Looking into the future, his hopes included a "counter experience" type learning. "I would like to see us become more involved in the real world, learning where it's happening." He also wanted more student-to-student learning where the students could communicate and share each other's knowledge.

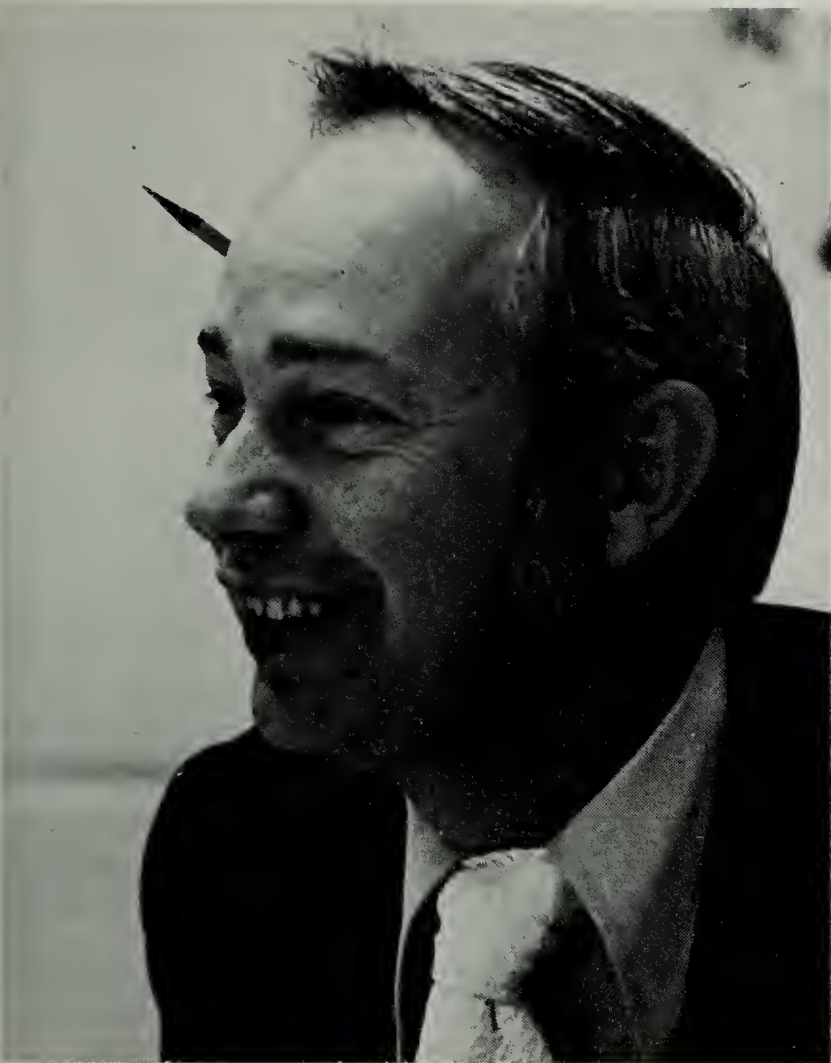
Now that we're finally there, we could only look to tomorrow and hope to accomplish as much, to keep Lake Braddock in with the best.



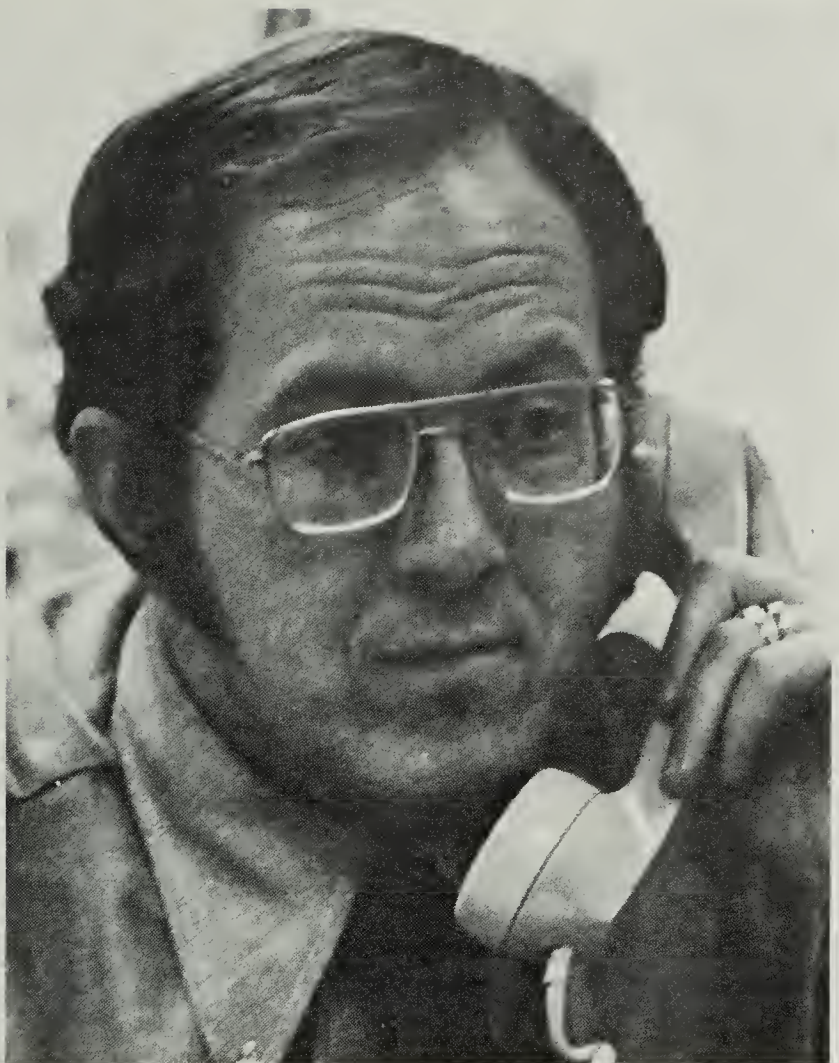
On the phone checking appointments, Mrs. Mayhugh informs Mr. Alwood of the day's agenda.



Mr. Alwood is caught in the midst of a confidential chat.



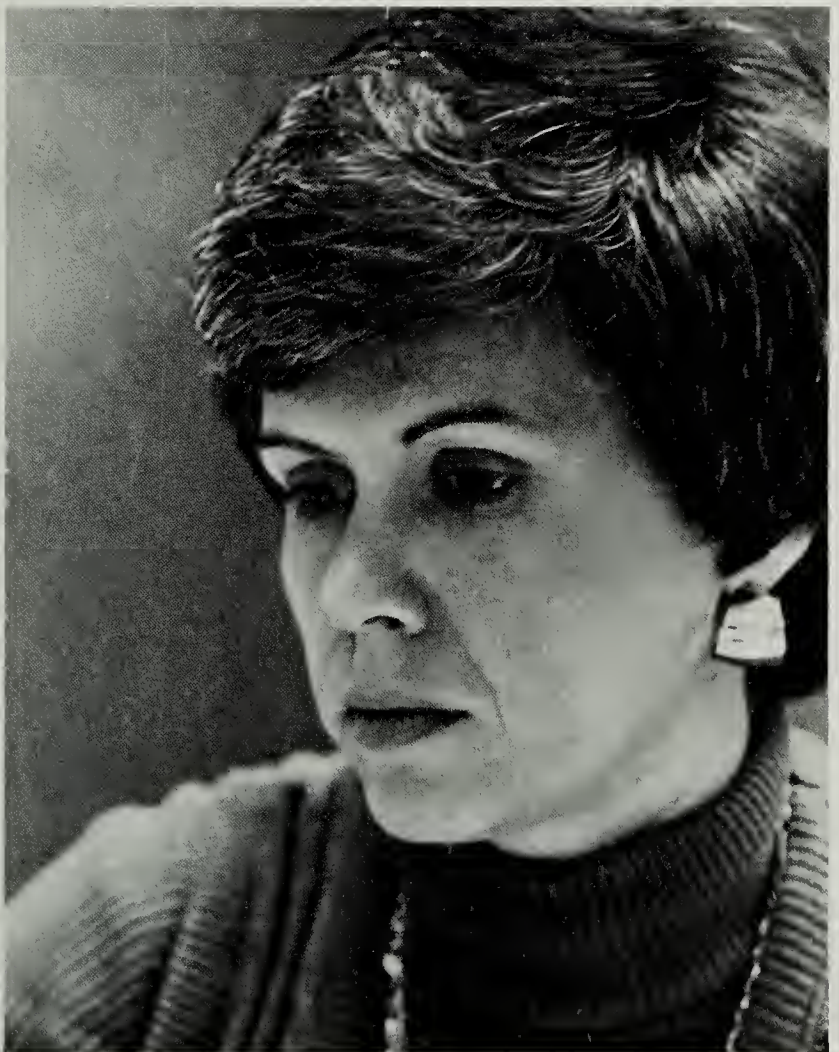
Murriel Price — Associate Principal



Dave Webber — Director of Administrative Services



Bob Carson — Director of Student Activities



Linda Bard — Media Co-Ordinator

UNITY IS S.S.I

Since the beginning of Lake Braddock, Ms. Jaekle has been principal of Subschool One. She was a true "L.B. principal," because she could identify with our learning system. "I love it (open classrooms). I think it helps bring people closer together, particularly the teachers, which enriches learning for the students." Her hopes for the future of the school were to "continue in the direction we started, which is to develop a personal, informal relationship of trust . . . Lake Braddock is different from other schools because we can do this." She was glad we were now one unified school because many of the teachers were involved in whole school projects, and many students from Subschool One mingled with other grades during classes and lunch. All students rode the same buses and many T/A groups were mixed. Because of this, there was a great sense of interaction between grades.

Besides being head of Subschool One, she particularly enjoyed working with her husband who was a marriage counselor. She, along with her husband, taught classes on Sunday and Monday nights to married couples.



Ann Jaekle — Principal of Subschool One

Chuck Rembold —
Counselor, Class of '80

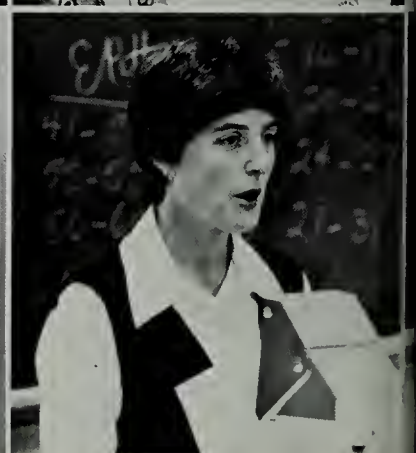
Lola Doty —
Secretary

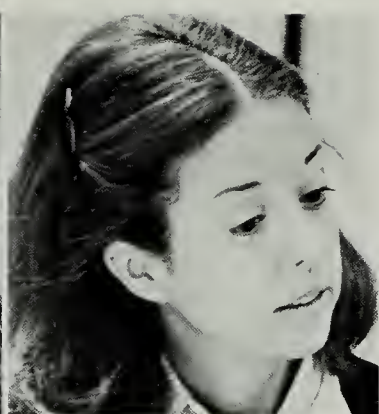


Chris Crater —
Part-Time Secretary

Judy Smith —
Media Aide

Charlotte Vernon —
Instructional Aide

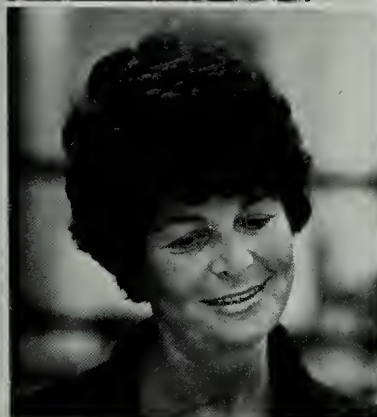




Janet Anduss —
Math, Intermediate Math Team, Model
Railroad Club

Patricia Arthur —
English

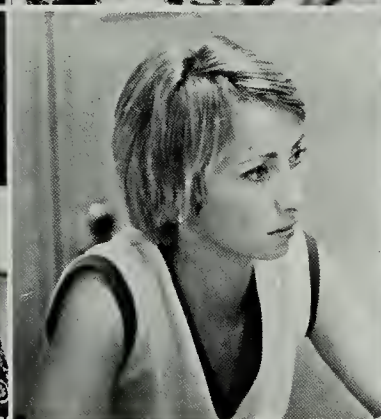
Linda Badel —
Art



Harriett Baturin —
English, Radio Club

Dru Bourgeois —
Art

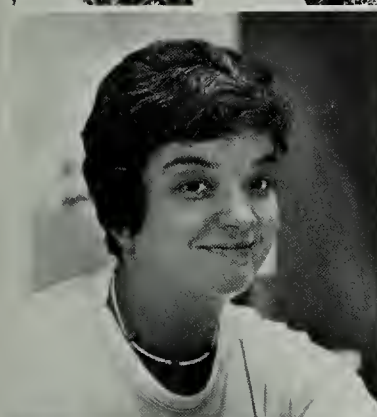
Henry Bruno —
Math



Jean Burn —
L.D.

Jane Carter —
P.E.

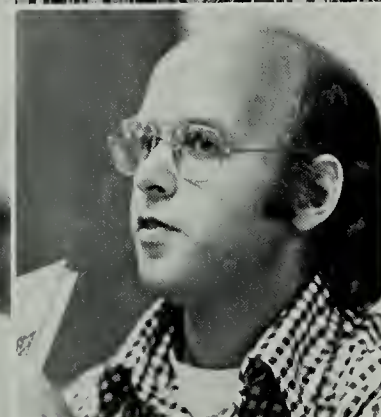
Robin Craft —
Science, Herpetology Club



Joan DeMoss —
French

Max Derr —
English

Joni Dim —
Art



Kay Ellis —
English

Dave Evelyn —
Art

"THE COMPLAINT DEPT."

As Director of Administrator Services of Lake Braddock Secondary, Mr. Dave Webber was a very busy man. Still, he liked the job because it was a challenge, though his only regret, really, was that he didn't get to deal with the students enough. His job entailed the provision of learning materials and other supplies needed to give the students an adequate education and learning conditions. In general, he summarized that he headed "the complaint department," because problems concerning the supplies (or lack of supplies), and condition of other school property, flowed constantly to his attention daily. He admired the attitude of the staff, faculty and students of Lake Braddock. He thought the good feeling toward one another was important, particularly in the faculty and student departments, because both were willing to get together and achieve "a better educational experience."

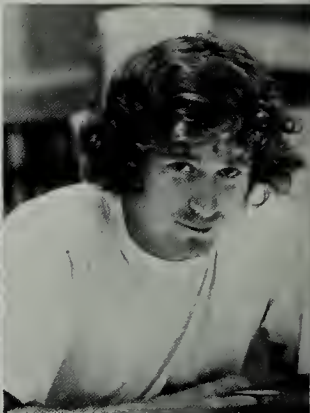
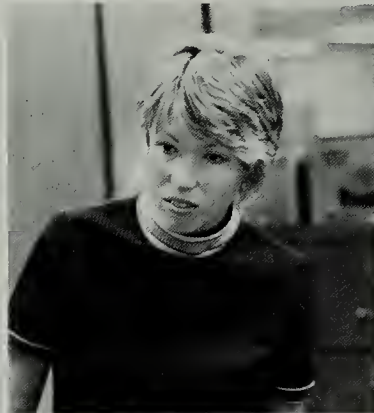
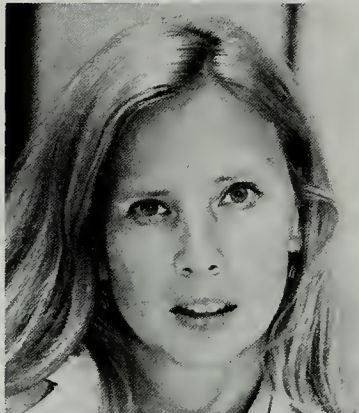


Mr. Dave Webber — Director of Administrative Services

Judy Garcia —
Spanish, French, French Honor Society

Leslie Gough —
Math

John Haire —
Social Studies



Doris Harrell —
Spanish, Spanish Club

Jan Hilten —
Science

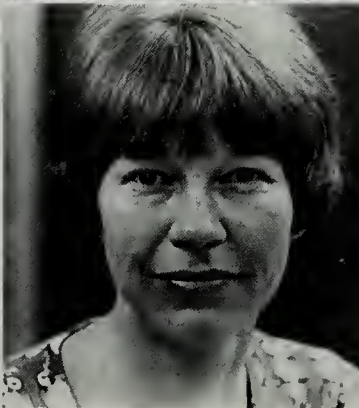
Mary Johnson —
Math

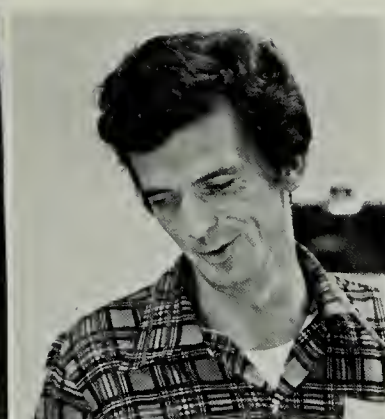


Deanna Kuhn —
Spanish, Spanish Honor Society

Laura Lloyd —
Art

Alice Marsala —
English

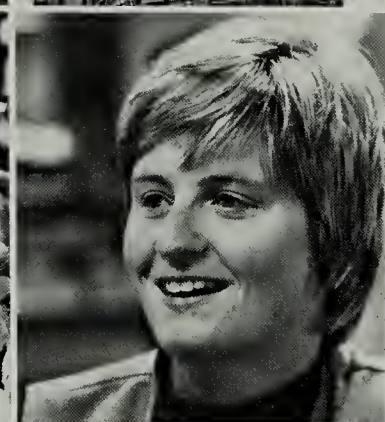




Bud Mayo —
Social Studies, Lacrosse

Jack McCann —
Art

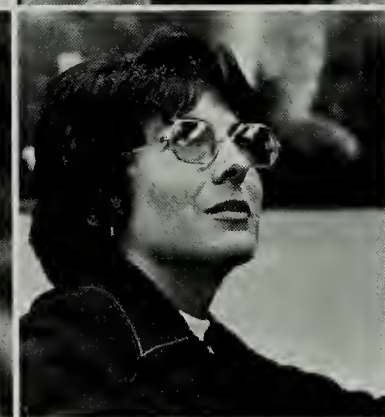
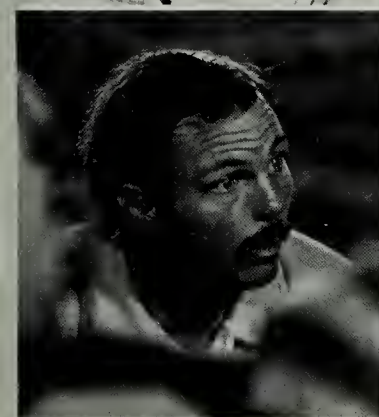
Barbara Monson —
P.E.



Joan Morgan —
Art

Nancy Oliver —
Social Studies, S.G.A.

Ed Perry —
English



Alan Thompson —
P.E.

Bobbi Tolbert —
Social Studies

Sandra Vicik —
Math, Math Honor Society



Rich Westerman —
Science

Tina Yalen —
Social Studies, Class of '78

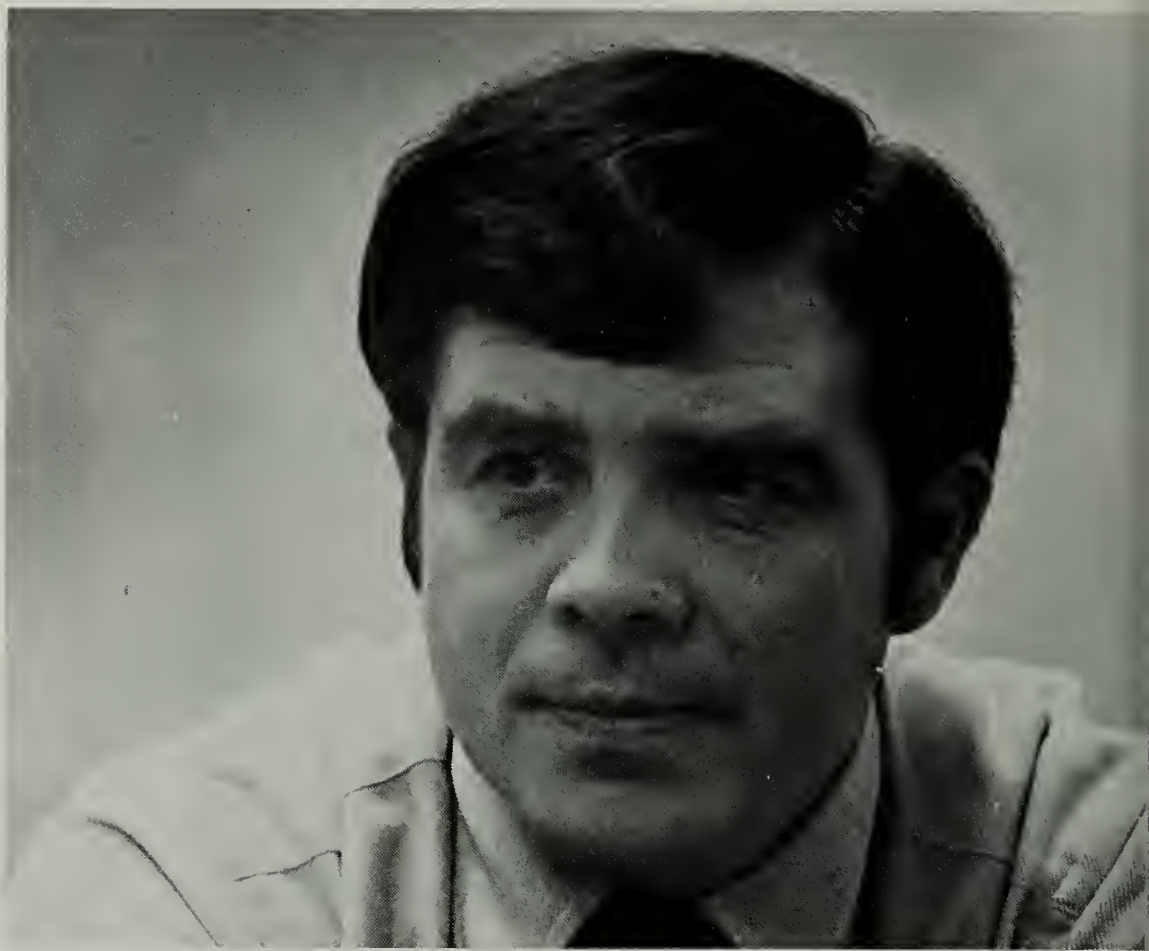


During a quarter break, Coach Lewis gives the Bruin team a pep talk.

NEW MAN, NEW IDEAS

1975-1976 was Mr. Bill Trussell's first year as principal of Subschool Two.

When Mr. Trussell first saw Lake Braddock, he was overwhelmed with its size and complexity. One thing Mr. Trussell commented on was the open classrooms. When asked the purpose of our educational system, he stated that people learn in different ways and in the openness, people find their own unique way to learn. Mr. Trussell also stressed that the lack of communication of school activities to students was a problem which he hoped to improve. Mr. Trussell did a fine job as principal of Subschool Two. He brought us fresh ideas and contributed greatly to the development of Lake Braddock.

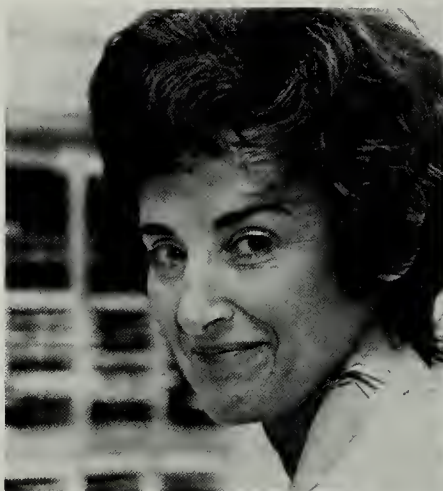


Mr. Bill Trussell, Principal of Subschool Two

Renee Agresta —
Counselor

Marjorie Kozlow —
Secretary

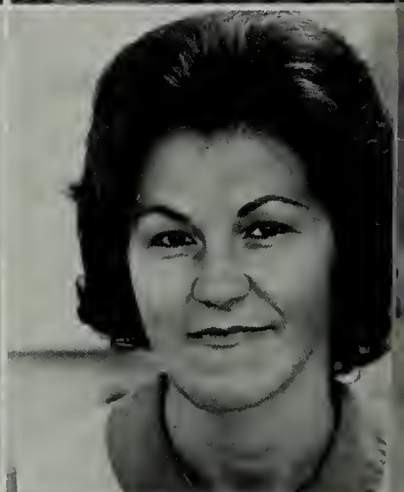
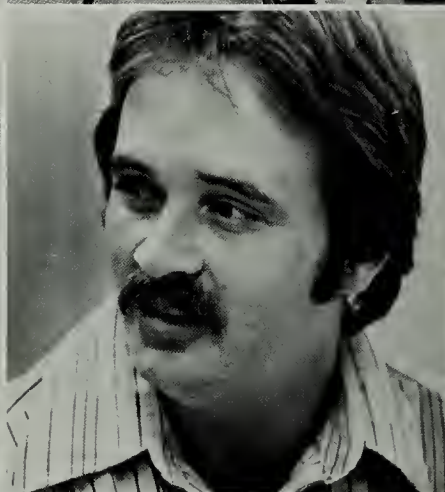
Mary Burks —
Part-Time Secretary



Dona Hogan —
Instructional Aide

Bob Eicher —
Instructional Aide

Dot Yescavage —
Media Aide





Ron Anderson —
Industrial Arts

Dennis Baughan —
Industrial Arts

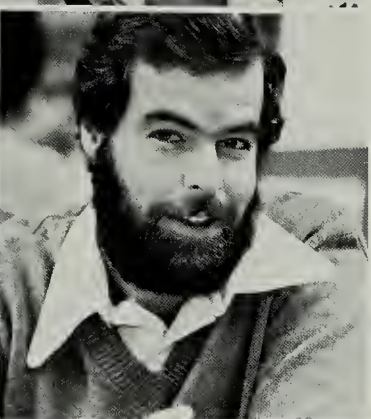
Susan Boyle —
English 7



Frances Corley —
Learning Disabilities

Nancy Covucci —
Math 7, Sponsor of Intermediate Cheerleaders

Beverly Davis —
Math 7, Sponsor of Game Club



John Dillon —
English

Francis Dowd —
Industrial Arts

Rainor Finck —
L.A. Programer



Susan Hable —
Social Studies

Stephan Holley —
Social Studies

Mimi Jahoda —
Math, Sponsor of Majorettes



Holly Kiethly —
Math 8, Sponsor of Game Club

Rosalee Lesser —
English

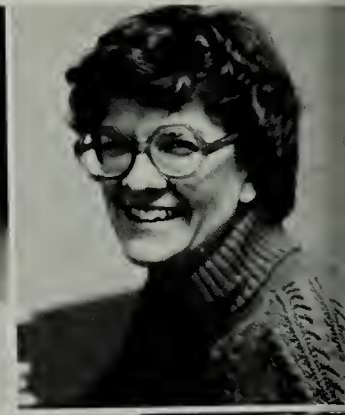
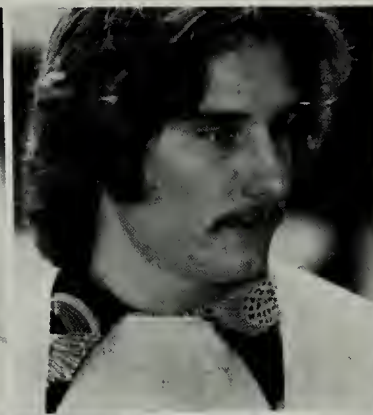
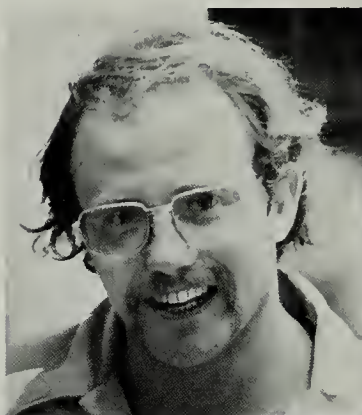
Mary Lipsey —
Social Studies

ALWAYS ON THE GO

Orlay Johnson —
Science, Varsity Swim and Dive Team

Mike Magathon —
Social Studies, Class of '81

Linda Mellin —
Hearing Specialist



Kay Mikula —
Science, 8th Grade Drill Team

Julie Miller —
Math

Beth Mirmelstein —
English



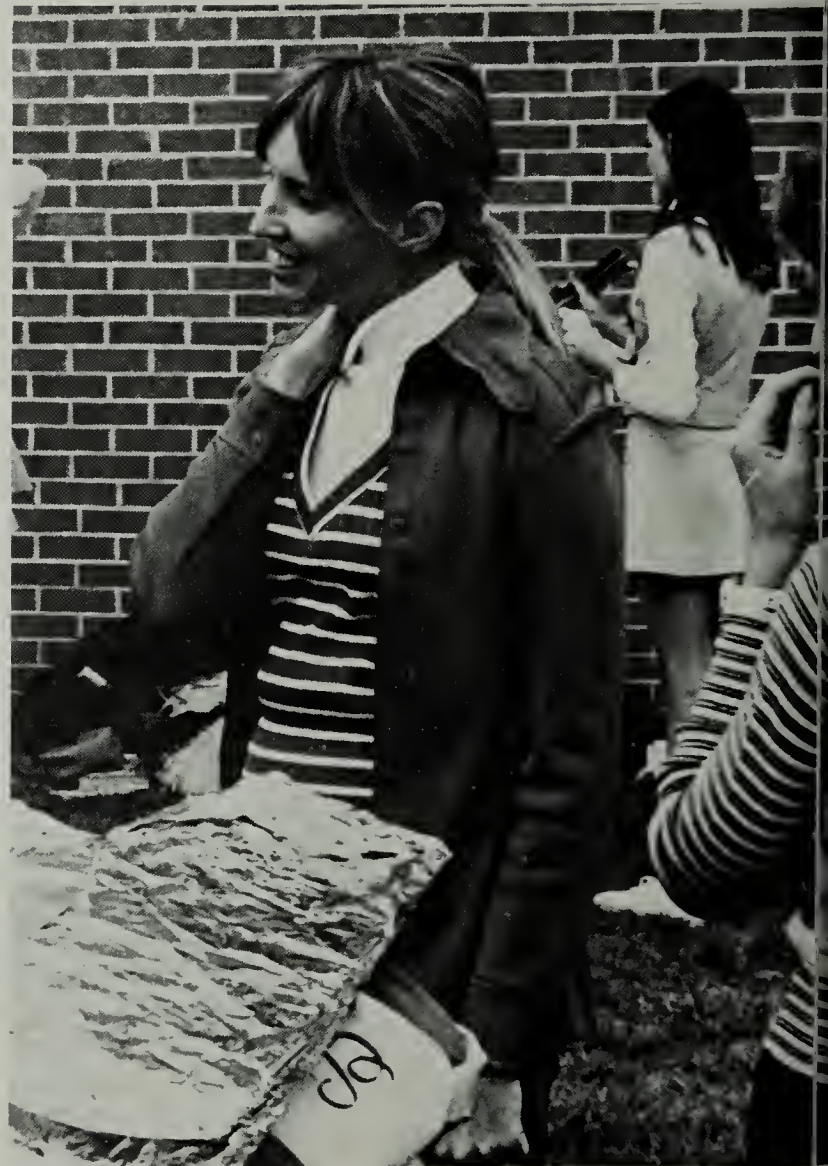
Doug Osburn —
Industrial Arts, Bible Club



Lou Patch —
Industrial Arts



Nadine Ray —
Science, 7th Grade Drill Team

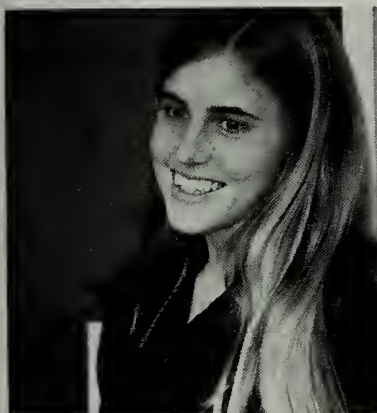


Her spirit doesn't end with the dismissal of school, as Mrs. Mikula shares her enthusiasm with the 8th Grade Drill Team.

As sponsor of the eighth grade drill team, Ms. Mikula brought to Lake Braddock some of her own previous experience as a high school majorette and cheerleader. After an interview with Ms. Mikula, we discovered she felt a good seventh grade program of both drill team and cheerleading helped to promote a better eighth grade team which, in turn, built a stronger, more spirited Varsity team. In addition to sponsoring the eighth grade drill team, Ms. Mikula enjoyed dancing, ice skating and going to school. We found she attended many universities, majoring in biology, geology and history. All this schooling paid off as she proved to be an excellent science teacher to many of us.



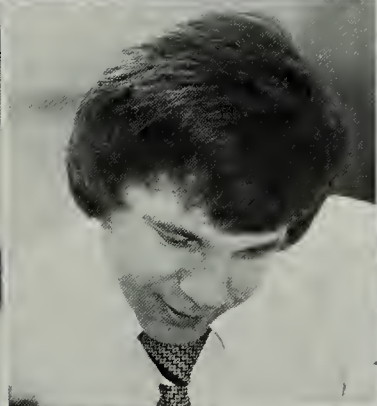
Bruce Regis —
Aide



Gloria Revis —
Math

Ann Ripley —
P.E., Intermediate Gymnastics Team

George Rogers —
Industrial Arts



Olga Roush —
Music, Choral, Vocal Performing Group

Hal Shoun —
Science, Yearbook

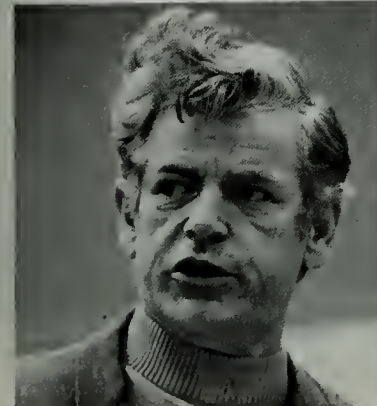
Jim Stanfield —
Industrial Arts



Bob Starr —
Industrial Arts

Sally Sullivan —
English

Charley Thompson —
P.E., Intramurals



Larry Tichenor —
Music

Joan Unkel —
Librarian, Science Fiction Club

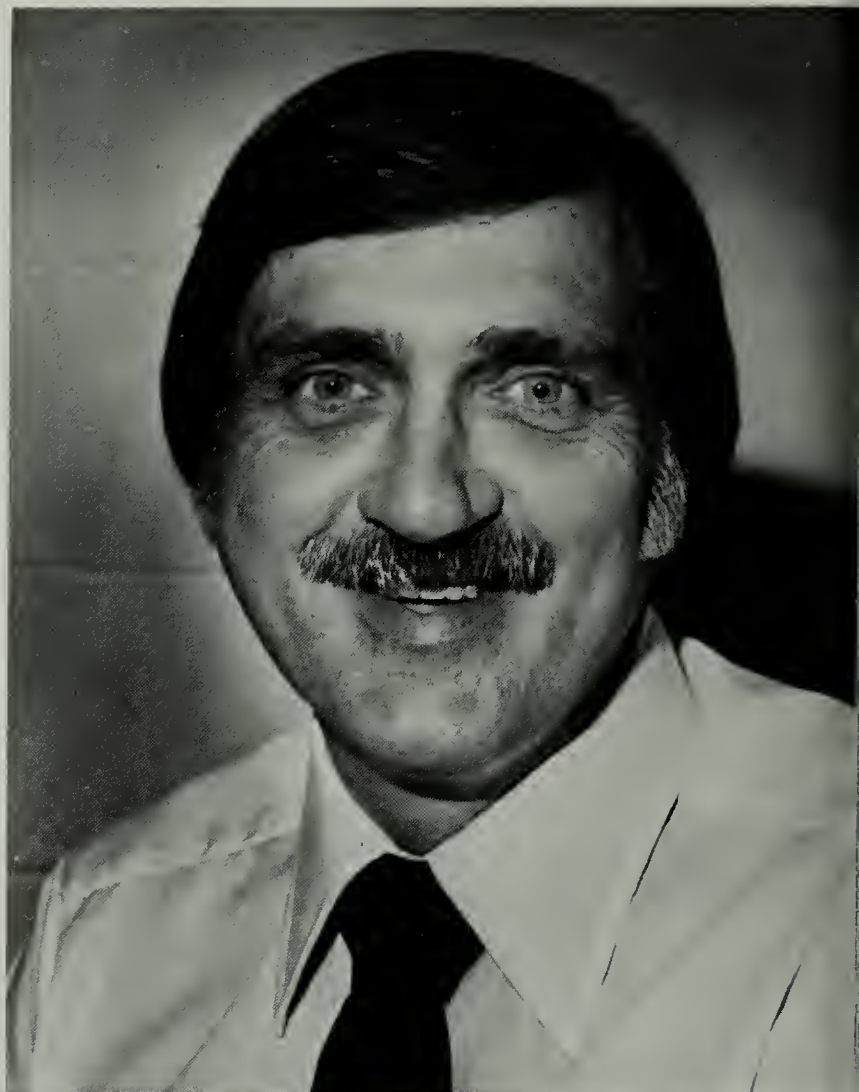
Katie Williams —
English

HOORAY FOR HUMANISM!

If one were to pass through Subschool Three, they might have caught a glimpse of Mr. Watts laboring at his desk; or an empty chair, its owner up and about the school at work. As principal of Subschool Three, Mr. Watts was like any of the other Subschool heads, busy with a job that, in his case, entailed duties ranging from the supervision and responsibility of about 700 students and 30 teachers, to the assistance of students with broken lockers, thefts and the like. He summarized his list of duties with a smile and the simple statement: "It's a big job!"

Despite the work, which he enjoyed, he rated Lake Braddock the best after working at 8 other schools. With 19 years in the traditional learning system, he admired our learning concept (open classrooms) because it was "exciting, functional and appealing." He hoped Subschool Three projected "a warm, humanistic approach towards dealing with people." He also desired to see the school do more across Subschool lines as one unified school, instead of six separate learning units, "because we are all a family and should work together."

His main interests revolved around our school, particularly the athletic program which included watching the football and basketball games. In addition to being an avid Bruin fan, he was a devoted familyman.



Bill Watts — Principal of Subschool Three

Marilyn Ward —
Counselor

Ruth Peake —
Secretary

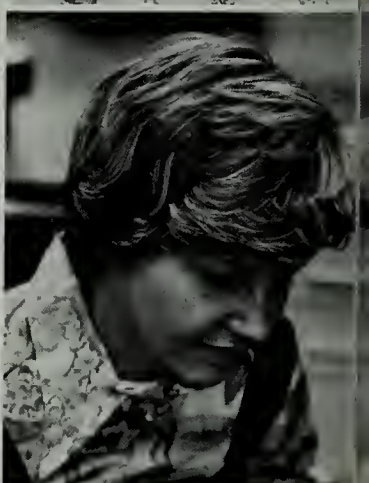
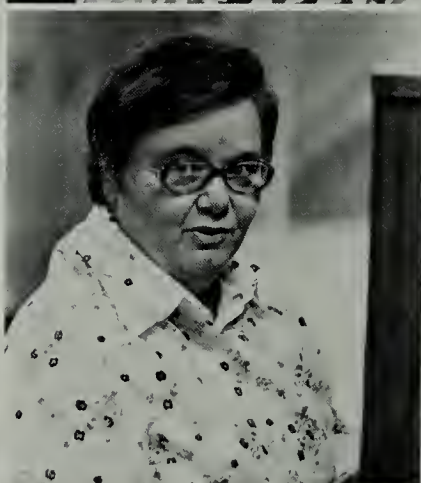
Helen Lyons —
Part-Time Secretary

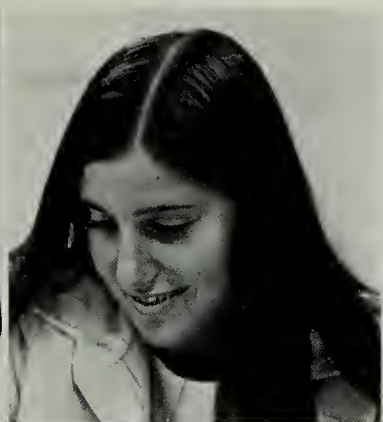


Wilsonia Esteve —
Media Aide, Swiss Flags

Mary M. McMillan —
Media Aide

Judy Geller —
Instructional Aide

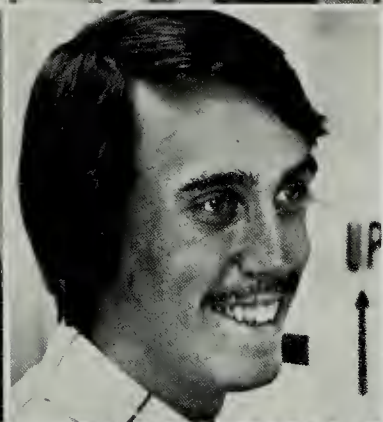
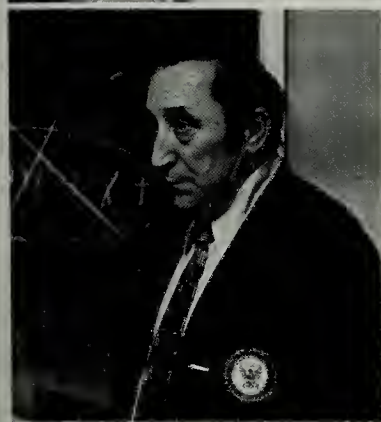




Sandy Barros —
P.E.

Barbara Brant —
Spanish, Yearbook

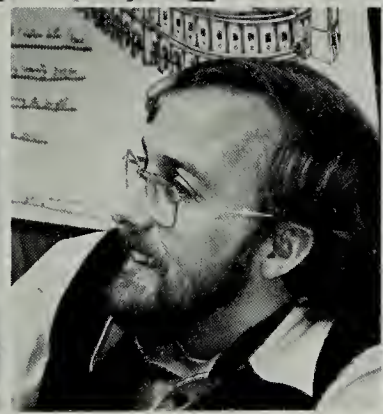
John Cabiati —
English



Ralph Cerney —
Algebra

Ed Cooley —
Instructional Aide

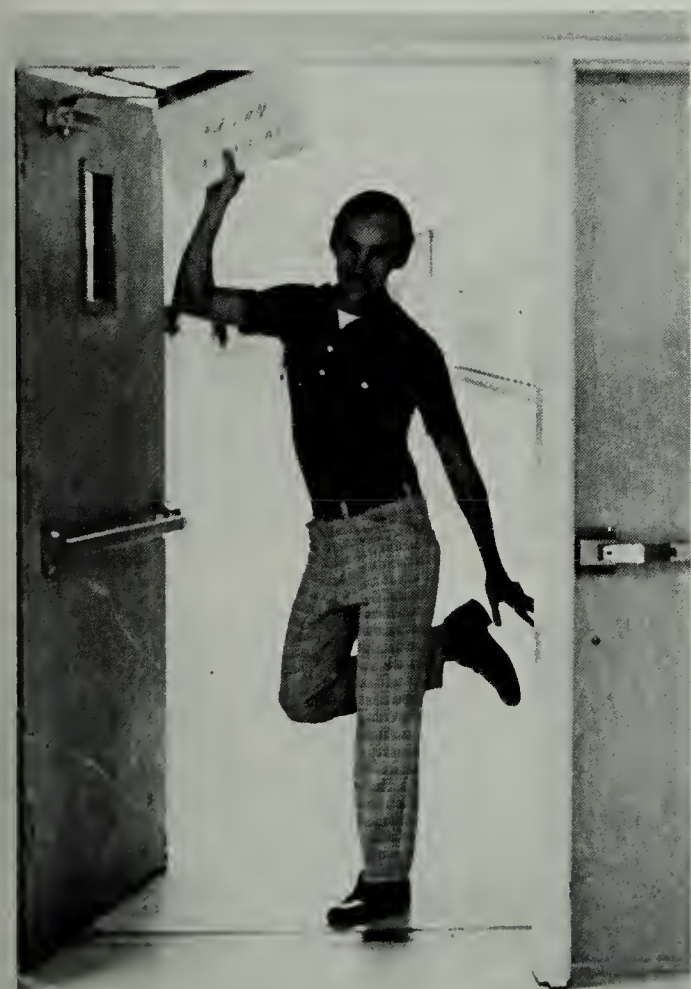
Vicki Drinnon —
English, Debate, Forensics



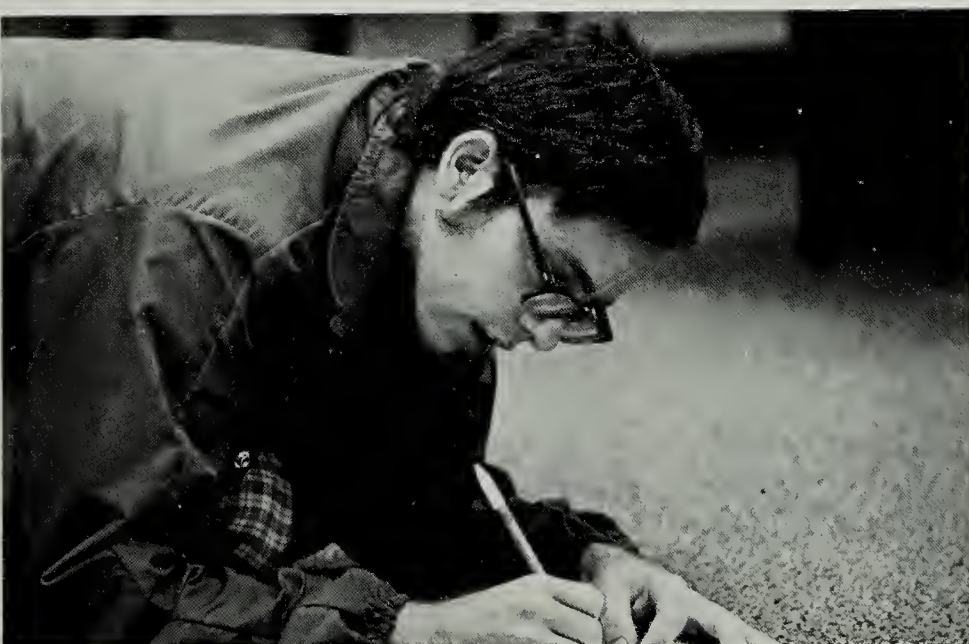
Nancy Dungan —
Geometry, Girls' Soccer

Don Ehrenberger —
Social Studies

Nancy Farrell —
Social Studies, Class of '79



Who dropped bubblegum on the floor? (Mr. Chernenko)



Taking full advantage of our open space, Mr. McCarthy finds time to relax and catch up on his work at the same time.

Pat Fullam —
English
Margery Gifford —
Instructional Aide
Tom Giska —
Science, Ecology Club

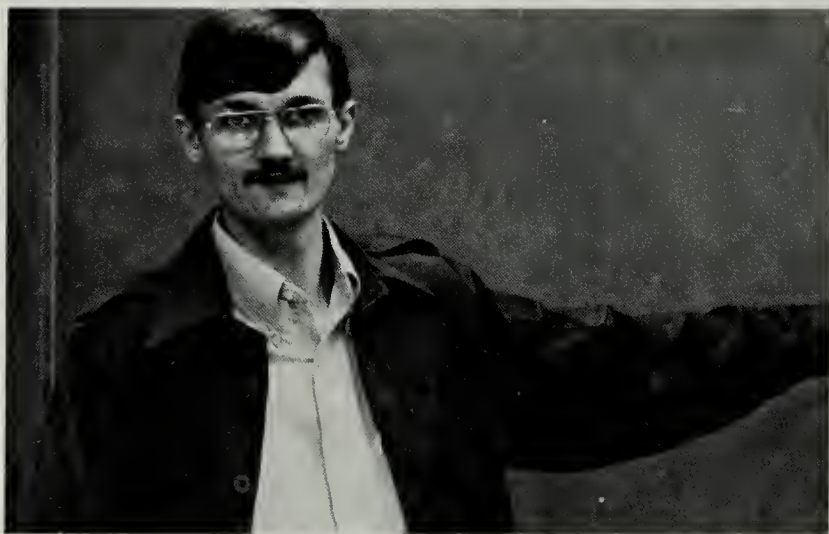


ONE FOR EVERYONE

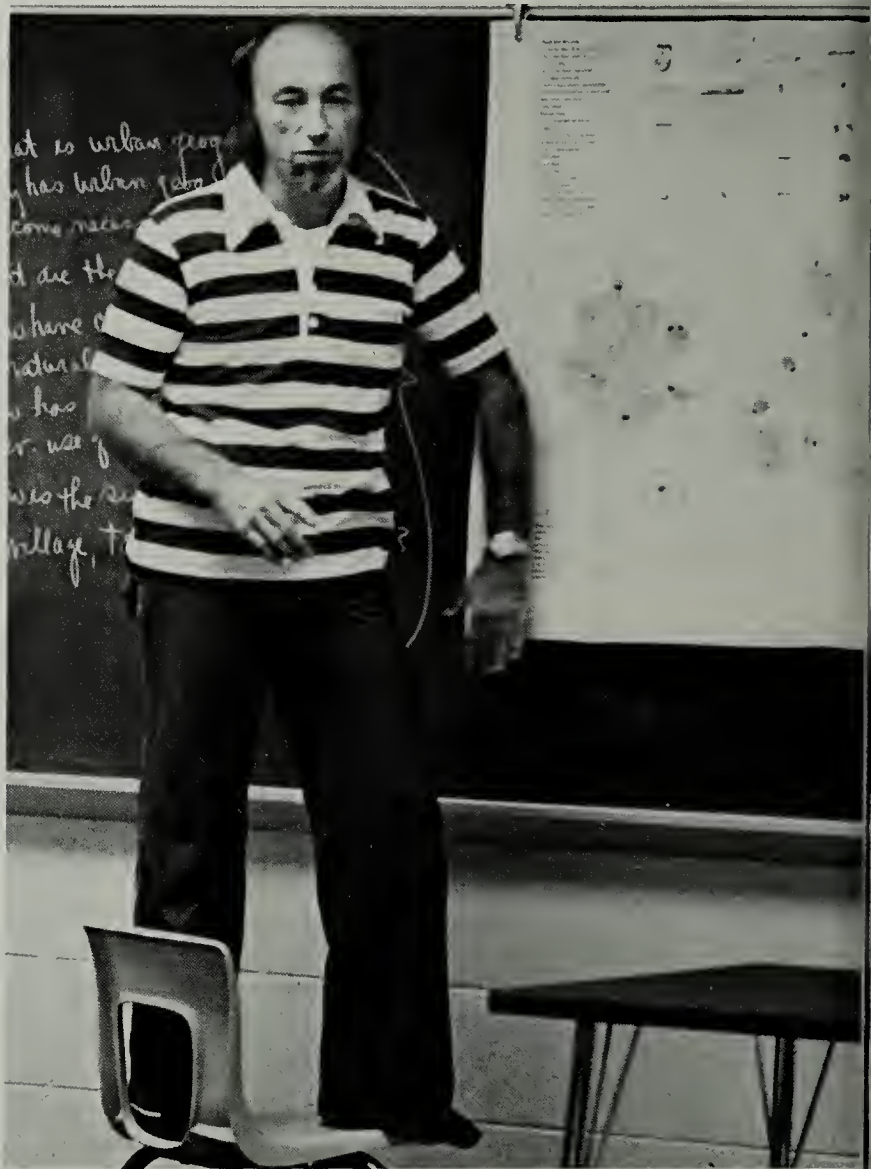
Mr. Joseph Hills had been teaching High School for 12 years. He liked the ninth and tenth grade because they did what was asked of them without thinking it was beneath them. "Also," said Mr. Hills, "at that age people seem very honest and very compassionate."

If you were to observe Mr. Hills while he was teaching, you would find that all his students were wide awake and ready to learn. Mr. Hills told us if the teacher was enthusiastic, then the students would be equally enthusiastic.

Mr. Hills taught ninth-grade History. He felt that poverty was an important issue because it was necessary for everyone to know how to help those less fortunate than themselves.

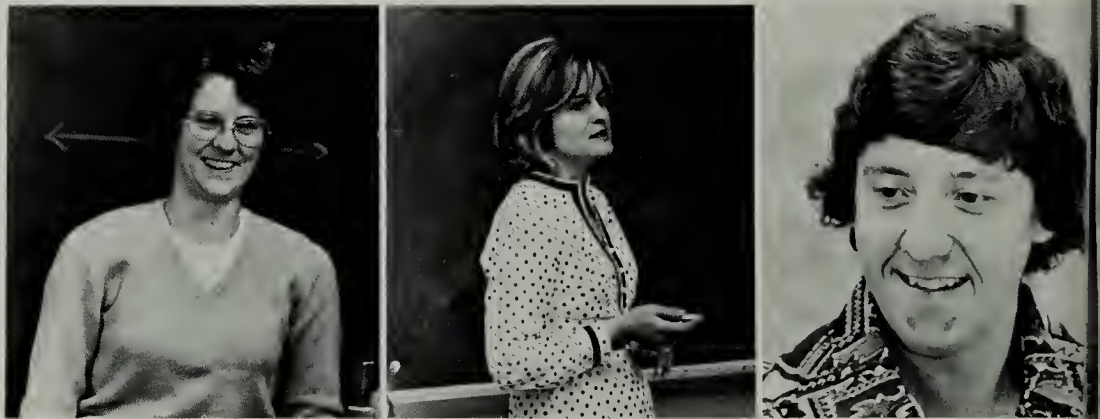


Science teacher Tom Giska instructing his class.



Mr. Hills finds a relaxing way to teach his English class.

Pat Gray —
Geometry, High Life
Nancy Groves —
Algebra I, Card Club
Dick Lisi —
Science





Midge McClellan —
English, Literary Magazine

Corinne Monson —
Learning Disabilities

Mary Nettles —
English



Betty Pinto —
Science, Class of '77

Charles Rayburn —
Geometry

Stephanie Rosen —
Spanish, Spanish Honor Society



Mrs. Pinto looks up from roll call during first period.



Rudy Rumlick —
Science

Gary Sipe —
Latin, Latin Club

Pam Wechsler —
Spanish, French

HE CARES FOR THE BEARS

Four years ago, Dr. Manning had a choice of working in twenty-two high schools in the county, and chose Lake Braddock because he wanted to do new and exciting things as a Subschool principal; and he did. Aside from being principal of Subschool Four, Dr. Manning worked with teacher improvement, where he assisted teachers in their instructions and performance. He believed one of the main problems in Subschool Four was created when his students, still in their adolescent years, were expected to be adults. He felt the students, teachers, parents, and administrators were the backbone of Lake Braddock and, because of their mutual concerns, made Lake Braddock strong. For the future, Dr. Manning was interested in a position with more responsibilities. He felt he could handle it and would like to fulfill his goals. Dr. Manning enjoyed working at Lake Braddock, where he earned the mutual respect of the students and where his relationships with the students and teachers were valued.

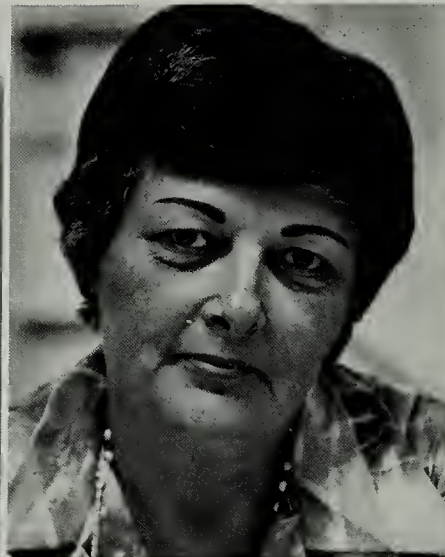
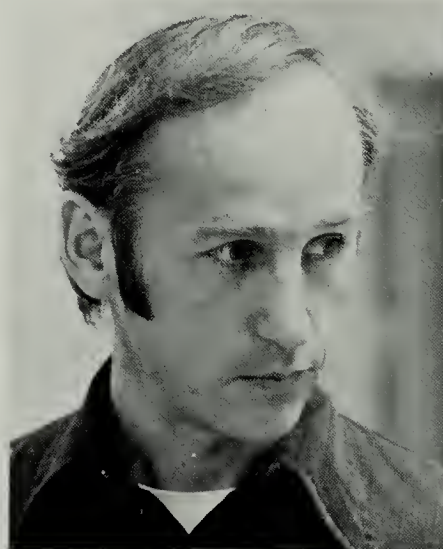


Dr. Jay Manning

Walt Chernenko —
Counselor

Alice Pullin —
Secretary

Barbara Anderson —
P.T. Secretary



Betty Ernst —
Instructional Aide

Chris McDonald —
Instructional Aide

Pat Goins —
Media Aide

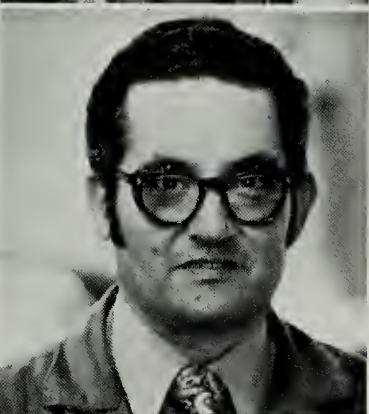




Charlene Abrams —
Business

Ron Axelrod —
English

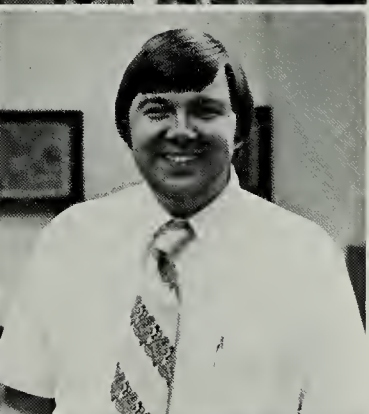
Linda Barkey —
Geometry



Bertha Bryant —
Business, F.B.L.A.

Miriam Chapman —
Music

Mike DeMalleville —
Vocational, V.I.C.A.



Bob Dinan —
Social Studies

Barbara Elmore —
Business

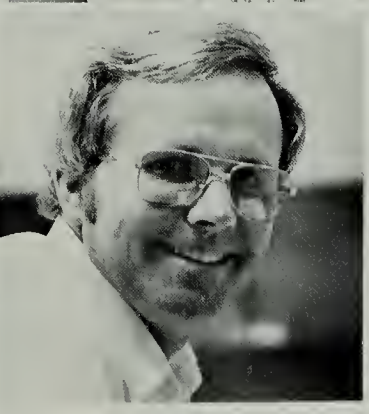
Micheal Firkins —
Business



MarySue France —
Algebra

Joan Frie —
English

Gina Gyuricza —
English, Freshman Cheerleading



Loisteen Harrell —
Earth Science

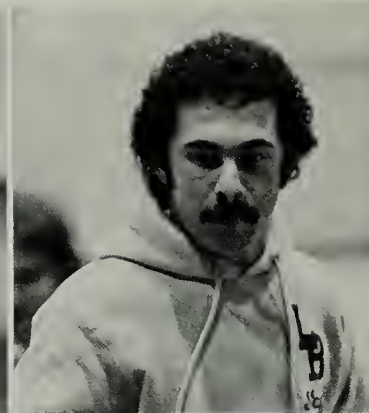
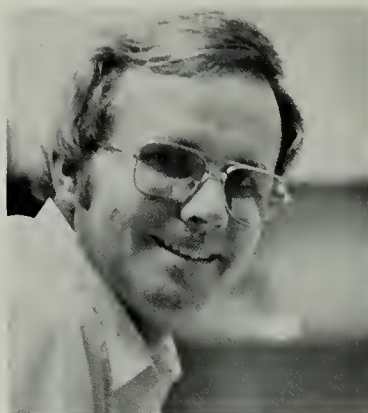
Robert Harris —
P.E.

Pete Hatcher —
Social Studies

Pete Hatcher —
Social Studies

Richard Isaac —
P.E.

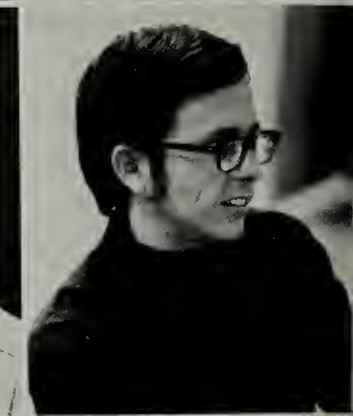
Sherry Keefer —
English



Terry King —
Business, F.B.L.A.

Rick Lewis —
Algebra

Pat McCarthy —
Journalism, Newspaper



Mary McFaddin —
Business

Linda Miller —
Business

Sandy Moro —
Speech



Mr. Richardson takes a last minute glance at the scoreboard while waiting to conduct the Mighty, Marching Bruins.

Director's stick in hand, Mr. Claiborne T. Richardson sat atop his high, black chair and instructed such instrumental groups as Symphonic, Concert and Stage Bands during the course of a school day. After school, he, along with Mr. Larry Tichenor, also put in long, hard hours with the Marching and Pep Band Units, getting them in shape for performances at the school's athletic events as well as competition. Mr. Richardson came to Lake Braddock the opening year, looking for the opportunity of developing an excellent instrumental program. "As in all new schools, there's a period of building. Lake Braddock is no exception. We started with seventh, eighth, ninth and tenth graders. It has built up in participants since then, and is developing many outstanding groups early." He rated our Music Department highly, though his major complaint, because of the school's size, was scheduling, for "there seem to be too many options for the same students, therefore creating conflicts." His main goal for the Music Department was "to see the Music Department develop to the height of its present potential to afford excellence in music for all of its students." His interests "rest a great deal in music education and performance, and working with young people in developing their best potential — and in rare moments, I'm known to enjoy good sports like baseball, and football."

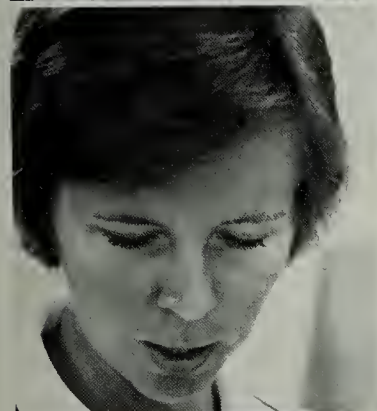
ON WITH THE SHOW



Sally Newton —
P.E., Dance Club

Donna Onufrak —
Algebra

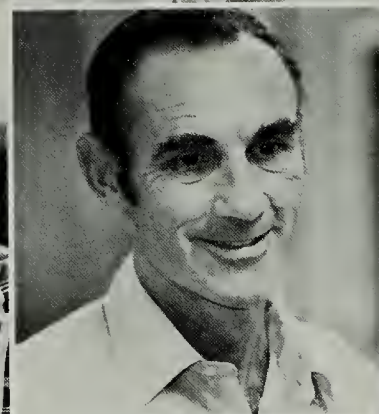
Mike Petruzzi —
Business, D.E.C.A.



Diane Raynes —
P.E.

Clay Richardson —
Music, Marching Band

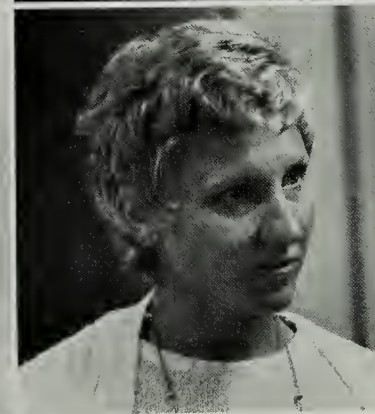
Peggy Robertson —
Business, F.B.L.A.



Liz Samuel —
Business

Fred Sanders —
Geometry

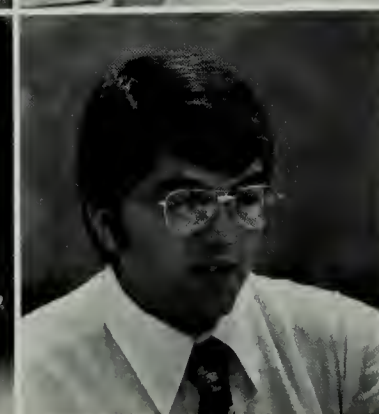
Steve Sengstack —
English



Buddy Sides —
Vocational

Molly Stogner —
Science

Joan Strokes —
English



Nancy Verducci —
Science

Dale Wittler —
Business

Work.. Work..

A young man fresh out of college began his career by teaching Geography, History, and Government. Now he was employed as Principal of Subschool Five. Mr. Bill Johnson.

As you walked into Subschool Five you probably saw busy people, lots of activity, and new happenings. This was due to Mr. Johnson's work during the previous summer. A Career Room with pamphlets and books on all kinds of colleges was set-up for everyone's use. Plans were made for a college paper to come out once a week and a job-placement week was held sometime during the spring.

Mr. Johnson was very busy with the students. Also acting as Guidance Counselor, Mr. Johnson helped relieve some of the problems concerning college. Although Mr. Johnson was very busy, he always found the time to lend an ear.



Mr. Bill Johnson, Principal of Subschool Five

Wyonia Dunn —
Counselor

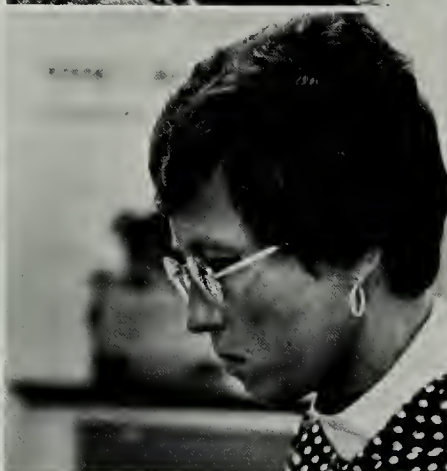
Len Evans —
Counselor



Carol Mason —
Secretary

Eileen Stromeyer —
Part-Time Secretary

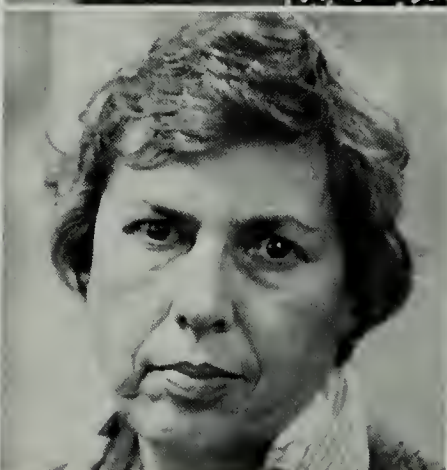
Marjory Gifford —
Instructional Aide



Elizabeth Saalfeld —
Instructional Aide

Marietta Scherer —
Media Aide

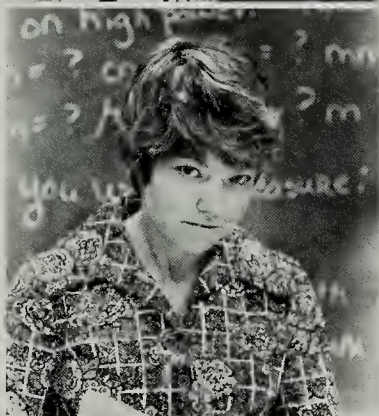
Mary Palmore —
Instructional Aide





Chris Anderlick —
Science

Orlean Anderson —
English



Ingeborg Boggess —
German, German Club

Nancy Carraway —
Science, Pep Club



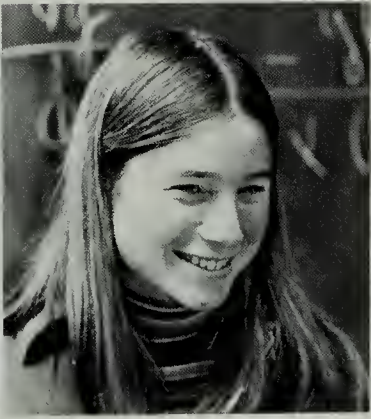
Kathy Cummins —
English

Betty Dean —
English



Sharon Deppe —
French, French Club, French National Honor
Society

Florestela Fuentes —
Spanish



Bernie Glaze —
Social Studies

Leslie Gray —
Social Studies

Paige Jandorf —
Math

HAPPY WITH THE BRUINS

Instructor of Advanced Placement English, Public Speaking, and Film Study, as well as sponsor of the National Honor Society, Mr. Roger Bergstrom, tucked away in a little room off the Foreign Language Department, was never idle. Especially experienced in the subjects he taught in 18 years of teaching, he explained his chief goal for his students: "I'd like my students to develop a facility with writing and speaking skills, and also an appreciation of good literature, good speaking, . . . and the development of their critical skills." Being here when Lake Braddock first became a school, he chose to come here because he thought he wanted experience with open class study, liked Mr. Alwood, the school was close to his home, and because he "had done enough at Fairfax" (10 years of teaching). He had good enough reasons to join the Lake Braddock faculty staff. He didn't regret the decision. He liked the faculty and student body and summarized: "I like Lake Braddock. I'm very happy here." He also enjoyed reading (his chief pastime), seeing movies, working out at health spas and traveling.



Mr. Bergstrom, before and after.

Bernie Glaze —
Social Studies

Leslie Gray —
Social Studies

Paige Jandorf —
Math, Keyettes

Pat Jones —
Drama

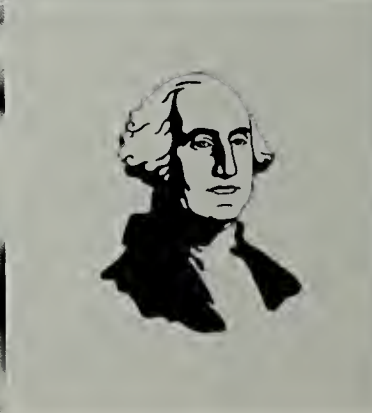
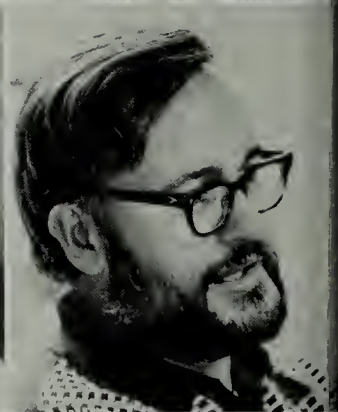
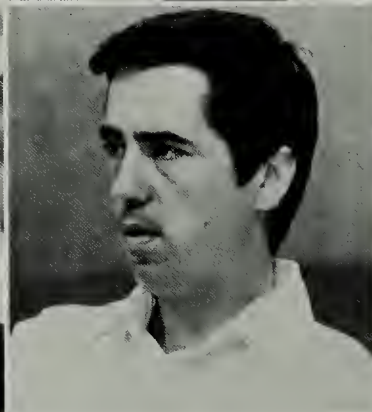
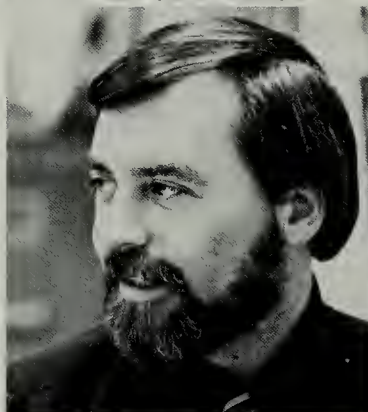
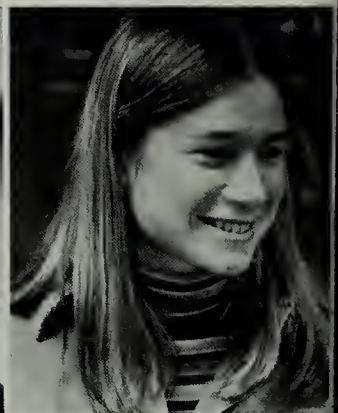
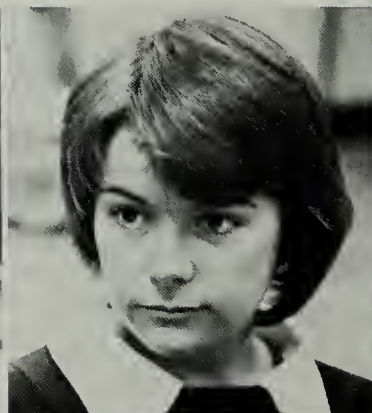
Nick Lawler —
Math, Math Honor Society

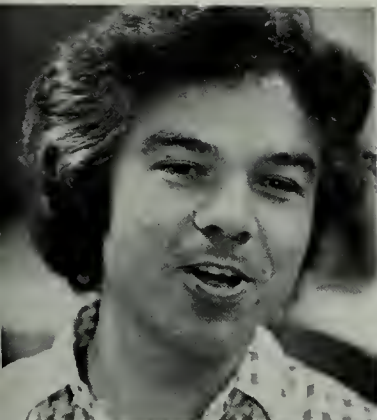
Walt Mika —
Social Studies, S.G.A.

Helen Miller —
Social Studies

George Washington —
Father of Our Country

Larry Oaks —
Social Studies, Senior Class

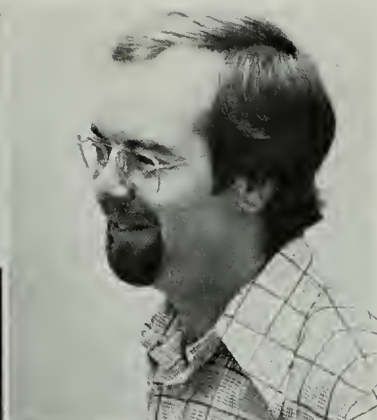




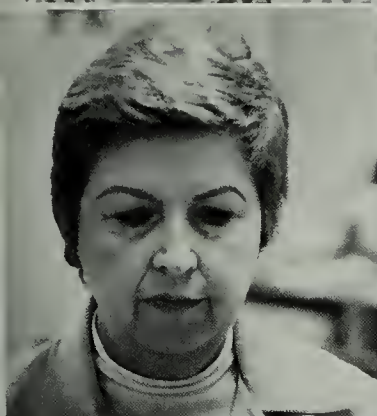
Tim O'conner —
English



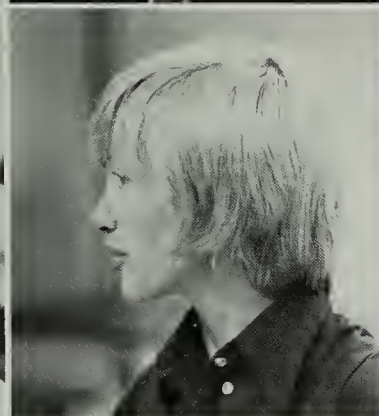
Roman Piernick —
German



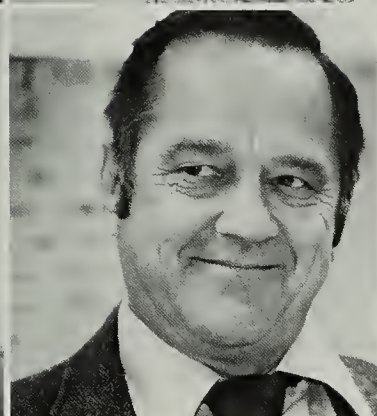
Bill Rodgers —
Math



Ethel Sayer —
Cosmetology



Heidi Varblow —
German



Bill Woodward —
Vocational



Don Youngblood —
P.E.



Another member of our unique faculty. (Miss Sally Sullivan)

STAN THE MAN

The Subschool Six principal, Mr. Stan Fant, was an active man, in school and out. His job entailed many responsibilities, i.e. the discipline of students, organization and supervision of the Subschool and other vital tasks necessary to maintain order. These duties he met and took care of with enthusiastic vigor, as well as personal interest. He considered our "open education" philosophy the best learning system of all, and with his efforts and those of the other faculty members, he hoped to make Lake Braddock one of the better schools in Fairfax County, commenting that "We were already on the road."

Out of school, Mr. Fant enjoyed active sports, filling his spare time with such activities as hiking, waterskiing, camping, sailing and swimming. His personal goals included getting all four of his children through college and owning a farm with horses near the water when he retired.



Stan Fant — Principal

Leslie Betterman —
Counselor

Shirley MacSorley —
Counselor

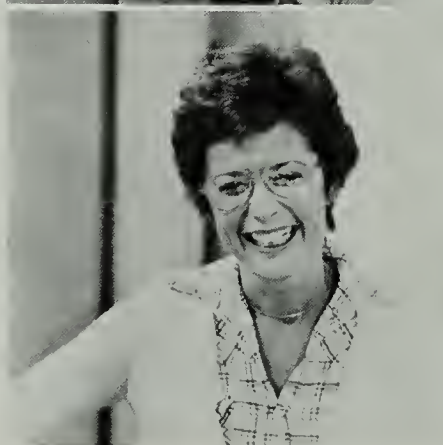
Beth West —
Secretary

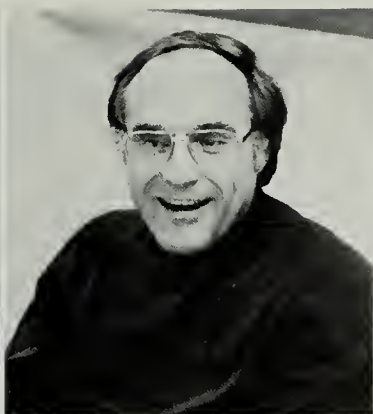


Sarah Davall —
Part-Time Secretary

Virginia Harrold —
Instructional Aide

Dorothy Pry —
Instructional Aide

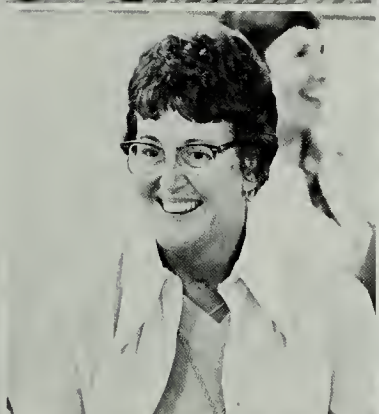




Linda Aird —
Librarian

Peter Beczkiewicz —
Science

Roger Bergstrom —
English, National Honor Society



Stephanie Cooney —
Home Economics, H.E.R.O.

The True
Antoinette Crom —
Teachers' Aide

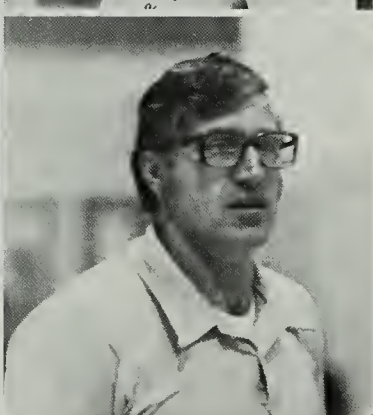
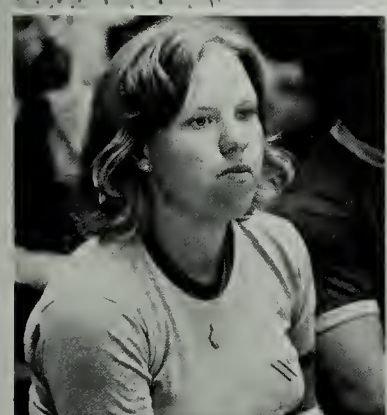
Barbara Gage —
Media Aide



David Greek —
English

Hilda Hall —
P.E.

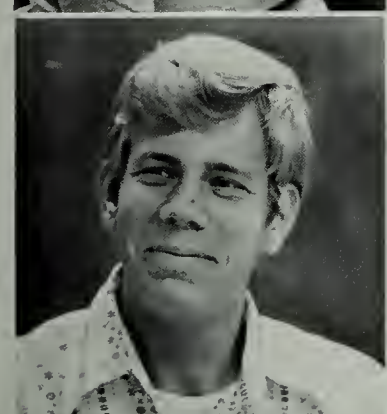
Karl Henesley —
P.E., Basketball and Intramurals



Katherine Jenkins —
P.E.

Ed Jones —
Math

Robert Klaren —
P.E.



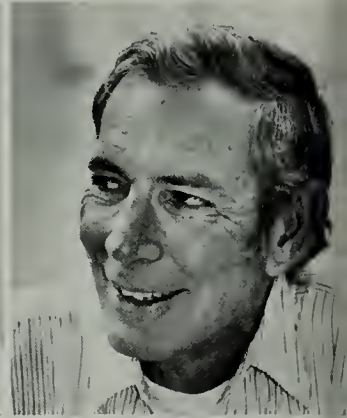
Barton Kramer —
Science, Bowling Club, Key Club

SELF STUDY: WE CAN DO IT!

Sharon Levin —
Social Studies, Model U.N. Team

Marge McClurg —
Consumer Math, Keyetts

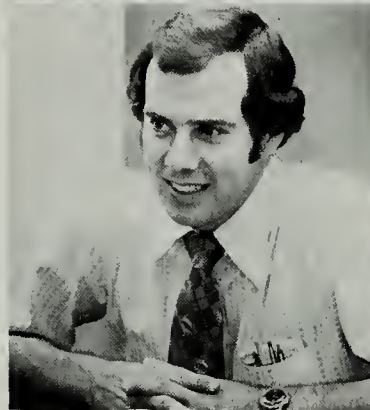
James McFadyen —
Social Studies



Williard Misner —
Algebra

MaryJane Mulchy —
Social Studies

Sam Mumpower —
Algebra



Cindy Neale —
Home Economics, F.F.A.

Kay Norton —
P.E.

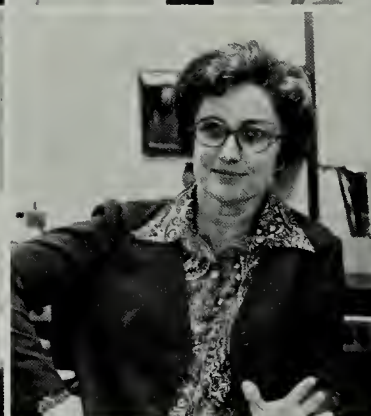
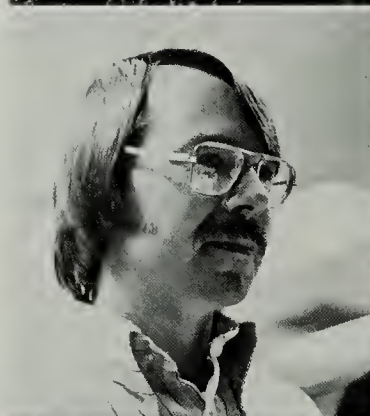
Carol Palay —
English



Jay Patchett —
Social Studies

Helen Price —
Science

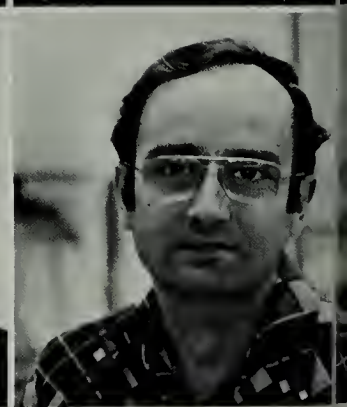
Becky Rader —
Home Economics

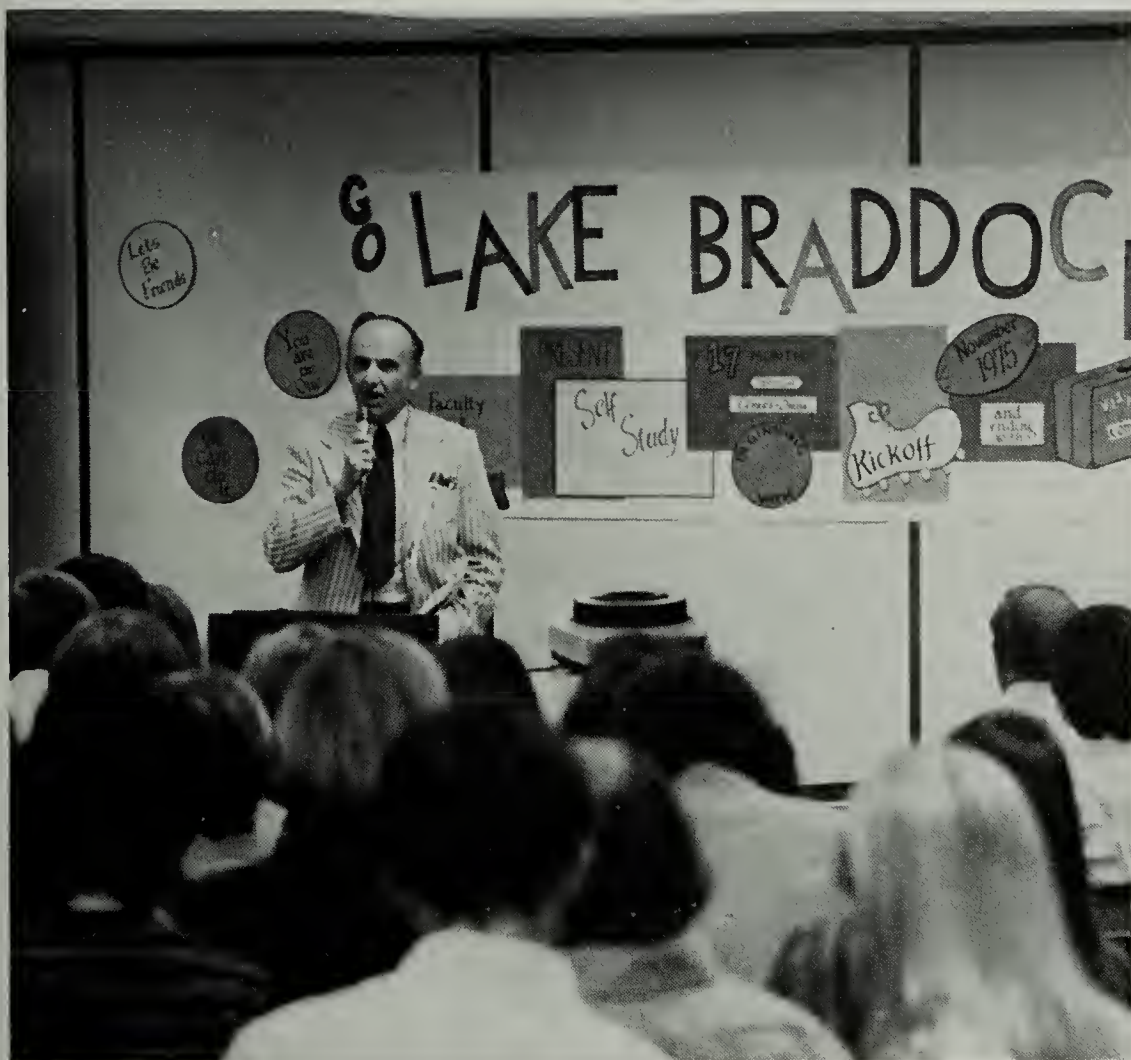


Ann Reynolds —
English, Varsity Drill Team

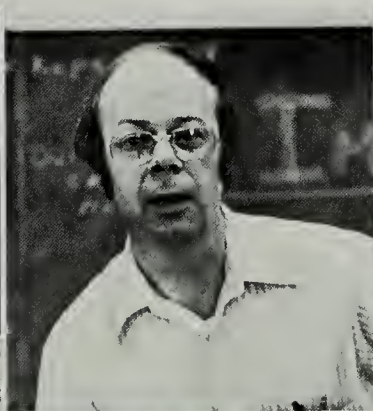
Barbara Sanders —
Home Economics

Don Schudel —
Science





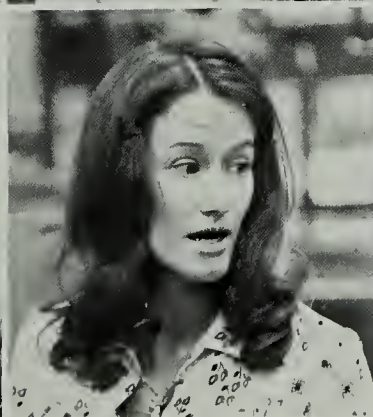
Mr. Alwood presents the self study unit to the Lake Braddock staff and faculty at the kickoff meeting, Monday, November 17th. The unit ends in March of 1977.



Neville Simon —
Reading

Bob Stamback —
Music, Choral

Susan Swofford —
Social Studies



Ed Trimm —
P.E.

Lois Wolfe —
Music, Orchestra

Anne Wotring —
English

Early closing on Monday, November 17th, 1976, was provided to enable the entire staff and faculty to spend some time together in preparation for their self study. The self study was a self evaluation report composed by the faculty, in our new school, after a period of three years in which all the problems of the programs were "ironed out." After the report is completed, a state visitation committee will observe the school and make out a report of their own. These reports and observations will determine whether or not the school will be credited. Monday's meeting was the Kickoff, but the whole process will last 17 months, coming to an end in Spring, 77.

Soups On

"We are here to serve the students," said Mrs. Rademacher, manager of our bustling cafeteria. This was exactly what they did, as the 39 cafeteria employees worked from 7:45 in the morning until 2:15 in the afternoon preparing our lunches. This was no easy task, for it meant 2500 lunches had to be made for the 4200 students passing through the lunch and a la carte lines daily. The vegetables and salads served regularly reminded us the nutritional requirements were being met.

In spite of the trash, the cafeteria ran smoothly and efficiently through the year. This was another sign that we indeed had arrived.



Servers: Front Row: Frances Magill, Le Mai Dao, Lucy Barbuschak, Virginia Cushion, Emily Pederson, Margie Stewart, Connie Ward. Back Row: Ruth Daly, Louis Case, Eleanor Wildes, Dot Jones.



Production Staff: Norma Bryan, Cenci Clark, Joan Cobean, Loleta Sherk, Joan Baldwin, Sherry Schuker, Jean Debordi, Doris Dawson, Ull Britta Larsen, Linda Del Guidici, Denis Killen, Kathy Stephens, Elenor Collins, Mary Ann Jones.



Cashiers: Penny Geiger, Judy Hentjes, Mary Hoioos, Minnie Sharpe, Judy Thompson, Marvel Dunn.



Managers: Phyllis Rademacher, manager, Mary Keninitz, assistant manager, Brijette Smith, assistant manager.



Afternoon Crew: Front Row: Marina Gonzalez, Hermelinda Cabrera, Barbara Howell, Thelma Douglas, Barbara Mauney. Back Row: Nestor Alvarez, John Scovel, Fred Gasper, Van Shepard, George Tinner.



Howard L. Bailey, Building Supervisor



Morning Crew: Front Row: John Fesperman, William Parker, Jr., Robert Bell, Sr. Back Row: Barbara Robinson, Virginia Pierce, Shelvie Blansett.



Dwan Simmons, Kim Holt, "B" Lukstat



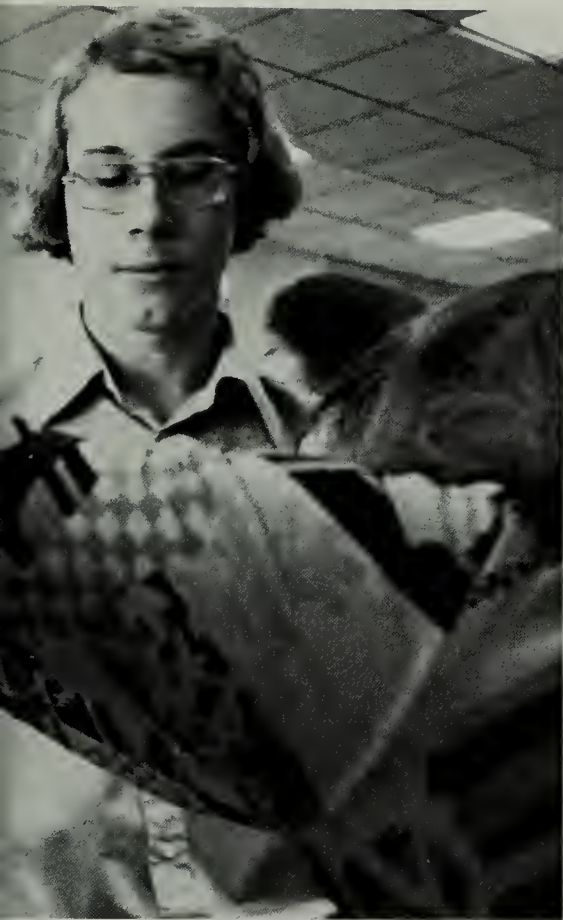
Ava Hendrix, Martin Moke



Bill Lloyd



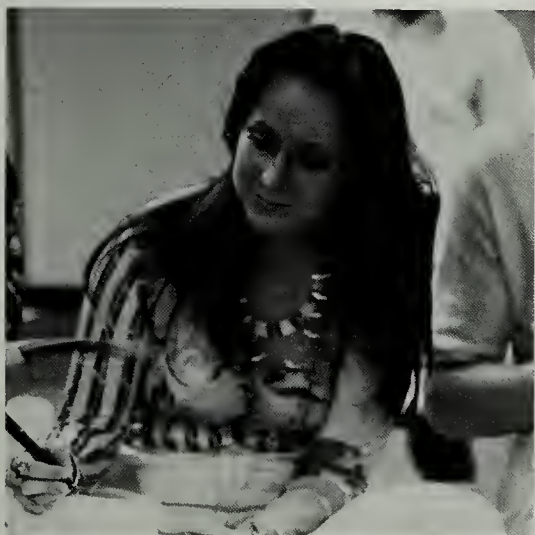
Shawn Skelly



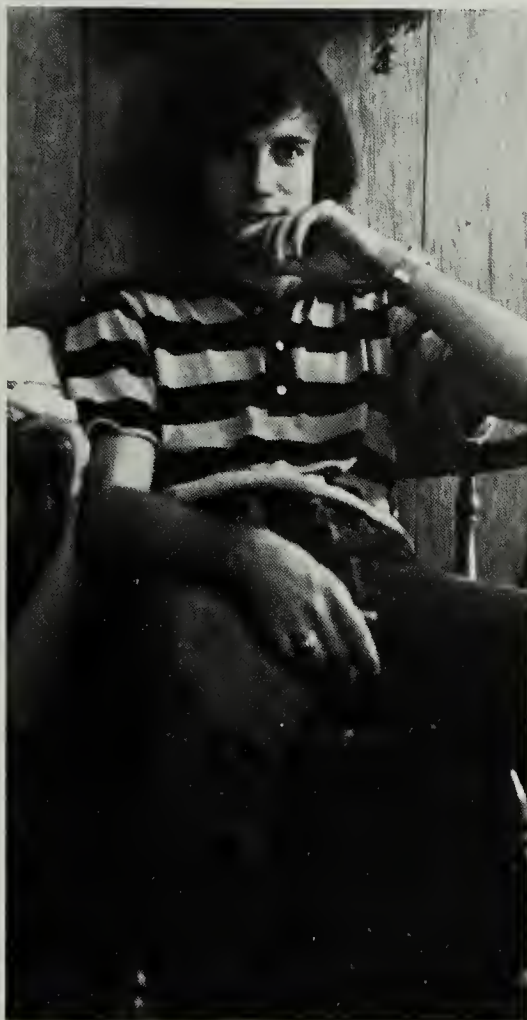
Exploring, unique, involved, doubtful, anticipating,
frustrated, determination, achievement,

triumphant , crazy ,

star-spangled . . .



Jane Hurd



Robby Simmons



Dwan Simmons



Kent French



Don Miller



Ready~...Set~...Go? Eager to face the world, we energetic seniors may stumble and falter, but we will never stay down for long!

SENIORS

Two hundred years before us, the colonists had celebrated their freedom; and then, on June 10, we, the Senior Class of 1976, did the same. Although our parents and teachers hadn't been as tyrannical as King George III, we were still proclaiming our liberation! Most of us would soon be leaving home for the first time, and we would have to accept the very real responsibilities that went with "Life, Liberty, and the Pursuit of Happiness." The glorious dreams that had filled the colonists minds filled our minds, too, and yet we had a little bit of doubt. We looked back into the past . . . were we ready to leave all this behind?



As Brian Jacobeen puts his best foot forward, he displays how fancy footwork can get the job done right.

Slumpitis

Seniors have always been known for a severe disease they contract during their last year in high school. It is not a rare disease, in fact it is highly contagious, and large groups of people are apt to find themselves afflicted. The disease begins at the toes, with a feeling of numbness. As it spreads the afflicted slows down in vitality and movement. This stage can usually be seen by repeated tardiness to classes. The latter stages are the most apparent. The numbness has by this time spread all the way to the upper extremities. At pep rallies, football games, and all other school events the frozen mouth can not only be seen but also heard. This dreaded and deadly disease has been rightly named "Senior Slump." But, Lake Braddock's class of '76 was not the average senior class. They were a new breed of Bruins, and with no predecessors for comparison, no-one knew quite what to expect.

Mark Abraham
Mike Adams



Scott Alexander: Wrestling 2, 3, 4.
Susan Allgaier: Drama 1, 2; French NHS 3, 4; Newspaper 1.



Andy Almaguer
Brian Andy



Desiree Archambault: Yearbook 4; NHS 3, 4; Tri-Hi-Y 3; Drill Team 2, 3, 4, Co-Captain 4; Jr. Class Sec. 3; Sym. Chorale 3, 4.
Michael Armstrong
Beth Arnold
Fred Auburg



Philip Balmforth: Key Club 3, 4; Cross Country 1, 2.
Michael L. Barbuschak: Rifle Club 2, 3, 4, VP 2; Photography Club 3, 4; Yearbook Photographer 2, 3; Football 1.
Kim Barlow
Linda Barnes: Sym. Band 2, 3, 4; Stage Band 2, 3, 4; Orchestra 4; Concert Choir 2.



Deborah Lee Barnett
Jan M. Barrett: Sym. Chorale 3, 4; Dynamics 3, 4; JV Softball 1, 2.
Ross Bartell: Cadet Band 1; Marching Band 1, 2, 3, 4; Stage Band 2; Sym. Band 2, 3.
Lisa Bartholomew: Yearbook 4; Ski Club 3, 4; AYD 3, 4; NHS 4; JV Softball 2; JV Field Hockey 2; Varsity Field Hockey 3, 4.





Kathleen Barton: Sym. Chorale 3, 4;
Dynamics 3, 4; NHS 3, 4.
Terri Bassett
Michael Battiste



Angela Battle: NHS 4; Yearbook 4.
Debbie Bauer: Pep Club 3, Treas.
Kenneth D. Bayne: Stage Band 2, 3, 4;
Marching Band 3, 4; Sym. Band 2; Rifle Team
Capt. 2, 3, 4.



Kathi Beasley: Tri-Hi-Y, Treas. 4; Ski Club;
Newspaper 4; Cheerleading 1, 2, 3.
Nancy Beatty
Larry J. Bedker



Mike Belt: SGA Pres. 4; Key Club Pres. 4,
Treas. 3; Jr. Class VP 3; Varsity Tennis 3, 4; JV
Tennis 2; JV Basketball 2.



Janice Louise Berkley: Literary Mag. 3;
Art Club 3.



John Beveridge: Frosh Basketball 1; JV
Basketball 2; Varsity Basketball 3, 4.



Theresa Perkins expresses her own opinion of our first Senior class.

Steven S. Bishop: High Life Club 3, 4.
 Kris Bissell: N.H.S. 1, 2, 3, 4.
 Susan Bivens
 Charles Black: Winter and Spring Track 2,
 3.



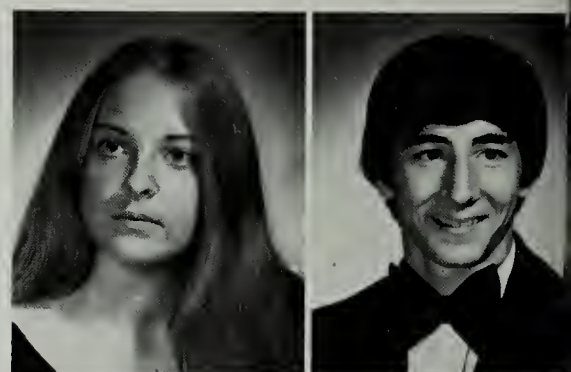
Stacy Lee Black
 David C. Blum
 Eric Bock: Yearbook 2, 3.
 Kevin Boggs: Spanish Club 2; Bowling
 League 3.



Elaine Boland
 Sheran Boothe: Drill Team 2.
 Joe Borgerding: N.H.S.; Football 1, 2, 3, 4;
 Track 2; Baseball 1; Weight Lifting 2, 3, 4.
 Thomas Bornemeier: In. and Out. Track.



Constructed before the beginning of 4th period, this pyramid of seniors stands invincible against the struggles of the future.





Scott Bowen: Ski Club 3, 4; Golf Team 3, 4.
Debbie Boyd: F.B.L.A. 3, 4.
Liz Bradberry



Virginia R. Braddon: Drill Team; Young Life.
Lisa Brakebill: Swimming.
Angie Bramblett: NHS 3, 4; Dynamics Pres. 3, 4.



Christine Brandewie: Spanish Club 1; Winter Sports Club 1; FHA 1; Sym. Chorale 4; Drill Team 2, 3.
Kristen Braybrooke
Pat Breeden: Drill Team.
Kathie Breimann: FTA 2; Dynamics; Tri Hi Y.



Debby Brennan: Latin Club 1, 2.
Scott Breslin: Newspaper 3; Frosh Football 1; JV and V Football 2, 3, 4; JV and V Soccer 2, 3, 4; JV and V Wrestling 2, 3, 4; V Football Capt. 3.
John Briggs



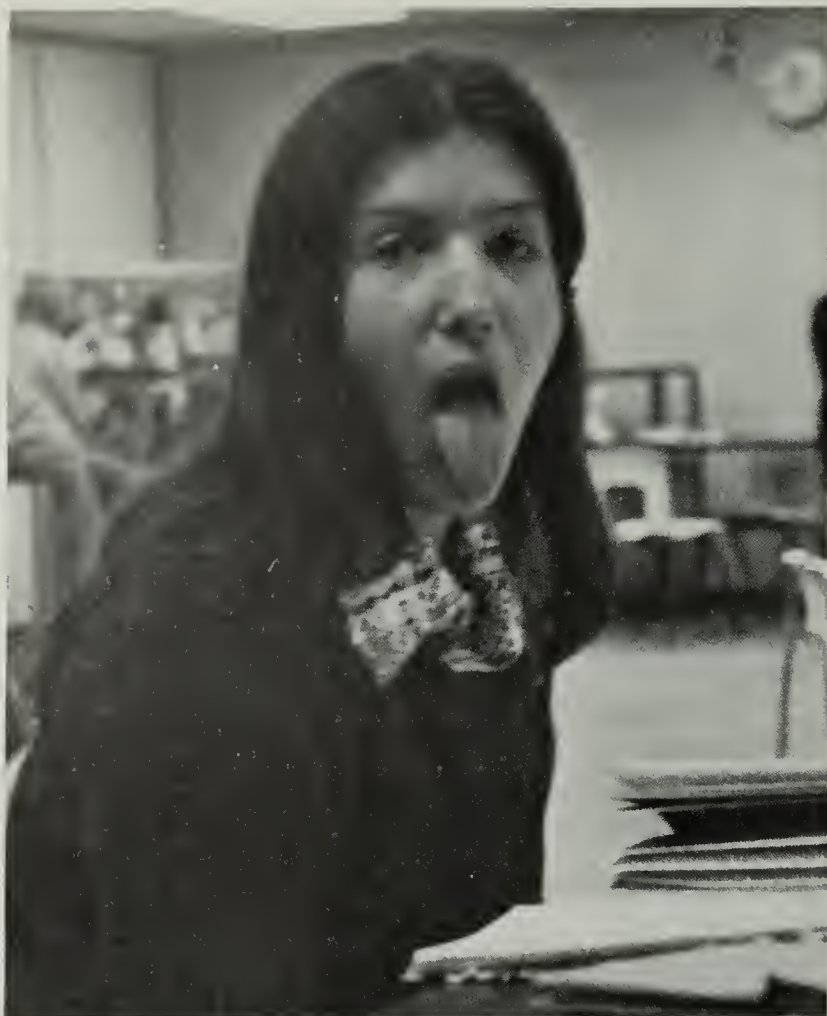
Mary Brissey: Drill Team 3, 4; Swim Team 3, 4.
John Brown: Soccer 2.
Sara Brown: Spanish H.S. 3, 4; V Basketball 3, 4; V Softball 3, 4.



Sueann Brown: Literary Magazine; SGA Committee Treasurer; NHS, SAC County Rep.
Thad Brown: DECA Club 3, 4; Rugby Club 4; Football 1, 2; Basketball 1, 2.

Guinea Pigs? Liberty Bells?

What do guinea pigs and liberty bells have in common? . . . The same things that the first graduating class and the bicentennial had. While the country experimented with 200 years of growth, the seniors had experimented with 12 years of education. Just as the country decided to celebrate its first proud accomplishments, the seniors celebrated the school's first graduation. Being the first with everything made the year of school just a little more special. There was a difference that seemed the most significant, for as the country continued to grow and to learn, the seniors had to face a whole new life and decide their future. The pace for all the years to come was set, and made tradition as the first senior stepped up to receive his diploma.



School? Yuk! Susan McNabb tends to agree as high schools become a controversial subject our sophomore year.

Roger Brusnahan: Winter Track 3, 4;
Spring Track 4.



John Travis Burch: Area 4 SAC 3, 4;
County SAC 3; High Life Club.



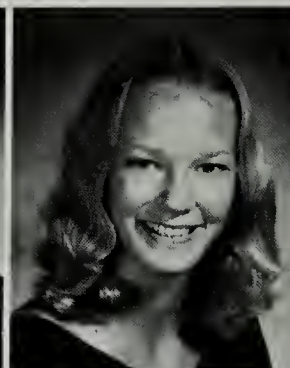
Dave Burks: Sym. Band, Pres. 4.



Tom Burnam: JV Football 2; V Football 3,
4.

Leigh Ann Bushey: Jr. Class Treas. 3; Sr.
Class Treas. 4; Drill Team 3.

Liz Cameron: Keyettes 2, 3, 4, V. Pres. 2;
NHS 3, 4; Spanish NHS 3, 4; JV Hockey 1, 2; V
Hockey 3, 4; JV Basketball Manager 2.

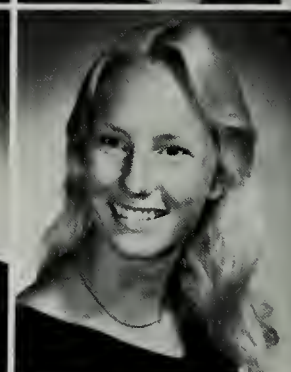


Scott Campbell: Safety Council 3;
Football; Baseball.

Darrell Carlisle

Cindy Carlson: Yearbook 3, 4; Sym.
Chorale 3, 4; Quill & Scroll; NHS; Drill Team 2;
Girl's Choir 1; JV Softball 1, 2; Tennis 3, 4; V
Softball 3, 4.

Jan Carlson: Keyettes, Treas. 2, 3, 4; NHS;
French NHS; V Volleyball 1; JV Hockey 2; V
Hockey 3, 4; V Basketball 2, 3, 4; V Softball 2,
3, 4; JV Basketball 1; JV Softball 1.



Renee Carpenter: Frosh Cheerleader; JV
Cheerleader, Captain 2; Newspaper 3, Sports
Editor; Yearbook 3; Tri-Hi-Y 4.

Tim Carpenter: JV Tennis 2; V Tennis 3.
"B" Carper
Cathy Carr

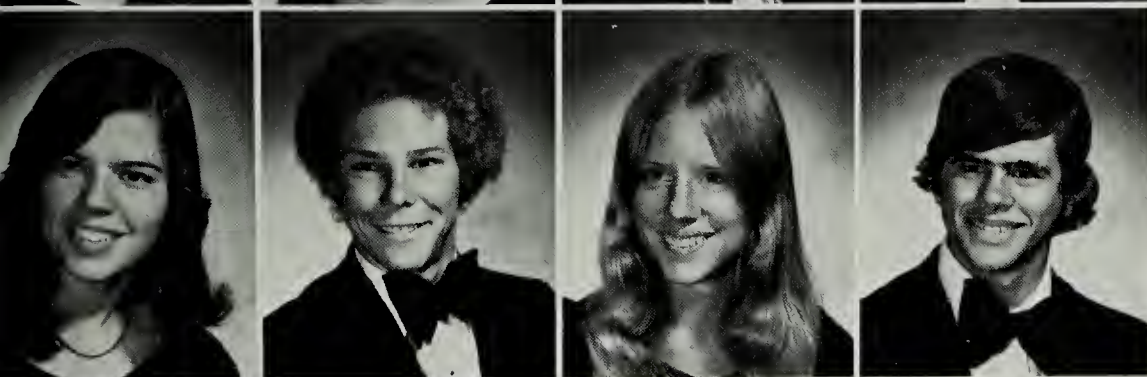




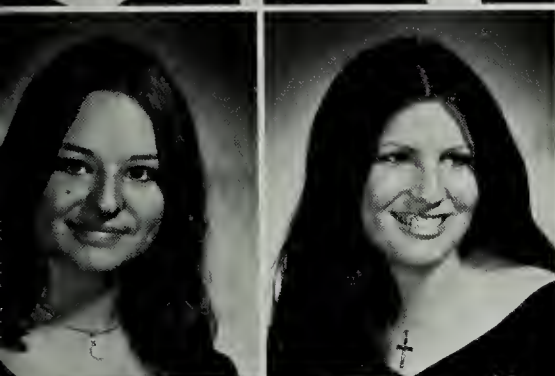
Robert Carson: JV Football 1, 2; JV Basketball 1, 2; V Football 3.
Glennis Carter
Jim Casey: Football; Track.
Colin Caswell



Judy Caswell: Drama 3, 4.
Nan Cates: Keyettes.
Chip Catherine: Swim Team 2.
Randy Chambers: Basketball 2; Football 2.



Janet Chestnut: FHA 2, 3, Historian Parl. 2, 4; Latin Club 2, 3.
Keith W. Chilcote: Newspaper; Stamp & Coin Club; Key Club; Ecology Club.
Cheryl Christ: High Life Club 3, 4; Gymnastics; Swim Team; Track.
Dave Christie: JV Wrestling 2; V Wrestling 3.



Beth Ciucci: FHA; Drill Team.
Holly Clanahan: Newspaper, Feature Editor 4.



Celia Clark: Dynamics 2, 3, 4; Sym. Chorale 3, 4, Treas. 3; NHS 3, 4.
Christopher Clark



Laura Lee Clark: Soph. Class Sec. 2; Dynamics, Pres. 4; Sym. Chorale Accompanist 1, 2, 3, 4.
Michael Clemmons

Sophomore Split

Remember when you were a sophomore? Though ages ago, you WERE one once!

What categorized the year 1973-1974? Robinson — West Springfield. No, ROBINSON-WEST SPRINGFIELD! Lake Braddock fell by the wayside as students tried desperately to change their new school environment to that of whichever school they had previously attended. Problems arose as friends were left behind in the "Old School" and tempers flared when everything didn't go like it had "Last Year." Oh well, everything would get better as a junior.

Juniors Jump

The Sophomore "Split" was over and the Junior "Jump" was on!! It was our second year at Lake Braddock and we decided to get things rolling. We jumped in with both feet. We played the first varsity sports. We started the first clubs and organizations. We ordered the first class rings. We got the first class rings. We took the first PSATs. We took the first SATs. We got the first varsity letters. We got the first varsity letter jackets. We had the first Junior Prom. Everything we did was tradition-setting-"firsts," and once we did it we knew we wouldn't have had it any other way.

Sheila F. Cleveland: Drill Team 2; FTA 3.
 Lisa Clohisy
 Sarah E. Cocke: Keyette 3, 4; Yearbook 4;
 Varsity Tennis 2, 3, 4; JV Basketball 2; Varsity
 Basketball 3; Track Manager 2; Student
 Trainer.

Barbara Coleman: Swim Club 2.
 Chip Collier: Swim Team 1, 3, 4.
 John W. Conner: Newspaper Printer 3, 4;
 Cross Country 2, 3; Winter Track 2, 3, 4; Spring
 Track 2, 3, 4.

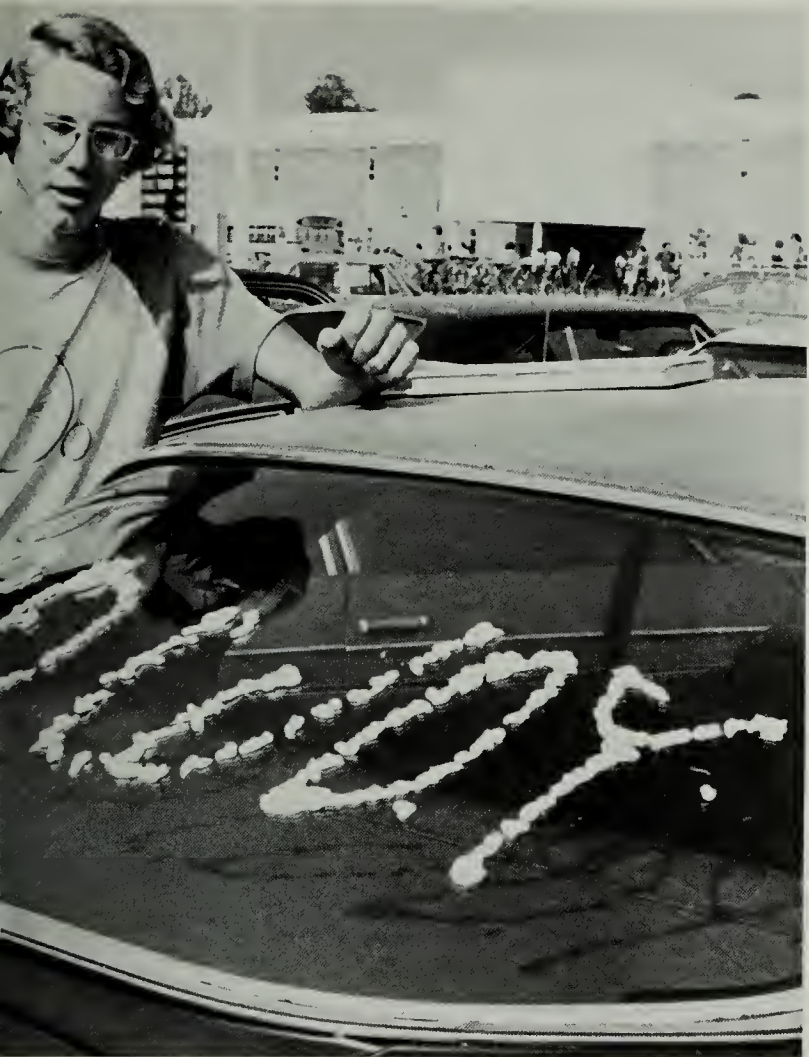
Nicki Constantinos: Ski Club 4; Drama
 Club 4; Service Club 1; Volleyball Team 1;
 Hiking Club 4; Photography Club 4.
 Michael Coody: Swimming Team 4;
 Diving Team 4; Soccer 4.
 Diana Cooper

Jeaneen Cooper
 Henry James Corscadden III: French
 Club 3, 4; Latin Club 2, 3, 4; Ski Club 3, 4; SGA
 3, 4; Jr. Class Pres. 3.
 Ann Couture: JV Cheerleading 2; Varsity
 Cheerleading 3, 4.

Steve Cox
 Dwight D. Cragun

Shelley Cramblet: Newspaper 2, 3;
 Cheerleading 1, 2; FBLA 3, 4; Girls Letter Club
 1, 2; Swim Team 2; Volleyball 2; Tennis 1, 2.
 Belinda Crenshaw: FTA 1; Ski Club 4.





On the last day of his Junior year, Marty Moke, along with many of his classmates, feels rowdy!



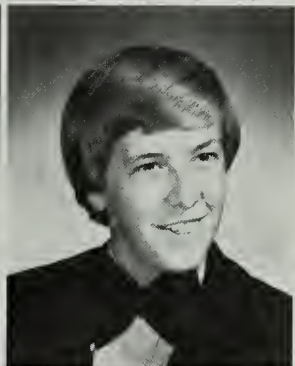
Judy Crigler



Duane Cromwell: JV Football 2; Varsity Football 3, 4; Varsity Wrestling 3, 4; JV Wrestling 2.



Stephen Crow



Craig Crutchfield: Varsity Baseball 3, 4.
Bill Crutchfield: Varsity Football 3, 4; JV Football 2; Track 1, 2; Tennis 1, 2, 3, 4; Key Club 2, 3, 4.
Yvonne Cypert
Doug DaCosta: AV 1, 2; FBLA 4; Chess Club 2, 4; Swimming 1, 2.



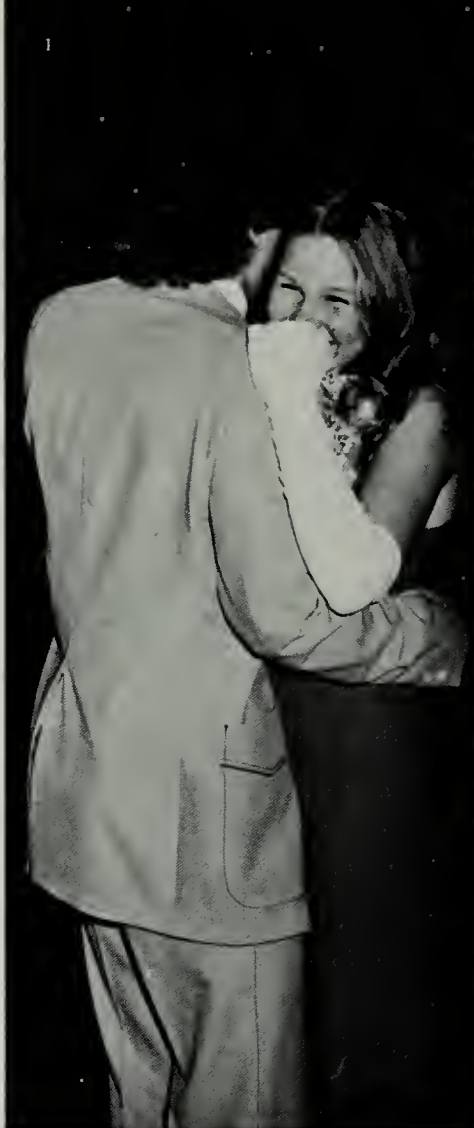
Brad Dalton
Penny Dalton: Drill Team 2, 3.
Jim Damato: Soccer 2, 3.
Bill C. Davis Jr.: Basketball 1, 2, 3; Lacrosse 3, 4.



Kara L. Davis: Drill Team 2, 3; Gymnastic Team 2.
Melissa Davis
Kim Lorraine Deck: Sym. Band Treas. 2; Swiss Flags Co-Capt. 3; Marching Band 2, 3.
Belinda DeDios: Ski Club; Keyettes.

Pieces of April... Morning in May

1. Kim Deck, Michael Guertin
2. Nancy Nafzinger, Ed Murphy
3. Mike Belt, Angie Bramblet
4. Sharon Harmen, Rob Greenburg,
Cheri Hall, Bill Crutchfield, Doug
Dugan, Pam Mangum
5. Ann Couture, Jeff Pratt
6. Clay Richardson, Dawn Ploe
7. Brian Andy, Nina Schuling
8. Luther Addair
9. "Springfield"
10. Bill Grammar, Gail Peterson
11. Mr. and Mrs. Oaks
12. Brent Sanders





IF YOU ASK ME-

"It really doesn't seem any different than any other year."

"I don't want to finish high school already, I feel I've been cheated!"

"I'm really looking forward to graduation as a first step toward becoming independent."

"I'm glad I'm graduating but . . . BOY, am I gonna miss my mom!"

"I've always thought I'd have the next year to get more involved or to do something I've always wanted, this is my last year, but I LOVE IT!"

"I don't want to leave high school, I'll miss all my friends."

Tammy Dempsey: Ski Club 4; FBLA 4; Art Club 2.

Brian Denny: Varsity Football 3, 4; JV Football 2; Frosh Football 1; Lacrosse 3, 4; Varsity Track 1.

Marc Denny: Marching Band 1, 2, 3, 4; Stage Band 2, 3, 4; Sym. Band 2, 3, 4.

Michael Digby: Varsity Basketball 3, 4; JV Basketball 2.

Mark E. Divito
Chuck Dizenfeld
Kathleen Donnelly

Tina Dore: Drama Club 1; Yearbook Staff 2; Softball 2, 3; Basketball 2; Ecology Club 3.

Debbie Dougherty: Drill Team 2; NHS 3, 4; Swiss Flags 3.

Chris Dubiel: JV Soccer 2, 3.

Doug Dugan: JV Soccer 2; Varsity Soccer 3, 4.

Joyce Early

Kent A. Eberhardt

Cheryl Eisenhard: NHS; Ecology Club; JV Softball 3.

Mark L. Eisenhower: Key Club; JV Football 2.

Kim V. Erb

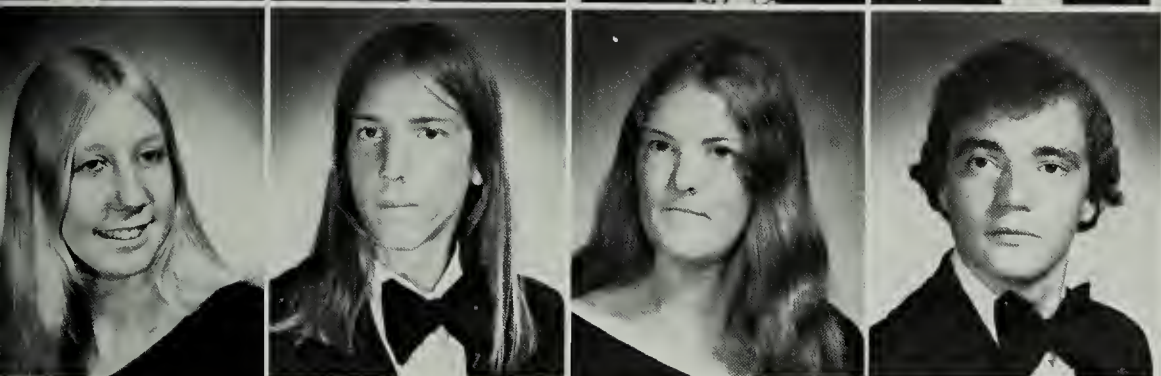




Cheryl L. Eslinger
Patrick C. Espinosa: Soccer 3.
Susan Essman
Elizabeth A. Everly: SGA; Equestrian Club.



Patrick J. Fee
Michael R. Ferro
Eugene Fichter
John E. Finnegan: French Club 2; Varsity Football 3, 4; JV Football 2; Frosh Football 1; JV Wrestling 2; Varsity Wrestling 4.



Linda A. Fisher: Drill Team 2; Swiss Flags 3, 4.
Sean Fitzmaurice: Latin Club.
Megan Flaherty: Pep Club 1; German Club 1; Equestrian Club 2, 3, 4; Ski Club 3, 4.
James K. Flowers



As Ron Heinz talks to Brian Mason, he advises that if he eats his Wheaties, he'll be a senior before he knows it!



Blanca P. Foglio



James G. Foggo: Rifle Club; Key Club; SGA; NHS; FHS; Lacrosse Club 3, 4.



George A. Font: SGA.

Connie Foran
 Marianne Ford
 Michele A. Forney
 Robert A. Frasca: JV Football; JV Track.



Laurie Rubino and Steve Zavada ponder on the question asked by Chip Collier, "What do I do if my head gets bigger before graduation?"

Brian R. Frear: Wrestling.
 Kenton B. French: JV Basketball; Varsity
 Basketball.
 Laura Frenzel



Lynn Fullerton
 Jo Gage
 Michael R. Galstan: Concert Band 1;
 Latin Club 2; Football 1, 2, 3, 4; Baseball 1;
 Indoor Track 2, 3, 4; Outdoor Track 2, 3, 4;
 Cross Country 4.



AS I WAS SAYING...



Stephen J. Galvin: Key Club 2, 3, 4.



Steve Garcia

"I'm glad I'm a senior, I can get out of this RATRACE."

"Every year has gone by really slow, but this year is catching up with me already!"

"I'm not ready to leave, I'm having a Blast!"

"I've always thought I'd have forever to do things before my senior year, but . . . it's here already."

"Being a senior is like being the Daddy of the school."

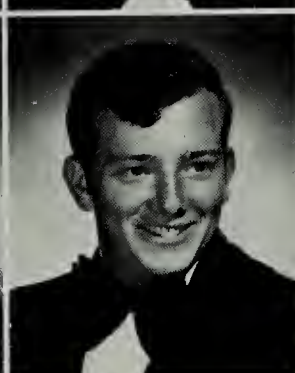
"Seniors are idealistic just like any other group of an advanced position."



Joan E. Gardiner: Newspaper Staff; SGA.
Vicki L. Garland
Melissa A. Garman: NHS 3, 4.
Susan Gatlin: FHA 1, 2, 4; Keyettes 2, 3, 4;
NHS 3, 4.



Michael Gatti: SGA 3, 4.
David T. Gimple
John C. Giza: Soccer 3, 4.
Joy A. Gladwell: NHS 3, 4; 4-H Club 1, 2, 3, 4.



Kolleen K. Gowans: Latin Club; Drama.
Bill Grammer: Football 1, 2, 3, 4; Track 3, 4;
Wrestling 4.
Max Grandinetti
Robert C. Greenburg: SGA.



R. Joel Greene: Literary Club; SAC.
John Greenwald
Pamela L. Grich: Drill Team 2, 3, 4; NHA
3, 4; FNHS 3, 4.
Pamela L. Grimes: Majorettes; SFC.

Pedalin'...

As the Class of '76 came into its senior year, it realized that the time had arrived for some money-making action. Ideas resulted in a Bike-a-Thon and several carwashes.

The Senior Class Bike-a-Thon was held on October 11. In the days before the actual cycling event, seniors were cornering students and administrators to collect pledges for each completed revolution around the school. One-half of the total proceeds were donated to Northern Virginia Training Center and the remaining sum was placed in the class treasury. Though the Bike-a-Thon's success was somewhat disappointing, it was agreed that any and every little bit helped.

Jeanne Groves: Spanish Club 1, 2, 3; Foreign Language Club 2, 3; Pep Club 2.



Colette Guertin: FTA 2; Ecology Club V.P. 2, 3; Art Club Sec. 3; French Club Pres. 3; Writers Club 3; Debate Club 3; Class Sec. 2; Cheerleading 2; NHS 2, 3, 4.



Raymond Haar
Steve Hackney: Football 1, 2, 3, 4;
Wrestling 2, 3, 4; Gymnastics 2.
Kevan Hale
Kathy Hales: French Club 1; Bible Club 1,
2, 3; Drill Team 3; SCA Rep. 2.



Cheri Hall: Spanish Club 1; Art Guild 1;
Drill Team Co-Capt. 2, 3, 4; Safety Council 2, 3,
4; NHS 3, 4; Spanish NHS 3, 4.
Sharon Harmon: FBLA 3, 4; Spanish Club
1; Varsity Track 1.
Chelle Harrison: SGA 4; Drill Team 2;
Broadcasting Club.
Donna Hart: Softball 1, 2; Soccer 2, 3;
Drama Club; JV Cheerleading 2; PE Club;
International Club.

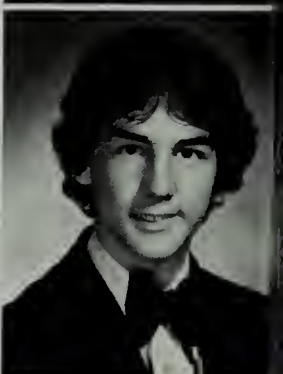


Becky Patellos bikes to beats as she shows us the easy way to make a buck at the senior class Bike-a-Thon.

Rob Hartian
Natalie Haugh: Yearbook 1; FTA 1; NJHS
1; French NHS 3, 4; Spanish NHS 3, 4; FHA 3,
4.



Kimberley Ann Havens: Drama 1, 2.
Richard Hays: NHS 3, 4; Sym. Band 4.





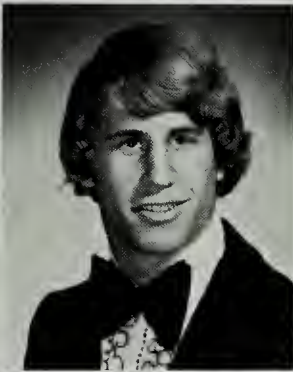
Michele Hazelip: German Club 3.
 Ronald Heinz: Key Club 3, 4; Newspaper
 Staff 3, 4; Football 1, 2, 3, 4; Track 3, 4.



Ken Henderson
 Ava Hendrix



Mark Kaczmarek, Tony Stephan and John
 Lowe donate scrub power at a '76 carwash.



Douglas Henry
 Chuck Herb: Football 2, 3, 4; Wrestling 2, 3.
 Kim Herb: Ski Club; Spanish Club; High
 Life Club.
 Russell Herndon: Sym. Chorale 2, 3, 4.



Carolyn Herold: Sym. Chorale 2, 3, 4;
 Dynamics 3, 4; Latin Club 2, 3.
 Marissa Herrera: FBLA V.P. 3, 4.
 Dean Hess: Gymnastics 2.
 Marcia Hess



Chris Hibbert: NHS 3, 4; French NHS 3, 4;
 Key Club 2, 3, 4; Football 2; Wrestling 1.



Mike Hibbert: Football 2; Lacrosse 3; Cross
 Country 4.

...suds

A more successful attempt at expanding the budget were car washes which were held in the summer and early part of the school year. The enthusiasm was contagious at these "suds parties." In spite of a few water fights, the work output was tremendous and the cash input was exceptional.

Whether it was bicycle grease or elbow grease, the senior class gained some warm memories and cold cash.

. . . card playing . . . peasant tops . . . shag hair . . . Beach Boys . . . toe socks . . . hip huggers . . . tube tops . . .

Cortney Hicklin: FHA, V. Pres. 2, Pres. 3,
4; NHS 3, 4; German Club 4.
Cathi Hickman
Kelly Higgins: Gymnastics 3, 4.
Molly Hill



Ann Hines
Bryan Hobbs: Yearbook 2; JV Wrestling 2;
V Swimming 3.
Rick Hock
Rae Hodge: Tri-Hi-Y 3.

Lori Ann Hoey
Kenneth Holroyd: NHS; V Basketball.
Frances Kimberly Holt: Emeralds
Service Club 2; Sr. Class Sec. 4; Literary Mag.
2.
Judy Holtzclaw: Swiss Flag Corps 3,
Captain 4.

“smile faces” . . . jean jackets . . . water balloons . . . boots . . .

. . . crocheted vests . . . sweater vests . . .

jackets and slacks . . . “mooning” . . . brightly enameled fingernails . . .



A department store's clothing advertisement? No, but Mike Belt, Teresa Stuart and Mark Kaczmark show off attires characteristic of our senior year.

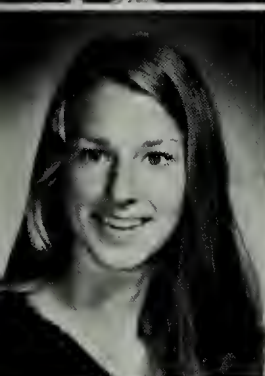
cuffed high-waisted pants . . . smocks . . . platform shoes . . . matching



Ken Honingford: V Track 3.



Ray Huber: Newspaper 3, 4; SAC 4; JV Soccer 2, 3.



That better? Didn't it seem like we were back in the Fifties sometimes? Except for the bobby socks and slicked-back hair. Euh, grease! Guess this was the way we'd remember our high school years. Get my drift?

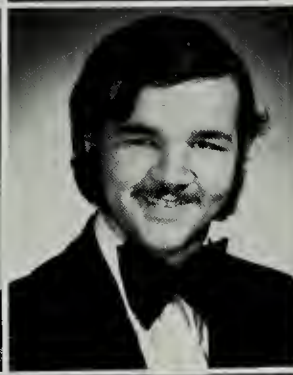
50-50

Why was copy written about our high school fads and fashions? Everyone remembered, right? . . . Right? Oh, . . . Would you like your memory refreshed?

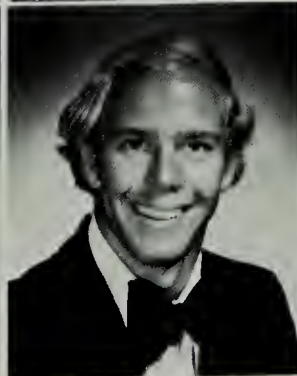


Laurel Hughes: NHS 3, 4, V. Pres. 3, 4; SGA Committee Chairman 3; Drill Team 2, 3, 4, Lieutenant 3, 4; V Girl's Track 2, 3.
Karen Hull: Newspaper 3, 4, Educ. Editor 4.
Jane Hurd: Newspaper 2; DECA 3; Literary Mag. 4.

Peggy Hutchinson: Pep Club 2; JV Hockey 3; Softball 2, V Asst. Manager 3, 4.
Sue Ann Hyer: SGA Committee Chairman 2; NHS 3, 4; Keyettes 4; Gymnastics 2; Frosh Cheerleader, Captain; JV Cheerleader 2, Co-Captain; V Cheerleader 3, 4, Co-Captain 4; DECA 3.
Teryl Hyer



Andrea Ippolito: Softball.
R. Saress Ivey: Newspaper 1, 2, 3, 4, Editor-in-Chief 3, Managing Editor 4; NHS 3, 4; Latin Club 2, 3, 4; FTA 2; Swiss Flag Corps 4.
Ernie Lee Jackson: Chess Club 3; WLBS 3; Frosh Football.



Wayne F. Jackson: Flying Club.
Brian F. Jacobeen: NHS; Swim Team.
Elizabeth C. James: French Club 1, 3, 4; Model UN 1; Fine Arts Union 1.

hot pants . . . "streakers" . . . washed jeans . . . leather belts . . . yo-yos . . . rolled-up jeans . . .

blazers . . . longer — shorter hair . . . halter tops . . . frisbees . . . bow ties . . .

Eric Johnson
 Leslie Johnson
 Sherrie Lynn Johnson: Keyette; SGA.
 Cheryl Jones



Dwain Jones: Stage Band; Symphonic
 Band; Lacrosse.
 Jackie Jones: NHS 3, 4.
 Russell Jones: Yearbook.
 Valerie Ann Jones: Drill Team;
 Cheerleading — Var. 4.



Mark Kaczmarek: Key Club; SGA 4; NHS.
 Bruce Kaplan
 Barbara Kauffman: Band; NHS.
 Julie Kelly: NHS 3, 4; Math Team 3, 4; Ger.
 Club 3, 4.



Sue Kenyon
 Steve Ketchum: Ring Com.; Grad. Com.
 Kaaj King
 Douglas Kirkpatrick: NHS 3, 4; NFHS 3,
 4; SAC 4.



"HI GUYS"

"Crossing the Delaware" and Jaws were the co-stars of the Senior Class performance in the Fall Follies. The crowd was huge, the people were ready. When Washington, Charlie Chaplin, the cowboy, and the dancers, singing "Don't Rock the Boat," made the scene, the crowd roared. Then it happened! Jaws took over the picture and the characters suddenly paddled their way into a panicked frenzy. But they just couldn't make it through the endangered waters. Jaws won the battle.

The ability to act and keep an attentive audience was certainly displayed by the Senior Class!

Jim Klein



Beth Klompus: Keyettes; Spanish Club;
 Pep Club; SCA.

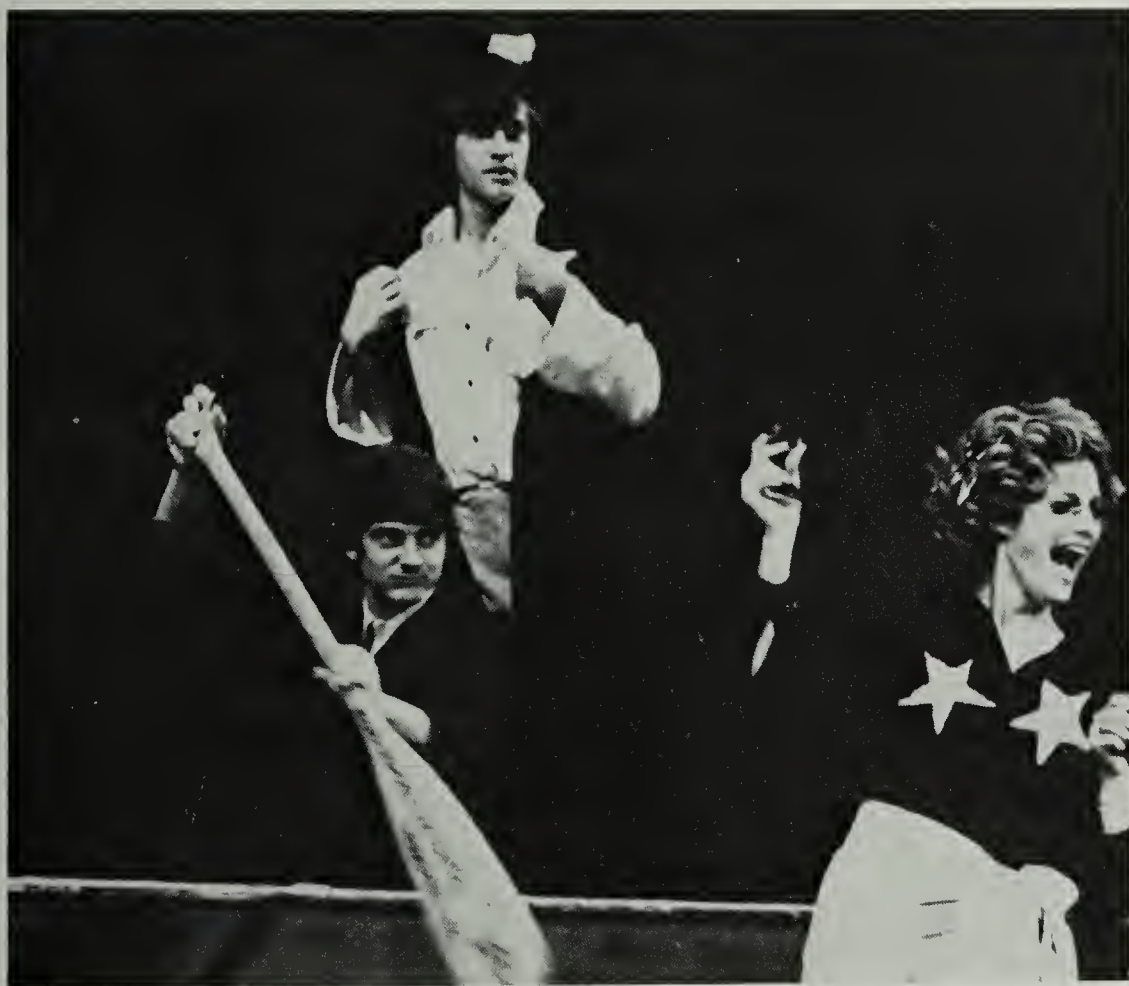




Ronald Knepp: NHS.
Mark Knutson: High Life Club.
David Komornik



Steven Edward Lakata
Charles Lamb
Michael Langager



As Scott Larson watches Vince Ramik paddle through troubled waters, Teresa McKay jives to the music.



Dale N. Larson
Scott K. Larson: NHS; Speech & Drama.
Ruth Lauck



As Carolyn McDaniel stands next to her father, she is announced Fall Festival Queen.

Carol Lee: Pep Club, Cheerleading 1.
 Eric Leeper: Yearbook 1, 2, 4; Newspaper 1, 3, 4; Quill & Scroll 3, 4; Baseball 1, 2; Stamp Club 1; NHS 4.
 Paul Lettieri
 Heidi Lewis: Debate Team 1; Yearbook 3; Social Com. 4; NHS 3, 4.

Tim Lex: JV Football; JV Track.
 Valerie Light: Yearbook; Newspaper; FBIA 4.
 William R. Lloyd: Football; Tennis.
 Cindy Long: Drill Team 2; Swiss Flags 3, 4; Keyettes 4.

"THINGS CAN HAPPEN"

Each November, Lake Braddock did something special. They set aside an entire day for great ideas and fun activities. The night before this special day, the Bruins displayed their endless abilities when the football team played Chantilly. The Seniors proved that they had the know-how when it came to putting together a terrific float! Their float, "Life, Liberty and the Pursuit of Chantilly," won first prize for the second year in a row. The supporting cheers continued as Carolyn McDaniel was announced Fall Festival Queen. One very creative and well put together display on Fall Festival Day was an arts and crafts booth represented by the Seniors. It showed that time and consideration went into every item made. Everyone agreed when it was said that the Seniors outdid themselves when they went all out and proved that "things can happen" when everyone pitches in.

Brian Leary

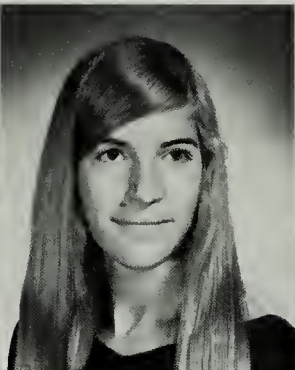


Jim Lebiedz: NHS; Newspaper Club; Photography Club; Frosh Football; JV Football; JV Soccer; Winter Track 2, 3, 4; Spring Track 2, 3, 4.
 John Ledder: Newspaper Staff 3, 4.





Todd Lovett



John Lowe

Jeanne Lull: Yearbook 4; NHS 3; Quill & Scroll 3, 4; Varsity Track 2, 3, 4; Softball 1.

Laura E. Lund: Latin Club; French Club.



Thomas Lyles: Football 1, 2, 3; Baseball 1, 2; Lacrosse 3, 4; Winter Track 2.

Mitchell Lynch

Douglas MacFarland: VICA.

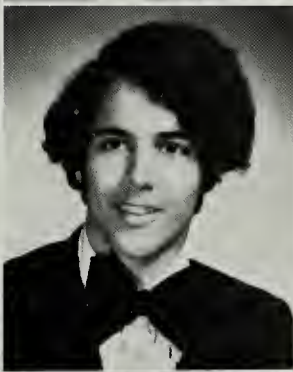


Kennith Magill

John Main: Lacrosse 3, 4.

Gary S. Maley

Diane Mancene



Chuck Mangum: Football; Baseball.

Marsha Carol Mann: Swim Team 3.

Diane Mannino

Bryan Mansour: Marching Band; Pep Band; Symphonic Band; Concert Band; Key Club; High Life Club; Baseball; Basketball.



Ellen Marcello

Ron Marryott: Math Club; Spanish Club.

Rebecca A. Marshall: NHS; Graduation Comm.

Caroline Lee Martin



As most seniors see it, Bruce Springsteen is one of the most popular Rock stars in the year of 1975.

Boogie Down

What is it that compelled hundreds of otherwise ordinary kids to give up their hard earned greenbacks, to be uncomfortably seated miles from the stage and to become screaming, raging fans for an impersonal idol? Music! In their minds, ears, hearts and memories, drawing from the ranks of the quietest to the most aggressive, attracting any creature with the means to get to it and two ears to hear it, music became a contagious pastime. The choices were endless — blues, rock and roll, soul, jazz, disco, classical, mellow, country, bluegrass, whatever fit the mood of the mind. In any size, shape or color, the talent behind the song was ready to satisfy. Whether one preferred bizarre, boogying, motown music from Bruce Springsteen or Billy Preston, or mellow memories from Dave Mason or Cat Stevens, the effect was universal.

Courtney McClurg: Keyettes 2, 3, 4; NHS 3, 4; FHS 4.

Ann McCubbin: NHS 3, 4; Jr. Varsity Cheerleader 2; Varsity Cheerleader Co-Captain 3; NJHS 1; Tri-Hi-Y 4.

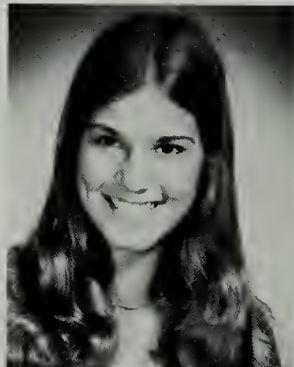
Carolyn McDaniel: Yearbook; Senior Committee.
Ann McElheny

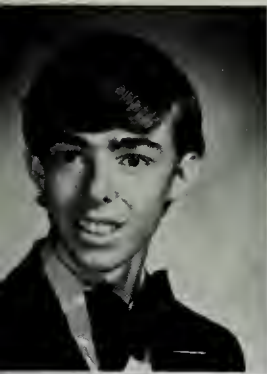
Cathy McHale: SGA; Keyettes; NHS; French HS; Math Team; Tennis.
Teresa McKay: JV Cheerleader 2; Varsity Cheerleader Co-Captain 3; "Deadwood Dick."

Mary Ellen Martin: Drama.

Mark Masaitis

Nadine Matteson: German Club; NHS.

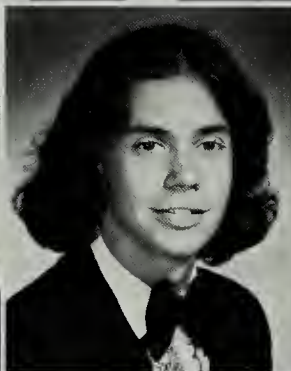




Kenneth W. McLain: NHS; Spanish HS; Chess Club; Math Team; Tennis Team.
Clement McLaughlin: DE Club.
Susan McNabb: NHS; Spanish HS; Math Team; Tennis Team.
Dan Meade: Varsity Football.



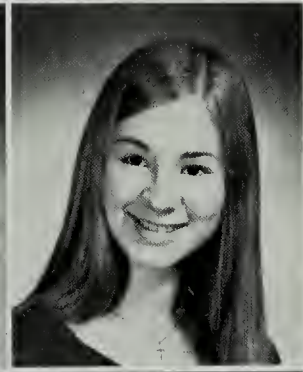
John Meade: Baseball 2.
B. J. Meadows: Football 1, 2, 3, 4.
Randy Melton



Bob Merritt
Victor Michl: Stu. Advisory Council.
John A. Milford: NHS; Computer Club.



Brian Miller: Symphonic Chorale 3, 4; Swim and Dive Team.
Robert Byron Miller: FBLA Pres. 3; State V. Pres for N.Va. 4.
Cheryl Miller: NHS; French HS; French Club; Swiss Flags.



Don Miller: Football 2; Track Indoor and Outdoor 2, 3, 4.
Karen Miller: NHS 3, 4; FBLA 3, 4; Yoga Club.
Laura Lee Miller: Varsity Cheerleading 3.



Margaret Miller: FBLA 3; Drama 2; Dance A Thon.
Mark Miller: SGA; Varsity Wrestling; Varsity Football.
Timothy Miller: Varsity Football; Indoor Track; Spring Track.
Stephen J. Millnick: Chess Club 1; Tennis 2, 3.

Priorities

What was high on your priority list?

As a senior, you would probably have grades on top. For some, candles burned late into the night. Others rose early to prepare as the last minutes before a test ticked away. As decisions approached for college preferences, more students felt their standings in SAT's and class rank important. This importance may have made you strive to do better. Though you were unable to change the past, you tried to make the future look promising.

Martin Moke: French Club; French NHS; Cross Country; Winter Track; Spring Track.

Mary Katherine Monroe

MaryEllen Morales: Advanced Girls Chorus Accompanist 3, 4; NVTC 3.

Betsy Morefield: Spanish NHS 3, 4; NHS 3, 4.

Julie Anne Morin: French Club 1, 3, 4, Recorder 4; NHS 3, 4, Model UN 4.

Debi Morris: Keyettes 2, 3, 4; Drill Team 2.

Karl Morris: Football 1, 2, 3, 4.

Karen Morrison: Drill Team Treas. 2.

Donna Moubray

Debbie L. Moyer

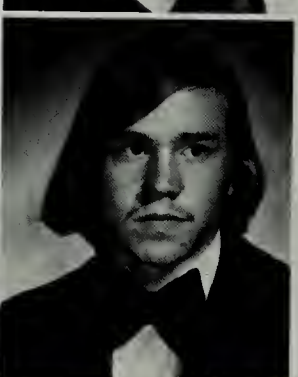
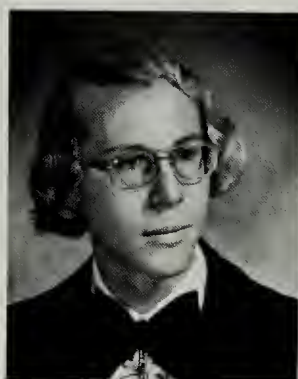
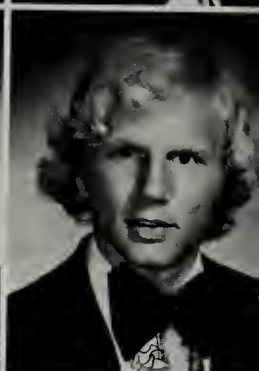
Sue Muck: Ski Club, Sec./Treas. 2.

Helen Mulvihill: V Cheerleader 3.

Steve Mundy

Delores Minick: FHA, Reporter 1.
John D. Mitchell: Frosh, JV Wrestling, V Manager; JV Spring Track; V Winter, Spring Track.

Tod Mitchell
John Moffatt: Literary Mag.; Frosh, JV Basketball; JV, V Soccer 2, 3, 4.

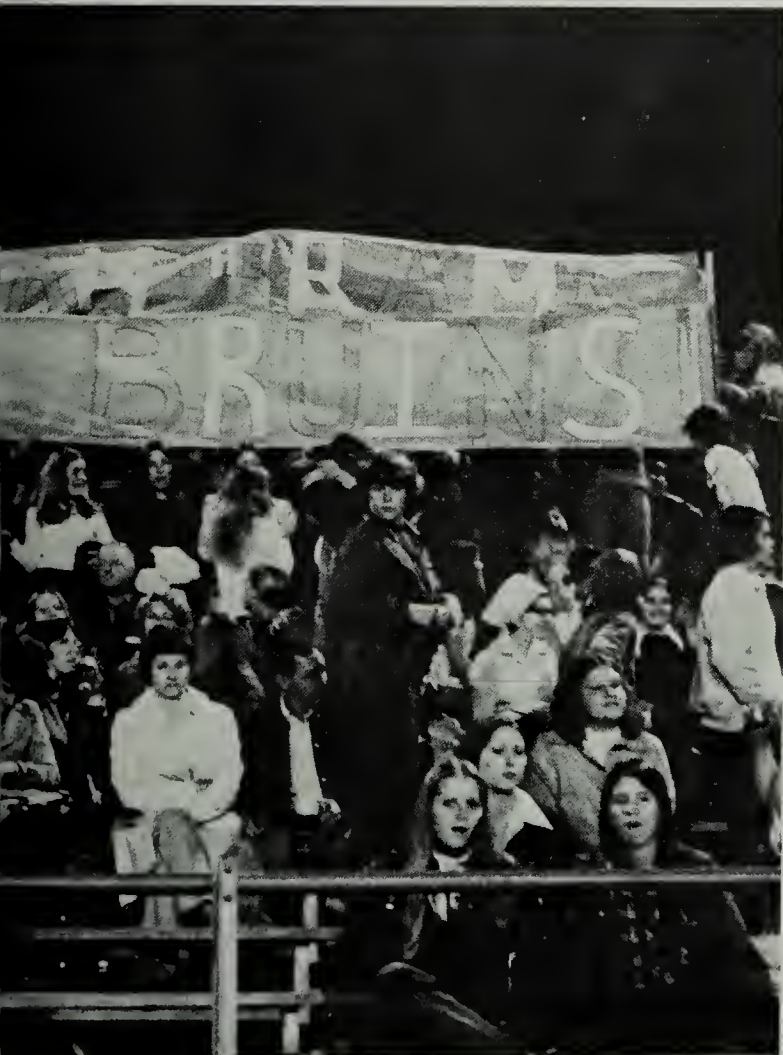




Robert Murray
 Claudia Mutter: NHS 3, 4; Spanish NHS 3, 4; Yearbook 2.
 Nancy Nafzinger: NHS; Keyettes.
 Mary Jo Nehrt: Frosh, JV Cheerleader.

Robin Nelbach: JV Cheerleader.
 Kim Ness: FBLA, Treas. 3, Historian 4; Tri-Hi-Y 1; Marching Band 1; Sym. Band; Frosh Basketball.
 Dawn Newcombe: Swiss Flag Corps.
 Binh Nguyen

Andrew P. Nierenberg
 Mark Nimmo
 Amy Norton: Forensics Team 2.
 Mike Norton: Lacrosse 3, 4; Frosh, JV, V Football; Frosh, JV Basketball.



Spirit? You betchya! Although the game was held at Robinson on a Monday night, the senior class displayed its patriotism with a massive banner to express its feelings for Robinson's Rams.



Teri Oberheu



Erin M. O'Connell: Drama 1, 2, 3; SGA.

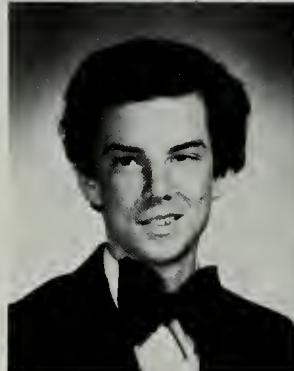


Peter J. Ohlhaver: Band 1, 2, 3, 4.

Noreen O'Kane: Newspaper Staff; Quill & Scroll; Field Hockey; Track.
David Olivier: NHS 3, 4; Boys' State Delegate 3; Track 1, 2, 3, 4.



Hal O'Neil: Military Strategy Club 4.
Tim O'Neill



John Padgett: Football 2, 3; Basketball 2; Track 2, 3, 4.
Mark Palau: Debate Club 2; Tennis 2; Soccer 2.
Joseph Paluh



Sharon Rose Pane
Kathy Paschal: Pep Club 1, 2; SRA 1; Yearbook 1, 2, 3, 4; NHS 3, 4; Quill & Scroll 3, 4; Tennis 2, 3, 4.
David Pasztor: Newspaper Staff 3, 4; Yearbook; Quill & Scroll.



Rebecca Patellos: Newspaper Staff 3, 4; Tri-Hi-Y 4; Cheerleading 2, 3.
David A. Patten: Newspaper Staff 1, 2, 3, 4, Ed. 4; NHS 3, 4; Quill & Scroll 3, 4; Football 2, 3, 4; Wrestling 1, 2, 3, 4.
Dwanda Darlene Patterson: NHS 3, 4; Equestrian Club.



Scott J. Patton: Soccer.
Claudia Pazmany: FHA Sec. 3.

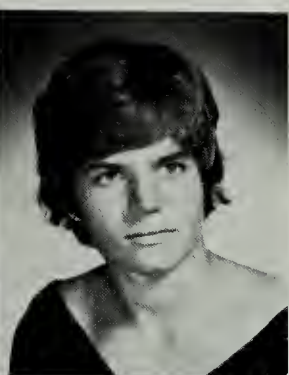




Seniors in Sub-School Five Amer. Civ. show enthusiasm on the bus ride home from a lively field trip to Harpers Ferry.

Taking it eazzzzzy

The senior year was the last year of high school and, for some, the end of all school. For this reason, it was usually made the most of, and was often called the "take-it-easy" year. Lake Braddock was no exception, to say the least. Seniors were usually found either talking, snoring, or just plain old goofing off. Academic classes were held to a minimum for most, although independent "study" was very popular. Quite a few seniors held a four period schedule, leaving out a first period, and a last period. This accommodated for sleeping-in late and skipping out early. The last year was a year made especially for having great times and the senior year recipe of Lake Braddock's first grads included all the necessary ingredients.



Vicky Pergerson: Softball 3, 4; Tri-Hi-Y 3, 4.

Audrey Perkins: FTA; Tennis 1, 2, 3, 4; Basketball 2, 3; Softball 1, 2, 3, 4; Sym. Chorale 2, 3, 4; Dynamics 2, 3.



Theresa Perkins: Newspaper Staff 4; Tri-Hi-Y 4; Drill Team 2; Diving 3.

John Peters: Track 3; Stage Band 2, 3, 4; Marching Band 2, 3, 4; Sym. Band 2, 3, 4.

Richard Peterson: Basketball 2, 3, 4; Capt. 3.

Cathy Pflughardt: NJHS 1; Drill Team 2; Quill & Scroll 3; Keyettes 3; Newspaper 3.



Daniel Phillips: Track 2, 3, 4; Football 1, 2.

Ray Pickering: Lacrosse 3, 4; Wrestling 2, 3.

Dawn Ploe: Keyettes, NHS 3, 4; Sym. Chorale 2, 3, 4; Dynamics.

Ginger Polk: Surfing Club; Sym. Chorale 2, 3, 4.



Michael Charles Poreda: Spanish NHS; Chess Club; Military Strategy Club.

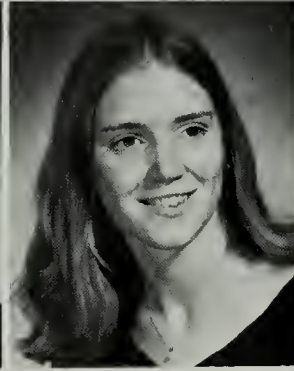
Jim Prescott

Sue Prescott: HERO 3.

Rea Price
 Richard L. Price
 Bernadette Prutzman: NHS; German
 Club V. Pres. 4; Softball; Hockey; Basketball.



Michael Radding: Chess Club V. Pres. 3,
 Pres. 4; Cross Country 1, 2; Track 1.
 Jill Rallison: Newspaper 3, 4; Quill & Scroll.
 Vince Ramik: Sym. Chorale 4; SGA 4.
 Rosemary Ramos: High Life Club; Swim
 Team.



Julie Ramsey: Field Hockey 3, 4.
 Elizabeth R. Read: Drill Team 3; Sym.
 Chorale 4.



Cartwright Reed: Soccer; Tennis.
 Lori Reese: FTA 1; Orchestra 1, 2, 3, 4.
 Robert B. Reeves

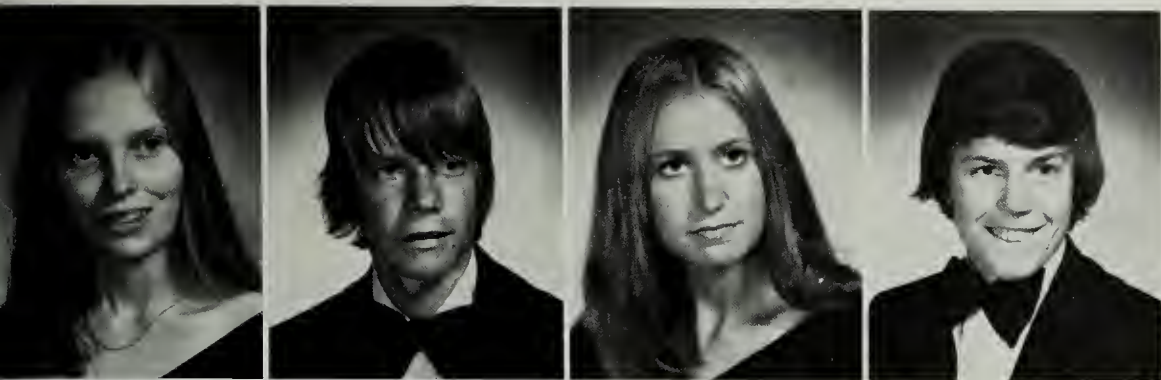


Michelle Reichert: Drill Team 4.
 Kenny Reynolds
 Steven Reynolds: Newspaper 1, 2, 3, 4;
 Golf Team 2, 3, 4; Ski Club 2.
 Cassandra A. Rich: NHS; French Club;
 Cheerleading 2.



Claiborne L. Richardson II:
 Marching Band, Stage Band, Sym. Band 2, 3, 4;
 Drum Major 2, 3, 4; Baseball 2.
 Dave Richardson
 Scott Richardson: Basketball 1, 2, 3, 4;
 Baseball 1, 2, 3, 4.
 Steve Richardson: Class Treasurer 2; SAC
 2, 3.





Doris Riller
Mark Riordan
Anna Rivers: French NHS; French Club;
Modern Dance Club; Keyettes; Tri-Hi-Y; Girls'
Chorus; Cheerleading; Track.
Paul—André M. Roach



Michael Robey
Janice Robinson: Math Team; Keyettes;
SGA.



Joyce Robinson: Cheerleading 2, 3; Tri-Hi-Y 4; Modern Dance Club 1.
Susan Robinson: NHS; SCA;
Cheerleading; Track.
Vicki Roelle: Spanish NHS 4; Spanish Club 3; Tennis; Track; Bowling.

Up the Ladder

Mistakes, corrections, questions, answers . . . all a part of learning and a very big section in the lives of seniors. We were all starting on the first rung of the ladder. No one was licensed but we had to start somehow. Opportunities were abundant. Seniors were practicing to become everything from beauticians to electrical engineers. From newspaper printers to gourmet cooks, the soon-to-be graduates worked hard and some proved their talents very well. Somewhere in the near future, we knew we would hear the voice of a friend on the radio or meet up with a former classmate shouting through a speaker from a platform. As seniors, we knew the time for leaving the nest was approaching fast. But with freedom to choose from endless opportunities, we knew we could go far.



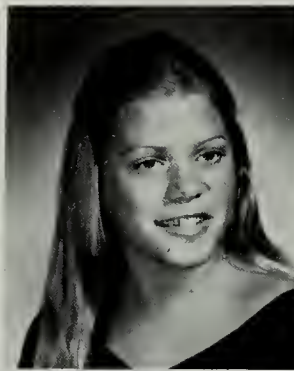
Electronics class proves itself to be a little "touchy" for senior Greg Taylor.

Cheryl Rogers: Class Pres. 3; Tri-Hi-Y 1;
Spanish NHS 2, 3, 4, Sec. 3; NHS 3, 4; Varsity
Club 3; Yearbook 4; Roteens 2, 3; Swim Team
3.

John-Matt Rogers: Ski Club; Football 1, 2;
Track 1, 2; Basketball 1, 2, 3.

Mark Rogers: Football 2, 3.

Steven James Romano: UN Club; Track
1; Cross-Country 2, 3; Golf 4.



John Rossmann
Katherine Rouse

Adam Rubin: Baseball 2; Football 2, 3, 4;
Wrestling 2, 3, 4.

Lauren Mary Rubino: Yearbook 1, 2, 3,
Editor 2, 3; Basketball 1, 2; Softball 1, 2; Sym.
Chorale 4.



Julie Ruhlen: Sym. Chorale 2, 3, 4.
Becky Rutter: Drill Team 2, 3, Treasurer 3;
Swim Team; Dive Team.

Nancy Rynex: Radio Club 3, 4.

Barbara Schleusener: NHS 3, 4; French
NHS 3, 4.



Scott Schmidt
Dave Schrader
Candy Schuster: Feature Twirler 2, 3, 4.



Jon Scott: Newspaper 3, 4; Cross-Country 2,
3, 4; Track 2, 3, 4.

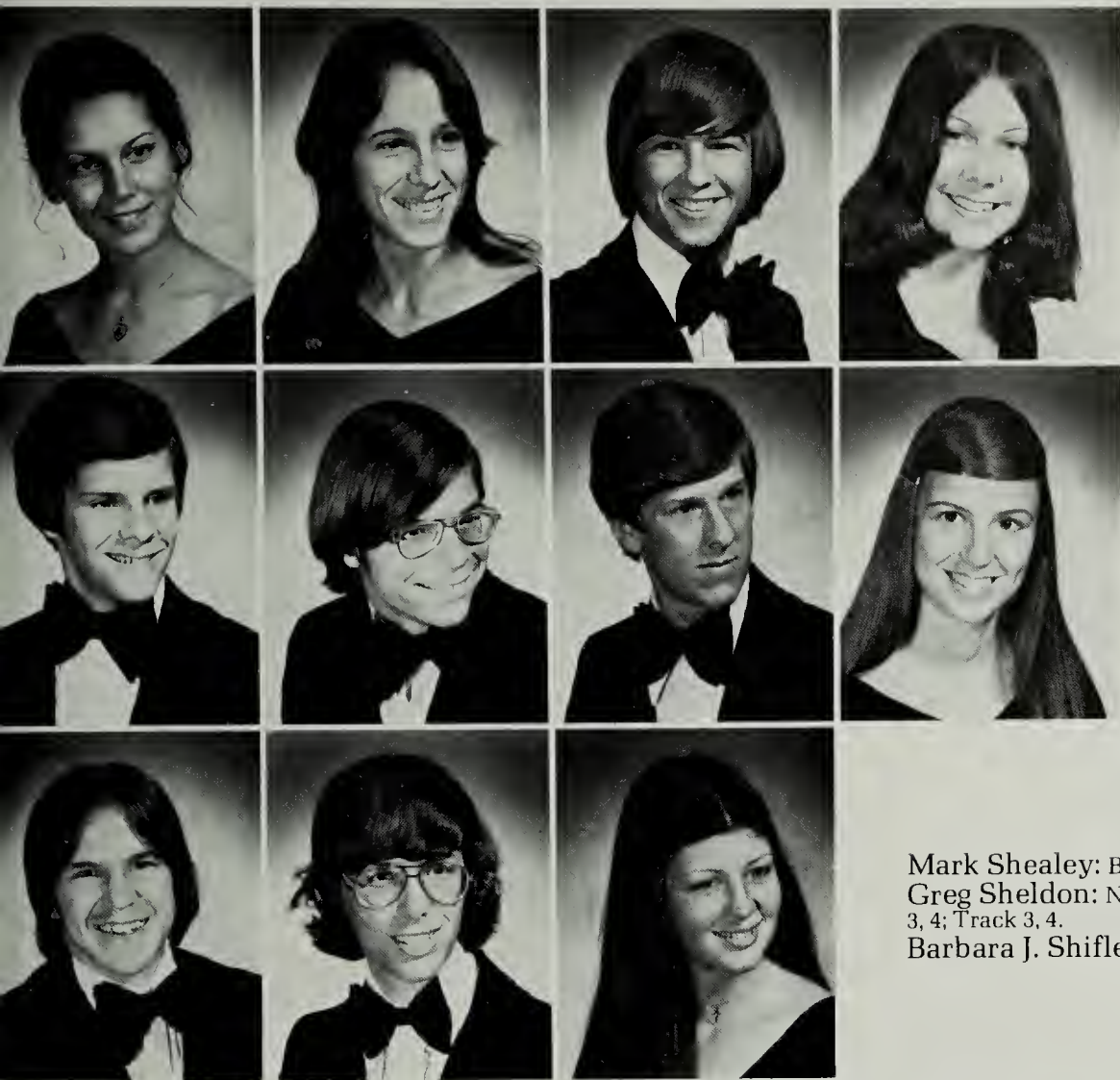
Lesley Seiver

Jeffrey Brent Sanders: NHS Pres.; Math
Team Capt.; Key Club; Spanish NHS; SAC.



Mary Kay Schaaf: HERO 3, 4.





Deborah Schafer: DECA Club 4; Track 1, 2; Cheerleading 3.
 Judi Schafer: Quill & Scroll 3, 4; Newspaper 3, 4; Backpacking Club 3, 4; Orchestra 1; Keyettes 3, 4; Ski Club 4; Gymnastics 3.
 David Schaffer: Ski Club; Latin Club; Football; Soccer; Sym. Chorale.
 Jessica Senio: Keyettes 2; Newspaper 3; Quill & Scroll; NHS; French Club.

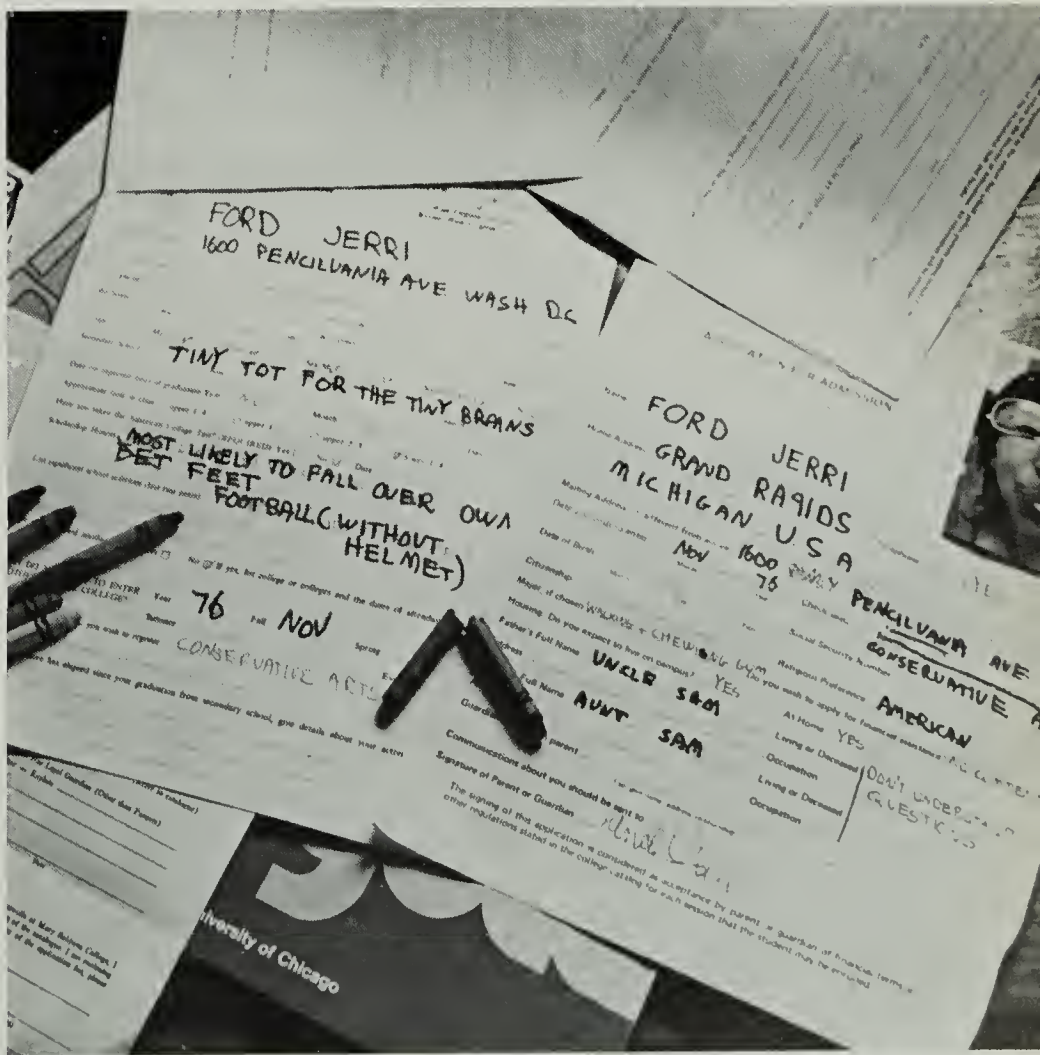
Jefferson M. Sesler: Chess Club 3, 4; Military Strategy 4.
 Clif Sevachko: Spanish NHS; Lacrosse.
 Kenneth G. Sharp, Jr.: SAC 2; Yearbook 2, 3.
 Sharon Lynn Shaw

Mark Shealey: Baseball 1, 2, 3, 4.
 Greg Sheldon: Newspaper 3; Rifle Club 2, 3, 4; Track 3, 4.
 Barbara J. Shiflett

Ivy League or Poison Ivy?

To many, the fact that we were finally seniors was difficult to believe. Together we had struggled, cried, and gnashed our teeth to pull through our high school years. There were times when we succeeded and occasionally we failed, but it was all coming to an end. Well then, what was all this talk about? It really wasn't over? We had heard of meetings being held. Usually they were held at night, but some were even held during the day. Strange people came with papers and contracts. Stacks upon rows of catalogs, each trying to look the loudest, were piled upon us. Terms muddled our minds: cost, tuition, room and board, ROTC, majors, minors, SAT's. When would it all stop?

But then, a letter arrived in the mail. Acceptance! One more senior was calmed and relaxed. What was this new and different monster which devoured us, but promised better things? Both hesitant and excited, we picked up our lecture notebooks, braced ourselves and made a first step toward . . . college!



Caution! . . . College Application. Proceed with care and include a picture if possible!

Wanda Lynn Shiflett
 Dorothy Shumay: Art Club 1, 2; Yearbook
 Staff 4.
 Ron Sibold
 Ted Silva: Football.



Dwan Simmons
 Robert Simmons: Bearfacts Manager of
 Printing 3, 4.
 Theresa Simpson: Stu. Appeals Com.
 Lorraine Singhoff: Stu. Council 2; Swim
 Team; Riding Club.

Who Knows!

As mysterious as the dreams that came and went, were the decisions the seniors made. When asked about their future plans, the response was automatic:

"I'm gonna dig a hole and jump in it."

Others gave more definite answers:

"George Mason."

"Some college or another."

"Who me? Get married and forget the whole thing."

Of course, there were those who hadn't considered it at all:

"Who knows!"

Bob Sisson: NHS 4; Latin Club 3, 4; JV
 Football 2; JV Spring Track 2; JV Winter Track
 2; V Spring and Winter Track 3, 4.

Shawn Elizabeth Skelly: Stu. Gov. 2, 3;
 Boys Swim Team; Girls Tennis Team.

Bruce Smith: JV Football.

Jeannette Smith: FHA 1, 2, 3, 4; Swiss
 Flags 3.

Editor Jane Hurd pulls the Literary Magazine
 through its beginning stages.





Lisa Kay Smith
Michael Smith: Bear Facts.



Mack Smith
Mrs. Dianne Snaith: Cheerleading 2, 3.



Jim Lebiedz is content with his dreams as well as his chow.



Peter M. Snaith
Rebecca Snowberger: Keyettes.
Helen Southern: Stu. Advisory Council 3;
Drama Club 3, 4.



Michael T. Spencer: JV Football 2.
Karl Sprague: French Club; SS5 Appeals
Comm.; Football 1, 2, 3; Baseball 2, 3; Track 1;
Basketball 2, 3.
Michael Steere: Chess Club 3; JV Football;
JV Soccer; Fencing.

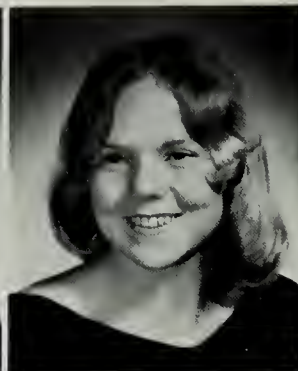


Anthony M. Stephan: Sym. Chorale;
Football 1; Baseball 1; Basketball 2.
Gray Stephenson: Football JV 1; Nat.
Swirly Team 3.
Ann E. Stewart: FHA; Spanish Club 1, 2;
Literary Magazine 2.



Kenneth H. Stockton: VICA Pres. 3.

Debra L. Stromeier: NHS, Spanish HS;
Drill Team Lt. 3; Girls Varsity Track 3, 4.
Martha Strong: Tennis; Basketball.
Theresa Stuart: NHS; Keyettes; SGA; JV
Softball.
Richard M. Sullivan



Deanna Summers: Drill Team 2, 3, 4;
Symphonic Chorale 3, 4.
Debbie Sutton: Softball 2; Field Hockey 2,
3, 4.
Laura Sweeney: NHS; French HS; Drill
Team 2.
Gregory M. Taylor: NHS; Football 1;
Basketball 1, 2; Baseball 1, 2, 3, 4.



DREAM ON

Dreams were exchanged: College, marriage, vocational school, travel; but no decisions were made. Whispers of hopes pinned upon college applications sent to schools throughout the country were followed by whispers of changing ideas. After the school year which marked the end of traditional education and the beginning of lifelong responsibility, many seniors weren't sure they were ready to face the world. Will I live at home, or, get an apartment with some friends? Will I go off to college and be comfortable there? Will I travel and see the country as I have always wanted to? Questions and no answers, dreams and more dreams, hope and no help. Because it was the decision of the individual, it was a confusing, and unbelievable realization that faced the seniors, but it was a common and confusing realization as others also exchanged their dreams.

James A. Taylor: Newspaper 4; Radio.
Bob Taylor: Football 1, 2, 3; Basketball 2;
Winter Track 3, 4; Spring Track 2, 3, 4.



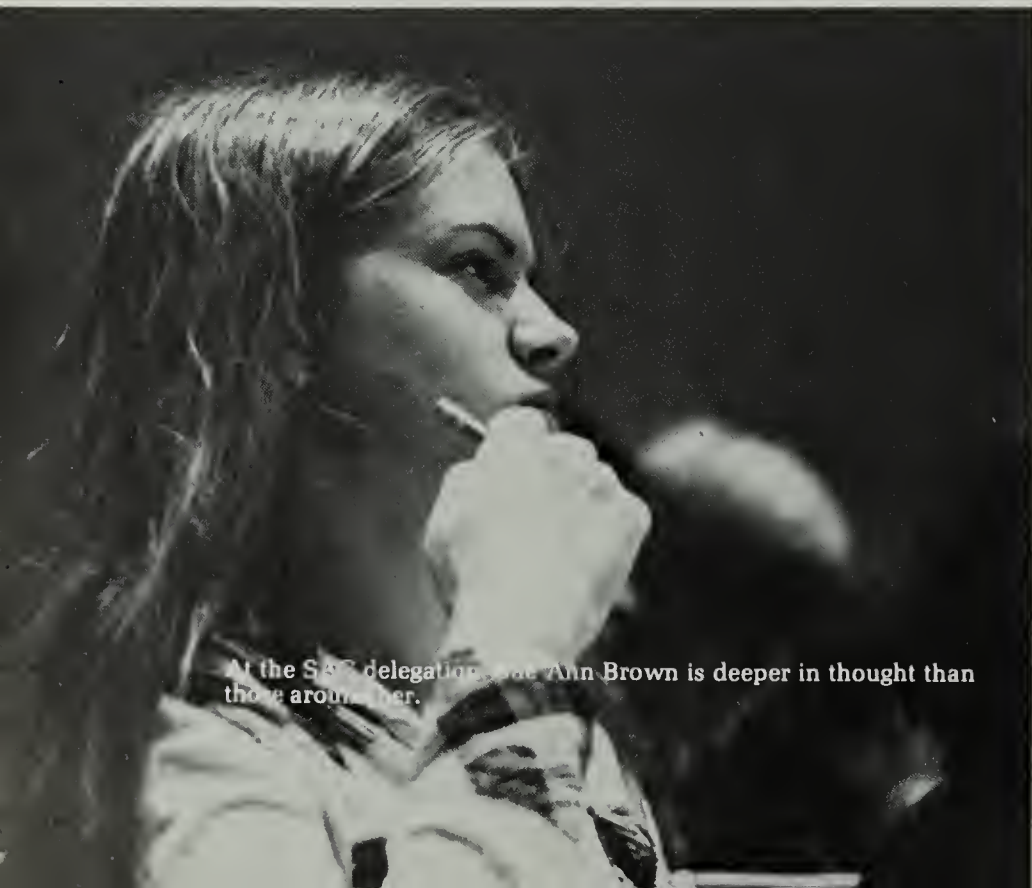
Kim Teachout: Quasimodo Staff 2.
Nancy Teaford



John A. Thelen: Wrestling 2; Soccer 3.



Richard Thompson: Swimming.



At the SGA delegation, Ann Brown is deeper in thought than those around her.



David H. Tikkala: NHS; Latin Club 3;
German Club 2.
Howard Neal Tipton: Football 1, 2, 3, 4;
Baseball 1, 2, 3, 4; Track 2, 4; Wrestling 3.
Pat Towe: French Club 1.



Jean Tremaine: French Club 3; French
H.S.; Pep Club 2.
Chris A. Trott
Karen E. Trunfio: FBLA Pres. 3, 4;
Majorette Co-Captain 4.



Expressions tell no stories as the future is forgotten by these seniors sitting easy.



Lisa A. Tucker
Mary Twilley: NHS; Pep Club 3; GAA;
Gymnastics 1, 2, 3, 4; Cheerleading 1, 2; Track
1.
Mystical Urb: Basketball 2; Baseball 2, 3, 4.

Roxanne Uyeda: Keyettes 3, 4; Drill Team
2.
Kip Vaile: WLBS Radio Club Pres. 2, 3;
WLBS Lunch Show Pres. 4.
Jan Van Riper

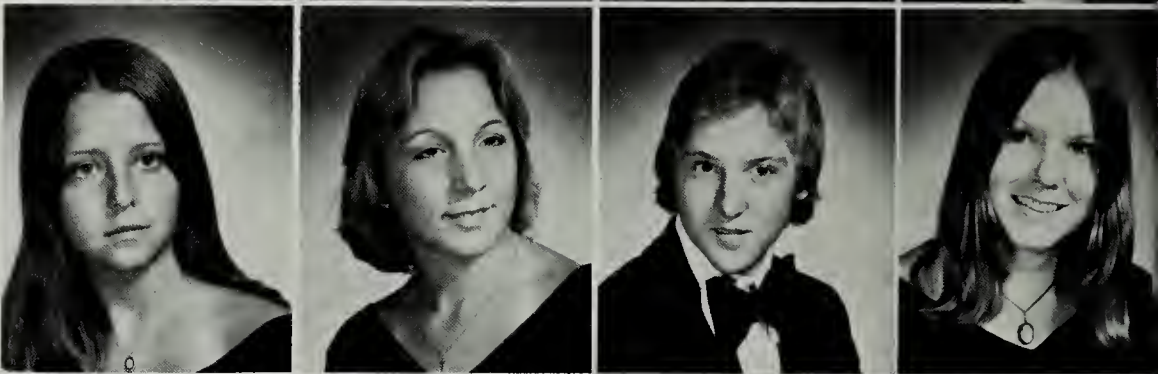
Cheryl Vernon: NHS 3, 4.
 Mark Via: SGA 4.
 Angela Wackett: Drama 2, 3.
 Brad Walker: Football 2, 4; Track 1; Soccer
 2, 3, 4.



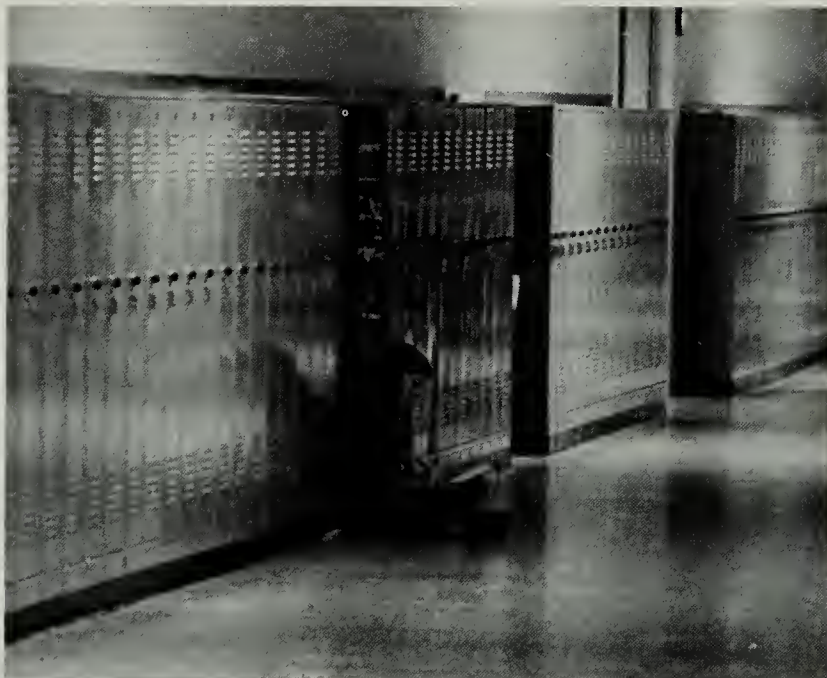
Doug Walker: JV Football; Varsity
 Football; JV Wrestling.
 Lori Kathleen Walls: NHS 3, 4; Orchestra
 2, 3, 4, Pres. 2, 4; Girls Track 2, 3.
 Beth S. Walsh: NHS 3, 4; Keyettes Sec. 3,
 Pres. 4.
 Robin Wambold



Linda Ware: Surf Club, Pres. 3.
 Cathy Watke: Drill Team 3; Spanish Club
 2; Swim Team 2; Band 3.
 David Watson: Key Club 2, 3, 4; Football 2;
 Basketball 1, 2; Soccer 1, 2, 3, 4.
 Linda Waye



Jim Weber: Football, Track.
 John Webster: Key Club 3, 4; Marching
 Band 1; Stage Band 2; Sym. Band 1, 2, 3; JV
 Football 2; Wrestling 2; JV Track 2; Indoor
 Track 3, 4; Spring Track 3, 4; Varsity Football
 3, 4.
 Chuck Wedel: NHS 3, 4; Newspaper 3, 4;
 Quill & Scroll; NHS 3, 4; Senior Class Pres. 4.
 Ben White: Chess Club 1, 3, 4.



Shawn Skelly takes a moment between classes to think about the future.

Melanie White: Latin Club 3, 4; Spanish
 Club 1, 2; Ski Club 3.



Lisa Wigg: NHS 3, 4; Sym. Band 2, 3.





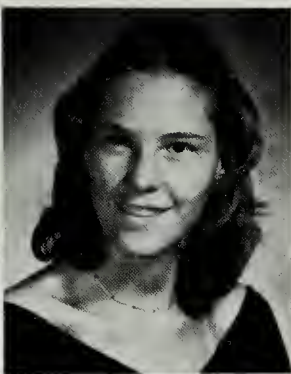
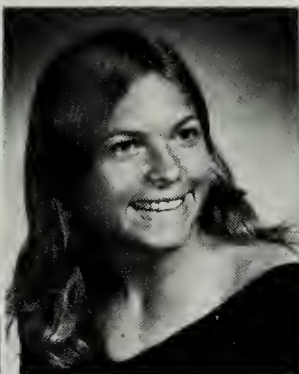
Debby Williams: Yearbook 2, 3; Quill and Scroll; NHS 3.



Randy Williams: Golf; Basketball 2, 3, 4.

A MARK ?

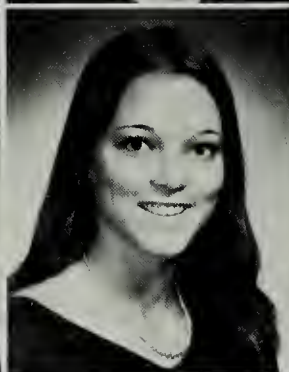
College, marriage, careers, leaving home — it was all in the future. We tried to push it to the back of our minds and we worried about little things. And it worked for a while; but as time wore away, we had to face the facts, we had to make some decisions, most of which would shape our future drastically. By graduation time, some of the decisions had been made. Tears were shed, goodbyes and promises were made. As we finally left, we began to think back to three years ago when it all started . . . Had we made our mark?



Todd Williams: Key Club 2, 3, 4; Soph. Class Vice-Pres. 2; Varsity Basketball 3, 4; Varsity Baseball 3, 4.

Kathleen Wilson: Panorama 1; Pep Club 1, 2.

Cheryl Ann Wingfield: Field Hockey.
Sharon L. Wolson: Pep Club Capt. 3.



Bill Wright: Wrestling 1, 3, 4.

Julie Wright: Surf Club 3; DECA 3; Forensics 2.

Mark Wuckovich: Football 1; Track 3; Golf 3, 4.

Rich Yano: Newspaper 3, 4.



Patrick Young: Track 1, 2; Veterinary Explorers Club.

Stephen J. Zavada III

Ellen Zmudzinski: FBLA; Field Hockey; Swimming.



Late Pictures:

Kathy Jones

"B" Lukstadt: Class Government Activities.

Dottie Rowlett

Julia Skow

Due to regrettable circumstances, some seniors were unable to have their pictures taken. Listed below are members of the first graduating class, whose pictures we do not have.

David Balla	Bill Livingston
Linda Barnes	Todd Lovett
James Bennett	Sig Lutyk
Sam Bishop	Mike Lykins
John Bittner	David Manno
Leslie Broaddus	Carolyn Miller
Erica Brown	Gary Moss
Lloyd Burke	Andy Mosso
Crawford Cole	Shirin Nachshetabrizi
John Condon	Lynn Osburn
Robert Cope	Scott Plein
Robert Demme	Robert Powers
Mark Eaton	Mark Rathke
James Gannon	Gary Renfrow
Frederick Gasper	Eric Rizer
Karen Glasner	Brian Roman
Phillip Hall	Mark Rowley
Michael Heiney	Alleson Rutherford
Daved Hornick	Larry Schmidle
Linda Hunt	Mike Sheridan
Victoria Jewell	Xavier Solares
James Johnson	Jim Starrs
Dianne Kenaston	Jeanne Trujillo
Ahmed Kidwai	Don Zierers

DAZZLERS

There were those who seemed to pull a little harder, run a little farther, stick-it-out a little longer, and put forth a certain energy, to give whatever it was they did that extra zip to get the job done right. The Yearbook Staff felt that these people should be recognized for their contributions in various areas throughout the school. We chose categories which we thought justly covered the entire school. The Seniors themselves had no say in the choice of categories nor students who were picked. All responsibility lies with the yearbook staff, who tried their best to make this an unbiased recognition of deserving Seniors.





#1. Art
 Angela Battle
 Mike Armstrong
 #2. Drama
 Rose Ramos
 Julia Skow
 #3. Sports
 Jeanne Lull
 Steve Hackney
 Jan Carlson
 John Webster
 Scott Breslin
 Ron Heinz
 #4. Band Front
 Cheri Hall
 Clay Richardson
 Dee Archambault
 #5. Cheerleaders
 Sue Hyer
 Val Jones





#1. Academics
 Robert Sisson
 Brent Sanders
 Cathy McHale
 Pam Grich
 Courtney McClurg
 Ron Marryott
 Ken Holroyd
#2. Sports
 Jon Scott
 Karl Sprague
 Scott Richardson
 Cindy Carlson
 Mitchell Lynch
 Audrey Perkins
#3. Music
 Dave Burks
 Laura Clark
#4. Journalism
 Saress Ivey
 Dave Patten





Chris Reed finds that the newspaper office manufactures frustration, desperation, some satisfaction and lots of trash.

CLASSES

On September 2nd, 1975 approximately 3,800 students began 180 days of work, fun, sweat, socializing, headaches, meeting people, struggling with teachers, making friends, losing friends, goofing off, ulcers, getting grades, laughing, crying, and even some learning.

Each day through sun, rain, sleet or not enough snow, you'd enter the gateways of knowledge. What happened from 7:40-2:00 every day for the best nine months of the year? It didn't take much to think of a million places you'd rather have been. June always seemed so far away, but there were always short range goals to strive for. There was always a reason for celebrating, no matter how far you had to dig for it.



A.C. 1 in subschool 5 is considered by many as a "Dog Day Afternoon," where day by day juniors find that the more they put in the more they learn.

GREAT expectations

Most juniors found this year a challenging experience. There were many new sensations. Betsy Thompson, junior class president, believed that this year the juniors showed Lake Braddock what school spirit really meant. Being second smallest, in size, next to the senior class, the juniors were first in spirit.

Car washes, dances, "Space Cadet" tee shirts, fall festival float and other money-making activities focused on preparation for the junior prom.

The class of '77 looked towards their fourth and final year in their subschools and in Lake Braddock as really giving the first homecoming class a better place to come "home" to.



Under a shower of confetti, devoted fans cheer the Bruins on to victory over the Robinson Rams.

Marcelo Abrego
Lewis Affronti
Susan Alexander
Marty Alldever
James Allison
Linda Andersen
Lisa Antonelli

David Apker
Terri Arbia
Joe Ardizzone
Steve Armstrong
Debbie Arnold
Barbara Atkinson
Maureen Aungier

Ken Auster
Edward Bach
Lori Bachner
Gordon Baines
Mike Bair
Mark Balmforth
Jenny Bandorsky

Kim Baran
Angela Barber
Alan Barnett
Joe Barnett
Nancy Barrett
Peter Beczkiewicz
Bill Begley

Barbara Bell
Jon Bell
Authur Benckert
Teri Benoit
Mike Bergen
Wanda Bickers
George Biles

Scott Billak
Cathy Bishop
Jay Black
Laura Blanchard
Ann Borgerding
Kathy Bornemeir
Marriann Borough





JUNIORS



Pam Bowers
Lee Bowersox
Deborah Bradford
Kelly Brakebill



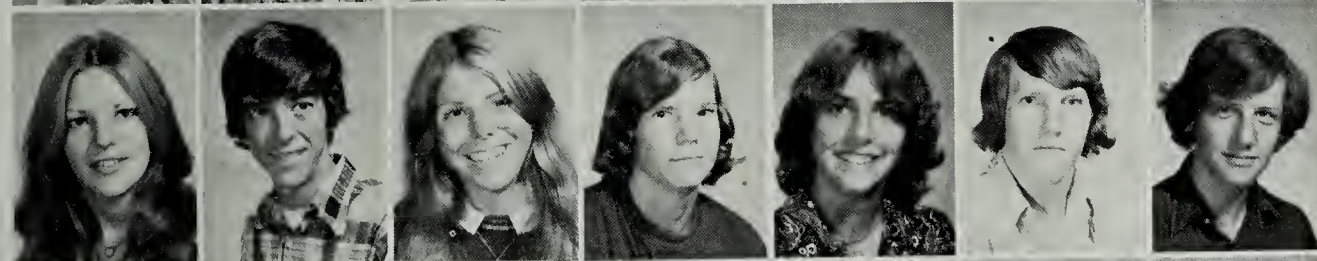
Leslie Brakebill
Edward Brinkman
Mark Broaddus
Sharon Broaddus



Paul Brodeur
Kevin Brooks
David Brown
Michael Brown
Robert Brown
Marcia Brownlee
Pat Brunson



Georjeana Buchanan
Stephanie Buchanan
Bill Burdon
Tim Burkhart
Linda Burnam
Donna Byrne
Barbara Campbell



Valerie Campbell
Cary Capper
Sheri Carnahan
Bob Carneal
Lani Carpenter
Tom Carpenter
Mayo Carrington



Dianne Carroll
Bob Cashion
Gregg Chadwick
Fran Chandler
Dawn Chase
David Clark
Tom Clark



Dennis Clarken
Sheri Clifford
Christine Coleman
Mike Confoy
Nancy Conlon
Kati Connell
Amy Cooper



Chris Cotton
Beth Cousino
Steve Coy
Chuck Crafton
Mike Crook
Kathy Crow
Dwaine Cunningham

Pamela Curran
Linda Curtis
Steve Cytryn
Dianne Daley
Karen Dalseg
Sandy Daly
Donna Dambrauskas

Lisa Dasher
Jim Davidson
Rusty Davis
Elaine DeAngelus
Ralph DeAngelus
Kevin Deck
Steve Delaney

Leslie Dembinski
Paula Denny
Mike Dickinson
Richard DiGregorio

Cindy Dinkins
Douglas Dobey
Todd Donaldson
Kevin Donnelly

Kevin Donovan
Mike Donovan
Diana Doty
Scott Downey

Kelly Downing
Andrea Doyle
Dean Duncan
Lynn Dyer

Kenneth Eddy
Dave Edstrom
Kathy Ellis
Julie Eisenhard
Joah Etchells
Louise Evans
Marie Fanelli

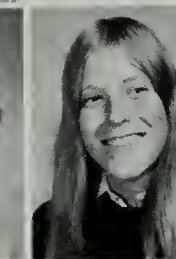
Dawn Farmer
Ritson Ferguson
Tamara Ferrar
Debbie Fichter
Scott Flickinger
Kelly Foster
Shirley Foultz



five golden rings



A meeting was held one morning last November where juniors received curious packets. Conferences held between friends displayed the contents of these packets, at which time much exclaiming could be observed. Then the word slipped out. Class rings were to be chosen, and with ONLY one week to make the selection of colors and styles. Since most of the juniors were unable to decide, everyone from grandma to the dog were asked for their opinion. With everyone's conflicting ideas of "The Perfect Ring," juniors had to make the final decision themselves.



Richard Fowler
Wendy Fowler
Donna Fowlkes
Sharon Fox
Sharon Fox
Susan Frager
Pam Frank

Renée Franklin
Chip Fraser
Mark Friese
Cindy Fults
Wendy Furtado
Gail Gallagher
Lillian Galpin

Steve Garland

Mike Garman

Caroline Gatti

Julie Gauthey
Glenn Gawarkiewicz
Amy Geithner
Chuck Gentman

Ken George
Therese Gerdon
Stan Glassman
Randall Goldberg
Leslie Goodling
Elisabeth Goodsite
Connie Gordon

Sheryl Gouveia
Trice Gravatte
Dave Greeley
Cindy Green
Karen Green
Michael Green
Stephen Greene

Heidi Greiner
Richard Grich
Colleen Guertin
Steve Haar
Mark Hackney
Carroll Hamilton
Wynne Hamilton



Corey Hansen
Mickey Hanson
Mark Harant
Tim Harpman
Craig Harris
Denice Harris
Keith Havens



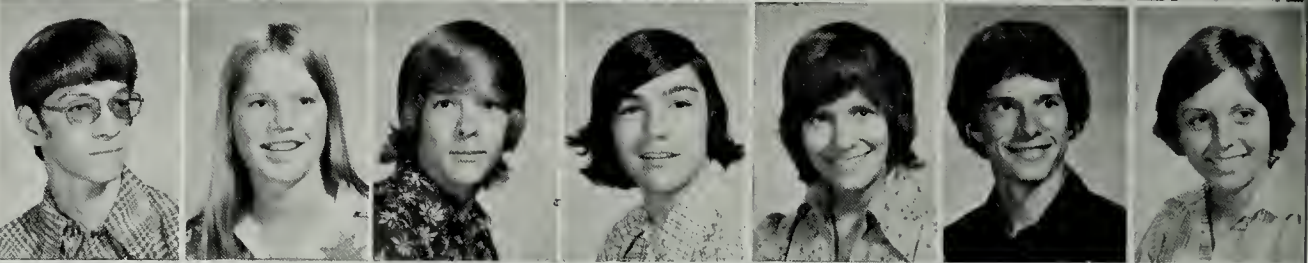
James Hawkins
Scott Hayes
Kevin Haymaker
Chris Hazelip
Judith Hecht
Mike Heim
Karen Henry



Dan Heverly
Casey Hill
Paul Hillery
Barbie Hilliard
Karen Hirte
Karen Hoffman
Janice Holden



Mark Hollar
Robin Hopkins
Tommy Horan
Stephen Hoyt
Janet Hurst
Dan Huskerson
Gina Ianiero



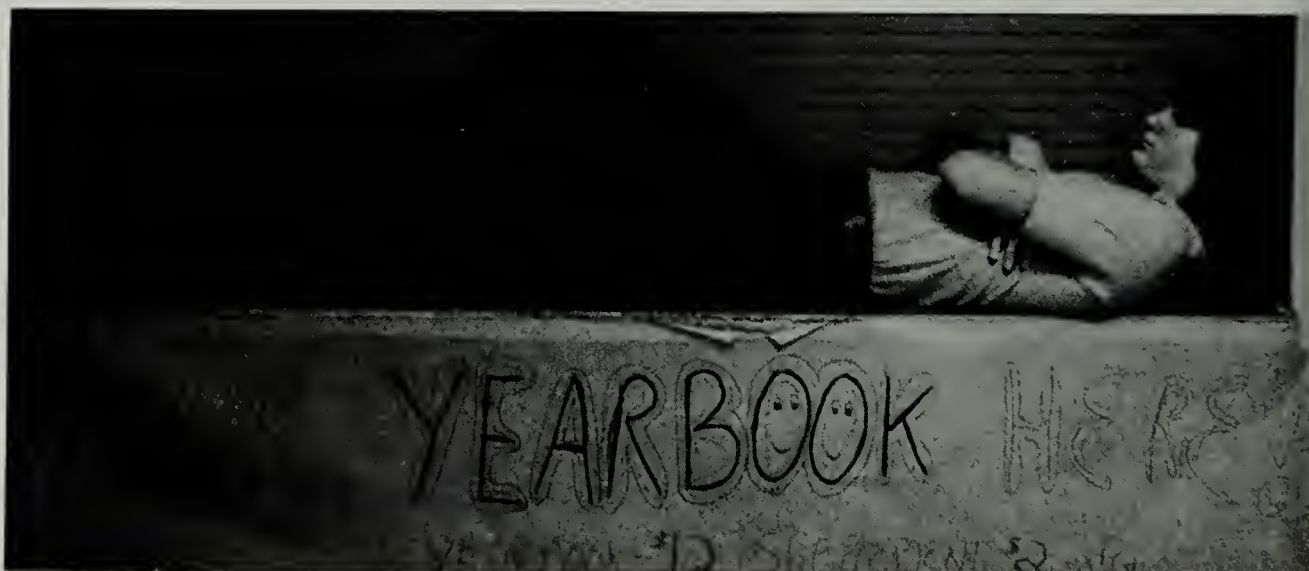
Cindy Iannucci
George Irish
Elizabeth Jackson
Jill Jackson
Joanne Jackson
Beth Ann Jakoboski
Lynn James



Regina Jeffrey
Kelly Johnson
Steven Johnson
Sam Johnston
Candy Jones
Linda Jones
Robert Jones

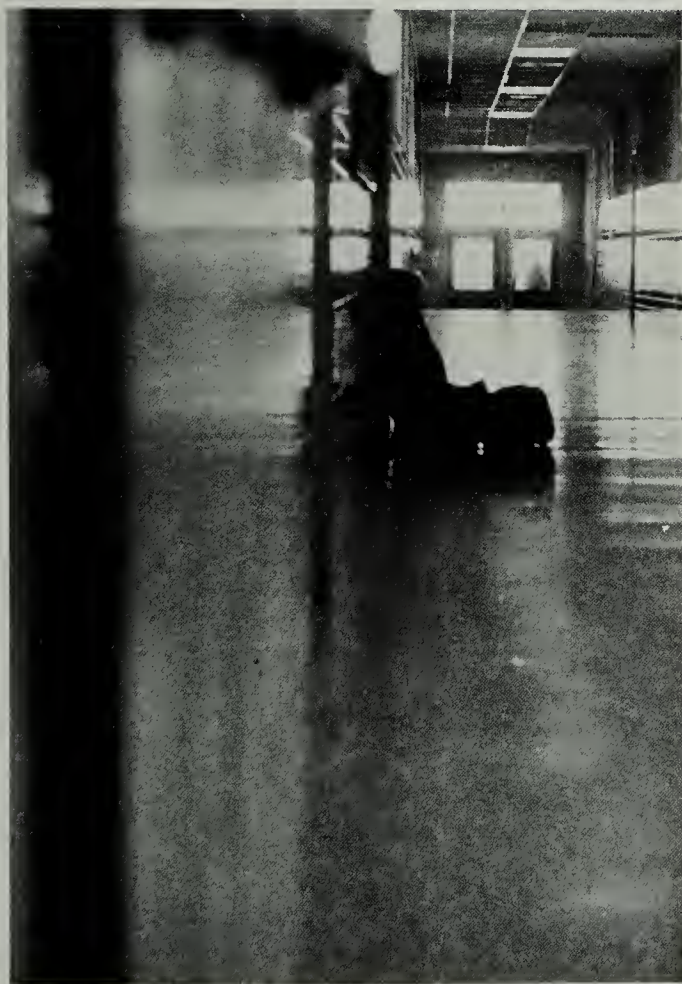


Avoiding the last minute rush, Tim Strombell waits to order his yearbook . . . and catches a little sleep while waiting.



p R I V a c y . . .

Was there place amidst all the openings to be alone? Could privacy be found anywhere, a place to go by yourself, to be quiet, to straighten out your thoughts, or just think about nothing? The hallways by the shop and home ec. classes did okay, as long as the doors were closed and it wasn't passing period. The hall next to the smoking lounge wasn't too quiet, neither was the main hall by the snack bar, but they had to do. In a school of 3,900 students, not to mention the faculty, it was pretty hard to be alone when you wanted to.



A lone figure finds a quiet moment in a deserted hallway.



Donna Juncal
Karen Kaczmarek
Debbie Kaklikian



Kathy Kan
Sara Katz
Mike Kaus



Rocky Keim
William Kellogg
Louis Kemp



Tom Konaston
Mary Keninitz
Vicki Kenny



David Killion
Kim Kilmer
Marla King



Teru Kinney
Bob Klaren
Larry Klaus



Kathy Kleppinger
James Kline
Karen Knapp
Diane Knez
Lois Korb
Theresa Kratz
Leann Krause



Linda Kronbergs
Lily Lake
Eric Lalande
Tony LaRe
Cathy Larimer
Keith LaRochelle
Rick LaRochelle

David Larsen
Don Larsson
Jenni Lawhon
Lance Laurienzo
Joy Leahy
Chris Lebiedz
Brian Lee

Kory Lee
Stanford Lee
Mary Leighty
Don Leister
Robert Leporatti
Tom Lex
Tracy Lightel

Lynn Lines
Eva Lipinski
Lorna Little
Frances Lloyd
Karen Lutz
David Lynch
Kate Lyons

Holly MacFarland
Marjorie Madsen
David Maginnis
Maury Maige
David Main
Susan Mannherz
Steven Mannino

Cherie Mansfield
Georgia Marine
Melissa Marker
Paul Marley
Chris Marsh
Bill Marshall
Chris Martin

Jim Martin
Paul Martin
Robin Martinisko
Matt Masaitis
Martin Masaitis
Marie Matson
Barbara McCowin

Explaining what spirit really means is Karen Lutz.

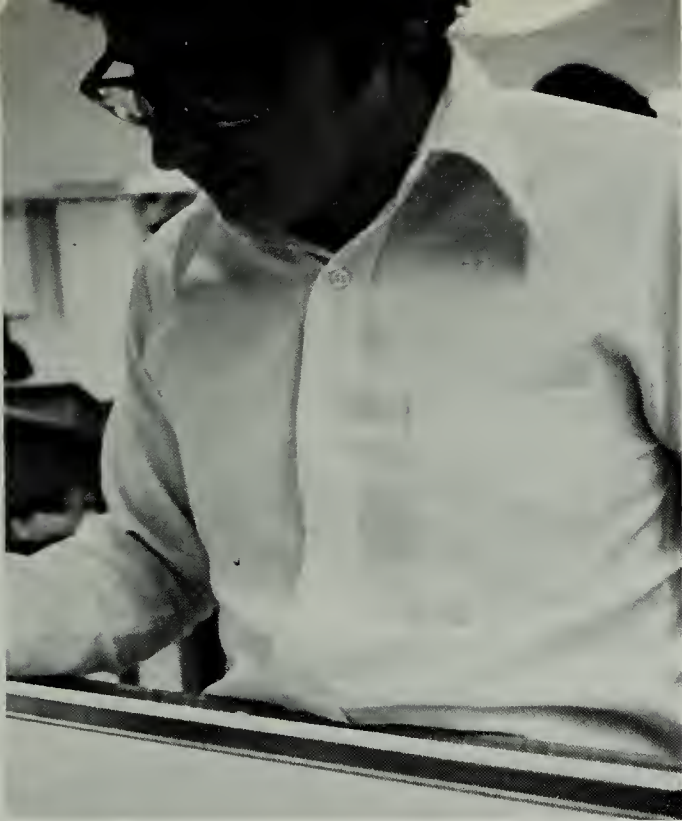


Chris McCrea
Anthony McDonald
Lisa McGrady
Gerry McGrath
Brenda McIntyre

Dave McIntyre
Matt McKenna
Cathy McLearnan
Brett McManus
Selina McNair

Tim Mead
Jim Melescue
Traci Mendez
Stephanie Merelman
Charley Merrill





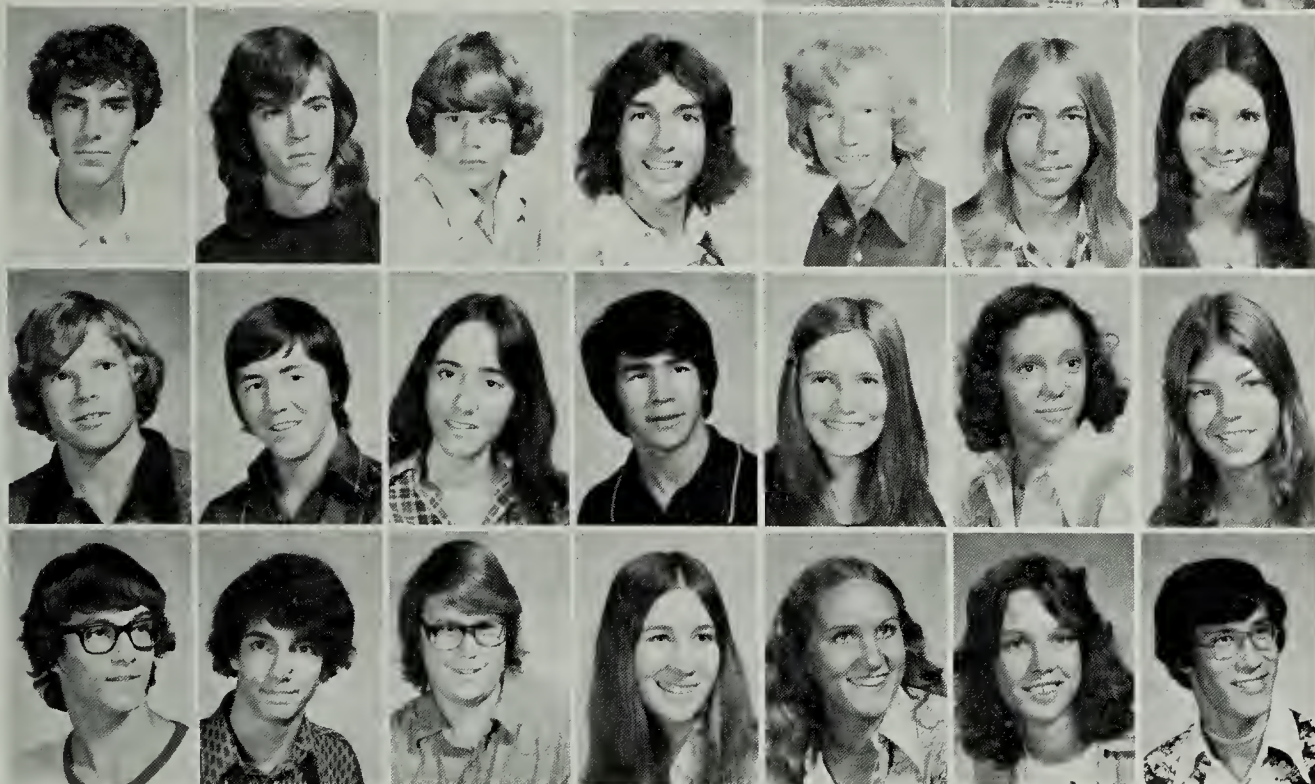
Steve Millnick tests his skill at drafting.



Jean Mesle
Mike Metheny
Cindy Metz

Bruce Mikula
Chris Miller
Susan Miller

Caleb Miles
Eileen Milloy
Maureen Milloy



Matthew Milstead
Scott Milstead
Ed Mitchell
Peter Mollica
Jack Moody
Gary Moore
Ginger Moore

Jack Moore
Reuben Moore
Joann Morales
Dan Morefield
Jerry Morgan
Meda Morgan
Debbie Morris

Jeff Morse
Mark Morse
Greg Moskoff
Lisa Mudzo
Sara Murdock
James Murphy
Kevin Myers

BUILDING AMERICA

"Building America" could be what the students in the architecture classes will eventually be doing in the future. The students learned the basics and procedures to architectural drawing, and were then assigned various subjects to construct. The assignments included house plans, foundations, plot plans, wall sections, and roof structures. They were also instructed in the drawing up of exterior and interior elevations and in the use of perspective when applied to architecture. Combined, these tactics and talents were used to produce full scale drawings equal to those of professional architects.



Linda Nardiello
Sherrie Nash

Pamela Neuman
Becky Newport

Lynne Nibbelin
Marty Nickley



Mark Niemeier
Trudy Ninnemann



Jim Nisivoccia
Jim Norton

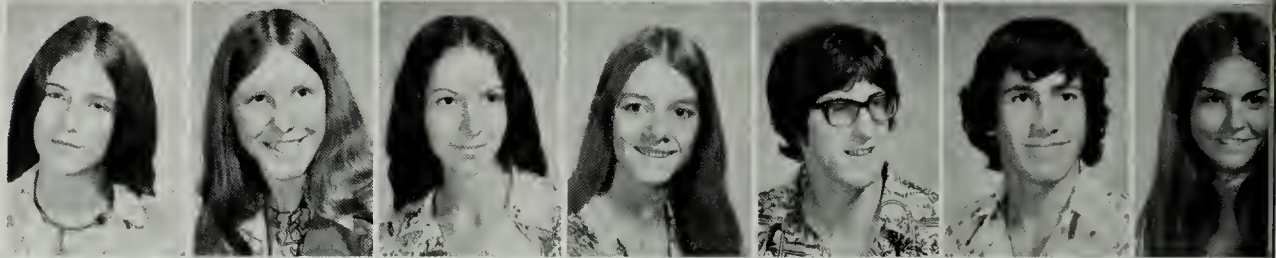


Cindy Paschal awaits another Bruin Victory.

Albert Odenthel
Pat O'Donnell
Sue Oleksy
Chris Olin
Peggy Orahood
Debbie Padgett
Danny Page



Diane Palazzolo
Janet Paluh
Donna Palmer
Laura Parker
Thomas Parker
Frank Parrella
Cilla Patellos



Mark Patterson
Sam Patton
Rick Penrose
John Pepper
Gloria Perez
Loraine Petrasek
Beth Pflughardt



Susan Phillippo
Brian Phillips
Kent Pickard
John Pittman
Lynn Ploe
James Plucinsky
Susan Polfer

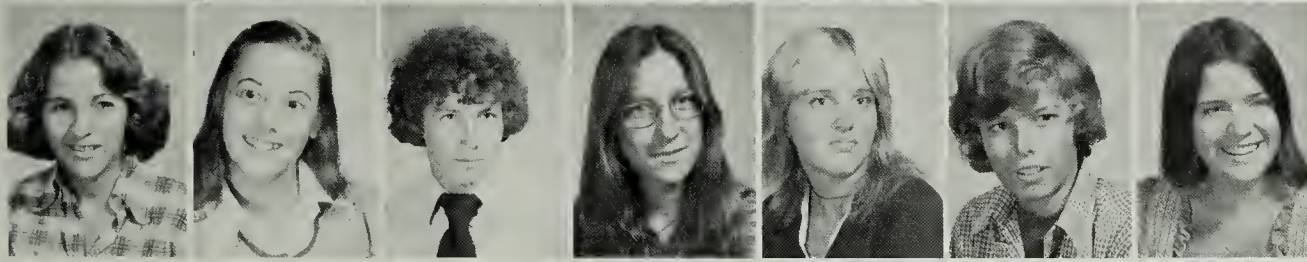


spaghetti and dinosaurs ?

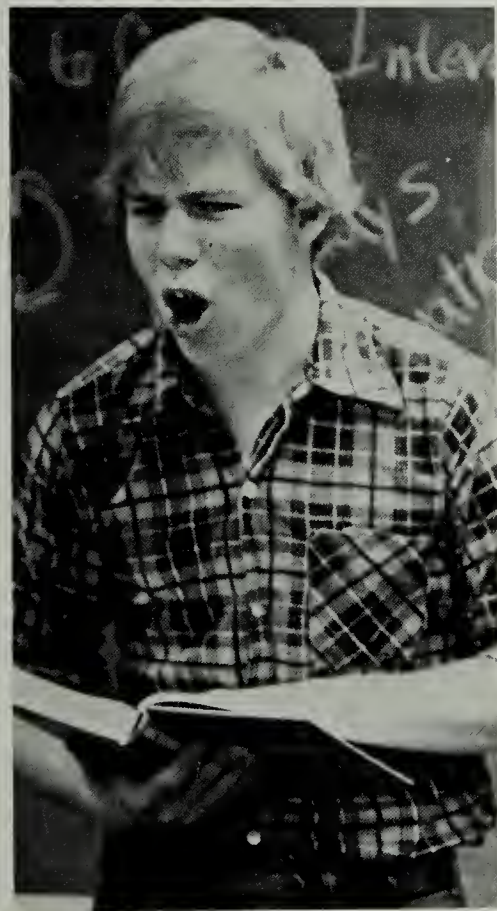
What do Santa Claus, spaghetti, dinosaurs, and summer camp have in common? Any member of Ms. Diane Cale's or Mr. Roger Bergstrom's speech class could have given an impromptu speech on any of these topics. Anyone in ninth through twelfth grades could have signed up for this course. Ms. Cale felt that for a school of this size the speech department just wasn't meeting the students' needs. Perhaps there would be enough classes for everyone to take speech in the future. Did you ever get up in front of a group of people to speak and find the words didn't get past the lump in your throat? You could have asked anyone of the speech students that question in September and they may have said "always!" By June, they could have sold a potato peeler to an Army Private.



Jerry Poncar
Julie Poreda
Randy Powell
Kevin Prindle
Ray Pugh
Doug Pulliam
Alec Ramsay



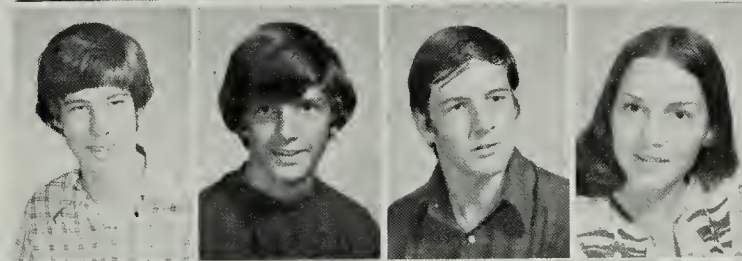
Maude Rapaport
Emily Raty
Brad Rawls
Lisa Ray
Vickie Reardon
Willy Reay
Kathi Ann Redican



Chris Reed
Paul Reeves
Chuck Reichert
Susan Reisinger



Gloria Renfrow
Sharon Reppert
Diane Resa
Susan Reynolds



Cal Ribbens
Michael Rice
John Richardson
Rhonda Richardson

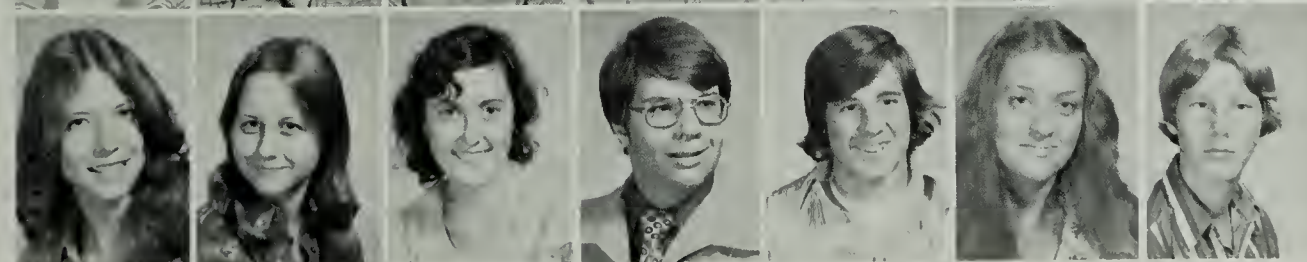


Katie Riley
Robin Roberts
Scott Roberts
Mike Roche

Expressing his ideas is Brian Phillips.



Laura Rogers
Teri Rogers
Wayne Rowman
Mickey Roulet
Joanne Rouse
Sabrina Sala
Lane Scheiber



Karen Schubert
Lisa Schweikert
Melody Scott
John Sesler
Harry Sexton
Cheryl Shamblin
Jim Shea

Richard Shelley
Kevin Sheridan
Mef Simmons
Robert Singleton
Gregory Skorupski
Cheryl Smith
Chris Smith



Chuck Smith
Debbie Snyder
Brian Soulsby
Peggy Sowell
Jeannie Spar
John Spencer
Wanda Spencer



Constantine Stack
Nancy Stahle
Charlie Starrs
Kathie Stauffer
Bob Steele
Mark Stephens
Rosey Stephens



Kathryn Sterling
Karen Sterner
Brigette Stevens
Dennis Stewart
Carol Stone
Monica Street
Karen Stride



Paula Stuckey
Karen Stuntz
Tony Stutts
Ray Sullivan
Les Tanner
Cindy Tasker
Vicki Tattarelli



Kay Teachout
Barbara Theimer
Ken Thelen
Byron Thiesing
Jim Thomas
Pat Thomas
Steve Thompson



Jeff Toney
Stephen Triggs
Kelly Trippe
Claudia True
Cesar Trujillo
Jim Tucker
Karen Turner

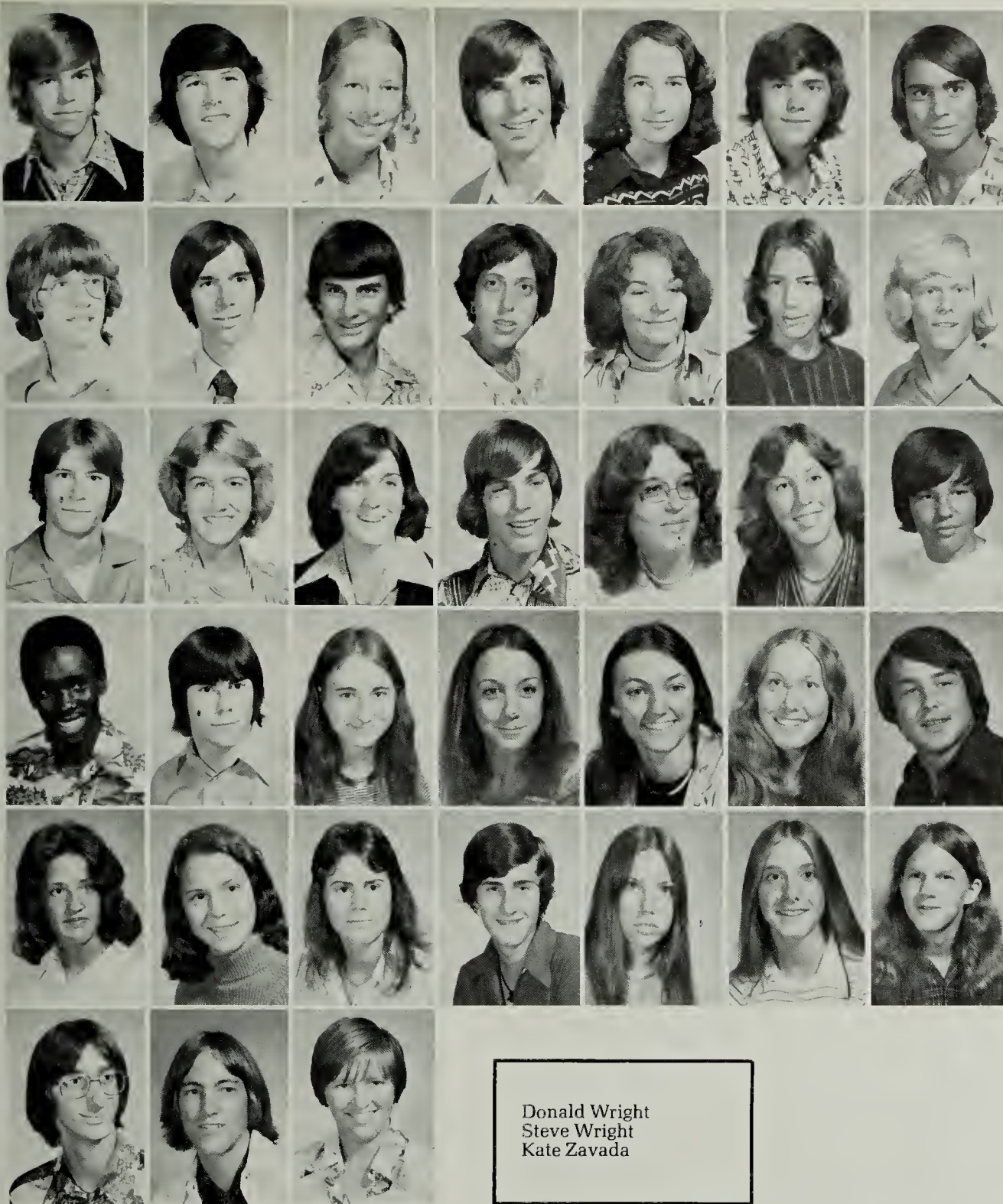


Regina Turner
Dale Tutterrow
Katrina Tuttle
Marcie Udstuer
Eric Ulanowicz
Greg Ulsh
Diane Vahouny



Anne VandenBosch
Richard
Vanderhoeven
David Van Hoose
Richard Vannoy
Bret Van Vranken
Valerie Vinogradov
Scott Wacker





David Waddell
Roger Waddell
Kim Wagner
Carter Wagoner
Ann Walsh
Jeff Ward
John Warren

Doug Waugh
David Weary
Phil Webster
Laurie Weinberger
Stephanie Wesley
Mark West
Michael West

Tom West
Patti Weston
Molly Whalen
Greg White
Patty Whitenack
Ricci Whiteside
Tom Wiley

Eugene Wilkerson
David Wilkins
Kim Williams
Linda Williams
Tom Williams
Debi Williamson
Jean Willoughby

Diane Wilson
Pam Wilson
Judy Wintersteen
Len Wishart
Amy Wolfe
Becky Wood
Jeff Woods

Donald Wright
Steve Wright
Kate Zavada



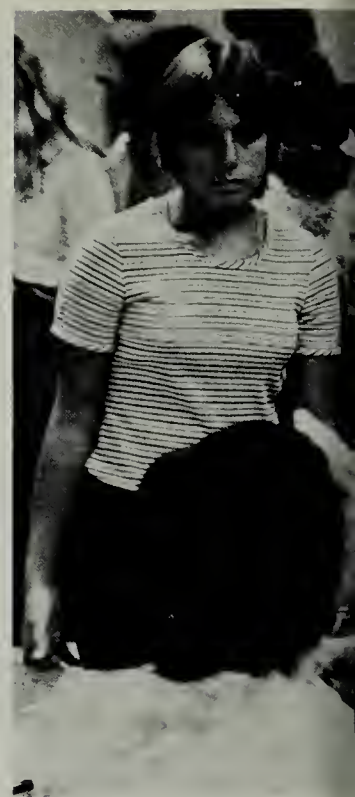
"Bury My Heart at Wounded Knee" was one of the many topics discussed in Ms. Miller's 5th and 6th A.C. class.

BEGINNING a new day



Tim Abbotts
Linda Abromavich
Jim Adams
Laura Albeck
Brian Alden

Lynne Alexander
Kim Anderson
Ann Antonelli
Lisa Apistolas
Lynne Archambault



Patti Armstrong
Tom Arnold
David Arthurs

Colleen Atwell
Julie Auburg
Mary Aungier

Terri Austin
Paula Baldridge
David Baldwin

Jeff Ball
Paul Balmforth
Josie Barilla
Suzanne Barrineau
David Barringer
Tom Barringer
Cheryl Barr

Mike Barton
Jeff Bass
Diane Bassett
Becky Battle
Darlene Bauer
Ed Beatty
Steve Behm



It was the first day of school and oh, how you dreaded it. You were probably off somewhere having a fantastic summer right? Maybe Florida, California, or possibly Australia. You might have just been lying around the neighborhood pool flirting with the lifeguards. Coming back to school may have been a rest from your summer job, or a time to see everyone again, but on September 2, you were in Subschool 4, like Julie Kosnik and Tami Clark . . . pushing, shoving your way to the secretary's desk, trying to change your useless schedule into something you could be happy with? This was most likely difficult at first but hopefully everyone's problems were ironed out before the year was out.

SOPHOMORES



Mike Bell
Ken Berkley
Carl Beveridge
Cris Beveridge
Jennifer Bier

Linda Bill
Steve Billian
Dave Bishop
Lisa Bishop
Mary Bittner



Robin Black
Debbie Blair
Nina Bonito
Pat Boone
Joey Boothe
Bruce Borgerding
Bryan Borgerding

Andy Botticello
Brent Bousman
Randall Boyd
Paul Briggs
Becky Brown
Scott Brown
Steve Brown

Jay Bullard
Howard Buono
Steve Bryant
Kathy Buffoni
Jackie Bunster
Alisa Burns
Walter Burns

Betsy Burton
Carolyn Butler
John Cafferky
Bob Campbell
David Campbell
Kathy Campbell
Rob Campbell

Gary Carlson
Barry Carney
Kim Carpenter
Julie Carr
John Carroll
Phil Case
Chuck Catherine

"BEING a sophomore IS GREAT"

David Cecelski
Mary Cecka
Scott Chilcote
Richard Choate
Brian Clark
Howard Clark
Kathy Clark

Helen Clark
Melody Clements
Micheal Clohisy
Ellen Coakley
Rochelle Colburn
Debbie Collier
Dave Collis

Eileen Conway
Jim Cookfair
Jim Cox
Pam Craig
Sheila Cragun
Kathleen Crotty
Cindy Cummins

Gary Cuningham
Jenifer Curran
Karen DaCosta
Marie Daly
Robert Davis
Donna Davis
Kim Decker

Guy DeLadurantaye
Maureen Delany
Tom Demas
Diane Demo
Mindy Dempsey
Henrietta Dennis
Pam Digby

Tony Dilisio
Noele Dipalo
Betsy Dore
Lori Dougherty
Toby Dowell
Stewart Downey
Janis Driscoll

Michelle Driscoll
Mike Driscoll
Karen Dubiel
Karen Dyson
Kathy Earl
Curt Eisenhower
Sonny Elliott



What was more fun than basking in the sun between classes? For Kim Carpenter, it was probably Symphonic chorale with Mr. Stambach. She felt it was a very rewarding experience to have been part of a group where everyone worked together as one. Living in California for the 1973-1974 school year gave Kim a chance to go to a smaller school and get to know many new people. However, Kim was glad to be a part of Lake Braddock's spirit again this year. Kim thought being a sophomore was one of her better high school years because one had more freedom being a sophomore and one didn't have to worry about getting ready for college.



Dennis Emerins
Richard Emerins
Tammy Ensall

Sean Ensley
Garth Erickson
Rose Estes

Charlie Evans
Russell Evans
Tina Fanelli

Dana Fanning
Julie Farina
Kathleen Farrell



Jim Fee
Ellen Feigel
Colleen Finzel
Brian Fitzwilliam
William Flannery
Richard Flatau
Dennis Fleming

Kimberly Fleming
Thomas Fleming
Mary Flight
Lane Flowers
Sheila Flynn
Cher Forbes
Kerry Frances

John Frazier
Karola Friedt
Bill Fries
Jim Fronk
Paul Furman
Frank Gaehring
David Gage

As she basks in the sun, Kim Carpenter appears to be learning her biology thru osmosis.





Not quite understanding the situation their English class is in, Olwen Thorpe and Kim McCrea ask for some help from Mr. Axelrod.

Lillian Galindo
Jim Galvin
Matt Galvin
Jill Garcia
Karen Garcia
Lisa Giambra
Scott Gilbride

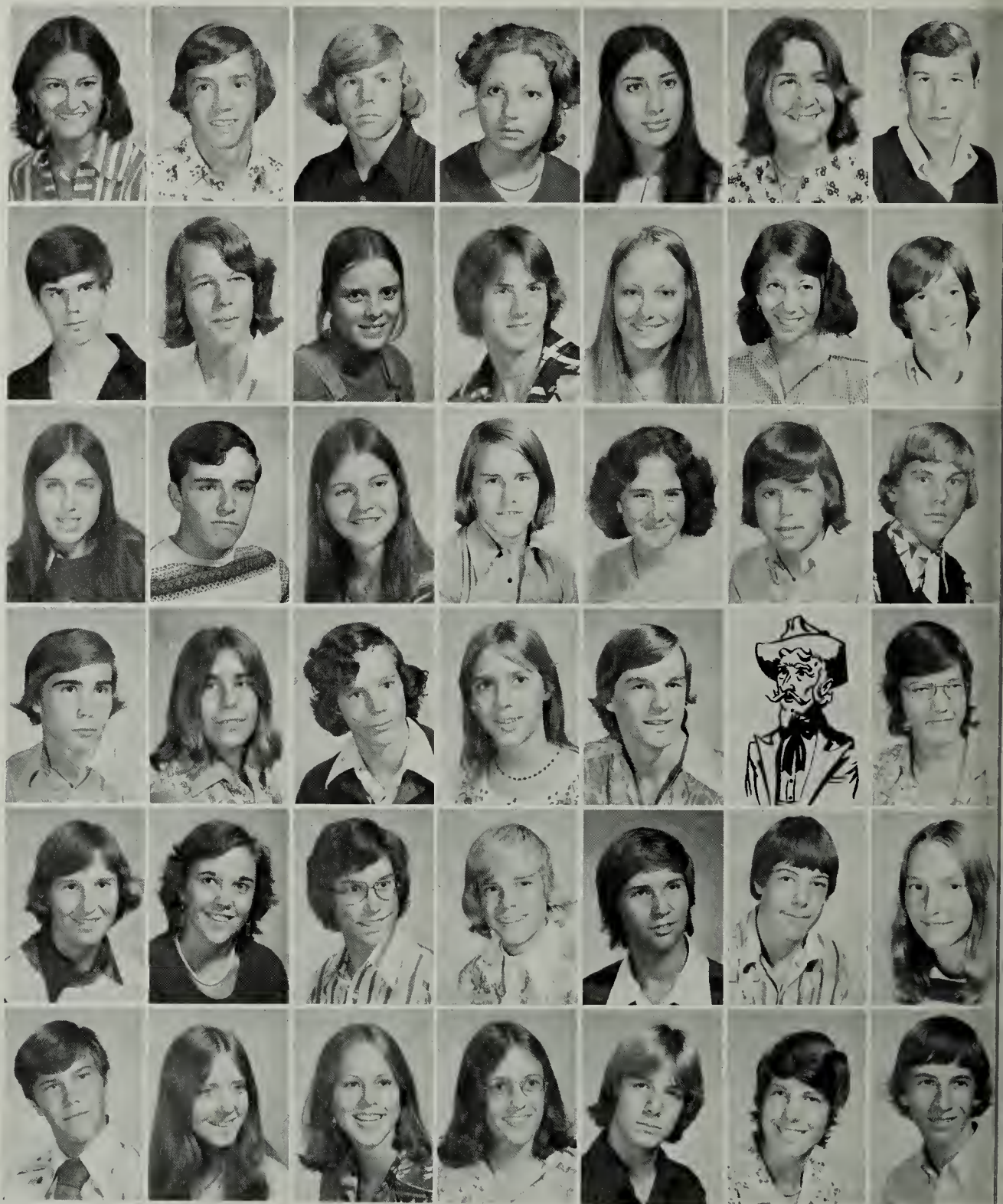
Tim Gimple
Bart Glaze
Diane Glazener
David Goins
Kathy Goodall
Denise Goodsite
Ken Gormally

Lynda Gouveia
John Grammer
Mary Grvely
Carter Greene
Margie Greene
Steve Greene
Bob Grich

Pat Griel
Tom Griffith
Rob Grimm
Kathleen Groves
Ed Grundler
Cynthia Hale

Karen Hale
Barbara Hall
Lee Haeant
Andy Hare
Ken Harnad
Robby Harper
Sallie Harrell

John Hart
Carole Harter
Debbie Haubner
Kelly Haugh
Lewis Hauser
Sandra Hays
Bill Hedges





John Hedges
Mary Heffren
John Heinly
Jon Henry
Paul Henry
Anne Herb

Chuck Hergesheimer
Leeanne Herndon
Rita Herold
David Hettinger
Heidi Higgins
Becky Hill
Pam Hillery

Cheryl Hinkle
Mark Hinson
Tim Hipps
Barry Hobbs
Inge Hoffman
Stephanie Holcombe
Donna Hole

Susan Hollar
Laurie Hollis
Troy Holt
Alison Hood
Kevin Horan
Mary Horde
Vicki Horning

Kate Howard
Robbie Hughes
Jim Hunt
Betsey Hurd
Cheryl Hurst
Hugh Hutchinson
Steve Hutchinson

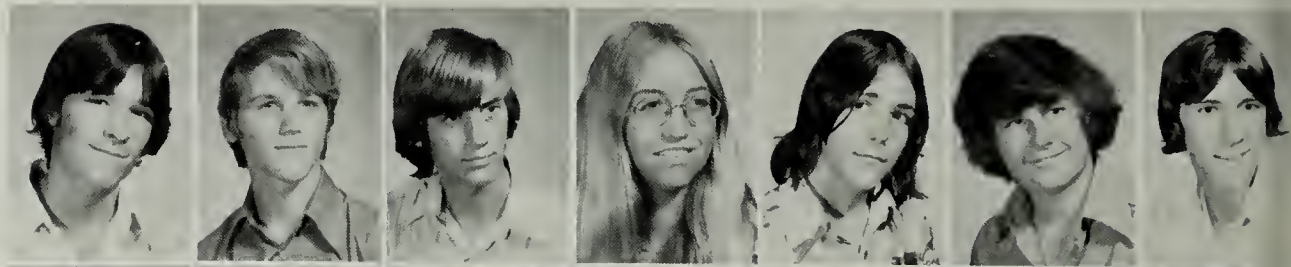
Vince Iannucci
Deborah Imler
Kevin Ives
Greg Jackson
Ria James
Bonnie Jenkins
Jayne Jenkins

Quizzing each other to get ready for a test are Lynn Tipton and Kathy Farrell.



Rah, Rah, Ra---h ?

Brad Johnson
Ken Johnson
Mike Johnston
Diane Jolley
Ben Jones
Brian Jones
George Jones



Karen Jones
Mike Jones
Steve Jones
Ron Juncal
Kathy Kafka
Donna Kappral
Brad Kauffman



Kathy Kearns
Billy Kessler
Steve Kick
Gary Kimball
John Kimman
Tom Kinback
Michelle Kinne



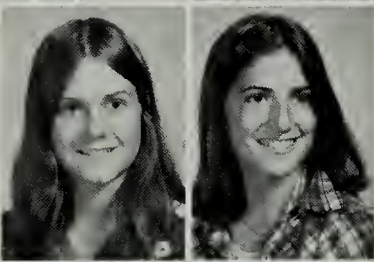
Matt Klaren
Peggy Klem
Jean Kleppinger
Teri Kleypas
Jill Klompus
Kriss Knister
Renee Kolofske



Ron Komornik
Donna Konchuba



Sheri Koon
Julie Kosnik



Donna Kroboth
Pete Kronbergs

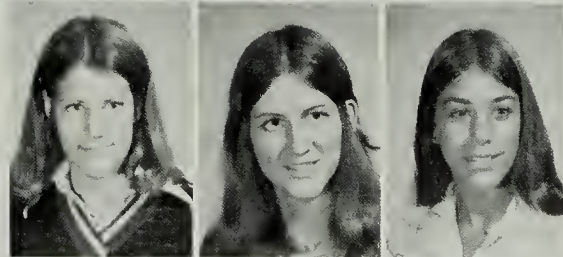


Is it or isn't it? Bruin fans await an official's decision.

Rah! Rah! Ra - h! It seemed as though moving into two sub-schools not only divided the sophomore class but also their spirit! Age mellowed this year's 10th graders. They lacked the frenzied enthusiasm which won pep rallies for them the previous year. Their loss, however, was not total. They still backed Lake Braddock and were perfectly willing to stand-up for their class. Interests branched out to include jobs, grades, and the opposite sex. Many of the students just didn't have enough time to go and show their school spirit at games and other functions. But spirit didn't all disappear, our cheerleaders, our pep club and all the other classes, including some of our own, were still there to cheer Lake Braddock on. Although we had school spirit and people did cheer Lake Braddock on, this year just wasn't the same.



Darsi Krueger
Teresa Kuhlman
Rey Kush



Sarah Lake
Bev Langager
Karen Larocque



Brian Larson
Claire Laurain
Lisa Lauria



Carolyn Lee
Linda Ledder
Linda Leeson
Andrea Lehman
Joel Lehman
Mike Lettieri
Kevin Lockwood



Debbie Lovell
Debbie Lund
Gene Lundgren
Sandy Luther
Scott Lyles
Nathan Lynch
Timothy Macek



Fiona Macpherson
Tom Maddalena
Paul Maginnis
Mike Main
Suzanne Maire
John Mairs
Diane Mallardi



Christie Mandeville
Nancy Mangan
Pam Mangum
Doug Mann
Sue Mansour
Mariette Markon
Cindy Marshall



Chuck Martin
Karen Martin
Micheal Martin
Nancy Martin
Denis Matson
Kim Matthews
Kathryn Maxey



Trish Mays
Dave McCall
Karen McClanahan
Alice McClelland
Kathy McCue
Donna McDaniel
Ford McDaniel

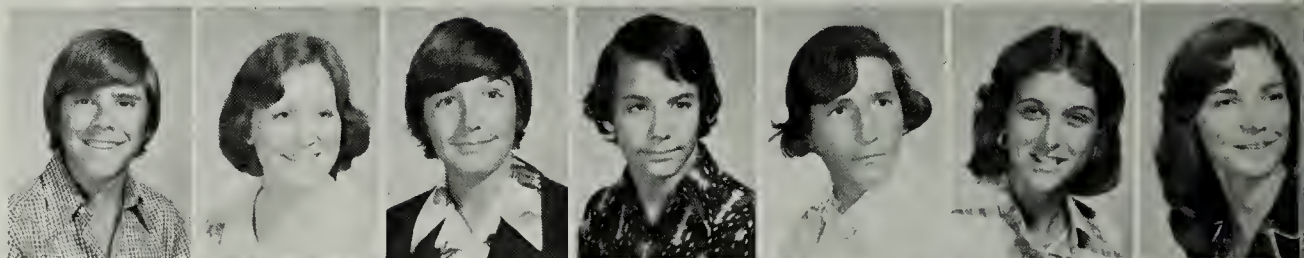


Look! Up in the sky! A bird, a plane? No, it's snow, our first as Greg Cagnassola and Jim Bachelor catch a glimpse.



Feet up, relaxed in her chair, Rita Harrel

Robert McDonald
Carol McHale
Mike McFadyen
Robert McKay
Brian McNabb
Kathy McNerney
Marion McQuiston



Mark Meginley
Sharon Meiners
Vicki Melburn
Jim Menhennick
Kay Mesirow
Chris Miller
Denise Miller



Scott Miller
Vicki Miller
Katie Milloy
Denise Mlekush
Lisa Mock
Marion Moke
Jeanne Monroe



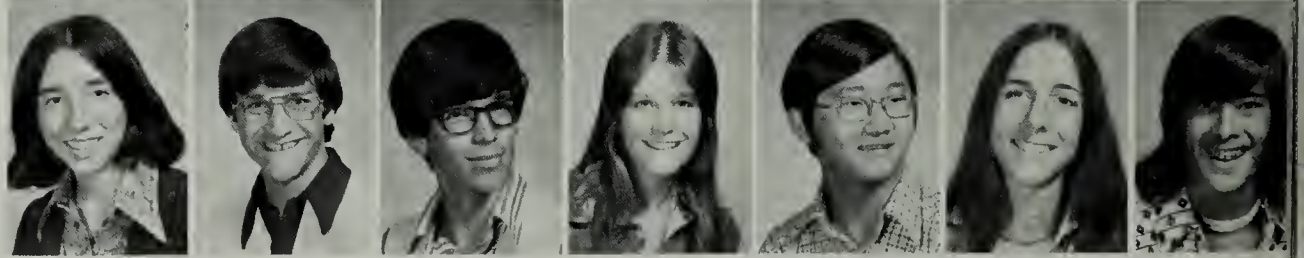
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Marybeth
Montgomery
Lynett Montieth
Laura Moody
John Moore
Valerie Moore
Bill Morefield

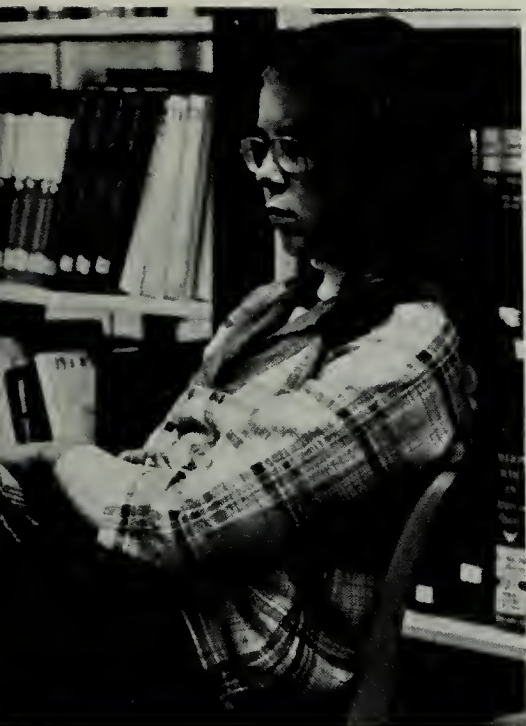


Donald Morgan
Annie Morrough
Charles Morrison
Melody Morvillo
Sharon Moskoff
Erin Murphy
Pat Mulvihill



Michele Musco
David Mutter
Ed Myers
Jennifer Myers
Joe Myong
Diane Nagel
Brian Nakamura





enjoys a book in her leisure time.



Linda Nance
Cynthia Nash
Eric Nashlund
David Nelson

Karen Nelson
Linda Newbill
Jay Newman
Nora Newton



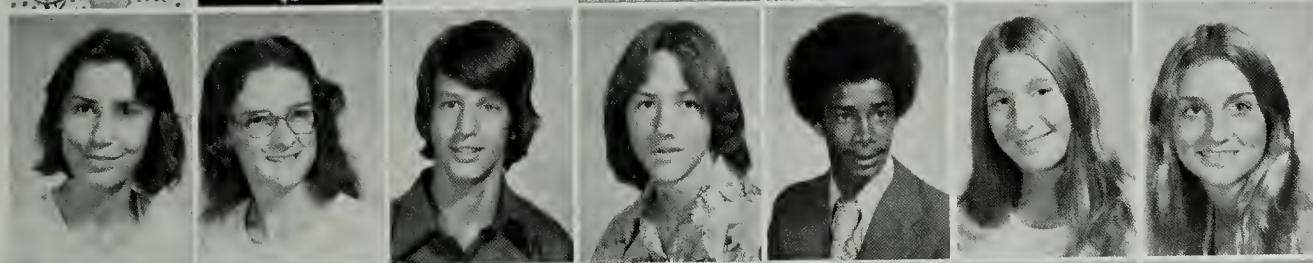
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Kris Nider
Paul Nielsen
Kathy Noack
Joe Noonan
Julie Noren
Bruce Nozick



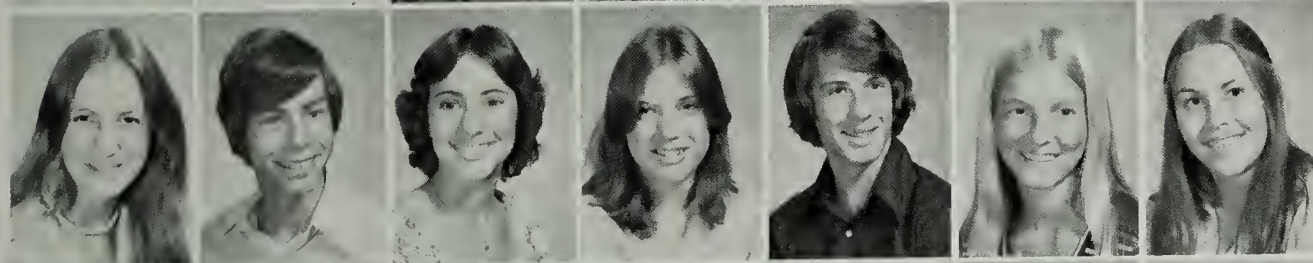
Kyle O'Donnell
Tom O'Donovan
Betsy Ohlhaver
Mike O'Kane
Shawn O'Keefe
Cindy Oliver
Denise Olivier



Pat Olvera
Phyllis O'Neil
Cathy O'Neill
Ralph Opacic
Lori Osborn
Rick Osborn
Mike Overman



Maggie Pajewski
Ladonna Pallett
Richard Paschal
John Parker
Wendal Patterson
Sue Pelzel
Connie Ferguson



Dawn Phelps
Martin Pippins
Marc Plait
Sharon Pollard
John Pope
Lisa Posey
Jennie Powell



Jeff Price
Peter Price
Andrew Prudence
Dana Pullin
Eles Purple
Mike Raeder
Deborah Raichelson

Chuck Ray
Paula Reardon
Robby Redfern
Kelly Reeves
Diane Reichert
Eric Reimund
John Reinhart



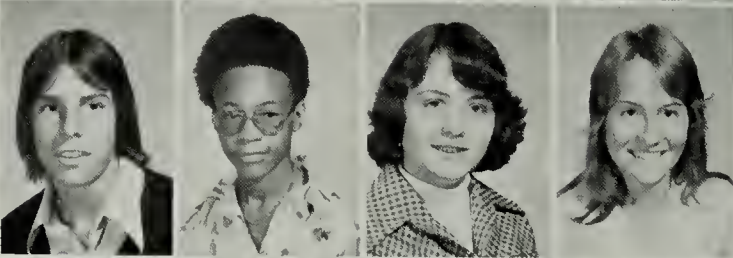
John Reister
Chris Reynolds
Sally Reynolds
Rob Rentner
Cheryl Rice
Jennifer Rich
Mimi Richards



Craig Rider
Jeff Rizer
Brenda Robertson
Jim Robertson



Brian Robinson
Doug Robinson
Laura Rogers
Susan Rothenberger



Linda Rotundo
Betty Rouse
Greg Rowan
Brian Rubin



Bill Runyon
Mark Russell
Fred Saalfeld
Gordon Sachs



Dianne Saenz
Lori Saia
Viv Saia
Mike Sall
Steve Sampson
Valerie Schafer
Bill Schaffer



Jeri Schelling
Sally Schmidle
Shawn Schmidt
Ellen Schneider
Candy Scott
Jay Scott
Ian Senio



As the light of knowledge shines upon them, Julie Sullivan and



Susan Senter
Doug Sevachko
Steve Sexton
Andrea Shaw
Laura Sheehan
Mark Shenk
Gloria Shepherd

John Sherman
Bruce Shillinglaw
Randy Shirley
Jim Shumway
Randy Sibold
Diane Sifford



What's there? I don't know but Cindy Marshall finds it interesting.



Chuck Silva



Brian Simmons



Debbie Simmons



Jeanne Simmons
George Simmons
Caroline Simpson
Mac Sine



Becky Slaght
Edie Smallwood
Brent Smith
Buddy Smith
Donna Smith
Jean Smith
Steve Smith

Denny Southern
Nancy Spain
Jeff Spengler
Sharon Spillare
Peter Springer
Jeff Stahle
LeNave Stanfield

GORY MOVIES

Lynda Stanley
Karen Starkweather
Debbie Staron
Jay Steacy
Susan Steane
Judy Steele
Karen Steere

Joe Stefanelli
Laird Steinberg
Janet Steinmacher
Brenda Stephan
Kenton Stephens
Craig Stewart
Elaine Stewart

John Stewart
Suzanne Stewart
Steve Stimac
Guy Stockwell
Bill Storosh
John Street
Nancy Stuart

Julie Sullivan
Sheila Sullivan
Bill Sund
Robert Sutton
Jean Sweeney
Brian Sylvia
Marilyn Tarlano

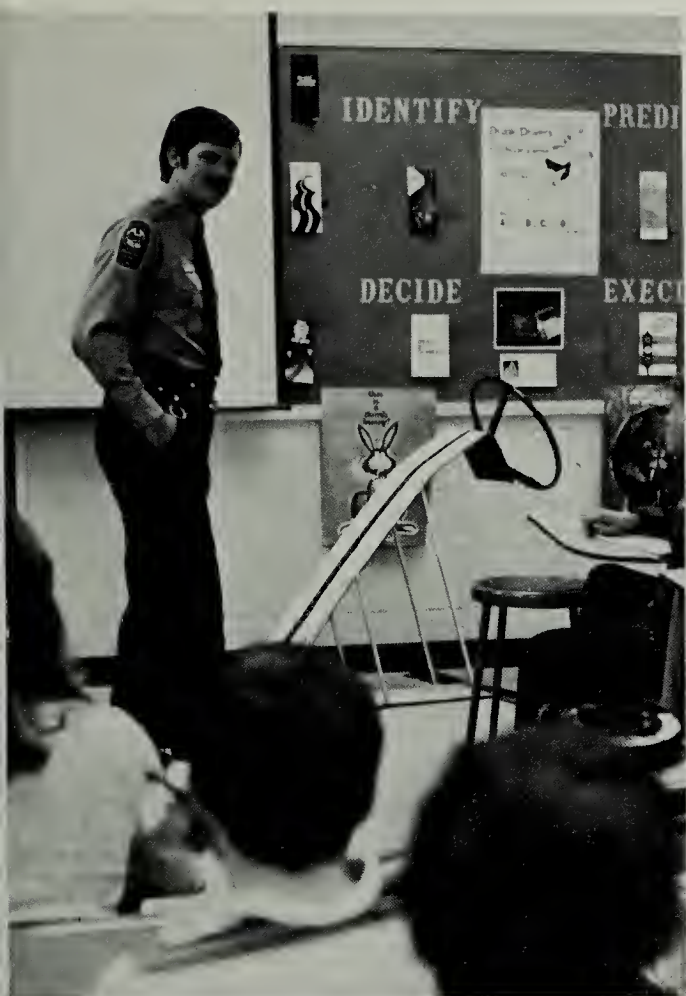
David Teafor
Jeff Thiesing
Perry Thompson
Olwen Thorpe
Kathy Tikkala
Mary Ann Towe
Ted Treat

Fran Trezona
Denise Troja
Robert Trott
Walter Trujillo
Susan Turek
Teresa Tucker
David Turner

Robin Twedt
Wendy Valaer
Helen Vanderhoeven
Carol Veitenthal
Mike Venaglia
Anita Venskuskus
Sandra Vernon

Bob Vickers
Laurie Villhauer
Chris Vorbau
Kevin Wackett
Tim Waggener
Diane Wagner
Anne Walecka



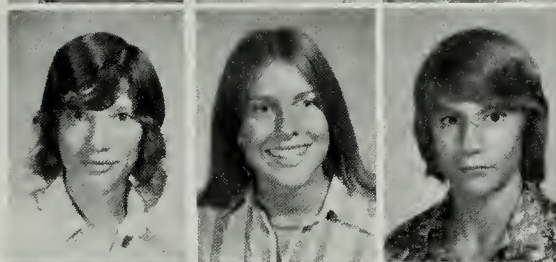


Learning the rights and wrongs about driving, the Driver's Ed. students listen to Mr. Mustian.

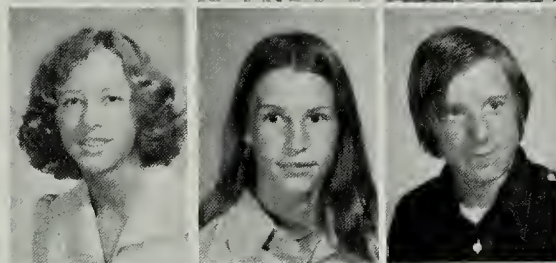
"Wait till you see those gory movies." Every student entering Driver's Education was forewarned by previous students about those gross scenes where the heads were shown being cut off or where the people were burning. Actually, they weren't as gross as they were "grossly" exaggerated. What you were never told about however, were the thirty-five other long, drawn out hours, required by law, learning the rules of the road and a million and one other things that were supposed to make you a better driver. However, once out on the road, one tended to forget everything and just took things as they came. Driver's Education was an experience that everyone went through but going on the road was still even more of an experience.



John Walker
Harold Walter
Jessica Ward



Robert Ward
Gigi Wasniewski
Don Waye



Jeri Webber
Debbie Webster
Neil Weinert



Ken Welch
David Westphal
Kelle Wheeler



Susan White
Paul Whitener
Steve Willey



Jeff Willhoit
Phil Williams
Wes Willoughby



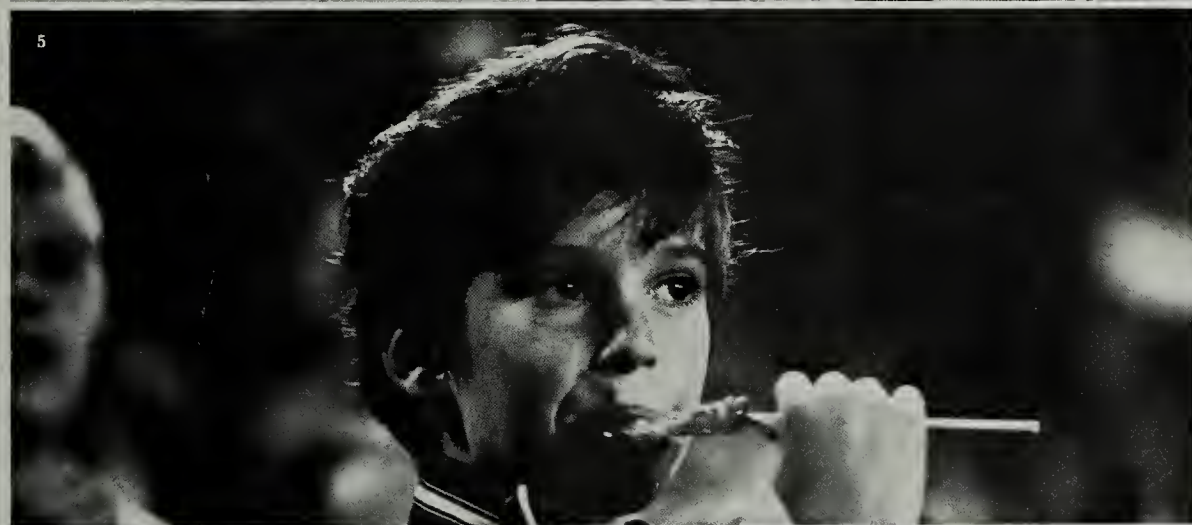
Steve Winship
Kathy Winters
Scott Wolters
Arnold Wong
Jerry Woodbeck
Mark Woolsey
Robert Wright



Tony Wyatt
Doreen Yacuoby
Julie Yeager
Donald Young
Gerry Zimmer
Rose Zugachwert
John Zych



AN EYE ON PEOPLE



Page 258: Picture 1 — Danna Fanning, Leeanne Hurndon, Michelle Musco, Carol Veienthal, Eric Leeper. Page 259: Picture 1 — Mr. Len Evans, 2 — Marc Denny, Keith Brown, 3 — Torry Williams, 4 — Julie Williford, 5 — A Future Bruin, 6 — Cheryl Patterson, 7 — Julie Reeves.

John Abraham
Mary Affronti
Vincent Agnelli
Eric Airola
Diane Alexander
Elizabeth Allison
Lee Ann Allison

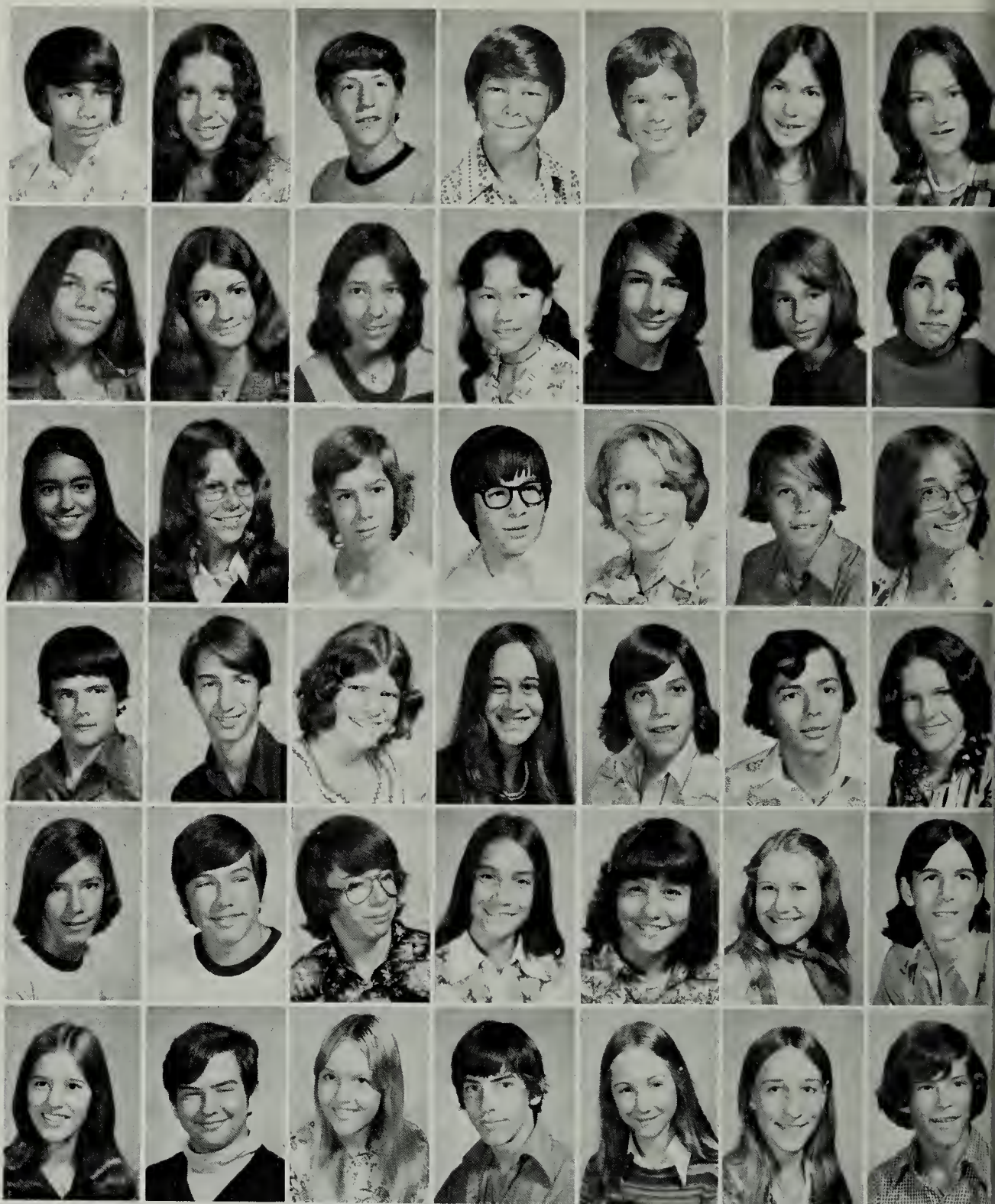
Amy Almon
Lisa Anderson
Audia Andy
Maya Arai
Lee Atkinson
Mark Bair
Lauri Baker

Michelle Baldasari
Catherine Ballou
John Baran
Dwight Barkley
Frances Barner
Joseph Barnes
Pamela Barnes

William Barrere
Eugene Barrett
Eloise Bartell
Pat Bartholomew
Ben Battle
Thomas Beicher
Alison Beckwith

Gerald Beem
Robert Bell
John Bell
Kimberly Belt
Diane Bennett
Teresa Bennett
Roger Benoit

Marykaye Benton
Paul Benton
Deborah Berg
Christopher Bergen
Donna Berkley
Audrey Berman
Spencer Biles



David Bishop
Michelle Bissell
Jock Black
Allison Blasch
Ellen Bliss

Carolyn Blum
Paul Blum
Joseph Bly
Tim Borgerding
Peter Bosworth

Louis Bowersox
Tracy Braddon
Jeff Bradford
Julie Bramblet
Grady Bradley





Bruin's fans Pam Hardy, Alison Wright, and Julie Carroll watch closely as the Bruins play to win.

FRESHMEN



Lisa Brattain
Scott Braybrooke
Matthew Bressler

Donna Brinckman
Pamela Broaddus
Kristin Brooks



Scott Brown
Diane Brusnahan
Sam Brutcher
Lori Bryant
Jessica Buchanan
James Bura
Derek Burba

Robin Burchfield
Bruce Burdon
Terri Burks
Nora Byrne
David Burns
Jeff Busa
Tracy Cade

Chris Cafferky
Chris Calhoun
Julia Campbell
Shawn Campbell
Carol Capper
Ronald Carlat
Rob Carpenter

if it isn't frosh...

Got spirit? Huh huh! Let's here it! O.K.!! The freshman class showed just how much spirit and enthusiasm they had at the pep rally held before the Lake Braddock vs. Chantilly game. As our devoted cheerleaders led us on with the roaring cheer, "We've got the spirit, yes we do! We've got the spirit, what about you? Beat Chargers! Beat Chargers," the freshmen let everyone know they did have the spirit. The outcome of the spirit contest was great! The class of '79 beat the former champions, the class of '78. Their reward, the famous L.B. spirit bell. Although we lost to Chantilly, the freshmen kept their spirit going strong!



Julie Carroll
Sandy Carter

Robert Carvajal
Carol Cassella

Lynne Caswell



Chris Cataldo



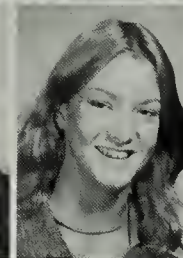
Nancy Chambers



Sharon Chambers
Hal Chandler
Jacqueline Chin
Ann Clark
Marsha Clark
Vincent Clark
Wayne Clements



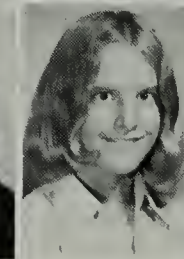
Margaret Cocke
Diane Cohen
Deborah Cole
Kathleen Conlon
Tony Constantinos
Anne Coons
Susan Copper



Scott Cooley
Keith Cordt
Sean Corscadden
Beth Couture
Paul Cox
David Crabill
Natalie Craig



Sean Craig
Jon Crater
Janet Crawford
Shawn Crosby
Sandy Crow
Kelly Cummins
Scott Cunningham



fun & SURPRISES !!

A class that was full of surprises was Ms. Wechsler's fourth period French II class. From work sheets and unit tests to French log cakes and fondue lunches, the students were always kept very busy. Learning French numbers was lots of fun when the students played French number bingo. Ms. Wechsler's class really got involved with the French holidays, as they sometimes celebrated them in class. Trying to read an all-French newspaper proved both interesting and challenging for Ms. Wechsler's class. It was nice to look forward to a class and wonder, "what will happen today?!"

Reading is a mouth opening experience for freshman, Tracy Braddon.





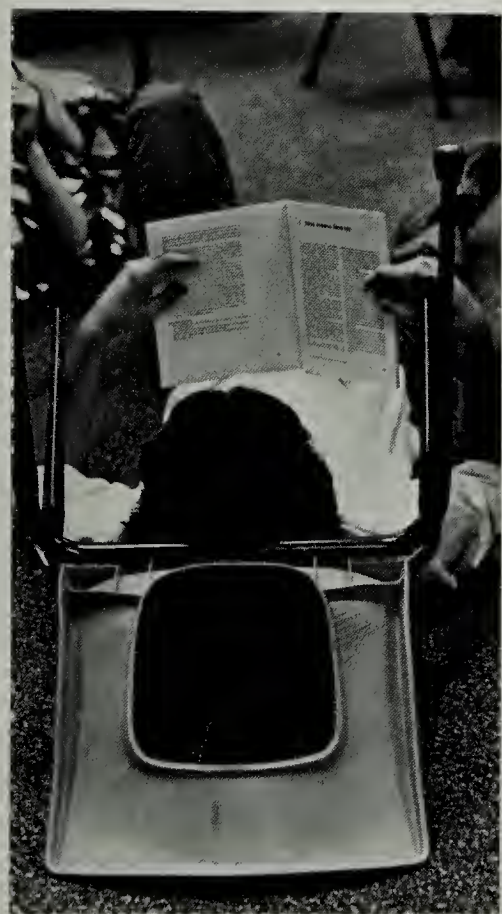
Jane Daab
Trygve Dahl
Carolyn Daiger
Darrell Daley
Frankie Daly
Sara Danzeisen
David Dasher



Arlene Davis
William Davis
David Dayton
Elizabeth DeAngelis
Cynthia DeAngelus
Debbie DeBolt
John deLadurantaye



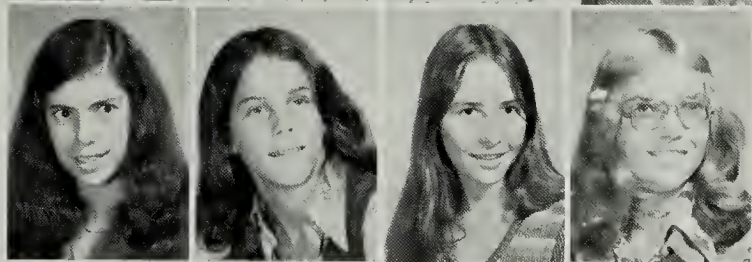
Matthew Delaney
Monica Dembinski
Charles Derrick
Robert Dilisio
Susan DiGregorio
Ann Dillard
Janet Donaldson



Relaxation is one of the benefits at L.B.



Stacy Downing
Tomas Downing
Kathleen Doyle
John Drake



Ann Durant
Dennis Dustin
Catherine Dybas
Patricia Dyer



Danny Dyson
James Eddy
Joy Eden
Kim Edwards



Mary Eisenhower
Theresa Ellis
Tim Ensley
Kathleen Essman



Lori Estep
Robert Etchells
Elaine Euler
Cynthia Evans
Linda Everly
Pam Fanning
Susan Fenstermaker



Elizabeth Ferguson
Steve Ferris
Kathy Finn
Scott Fisher
Dan Fitzwilliam
Deborah Flannery

mental ward

Randy Ford
Tom Ford
Richard Foster
Jeannette Foulz
David Frager
Mark Franklin
David French

Anne Fry
Ann Fowler
Wayne Fuesol
Barri Fullerton
Dawn Gage
Jacqueline Galindo
Gigi Gallant

James Gallagher
Samuel Galstan
Robert Gardinier
Denice Garrison
Lynn Gentemann
Michael Getsey
Catherine Gilbert

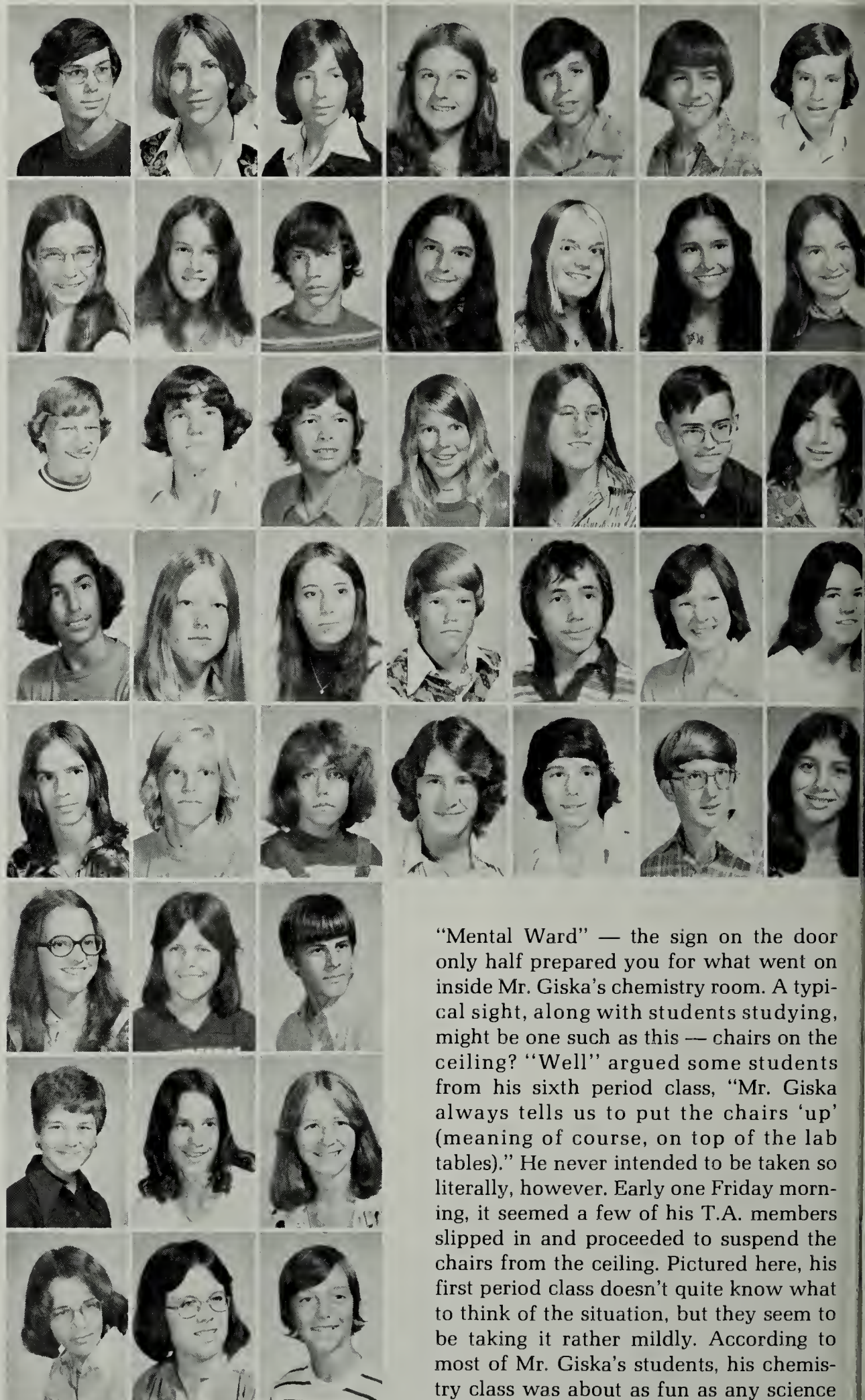
Michael Glassman
Sheree Glaze
Deborah Goodall
Charles Goodling
Bruce Gordon
Nancy Gormally
Sheila Gould

Charles Gowans
Peter Granholm
Gregory Greene
Stephanie Greene
Jay Green
Richard Green
Ann Greenwald

Melanie Greiner
Tina Grier
Art Griffin

Nicole Groeneweg
Kathleen Gross
Jodi Grummon

Andrea Grummt
Sharon Gunnell
Douglas Hamilton



"Mental Ward" — the sign on the door only half prepared you for what went on inside Mr. Giska's chemistry room. A typical sight, along with students studying, might be one such as this — chairs on the ceiling? "Well" argued some students from his sixth period class, "Mr. Giska always tells us to put the chairs 'up' (meaning of course, on top of the lab tables)." He never intended to be taken so literally, however. Early one Friday morning, it seemed a few of his T.A. members slipped in and proceeded to suspend the chairs from the ceiling. Pictured here, his first period class doesn't quite know what to think of the situation, but they seem to be taking it rather mildly. According to most of Mr. Giska's students, his chemistry class was about as fun as any science class could be, but his tests were just toooo tough.



Kathleen Hampton
Mary Hanson
Pamela Hardy
Jennifer Hare
Mark Hargleroad
Celia Hargleroad
David Harris

Edwin Harris
Emanuel Harris
Glenn Harris
Julie Harrison
Darla Haubner
Barbara Haynes
Lisa Hedrick

Martin Heffren
Patricia Heim
John Hess
Todd Heverly
Steve Hibbert
Philip Higdon
John Hill

Danielle Hinkley
Kathleen Hock
Leyla Hodge
Theresa Hodge
James Hoey
Mary Hoffmann
Kathleen Hogan

John Hollis
Suzanne Holroyd
Elizabeth Honingford

Cynthia Horan
Valerie Hottle
Scott Huber

Sheri Huffmaster
Scott Hughes
Mary Hunnicutt

Michael Hunt
Mary Hushower
Mark Hyer





Lisa Ianiero
Tamara Imler
Deborah Immerman
Andra Inge
Sharon Ingram

Michelle Ives
Lori Jackson
Lou Jackson
Margaret Jackson
Deborah James



This flower is one of the first signs of spring!

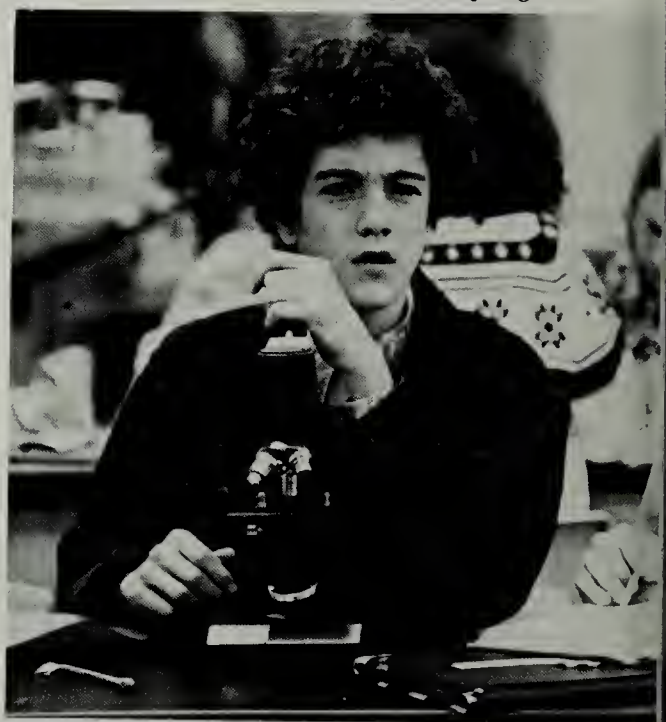
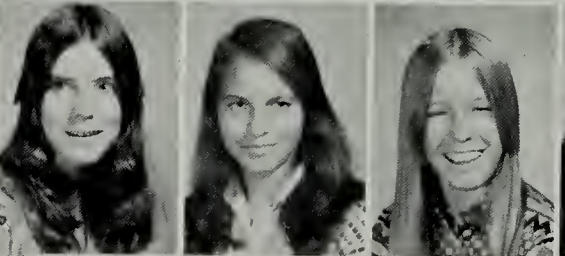
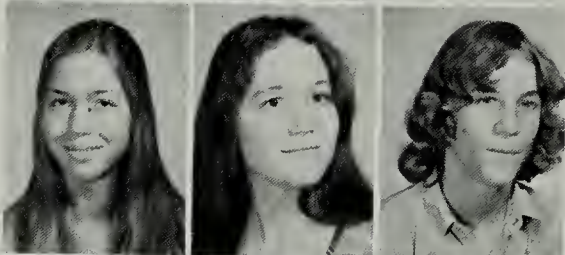
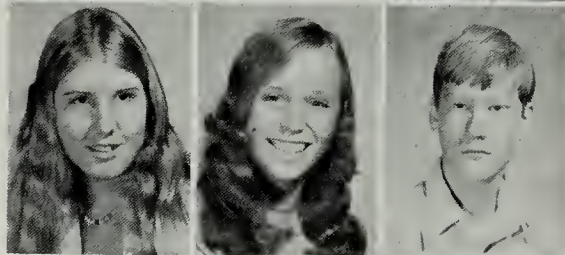
Clinton Jeffrey
Mark Jeffries
Jean Jenkins

Stephanie Johnson
Debra Johnson
Chris Johnston

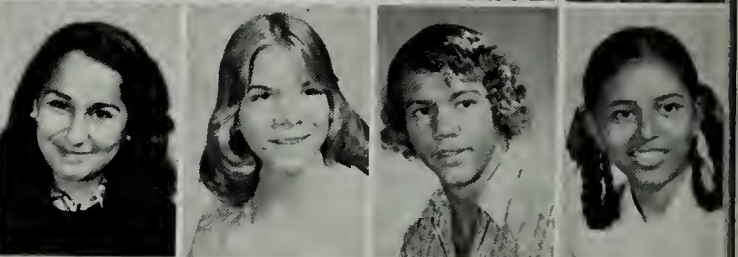
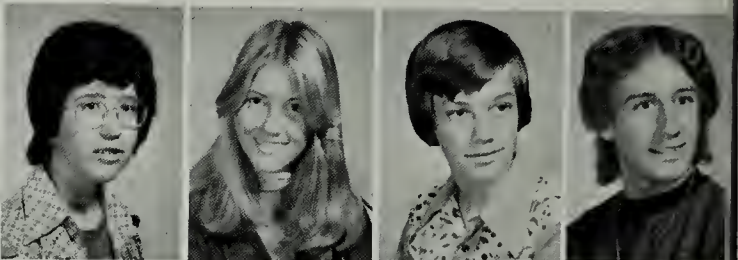
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Jeff Jones

Diana Jordan
Susan Justusson
Timothy Kearns
Anita Keeler
Sherri Keim
James Kela
James Kenaston

Susan Kelleher
Roswith Kellogg
Cynthia Kelly
Leyla Kermanchi
Angela Ketchum
Jeff Keyes
Nasreen Kidwai



Looking up from the microscope, Kevin Moore looks baffled.





Kevin Kirtley
Linda Klaus
Mary Kline
Allen Kniebiehly
Jon Knutson

Bruce Kolofske
Betsy Kupec
Brad Kurtz
Jeff Lalande
Carol Langager

Brad LaRochelle
John Larocque
Mark Laser
Jill Lawhon
Alesia Lay



Margaret Leahy
Vicky LeBlanc
Bob LeBlanc
Donna Lee
Sandy Lee
Eric Lehman
Melinda Leister

Clay Lewis
Debra Leopard
Shawn Lightel
Linda Link
Lana Little
Molly Lloyd
David Longshore

Donna Louder
Tamara Love
Carol Lowe
Renee Lowenthal
Ed Lull
Tammy Lykins
Chris Lyles

Janet Lynch
David Mabie
Pam MacLauchlan
Betsy Madsen
Danny Magill
Terence Major
Janet Malmberg

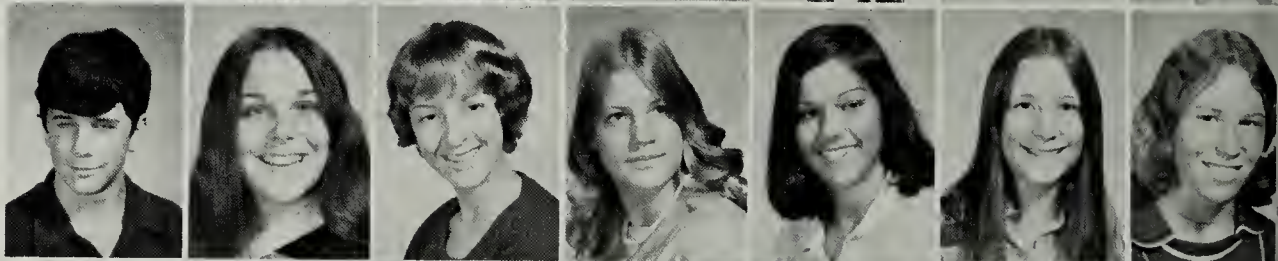
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Steve Marin
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Bonnie Marley
Bob Marryott



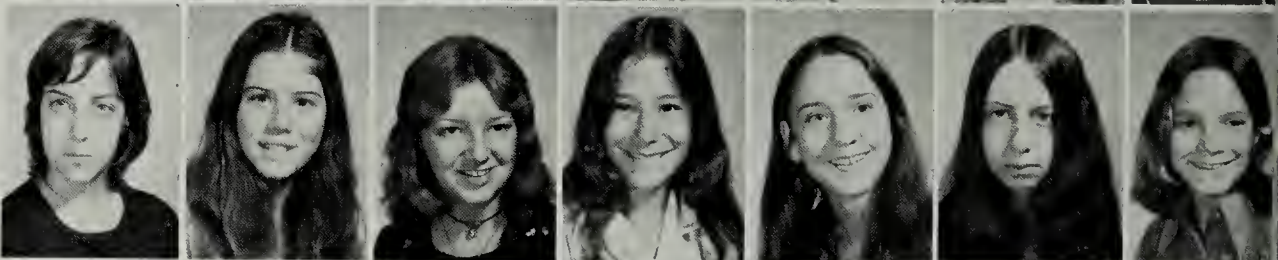
Kristine Martin
Vicki Martin
Mike Masaitis
Chris Massey
Danny Mathison
Larry Matthews
Chris Mays



Bob McColium
Anita McDonald
Gwen McElheny
Pam McFarren
Alison McGrady
Cindy McGrail
Dede McGrath



Elizabeth McKenna
Carol McLaine
Mary McLaughlin
Patty McNair
Susan Melburn
Shelly Mennella
Nancy Mercer



Clark Merrill
Clinton Mesle
Scarlett Meszaros
David Meyer
Lee Mikeska
Nat Miles
Bob Miles



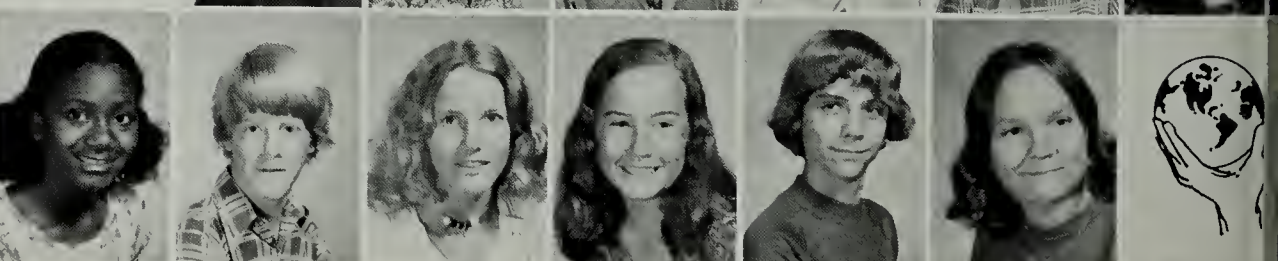
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Meg Miller
Karen Minuth
Richard Misser
Dan Mock
Paul Mollica



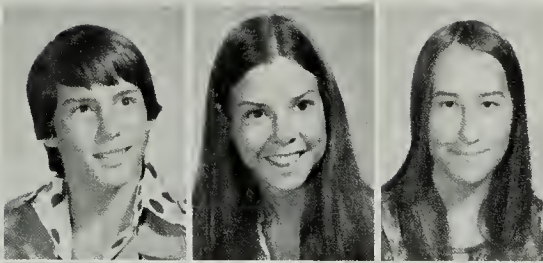
Fred Moore
Kevin Moore
Tom Moore
Phillip Moore
Stephen Morales
Melanie Morgan
Vicki Morgan



Kim Morrison
Buddy Morrisette
Michele Morse
Dawn Morvillo
Brett Moss
Jossi Mosso



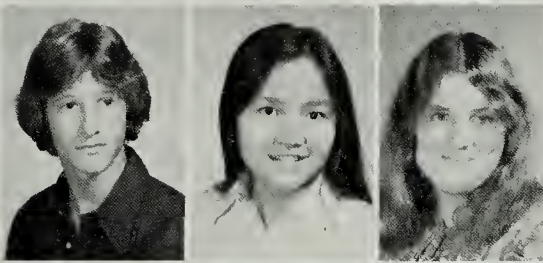
The unanimous Declaration of the thirteen united States of America.

[illegible]

John Murphy
Martha Murphy
Andrea Murphy



Jerry Myong
Kim Neff
Peter Neil



Mike Newton
June Nguyen
Lee Ann Nickley



Paul Niemeier
Thad Ninnemann
Karen Nishiyama



David Nisivoccia
Joan Notaro
Katie Obenhaus
Lori Ocker
Ann O'Donnell
Michael O'Donnell
Lynn O'Keefe



Beth O'Leksy
Arthur Olson
John Olson
Mike Olver
Scott Oslund
Stacy Overman



Cindy Palmer
Cheryl Paluh
Kristen Pape
Susan Parris
Joe Pataluna
Wayne Patten
Brice Patterson

76





For Mr. Dinan and Mr. Sengstack there's a time to be serious . . .

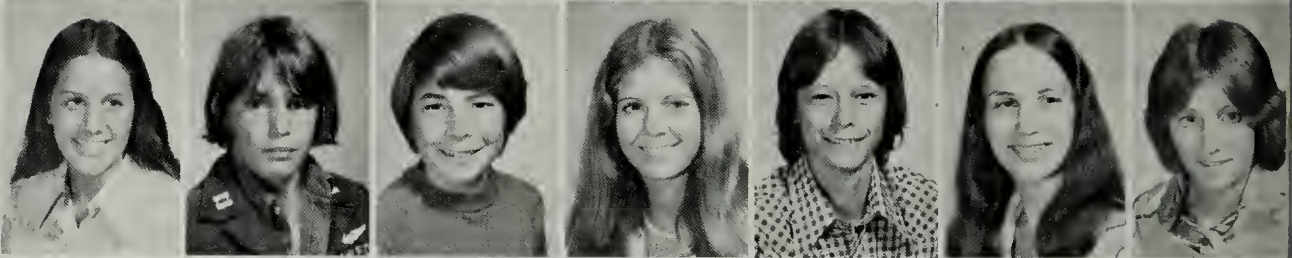
Patti Pendleton
Penny Penn
Jim Pepper
Laurie Perez
Adrienne Perkins
Terry Petty
Tamara Phillips



Jimmy Pinson
Billy Pitman
Mindy Planalp
Mike Podolny
Susan Ponder
Laurie Pope
Kim Poplawski



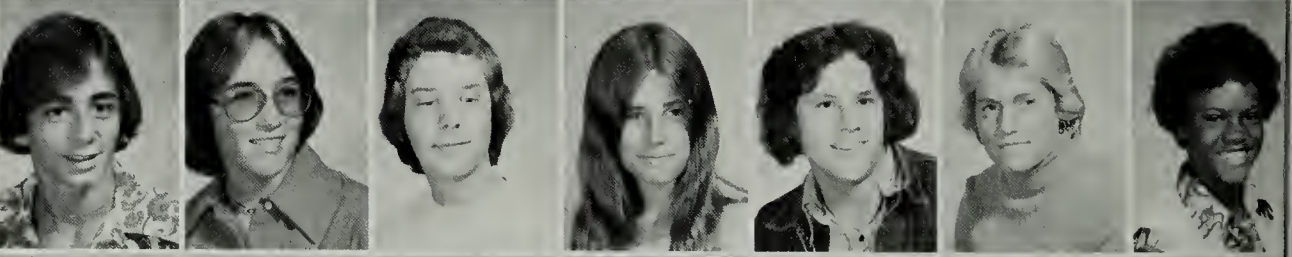
Janet Pray
Tom Prescott
Marc Prestera
Debra Prindle
Rocky Proctor
Susan Prutzman
Linda Puddington



Lisa Pulliam
Gregory Purring
Jill Raines
Caroline Ramsay
Robin Rehorst
Drew Renfrow
Randy Rentner



Kevin Reppert
Katie Richards
William Ritsch
Shawn Rizer
Greg Rizzardi
Linda Roberts
Lorleen Robinson



Jim Roche
Allan Roesell
Clark Rogers
Ellen Roth
Jeff Rothrock
Bill Rouse
Scott Rowley





Mary Rubin
Joseph Rucker
Susan Rutter
Jim Ryan
Daryl Sanchez
Brenda Sapp
Jim Satterwhite

Donald Saunders
Bobbie Schaaf
Lisa Schaller
Susan Schamber
Thomas Schnell
Robert Schubert
Gar Schulin

George Scovel
Linda Sechrist
Sharon Sellers
Clare Selz
Jim Selz
Billy Shen
Mark Sheridan

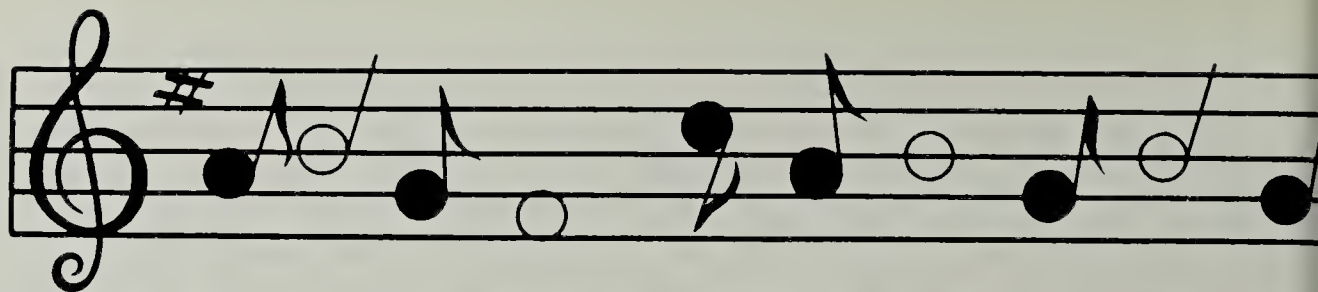
Pat Shifflett
Phyllis Shircliff
Eddie Shomer
Amy Shomer
Shana Shiver
Katie Simmons
Tim Skelly

David Slupe
Mike Smaldone
Cindy Smith
Jane Smith
Jim Smith
Karen Smith
Jennifer Smith

Pat Smith
Bill Smith
David Sousa
Bruce Souza
Catherine Sowl
Ted Spaete
Suzanne Spaeth



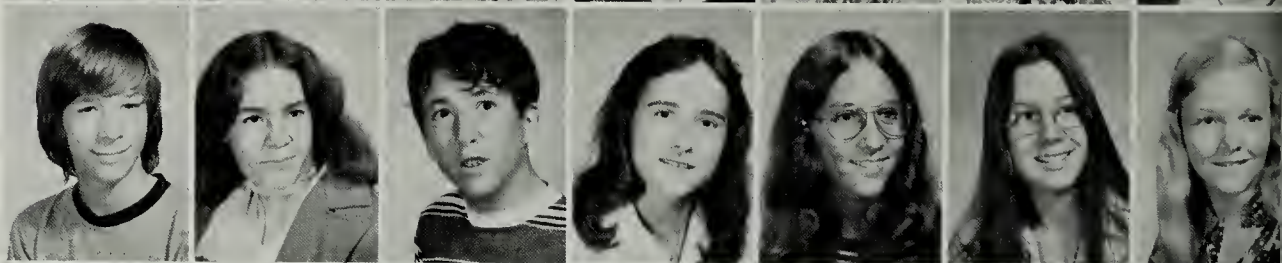
and a time to be funny!



Jennifer Spevacek
Jeffrey Stadnik
Russel Stallings
Rod Stallings
Julie Stathis
Susan Stauffer
Susan Stein



Doug Stephens
Laurel Stewart
Robert Strange
Emily Streett
Kathy Stromeyer
Diane Stuart
Janet Stuntz



Mike Stutts
Leighann Sullivan
Terri Sullivan
Gene Sydnor
Terri Szymanski
Rich Taschler
Dee Taylor



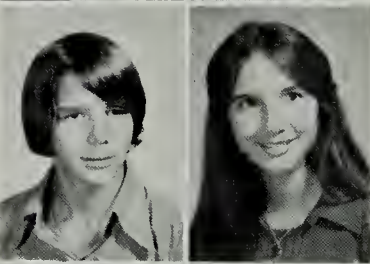
Robert Thar
Zita Thiesing
Deanna Thomas
Kate Thompson
Dissy Thompson
Carlton Thorne
Kathleen Trainor



Sue Tremper
Julie Trippe



Blais Tuck
Cheryl Turcsanyi



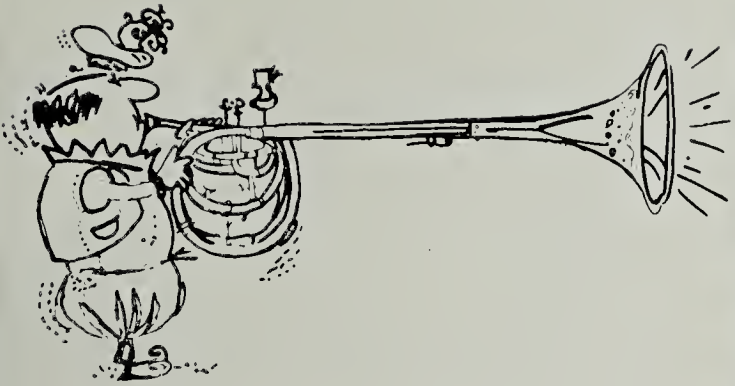
Leslie Ubico
Carolyn Ulrich



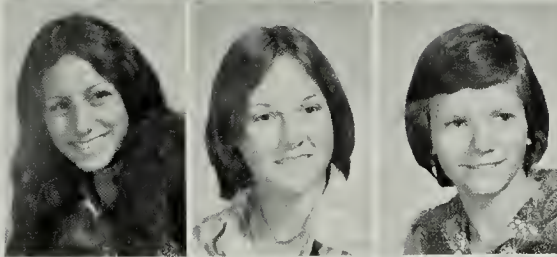
Jeff Urbany
Allen Valaer



Buddy Morrisette shows how fatiguing being in the Marching Band can be.



Tom Van Meter
Michael Vannoy
Karen Vernon



Cherly Vizzini
Marie Vodicka
Debra Vorbau



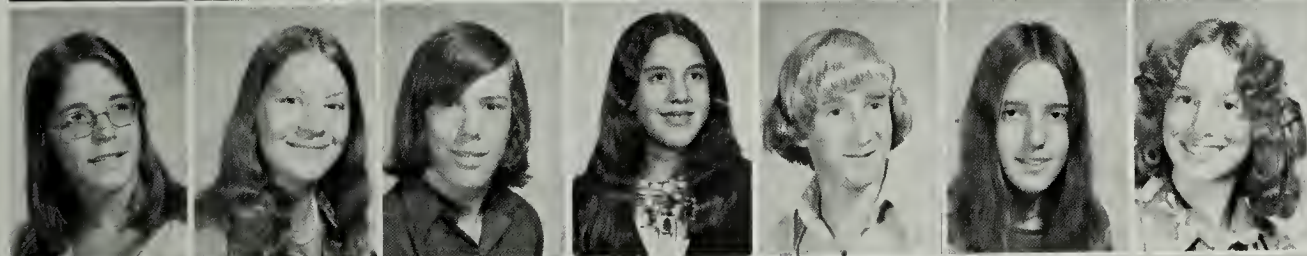
Becky Waddell
John Wagner
Scott Wagner
Craig Wagoner
Mark Wahl
Jill Walker
Kathy Warakomsky



Gregory Ware
Nancy Warren
Susan Watke
Bud Watts
Jeff Weaver
Diane Webb
Tracy Weeks



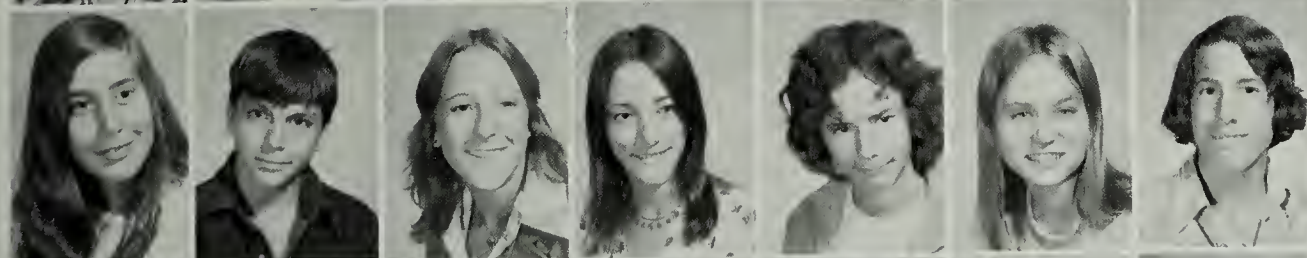
Stuart Wedel
Pat Welsh
John Weston
Jim Westphal
Tim Whalen
Noel Wharton
Helen Wheeler



Sharon Whetzel
Kim Whitener
Guy Whiteside
Donna Williams
Mark Williams
Renate Williams
Lisa Williamson



Leisa Williford
Lila Willock
Donna Willoughby
Dave Wilson
David Wilson
William Winkel
Scott Wishart



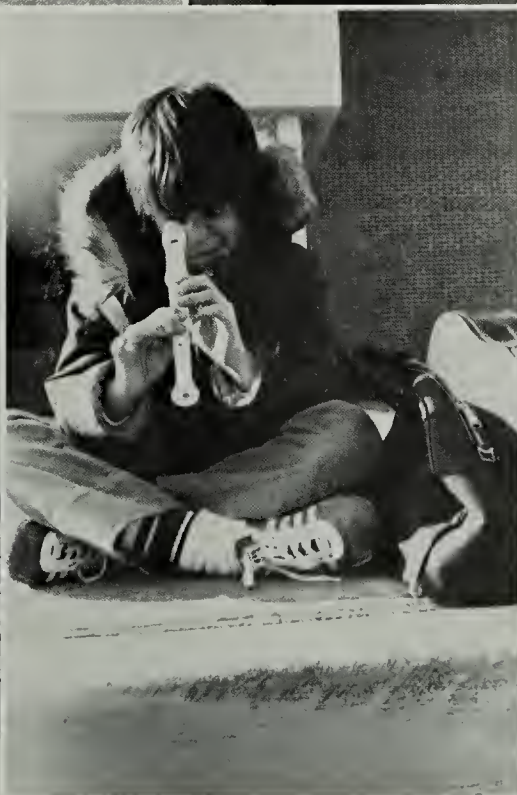
Shari Wolf
Phillip Wolfort
Lisa Woolsey
Allison Wright
Tim Wright
Donna Wyatt
Chip Williams



Naomi Yamamoto
John Zavada
Leslie Zeller
Daniel Zellner
Vicki Zipperer
Lynn Ziernicki
John Zugschwert



alone, or in groups



"the class"

For nearly a year, the Class of '80 was created to be a top class. Earlier in the year, a Leadership Workshop was held, and school wide problems were discussed. One topic was the intermediates' behavior, but Linda Meredith, Maureen Peed, Mary Beth Miller, David Sahd and Pat Sheridan expressed their views on the matter. Results — the High School students were just as guilty of the intermediate problem. Since the beginning of the school year, the Class of '80 had Spirit Weeks, and other "Crazy" activities, which were all behind a policy putting business and pleasure together. The Class was very cooperative, and was a good class to work with. Later in the year, the Class of '80 co-sponsored "Happy Birthday America" with the SGA. Altogether, 1976 was a good year to be a member of the Class of '80.



Pam Haskin, Jackie Reeves and Kelly Quinn are three of the members of the Drill

Danna Abney
Doug Adams
Scott Alexander
Bill Albeck
Luis Albisu
Patricia Allgaier

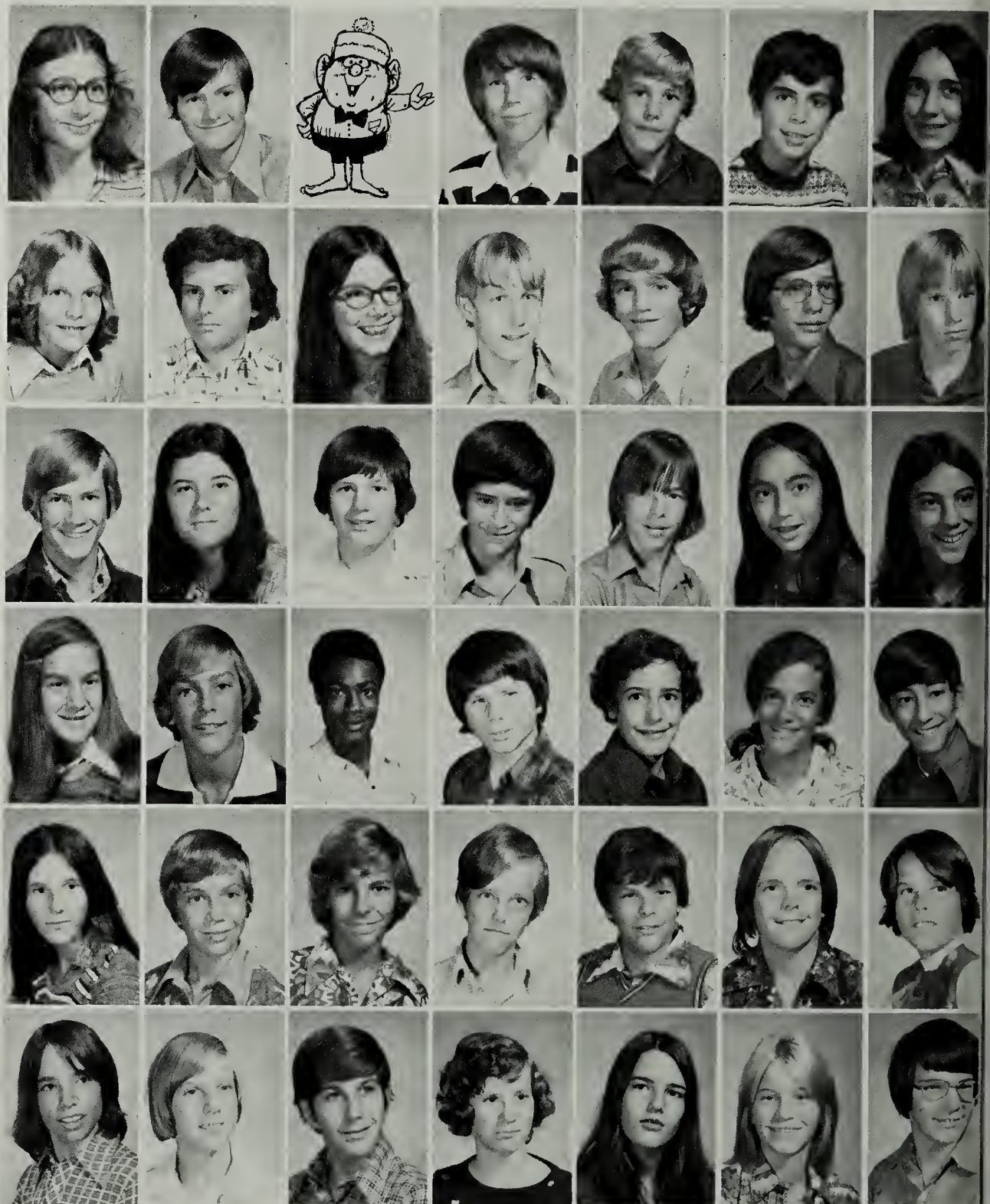
Sheryl Allen
Nestor Alvarez
Carolyn Alves
Mike Amend
Jim Andersen
Louis Andersen
Bob Anderson

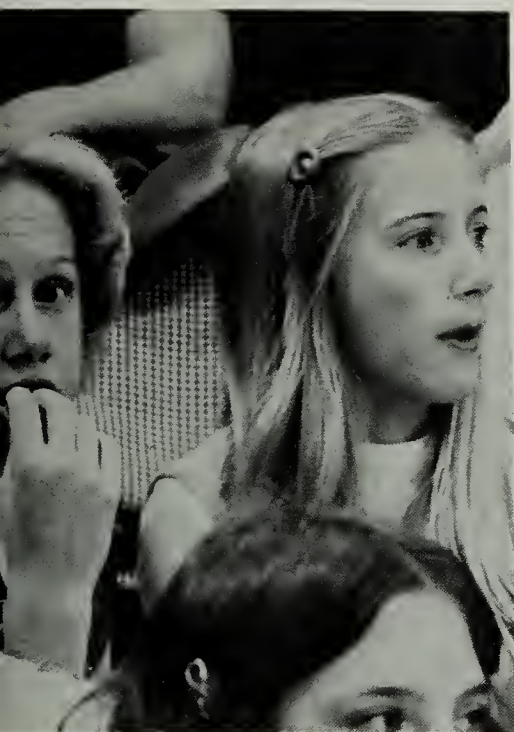
Doug Anderson
Lori Anderson
Steven Anderson
James Apistolas
John Apker
Maria Arbogast
Susan Archambault

Tina Ardizzone
Doug Asker
Angus Autrey
James Bachelor
Scott Badami
Debbie Baier
Alan Baldasari

Ann Baldwin
Scott Balantine
Joe Ballou
Gregory Balmforth
Brian Banules
J. D. Barker
David Barnes

Jeff Barnes
Richie Barr
Brian Barrett
Nancy Barton
Joanna Bassarab
Pamela Bassham
Chris Bazel





EIGHTH GRADE



John Beavers
Chris Behm
Doug Behm
Suzie Belcher

Julie Bell
Diana Benedetti
Chris Benoit
Anthony Beto

Jay Bibeau
Kristen Billak
Diane Bishop
Susan Bishop
Edward Bittner
Maura Black
Derek Blackburn

Jeff Blackwell
John Blair
Woody Bland
Bruce Blue
Kelly Bly
Helen Bock
Charlotte Bonilla

John Bookwalter
David Boothe
Mark Borghesani
Scott Bosworth
Marcey Bousman
Diane Bowen
Scott Bowman

David Bradley
Carol Brandt
Jeffrey Brandt
Sean Breslin
Tim Briggs
Liza Broadus
Joe Brown

Keith Brown
Lauren Brown
Nancy Bruce
Mike Bryant
Tracy Buchanan
Mike Buckley
Tom Buffoni

Johnny Bullock
Carol Bunting
Jacqueline Bura
Bob Burkhardt
Gaye Burns
Mark Bushey
Jay Byrnes

Team who won the Virginia State competi-
tion.



Mike Cafferky
 Gregory Cagnassola
 Debbie Canonico
 Steven Caito
 Thomas Campbell
 Tricia Campbell
 Kevin Carabell

Liz Cardenas
 Shannon Carlisle
 Nancy Carlson
 Randal Carlston
 Lisa Carpenter
 Martin Carraro
 Hector Carrillo

Mary Carroll
 Thomas Cassella
 Rena Chakeris
 Doug Chambers

Dana Cherry
 Christopher Chin
 Douglas Chin
 Vicki Christensen

Doug Clark
 Gary Clark
 LuAnn Clark
 Steve Clark

Carolyn Clement
 Timmothy Clemmons
 Leslie Clohisy
 Julie Cohen

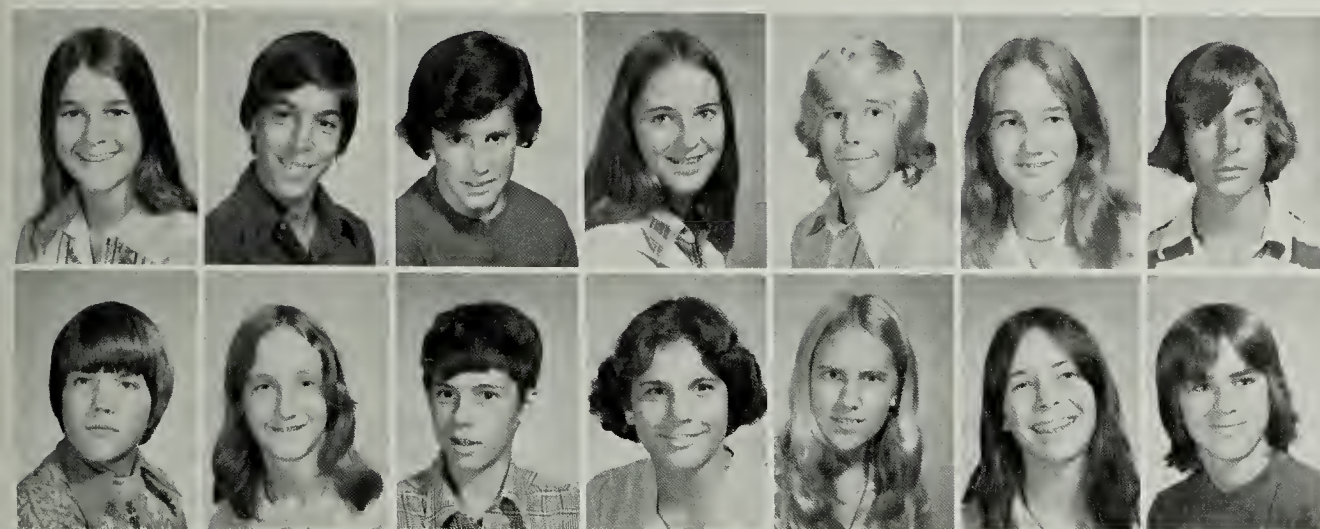
Samuel Cohen
 Michael Collis
 Kelly Colvig
 Stephen Comeaux
 Bill Comee
 Steve Conarroe
 Jana Connell

Beth Conway
 Cynthia Cooper
 Barbara Corbat
 Kevin Corning
 Diane Corscadden
 Kelly Cox
 Charles Crabill



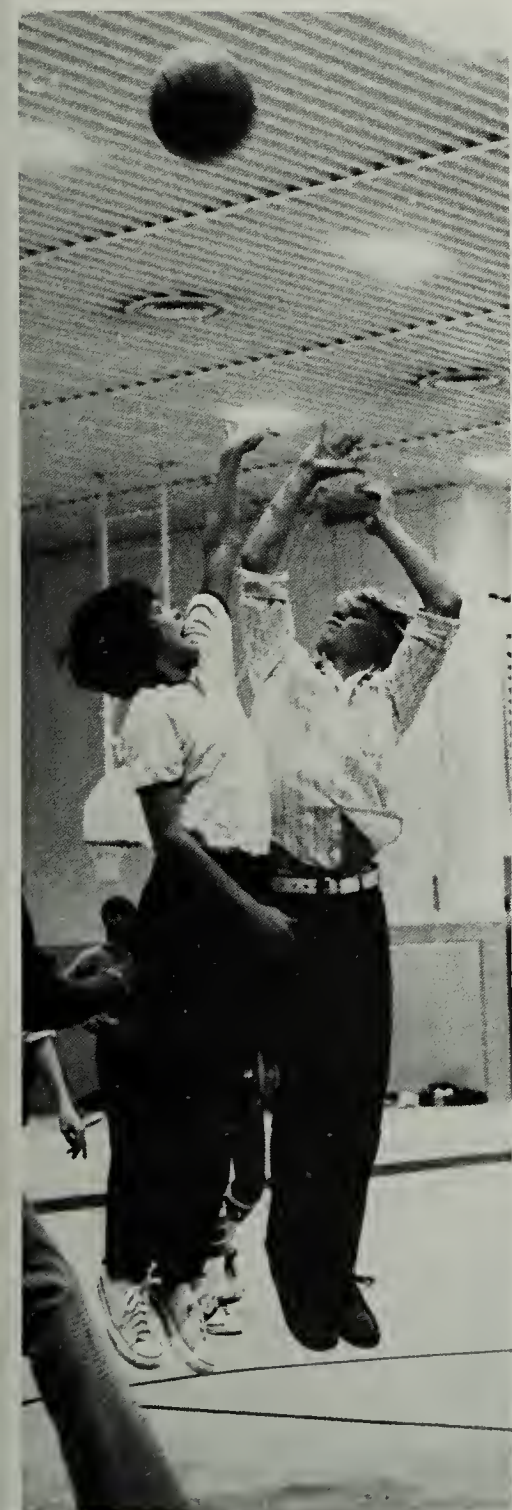
Karen Holt is just hanging around for gymnastics intramurals.

Just for the fun of it...



Anne Craig
Eric Crutchfield
Garry Crutchfield
Elener Culin
Dave Cullerton
Pamela Cullison
Jeff Cummings

Bob Curran
Dalana Daley
John DeLoia
Elizabeth Damico
Laura Dawson
Robin Davis
Ralph DeBardi



Believe it or not, staying after was sometimes fun. For example, the eighth grade boys stayed after on Mondays for intramurals. They did whatever their age group was doing. They covered such sports as football, basketball, volleyball, and soccer. Their intramurals sponsor was Mr. Hensley. Also, on Mondays, the eighth grade girls intramurals took place. Their sponsor was Mrs. Ripley, and they covered gymnastics, field hockey, and other sports. There was much success and many supporters of the eighth grade intramurals.



Shiela DeBolt



Joe Deck



Steven Decker



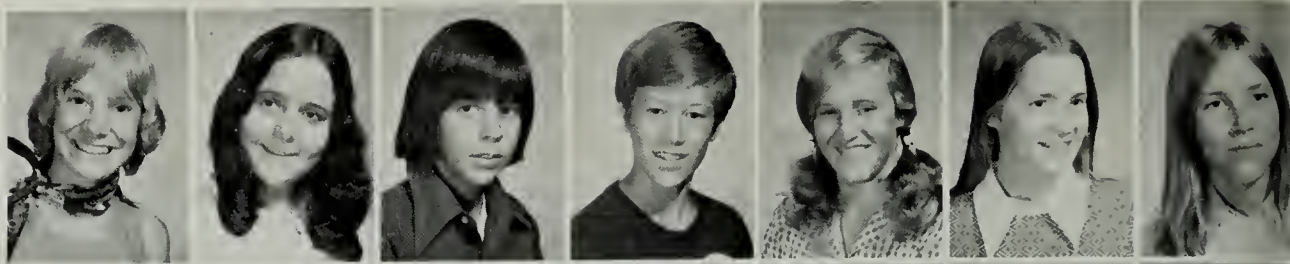
Pat Delany
Blase DeLeo
Brigid Dernbach
Lori DeSantes

Holly Dick
Laura Dicken
Roy Dickinson
Ron DiGregorio

Cheryl Dinkins
Lynly Donovan
David Downey
Heidi Downs

Joe Deck, and Mark Gage, participate in basketball intramurals.

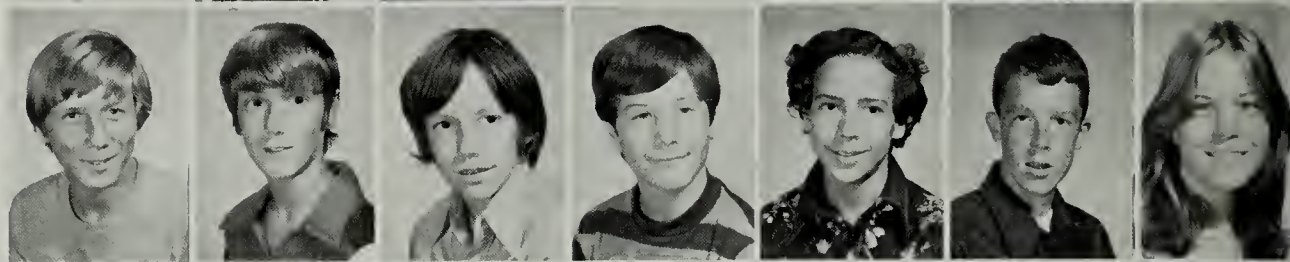
Denise Dues
Allison Dugan
Steve Duncan
Bob Dunning
Debbie Dyer
Jacqui Early
Julie Edstrom



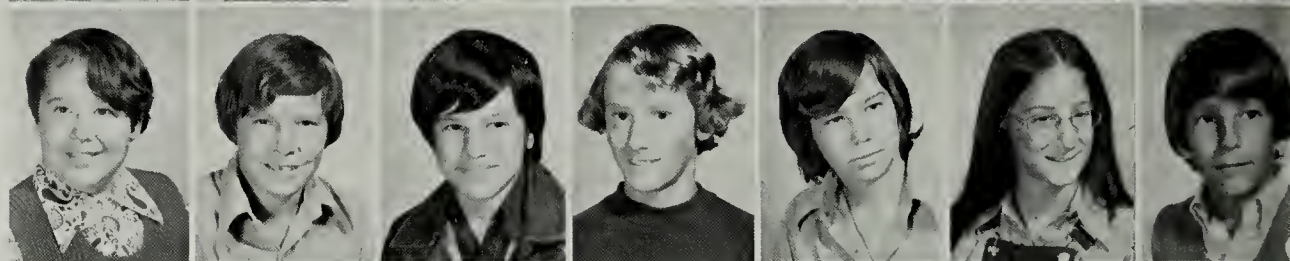
Scott Edwards
John Elkins
David Elliott
Gretchen Ensley
Danny Evans
Mike Evans
Jim Evins



Brian Fee
Randy Fenstermaker
Geoffrey Ferero
Scott Ferrantino
Michael Finn
Kevin Fitzgerald
Cary Fitzwilliam



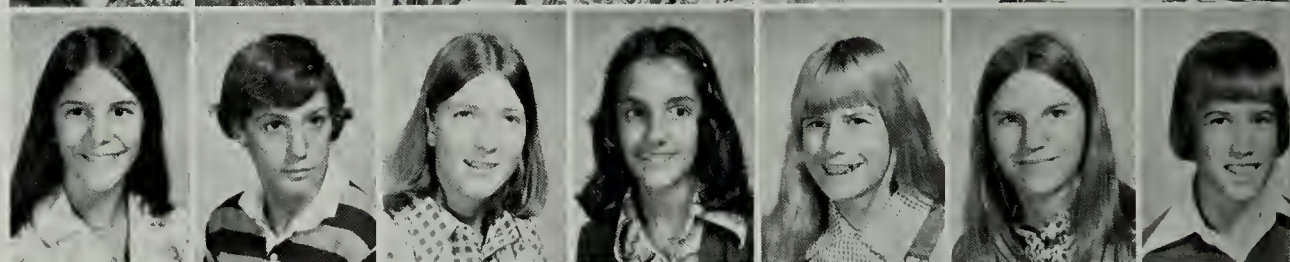
Jim Flatau
Seth Flickinger
Kenneth Flynn
Robert Foster
Stephen Fox
Sally Frank
Chris Fraser



Sherri Frazier
Anne Frear
William Freeman
Mike Fronk
Susan Fry
Mark Gage
Tony Gage



Carol Gambino
Chris Garcia
Diana Gary
Sandra Gatlin
Paula Gatti
Jane Gawarkiewicz
Paul Geithner



Charles Gertner
Mark Getsey
Pia Giambra
Kieran Gifford
Jana Gill
Jackie Gilmer
Kurtis Glass



*Sitting comfortably, Mr. Alwood
raps with his T.A.*



ta's for everyone

Although Mr. Alwood was a busy man, he still had time to relax during T.A. Sports was a major issue in T.A. one day. Lake Braddock's intermediate students were very fortunate being a few in a large area allowed to attend varsity level functions.

A large amount of seventh and eighth graders were not interested in the game taking place, but were engaged in their own games behind the bleachers (football, running, etc.).

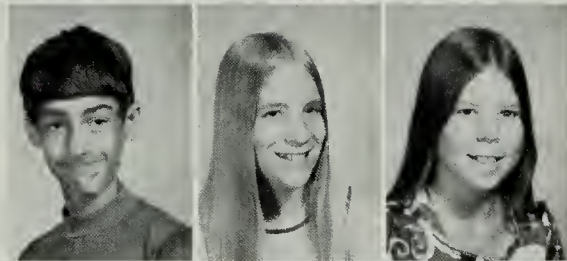
When asked if he had any comments about T.A., Mr. Alwood replied, "T.A. is very important to me because it makes me feel closer to the students. A good student-teacher relationship is really what school is all about."



Taking time from his busy day, Mr. Alwood smiles as a camera flashes.



Tom Goodsite
Joanna Gorman
Ginny Gravatte



Mike Greeley
Pattie Green
Karen Green



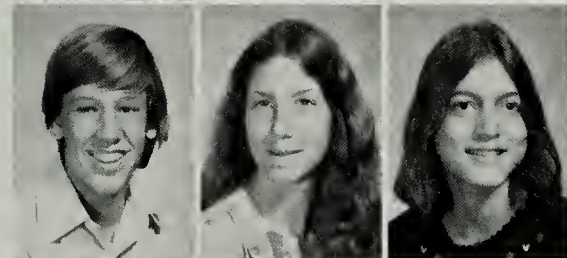
Melissa Greene
Jeffrey Greiner
Thomas Grich



Phil Grifana
Kathi Griffith
Yvonne Groenweg



Theresa Gross
Kurt Grunawalt
Celeste Guertin



Daniel Gumenuk
Joy Haggard
Cheralyn Hale



Kevin Hale
Laura Haley
Debbie Hall
Dianne Hall
Donna Hall
Stephanie Hall
Beth Hammond



Craig Hanchey
Richard Hanson
Jeff Harmon
Brenda Harrah
Hollis Harrell
Douglas Haris
Lynda Harrison

Tony Harrison
Janet Hart
Debbie Harvey
Pam Haskin
John Hatcher
Debbie Hayward
Rene Hedges

Ann Marie Heffren
Steven Hefflin
Susan Heinz
Lynn Henderson
Alice Henry
Michelle Herb
Charles Herold

Susan Herring
Kerry Hibbert
Amanda Hicklin
Wesley Higdon
Holly Higgins
Carol Highfield
Adam Hill

Jennie Hilliard
Cindy Hinkle
Andrew Hock
William Hoey
Kurt Hoffman
Tom Hoioos
Derrick Hole

Karen Holt
Scott Hoots
Lori Hopkins
Doug Hopler
Tim Horan
John Howard
Bill Howes

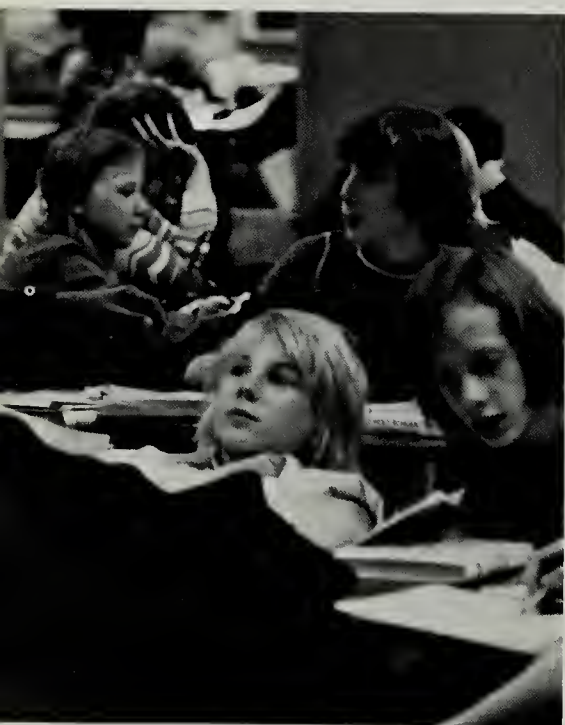
Dirk Huber
Jeffrey Hull
Donna Hunt
Laura Hussey
Jill Hutzelmann
Sally Hyer
William Ingeman



Linda Ingram
Cathy Ireland
Heidi Irrig
Ted Isaacson
Frank Jackson

Karen Jackson
Timothy James
Dean Jeas
Scott Jenkins
Billy Jensen

Cathleen Jensen
Chris Johnson
Sharon Johnson
Shanda Johnson
Judith Johnston



Just another one of those days, in
Mrs. Keithley's math class.



Mr. Don Nichols



Ceilie Jones
Nancy Jones
Terri Jones

Robert Kaklikian
Jonathan Kan
Suzanne Kaplan

Charles Kaufman
Laurie Kemmer
Kevin Kennedy



Eric Kenney
Bob Kenny
Kevin Kent
Dawn Keyes
Mary Kinback
Scott Kinne
Chris Kirschke

Sonja Klaras
Renee Klein
Karen Kline
Gary Kletz
Carl Knibiehly
Karen Knister
Laura Knowles

Tracy Knutson
Beth Koehler
Jeannete Koehler
Christopher Kosnik
Keith Krapels
Jenni Krauss
Karen Kristensen

happy, honored and lucky

"I feel happy, honored, and lucky, because there are many teachers at Lake Braddock and in the county who are worthy of the award," said Mr. Don Nichols. What Award? The Teacher of the Year Award. Don Nichols was a social studies teacher in Subschool Two. He was awarded, "Teacher of the Year" by The Superintendent Committee. Mr. Nichols had been a teacher for sixteen years; the three years he spent at Lake Braddock were an interesting experience for him. Mr. Nichols felt that learning should be enjoyable. He was very creative artistically in planning his learning centers. He was the type of teacher that stood in front of a class and explained a topic, yet he was willing and patient enough to sit down and discuss an idea. He made learning fun.



Karl Kronbergs
Robin Kruck

Dana Krueger
Mike Kuberski

Andres Lake



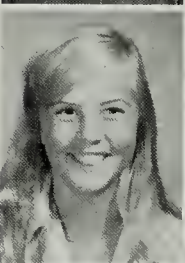
Pablo Lake



Robert Lamb



Karin Larsen
Richard Larson
Denise Lay
John Leahy
Jim Lee
Meg Leeper
David Lettieri



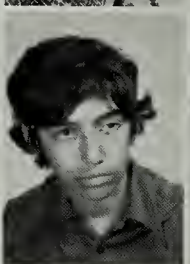
Gerry Leuterio
Dana Lewis
Rhonda Lewis
Mark Lieberman
Robyn Liese
Meredith Livingston
Dena Lloyd



Karen Logan
Lynda Longshore
Sandy Lovell
Lisa Lowie
Richard Lukstat
Susan Lund
Michelle Lynch



Russ MacFarlane
Bobby MacKenzie
Neil MacLauchlan
Brian Major
Mehmet Makulu
Raïomand Manekji
David Mannherz



don't BE late!

Mr. Shoun was a science teacher in subschool two, and he laid down some rules for his science class to follow. The one rule that we heard complained about the most was being punctual for his science class. If you dared not to be on time, you simply would not enter the room. The fun was just beginning; there were experiments, games, and a lot of memorizing to do, but mostly a lot of quizzes and tests. Along with that, there were also frustrations and failures. Knowledge and maturity were also required. During the year, you covered four main fields of science: Biology, Earth Science, Chemistry, and Physics. Being there, you had a good introduction to all four fields. This helped decide what science course to take in High School. The final exam locked in what you had learned from Mr. Shoun, possibly the most anyone ever learned from a teacher.



"Nowadays, everyone has homework."



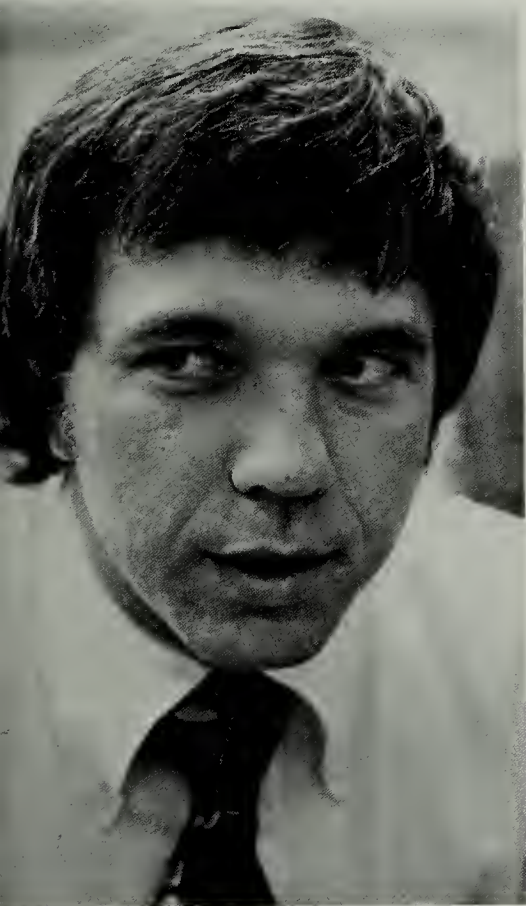
Robyn Mannke
Madelaine Markon
Todd Marshall
Miles Masaitis
Adrienne Matthews
Cindi Maxey
Artie Mayer



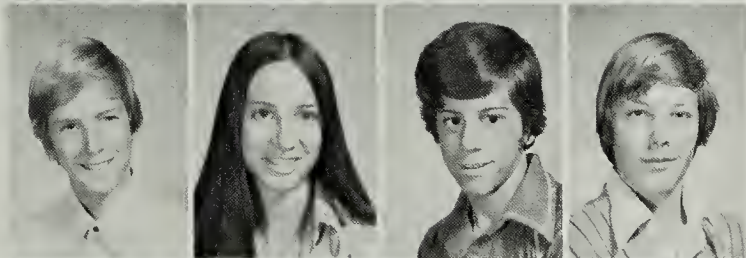
Renee McCormack
Candy McDaniel
Dawn McDaniel
Lynette McMahon
Pam McNair
Ronald McNuss
Joan McQuiston



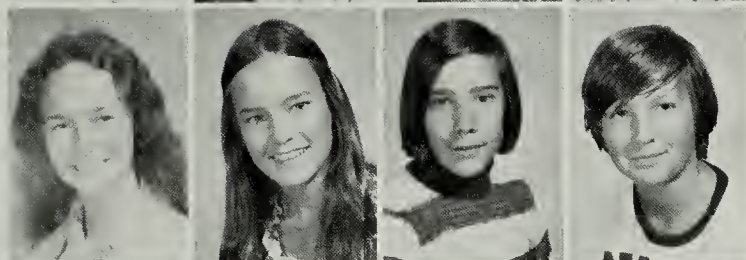
Bill Mead
David Meade
Robbin Medlin
Kevin Meiners
Gregory Melanson
Linda Meredith
Amy Merelman



Mr. Hal Shoun



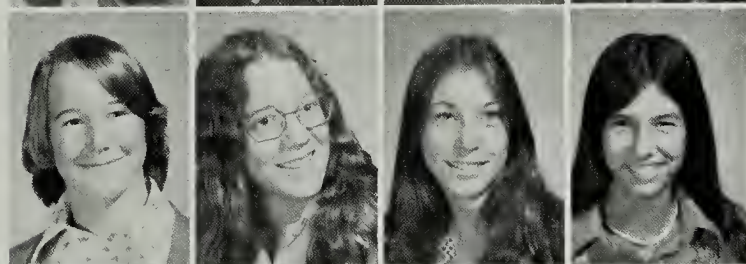
Ed Merz
Teri Metallo
Brian Metress
Christian Meukow



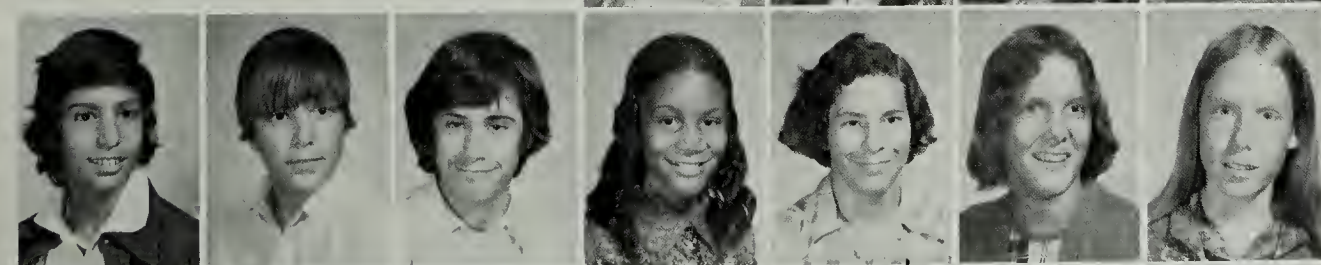
Lee Middleton
Claire Mikula
Robert Milford
Dave Miller



Mary Beth Miller
Stephen Miller
Sarah Mills
Anita Milograno



Melissa Mischke
Carol Mitchell
Mary Lynn Mitchell
Dana Mlekush



Ramin Mobasser
Tim Mock
Mike Montanese
Many Moore
David Morello
Donna Morgan
Leslie Morgan



Bob Morris
Ed Morris
Shiela Morris
Bill Morrison
J. D. Morrisette
Joseph Morrogh
Julie Morse

spirit plus!

Ricky Morsell
Lori Morvillo
Sabrina Moscoso
Chris Moskoff
Doug Muhle
Barbara Murphy
Tom Murphy

Golden Murray
John Murray
Kathleen Murray
Mark Nagel
Trish Napoli
Art Narro
Julie Nartsissov

Brad Nash
Beth Neff
Katherine Nelson
Christopher Nevitt
Judy Newcombe
Shiela Nichols
Claudia Nierenberg

Patti Nimmo
Mike Noack
Chris Noel
Ray Noonan
Chris O'Donnell
Ted O'Donnell
Chris Ogle

Michael Ohlhaver
Kevin O'Kane
Therese Oleksy
Linda Oliver
Melissa Olvera
Steve Ondrof
David Ondrula

Joanie O'Neill
Thiri Oo
Bruce O'Rourke

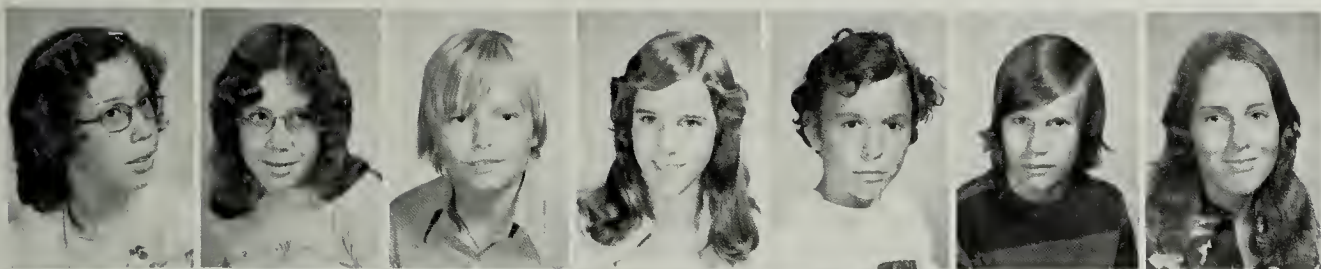
Mitch Osburn
Richard Palau
Mike Paluh

Jamey Panos
Jack Paquette
Kim Parker



"I think the class of '80 is one of the most spirited classes in Lake Braddock, the type of class that's going to win the spirit bell four years in a row. It's a well organized class," stated Julie Morse, a member of the class of '80. Julie, herself, was pretty spirited, and she believed that more than 92% of the members of the class of '80 were spirited, while the other 8% should have had more respect towards the class.

There weren't really any inbetween members. They were either spirited or they weren't at all. The one thing she didn't agree with was the idea of "Spirit Week." According to Julie, the idea of dressing up for "Gross Day" displayed a type of immaturity. She felt eighth graders should have set an example for the class of '81 . . . Consequently, she agreed with mixing the seventh and eighth graders in both subschools. Julie was proud to be a member of the class of '80.



Maureen Parrella
Noreen Parrella
Paul Pataluna
Jenny Patterson
Frnk Paty
Doug Pavlik
Maureen Peed



Rich Pennington
Jeannette Pepper
Sharon Percival
Annie Perez
Mark Pergerson
Chris Peterson
John Peterson



Brent Phillips
Carl Phillips
Eric Pickering
Steve Pierce
Chris Plein
Shelley Ploe
Rick Podolny



Melinda Polk
Jeanne Pollard
Jim Pollard
Todd Popovich
John Poreda
Norman Porter
Emilee Posey



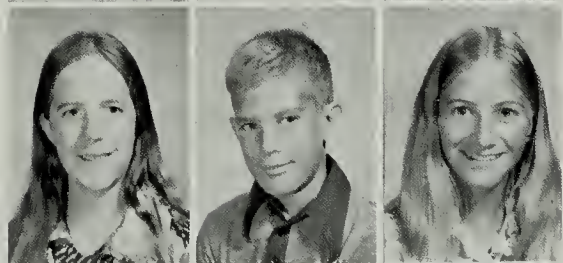
Julie Morse



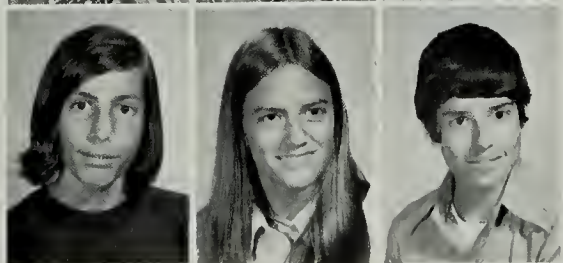
Tom Powell
Tracey Powell
Julie Powers



Laurie Powers
Chris Price
Ann Prilik



Janice Pry
Jim Puddington
Kelly Quinn



Jon Raichelson
Robyn Ramik
Rene Ramos

Bruin fans!



Mary Raty
Donna Ray
Ken Reardon
Amy Reed
Andy Reeve

Jackie Reeves
Julie Reeves
Mary Reno
Linda Resa
Pat Reynolds



Derrick Hole displays

Christine Rice
Aruther Rich
Bob Richards

Katrina Riley
Carmen Roberto
Kathleen Robertson

Alec Robinson
James Robinson
Laura Rogers

Linda Rogers
Regina Rogers
Laurie Rohrbach
Kerri Ross
Donna Roush
Andy Rowan
Pam Rowzie

Michael Rutty
Dwight Saathoff
Dave Sahd
Dan Saia
Kevin Sall
Kim Sampson
Michele Sanders



"Hey all you Bruin fans stand up, and clap your hands!" are the words you heard from the High School cheerleaders. An assembly took place for the Class of '80 and '81, the day the Bruins were to rope the Chantilly Chargers. The class of '80 sat on one side of the gym and the class of '81 sat on the opposite side. They were in competition for the "Spirit Banner" which could only be won by the seventh and eighth graders since the High School students had the "Spirit Bell." To start off the assembly, the Seventh and Eighth grade cheerleaders did a cheer, then the High School cheerleaders led the cheer, "Hey all you Bruin fans, stand up, and clap your hands!" Although both classes had a tremendous amount of spirit, the Class of '80 won the "Spirit Banner."



Elena Sandoval
Dana Satterwhite
Tom Schaaf
Laurie Schafer
Lynda Schamper

Lynda Scheiber
Sharon Schilling
Scott Schneeweis
Scott Schneider
Andy Schrader

Dan Scott
Scott Senter
Lauren Seroka
Kevin Serrin
Mike Sevachko



his school spirit.



Jeff Sexton
Denise Shenk
Cheryl Shepherd
Cindy Sheppard
Pat Sheridan
Tom Sheridan
Lorrainna Sherman

Susan Shillinglaw
Alison Shoun
Carrie Shupeck
Elizabeth Simmons
Patty Slack
Lori Slupe
Mark Smaldone

Tylor Smallwood
Brian Smith
Debbie Smith
Gregg Smith
Janet Smith
Jeff Smith
Marian Smith

Richard Smith
Betty Jean Snapp
Jim Snyder
Vikram Sohal
Jenni Solomon
Greg Souders
Nancy Sowders

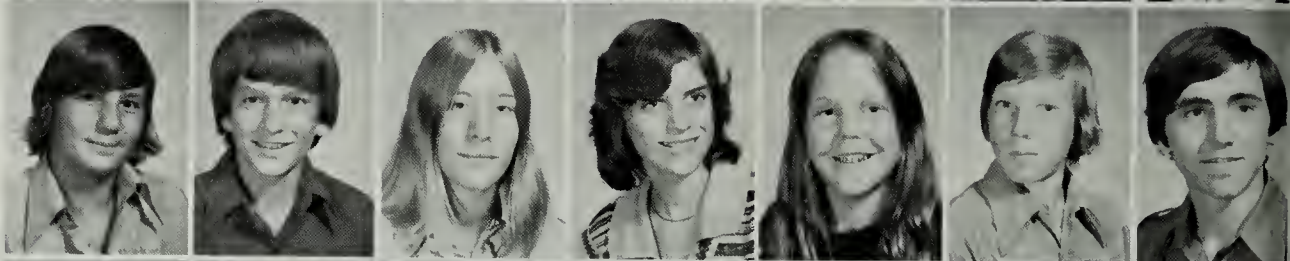
Eric Sowl
Susie Spencer
Bryan Spillare
Jackie Spindler
Greg Spitzer
Doug Stadnik
Doug Stailey

it's hazardous to your health

Randy Stallings
Sandy Starkweather
Diane Staron
Kim Steere
Lisa Stephenson
Vlena Steward
Charles Stewart



Patrick Stewart
Jeff Stimson
Ann Stone
Debbie Stowell
Jane Strong
John Stuart
Bryce Stucks



Ann Sullivan
Jean Sullivan
Steve Sutton
Jeff Symanski
Andras Szakal
Jan Szczypinski
Todd Tamura



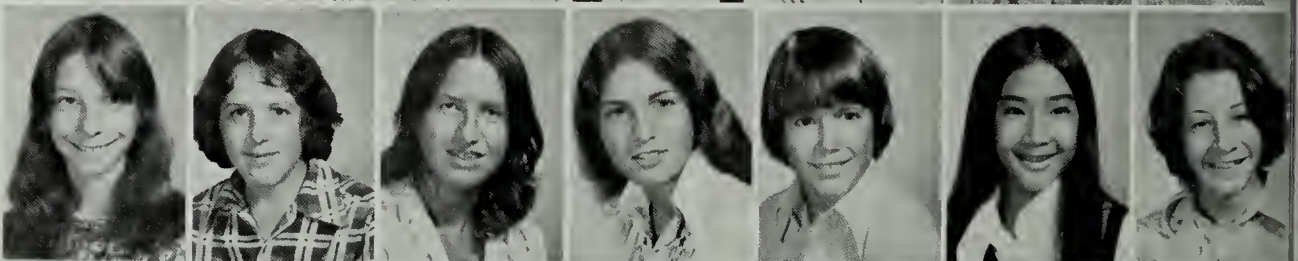
Alan Tanner
Gaye Lynn Taxey
Carolyn Taylor
Ross Taylor
Susan Taylor
Shawn Teachout
Sam Tedrick



John Thomas
David Thompson
Natalie Thornton
Debra Thurston
Mike Tikkala
Bill Treadway
Timothy Treat



Melody Tresky
Mark Tucker
Devy Turner
Becky Tuttle
Neil Tuttle
Vivianne Uyeda
Laura Vahouny



Robin Vannoy
Mary Diane
Vargofchak
Alexandra Vincent
Jeffrey Vines
Louis Violetta
LeeAnn Wacker
Susan Wagner



Why pick up the habit if you haven't started? There is not enough alcohol in this world to satisfy you, if you're an alcoholic. Using LSD just makes you want to use more and more. These were just some of the many facts stressed upon in the Eighth Grade Health classes. Once you reached Eighth Grade, you were required to take a Health class, which lasted nine weeks. In this particular year, the Eighth Grade girls and boys were separated into separate Health classes. During the nine weeks such topics as Smoking, Alcohol and Drugs were covered. During all three units, there were many discussions, some oral presentations, movies, and some guest speakers. We didn't just take notes, we also played games that Mrs. Ripley and Mrs. Carter made. During those nine weeks, we had three unit tests, one on Smoking, the other on Alcohol and then on Drugs. Even though there were three basic units, everybody who was taking Health had to turn in a project, such as collages, reports, games, oral presentations and others. This unit helped us to think about some decisions we would have to make in the near future.



Bill Walker
Richard Walker
Ruben Waller

Mary Pat Walsh
Shelby Walter
Cheryl Warakomsky

Mary Ellen Ware
Gregory Waugh
Mary Webster

Stephanie Webster
Mark Weeks
Sara Wesley

Paula West
Carol Whalen
Theresa Wiley
Karen White
Stacy White
Steve White
Greg Whiteaker

Jim Whitenack
Wes Whitten
Carl Williams
Carolyn Williams
Chris Williams
Jennifer Williamson
Theresa Willis

Joel Wilson
Susan Wilson
Steve Wireman
Laura Wolfort
Lisa Wolters
Alex Wong
Andrew Wong



Mrs. Ripley's fifth period Health Class.

Mary Woodard
Christine Wright
Nicole Yannarell
Kirk Young
Shelly Young

Kristen Zeller
Jim Zellner
Sheila Ziernicki
Judy Zima
Darren Zimmer



Cynthia Cooper concentrates during her Home Economics class.

Late pictures

Steve Daddona
Rob Daubenspeck
Gaye Havnaer
Bob Hoverter
Karen Kelleher
Steve Kenyon

Mark Luther
Janette Mabie
Kathy Marley
Tina Martella
Jamie Mire
Mary Nolan
Terry Odonnell

Mark Peterson
Scott Ramsay

Gregg Ross
Susan Sande

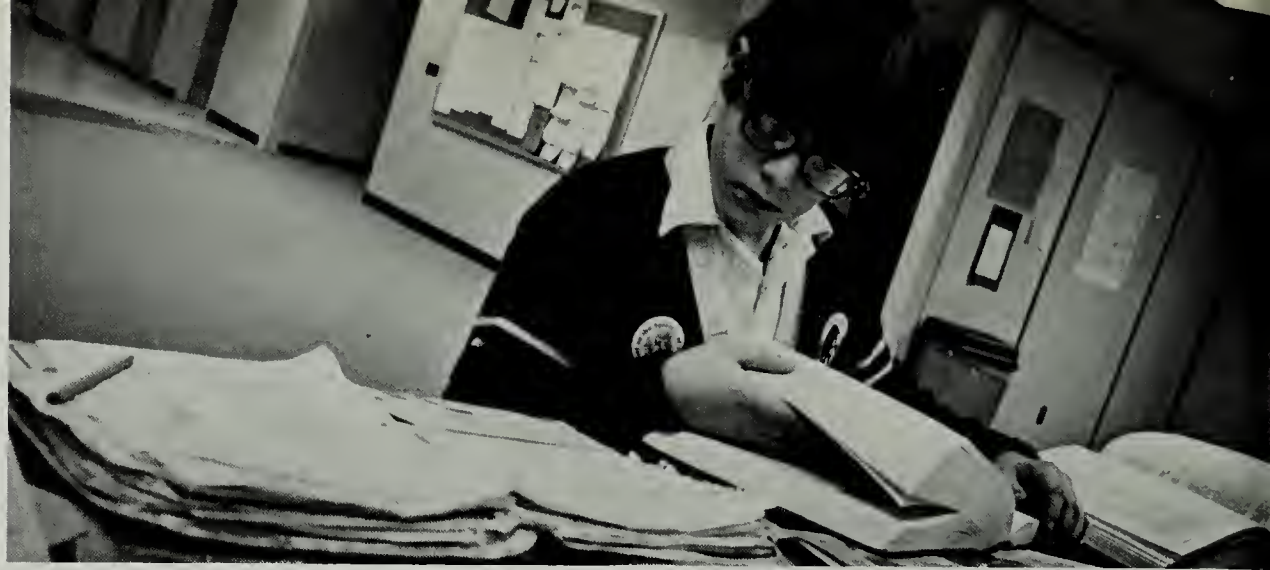
Carol Stimac



Kelly Quinn and Laurie Seroka make their way out of their English and Social Studies class.

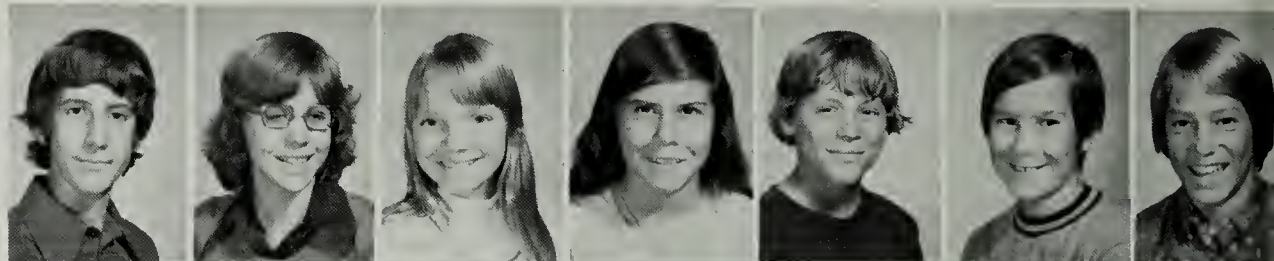


Steve Miller's final new career in science is long and bright.



Doing some research, Tim Mock finds many important facts.

Martin Abbott
Terri Abney
Laura Adair
Pat Affronti
Robert Agnew
David Airola
Steven Albeck



David Alden
David Alexander
Ty Alexander
Chris Allison
Ken Anderson
Mike Anderson
Sharon Anderson



Terry Anderson
Doug Arble
John Arbogast
Tom Arbogast
Bruce Atkinson
Arnetta Autrey
Chris Avolt



Richard Axtell
Denice Baby
James Bach
Jeff Bach
Kimberly Baines
Wendy Bakken
David Barker



David Barnes
Tom Barnett
John Bashista
Keith Bax
Cathy Bazel
David Beavers
Kristina Beckoff



Jay Belcher
Brian Bell
Tony Bell
Greg Belt
Tony Benedetti
Tony Bennett
Donald Berg



SEVENTH GRADE



Tom Berkley
Neal Bickers
Melissa Biggs
John Billak
Pam Bilyeu
David Birk
Scott Bishop

Kelly Blake
Sara Blakeman
Kim Blank
Amy Blasch
Jerry Bliss
David Blum
George Bobrovsky

George Bolos
Deborah Bonito
Tracey Bontemps
Scott Booth
Christopher Bouton
Mark Bowers
Lynn Bowersox

Linda Bowley
Brilane Bowman
Greg Bowman
Robert Brady
Brian Brandt
Bryan Brissey
David Brooks

Ginny Brooks
Richard Brodeur
Jamie Brown
Matt Brown
Buddy Brownlee
Hugh Brunk
Becky Bryant



Playing to win is the seventh grade P.E. class.

Cora Bullock
Sara Bunn
Jim Bunting
Vince Buono
John Burgess
Johnny Burgess
Kathleen Burns



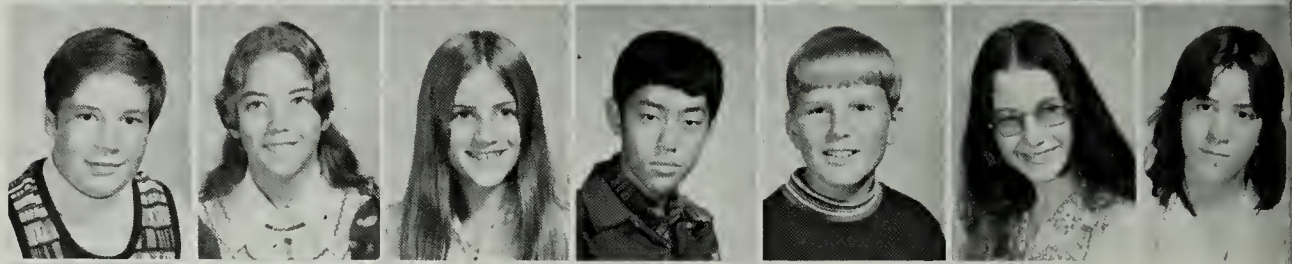
Scott Bushey
Gary Butler
Michael Caito
Margot Caldwell
Cindy Calhoun
Maria Carillo
Marly Carpenter



Elizabeth Carr
Connie Carvajal
Darrie Casey
John Cassella
Barbara Cataldo
Leslie Chadwick
Brian Champigny



Lee Chapman
Diana Chase
Mary Chisholm
John Cho
Jeff Christensen
Christina Clark
Julie Clark



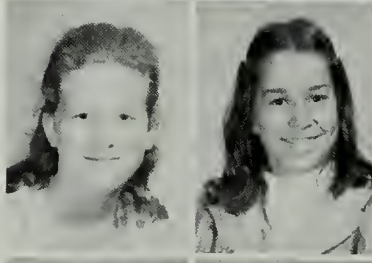
Tim Clark
Vicki Cleveland



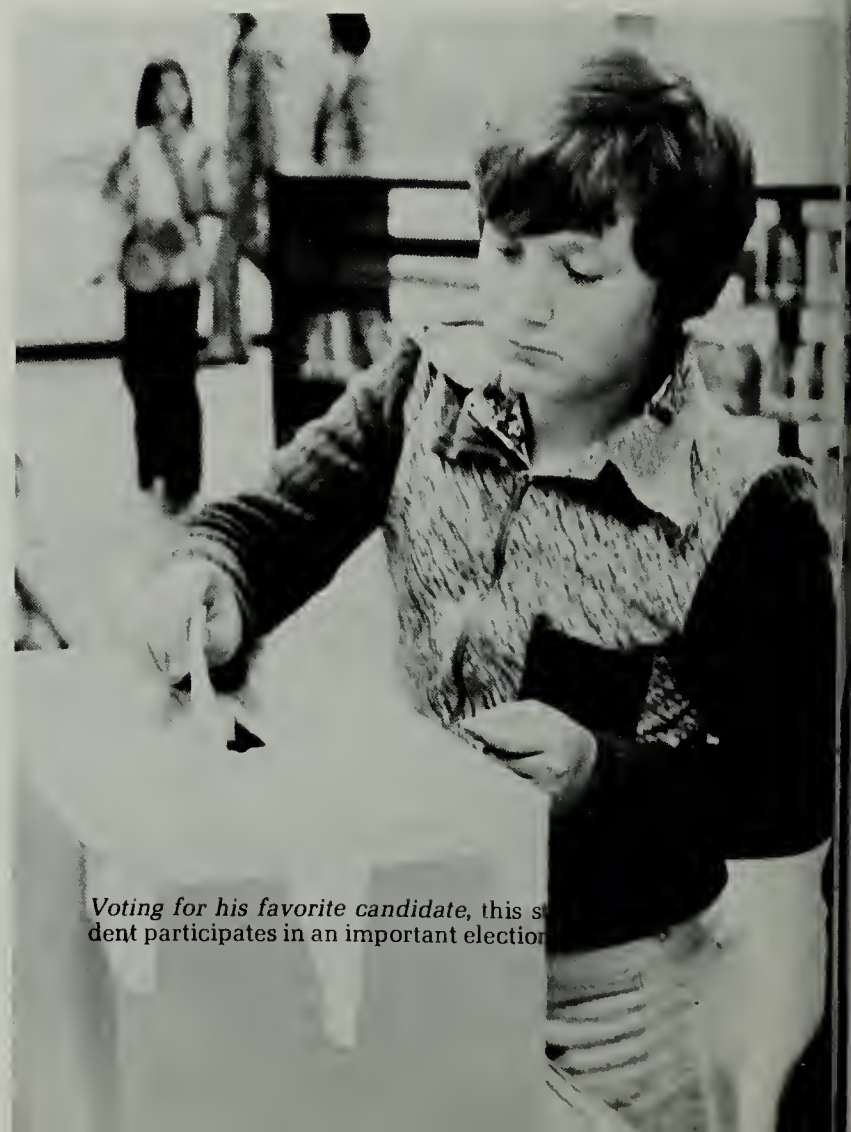
Peter Clifford
Susan Cohn



Linda Coester
Suzanne Cole



William Cole
Trey Collier



Voting for his favorite candidate, this student participates in an important election.



Anne Comeaux
Mike Conger
Eddy Conlon

Frankie Conner
Laura Coody
Lisa Cook

Shauna Cooley
David Cooper
Laura Cooper

Kevin Cordt
Kerry Corso
Claire Cotton
Mary Couture
George Cramer
Mary Beth Crocker
Glen Crombie

Keith Cromwell
Colleen Crowe
Michael Crowe
John Cullerson
Michael Cullerton
Ricky Curtis
Staci Daddona

Mark D'Aloia
John Damato
Joseph Damico
Keith Davidson
Bruce Davis
Melissa Davis
Shari Davis

Janet Dawson
Beverly Dayton
Kathy Delaney
Chris DeLeo
Bernarda Della
Stephen Demas
Amanda Demory

Amy Dempsey
Mary Derrick
Steve Digby
Jeanette Dipiazza
Lesia Dishman
Barbara Dobrovodsky
Karen Donnelly

Tom Donohue
Amy Doran
Marjorie Dore
Craig Doty
Mike Dougherty
Jennifer Dowell
Scott Downs

While sitting in class, Randy Sowell watches the teacher carefully.





Trying to catch a pass, Brian Brandt reaches for the ball despite interference.



While observing an aquarium, Kayleen Fitzgerald gathers data.

Joan Dunning
Elizabeth Dybas
Richard Dyer
John Dyson
Allison Earl
Frank Eberhardt
Mark Eckrote

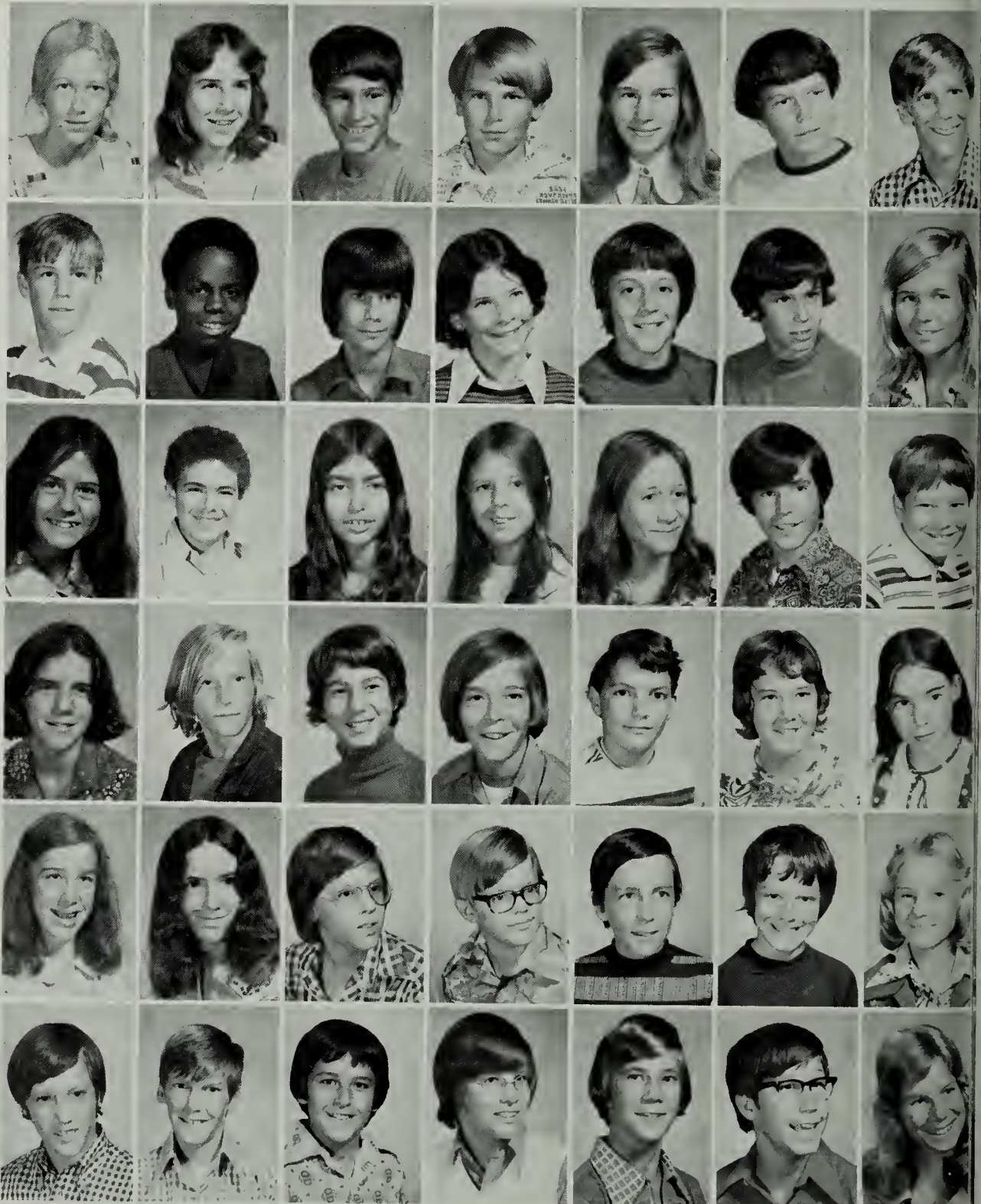
Michael Eckrote
Thomas Edmunds
Jeff Eisenhard
Kathy Eisenhower
Michael Elbon
Richard Ellis
Jeannie Elser

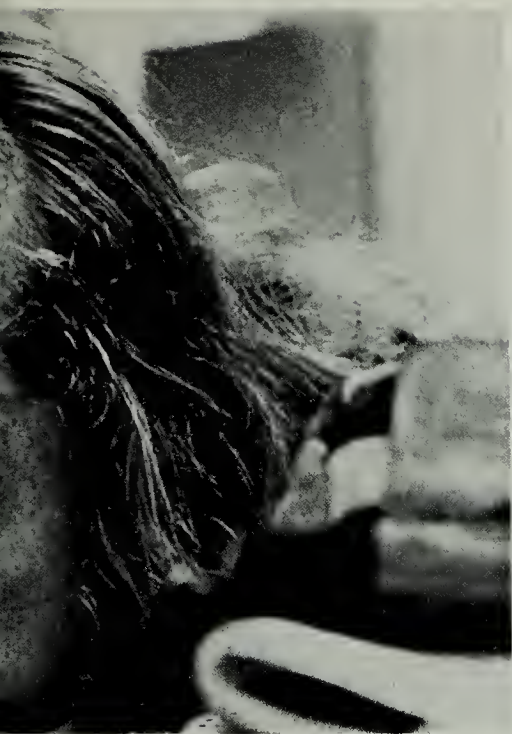
Beth Ensall
Alan Episcopo
Lori Epstein
Evelynn Euler
Laura Emerins
Brian Evans
Larry Evans

Shawn Evins
Dennis Eyler
Tony Fanelli
Dennis Farrell
Mike Fernando
Laura Ferrantino
Lisa Ferro

Kayleen Fitzgerald
Erin Flaherty
Jim Fleming
Jeffrey Fleming
Phillip Fluhr
Steve Flynn
Robyn Fowler

Tom Fowler
Cliff Fowlkes
Kenny Frager
Cathy Fraser
Bradley Fries
Steve Friese
Paula Fronk





Mark Fukuda
Deanne Gage
Walter Galindo
Jim Gallant

Rachel Galstan
Matthew Gandy
William Gary
Michel Gaskin



Gail Gasparich
Richard Gates
Nancy Gearhart
Patricia Gerdon
Regina Gifford
Michael Giuffreda
Brian Glenn



Mike Godwin
Lisa Goins
Beth Gordon
Mike Gormally
Elizabeth Gower
Robert Graham
Andrea Gravatte



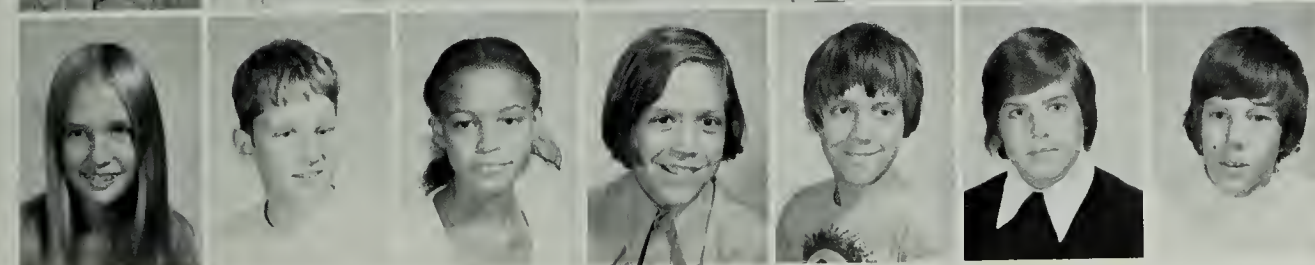
Jeff Gravatte
Bob Graziano
Barb Greason
Gayle Greeley
Chris Green
Allen Greene
Tim Griel



Mark Griffin
Kelli Griffith
Patty Gross
James Groves
Laura Grunawalt
Gerard Grundler
Jack Guard



Keith Hale
Vivian Haley
Cliff Hall
Mary Hamton
Brian Hanchey
David Hare
Andrea Harnad



Leslie Harper
Charles Harrell
Antoinette Harris
Joey Harris
Tom Harris
Tricia Haskin
Keith Hastie

Jeffrey Haugh
Robert Haupt
George Hawkins
Thomas Haynes
Nancy Hayward
Martin Healy
Elayne Heck

Shelly Hedrick
Matt Heim
Dan Henry
Jeff Hensley
Douglas Hill
Ricky Hill
Carol Hinkle

Lareese Hinson
Susan Hinson
Joel Hirl
Diane Hobbis

Constance Hocker
Deanna Hodge
Donald Hoeffel
Terri Hoepfner

Carolyn Hogan
Dennis Hogan
Tom Hohman
Stephen Holcombe

Leslie Hollis
Ricky Holmes
Alan Hood
Patricia Hooper

Peter Hoyt
Stuart Huffmaster
Gregg Hunt
Terry Hutzelmann
John Hyer
Lee Ianiero
Eric Iannuzzi

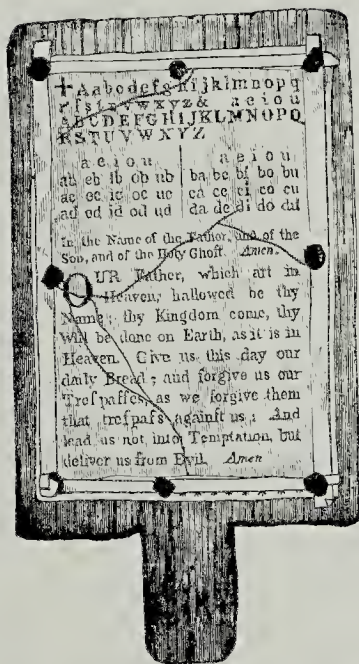
Amy Immerman
Diane Imus
Matthew Ingram
Ronald Ingram
Tom Ippolito
David Irish
Diana Jackson





Gail Jackson
Wendy Jaffee
Douglas Jenkins
Criss Jenkins
Maribeth Jensen
Mary Jett
Douglas Johnson

Rebekah Johnson
Shawn Johnson
Laura Johnston
Rebecca Jones
Ronald Jones
Tim Jones
Karl Juncker



Elizabeth Kan



Dorene Katz



Janet Kauffman



John Kearns
Stanley Keim
Afreen Kidwai
Erin Kirby



Lisa Kirby
Lynne Kemmer
George Kessler
Robert Kester
Karen King
Kevin King
Danny Kinney

John Klar
Michelle Kline
Kurt Klunder
Rory Knepp
Ann Kohne
Elizabeth Koloshey
Kari Koscielniak

Tim Kramer
Jack Krause
Kevin Krueger
Patti Kuberski
Melissa Kuhlman
Stan Kwitnieski
Lisa Laffey

Kenneth Lain
Greg LaLande
Kay Lamb
Susie LaRe
Mary LaRock
Suzanne Larocque
Layne Laurienzo

Jeff Leap
James Leary
Sup Lee
David Lehman
Leah Lehman
Kim Leistico
Julie Lekstrom

Danny Lema
Bobby Lennon
Mark Leporatti
Mary Leopard
Mike Lewis
Doring Lloyd
Barbara Logan

Ann Longmore
Ralph Lowenthal
Steve Luba
Jim Lull
Annette Lutyk
Eric Lutz
Joannie Mackenzie

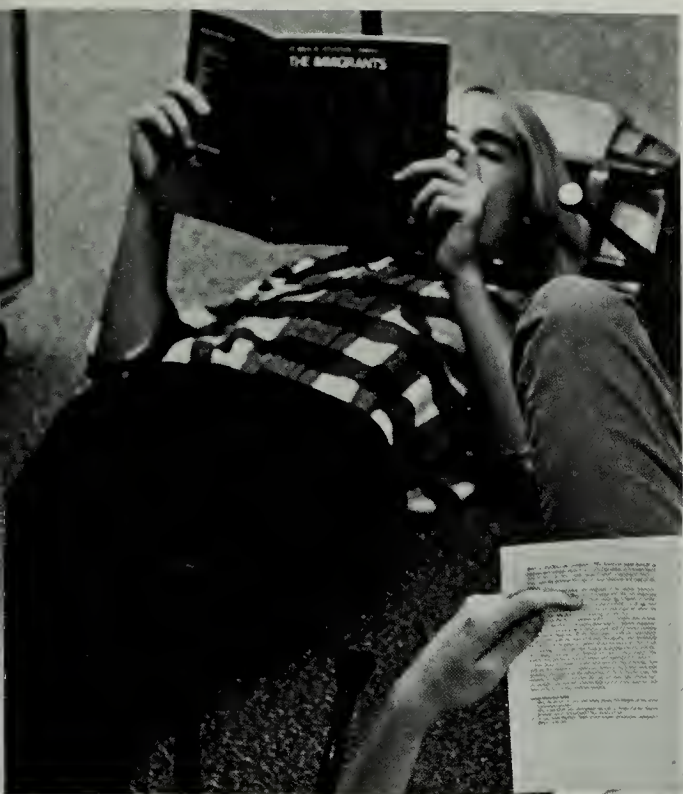
John Maddalena
Reese Madsen
Joyce Magill
Ramy Mahmoud
Leslie Main
Marsha Mains
Victor Makela

Bill Malmberg
Robert Manners
Phillip Mansour
Rodney Manuel
Mitchell Markon
Tom Marryott
Wesley Marshall

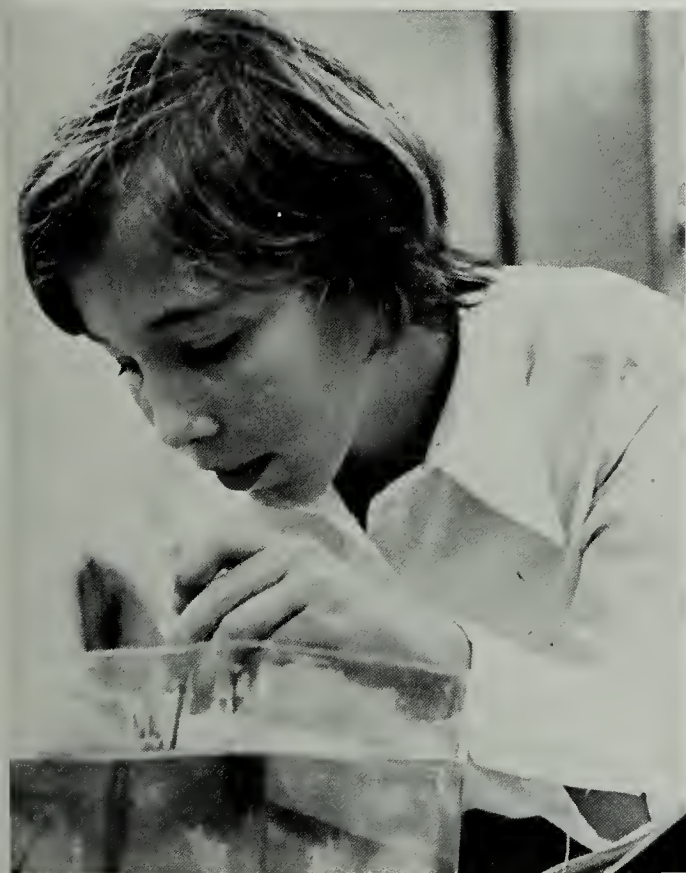


While in Mr. Dowd's
Industrial Arts class, these
students learn about planning
and building things.





Relaxing while studying is a common sight at Lake Brad-dock.



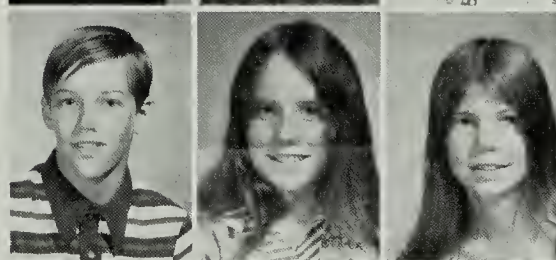
Probing the depths in search of her crayfish is Elayne Heck.



Catherin Martin
Todd Martin
Craig Mason



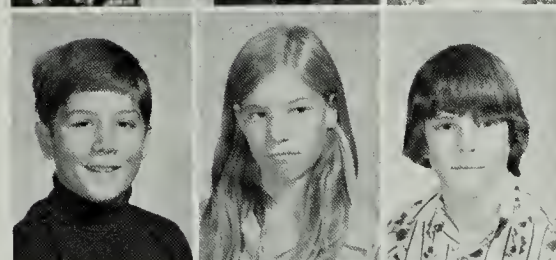
Jonathan Massey
Bob Mastic
Bonnie Matthews



Mark May
Shelly McCollum
Jerri McConnell



Kevin McCrory
Mike McCue
Patrick McFerren



Patrick McGuire
Vanessa McIntyre
Thomas McKay



Kenneth McKee
Michael McKenna
John McClanahan



Ken McClanahan
Suzy McLeod
Rusty McNeely
Richard Meader
Melanie Medina
Rebecca Medlin
Christi Meeker



Eddy Meenahan
Ellen Mercer
Michael Messick
Chris Metress
Billy Michl
Scott Mikeska
Susan Mikeska

Andrew Miller
Bradley Miller
Mark Miller
Tim Miller
Charles Mills
Stephanie Milstead
Margaret Minuth

Julie Mischke
Debra Mlekush
Cindy Moody
John Moore
Karen Moore
Cynthia Morales
Tony Morello

Christine Morey
Clay Morgan
Randy Morgart
David Morris
Lori Morsell
Wayne Moubray
Annette Mucha

Mike Mullins
Susan Murray
Leslie Nance
Karin Naslund
David Neil
Wendy Nelson
Clark Newell

Anne Newman
Kristen Newman
Brenda Newport
Thomas Nguyen
Nga Nguyen
Mike Nibbelin
David Nikovits

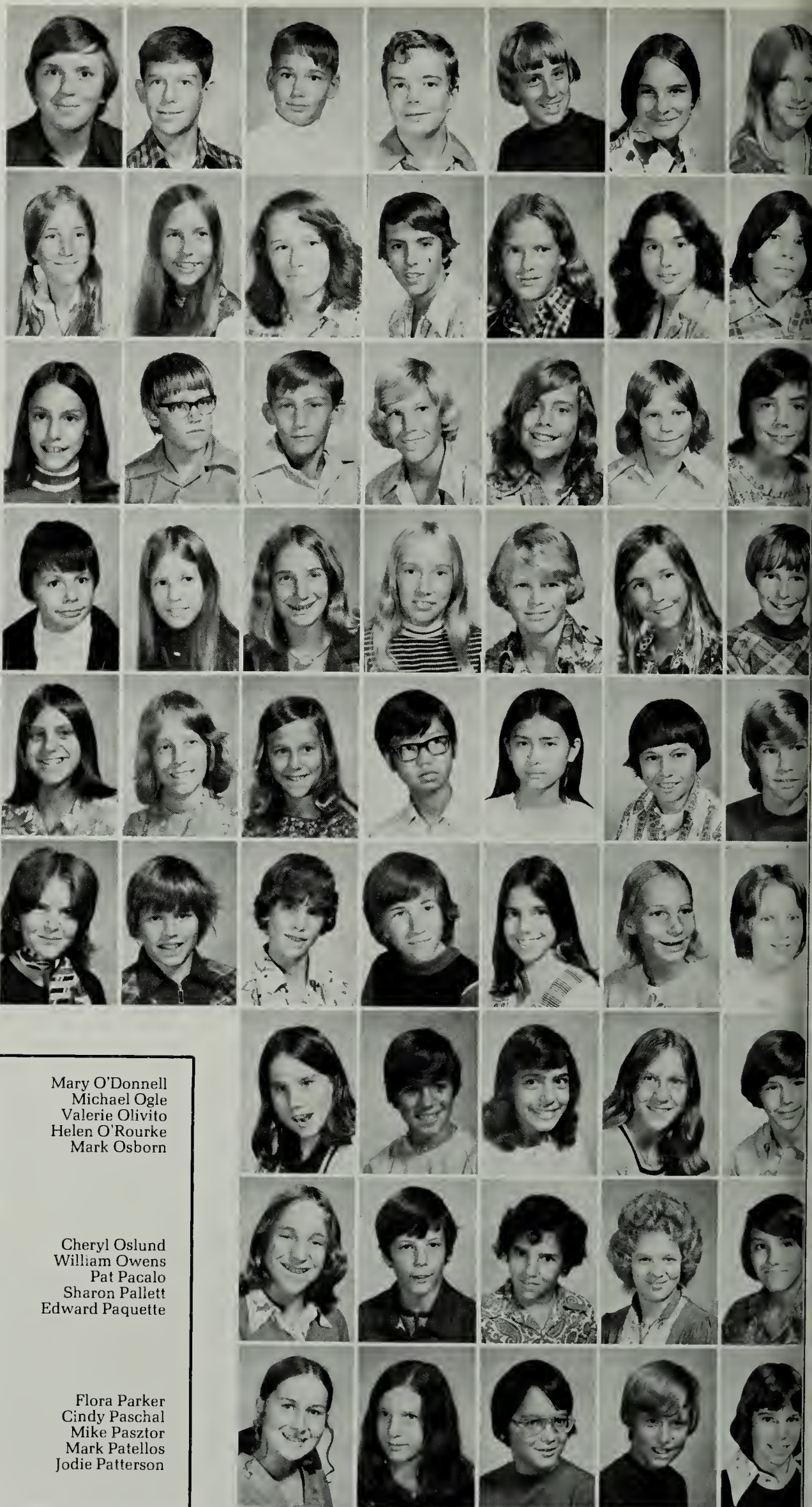
Judi Niswonger
John Nix
Ricky Nixon
Kyle Noel
Kathryn Nordness
Karen Noren
Andrea Notaro



Mary O'Donnell
Michael Ogle
Valerie Olivito
Helen O'Rourke
Mark Osborn

Cheryl Oslund
William Owens
Pat Pacalo
Sharon Pallett
Edward Paquette

Flora Parker
Cindy Paschal
Mike Pasztor
Mark Patellos
Jodie Patterson





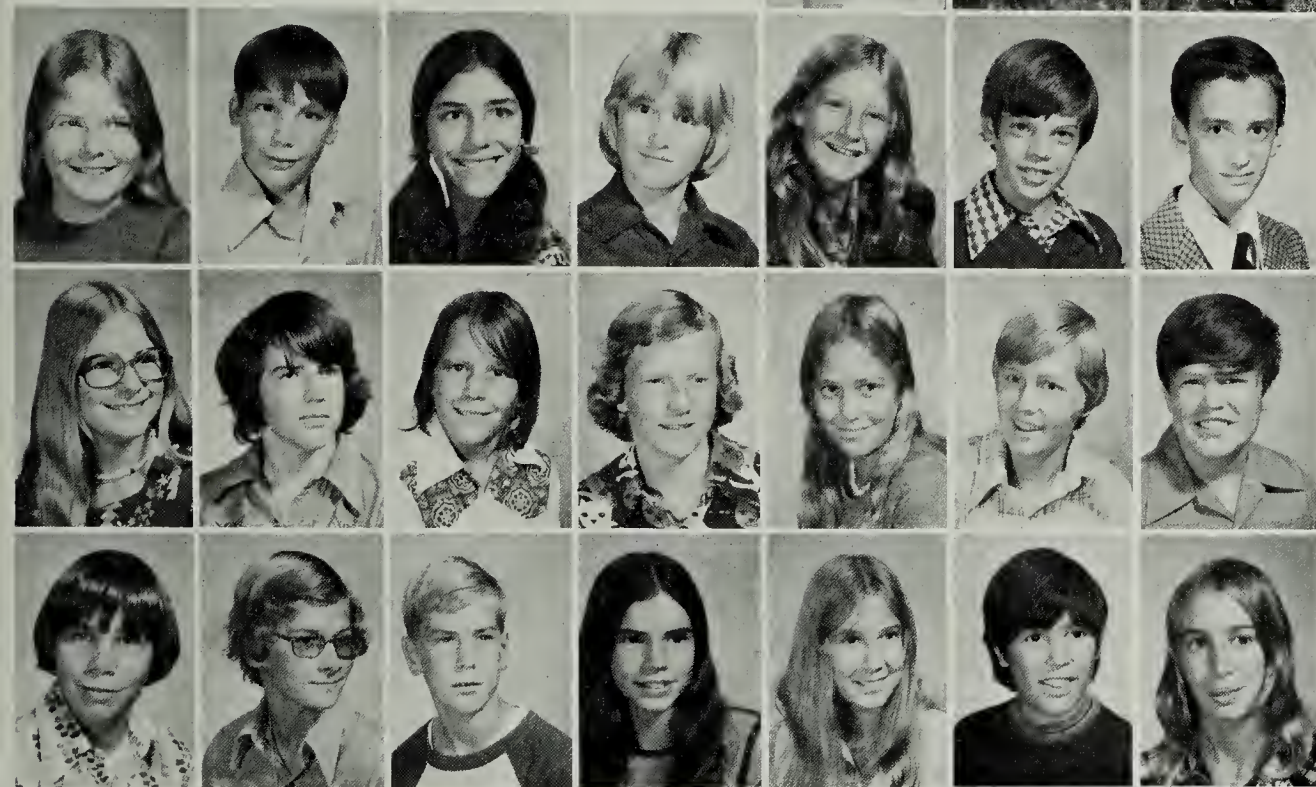
Pondering whether or not to return the shoe is Ron DiGregorio.



Lisa Peck
Kenneth Pedigo
Julio Perez

Sylvia Perez
Melissa Peterson
Hans Peterson

Albert Petrasek
Elizabeth Phillips
Nanda Pillai



Lisa Plunkett
Alan Pollard
Marla Poncar
Mark Poplawski
Julie Powell
James Powers
Jesse Powers

Camille Prestera
Edward Price
Jerry Price
Patty Price
Terry Price
Scott Prudence
John Prutzman

Brian Psoda
Steven Puckette
Stephen Puddington
Susan Purple
Pam Race
Shelby Rael
Kathleen Rafferty



During T.A., Mr. Westerman and Gretchen Ensley discuss the latest news.



Guy Rallison
Loanna Ramsay

James Ramsay
Timothy Rank

Burt Rapp



Bucky Ray



Molly Read



Getting his money's worth at the Fall Festival, Randy Shirley takes a final crack at the junk automobile.

Diana Reardon
Chris Redfern
Elly Redican
Greg Reese
Vicki Reeve
Bill Reeves
Bill Reilly



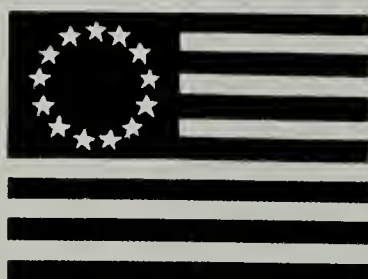
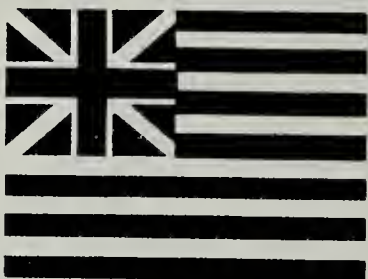
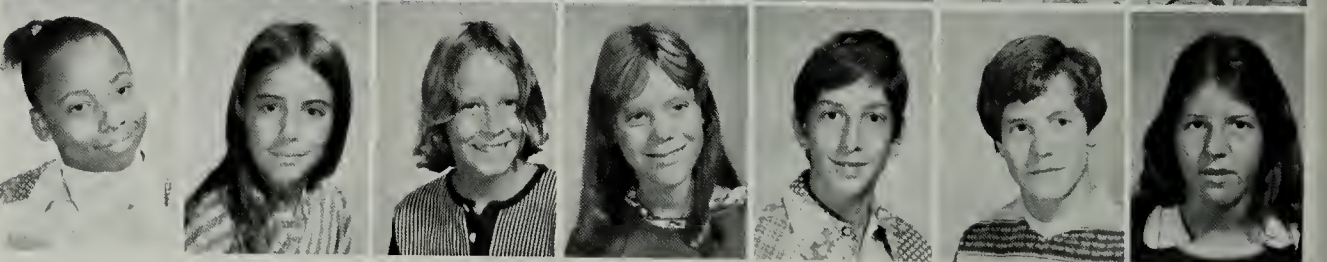
Lynn Reisinger
Susan Rhodes
Laurie Rice
Rick Rice
Laura Richardson
Raymond Riller
Jill Riordan



Kathy Ripley
David Rivers
Julie Robb
Teresa Roberto
Brian Roberts
Roberta Roberts
Robert Robinson



Lisa Roman
Jan Roush
Chris Rowley
Nancy Rowzie
Todd Rubino
Charlie Ryan
Kathy Ryan





Barbara Rynex
Debbie Sahd
Loretta Sandoval
Brian Sapp
Stephen Sawdey
Gail Schaller
Bill Schlueter

David Schneeweis
Kathy Schucker
Sandy Schwartz
Paul Schweikert
Rusty Scott
Robert Seale
Kim Sellers

John Selz
David Semendinger
Hakan Semizogla
Laura Senich
Sam Sharpe
Julia Shaw
Michael Sheehan

Laura Shenk
Tim Sheridan
Cynthia Shinn
David Shircliff

James Siano
Sheri Sicksteel
Leslie Simons
Charles Simpson

Laura Simpson
Norman Simpson
Andy Sine
Mary Singhoff

Jack Siveroni
Deborah Smith
Marianne Smith
Preston Smith

Sonya Smith
Stacy Smith
Simone Smith
Scott Smith
Millie Souders
Janet Sousa
Kristine Sowl

Steve Springer
Mark Stadsklev
Nick Stames
Susan Stanford
Danny Staron
Liam Starrs
Jean Steele

Teresa Stefanelli
Ben Steinberg
Lanay Steward
Lauren Stewart
Bill Stigers
Harlan Stilwell
Cynthia Strand

Elizabeth Street
Mike Sullenberger
Brendan Sullivan
Jim Sund
Carroll Susco
Greg Sylvan
Chip Tardy

Sharon Tarlano
Eileen Taschler
Tony Tattarelli
Alyson Taylor
William Taylor
Debbie Thar
Art Thomas

Sherri Thomas
Becky Thompson
Diane Thompson
Kathy Thompson
Kristy Thompson
Jeff Timmons
Gerry Trainor

Paula Travesky
Judy Treadway
Todd Treichel
Paul Trenis
Veronica Truffat
John Tsompanas
Sheila Turek

Karen Tutterrow
David Ubico
Ed Vanderhoeven

Jim Van Riper
Keith Vassallo
Mike Vassallo

Kathleen Venaglia
Eddie Vernon
Greg Violetta

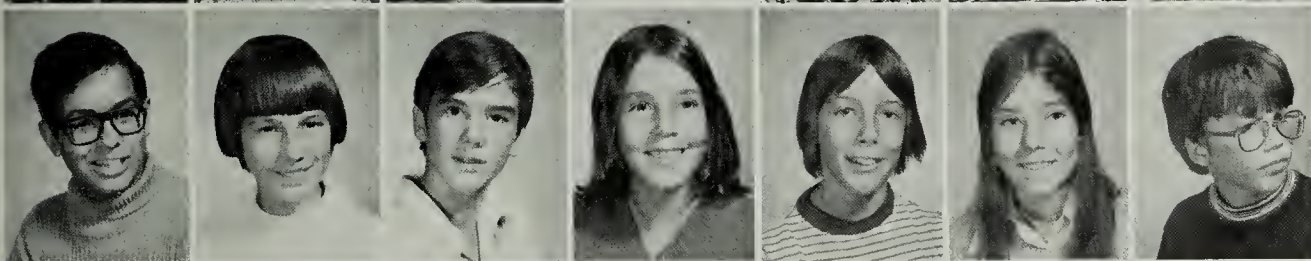




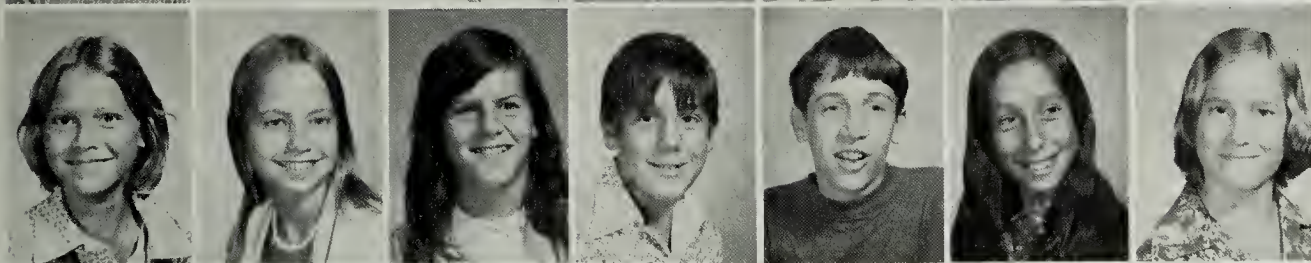
Sue Vodicka
Michael Volpe
Kelly Vorbau
Ellen Waddell
Jeff Wagnon
Patti Watts
Cindy Waye



Becky Weary
Todd Webb
Joanne Webster
Robert Welsh
Tom West
William West
Jenny Whalen



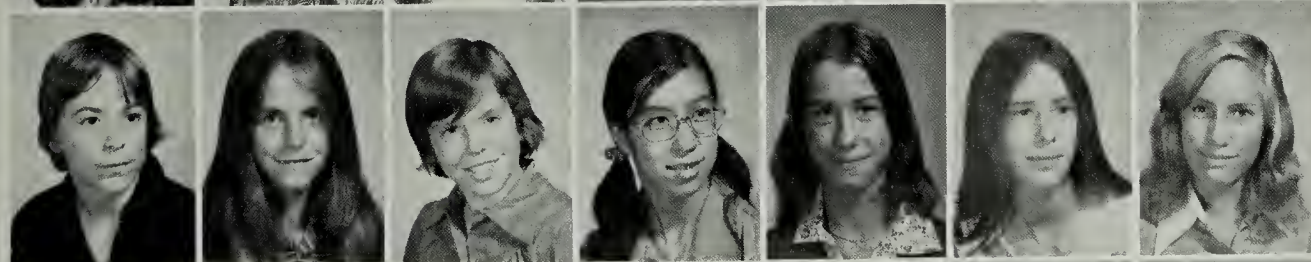
Jerry Wheeler
James Wheeler
Mike Wheeler
Cheryl Whitener
Keith Whitener
Miriam Wildman
Gilbert Wilkes



Andrea Wilbur
Debbie Willard
Lisa Willey
Gary Williams
Jamie Williams
Lisa Williams
Torey Williams



Julie Williford
Mike Wilson
Becky Wilson
Donny Wolfe
Dori Wolson
David Woodbury
Terri Wooding



Eric Woolsey
Fran Wright
Patty Wyatt
Valerie Yamamoto
Ann Yanoshik
Lory Yazurlo
Kim Yeutter



Michael Yezek
Mary Young
Mary Zavada



Christine Zelina
Jon Zellner
Frank Zipperer

phew, we made it !!

JUNIORS

Julie Bisone
Ken Blair
David Braddon
Linda Chambers
Carter Cline



Steve Cocke
Kathy Daly
Kelly Davall
Chuck Decker
Ann Essman
Glen Fuesel
Mark Goldberg
Valerie Grummt

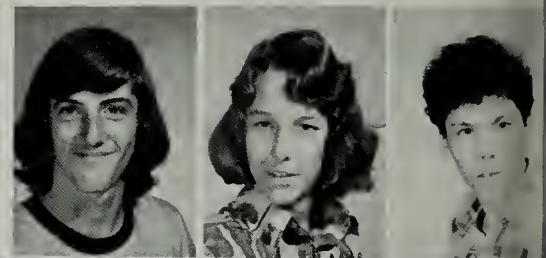


Andrea Mangram
Norman Newton
Gordy Sachs
Brent Smith
Kevin Strecker
Betsy Thompson

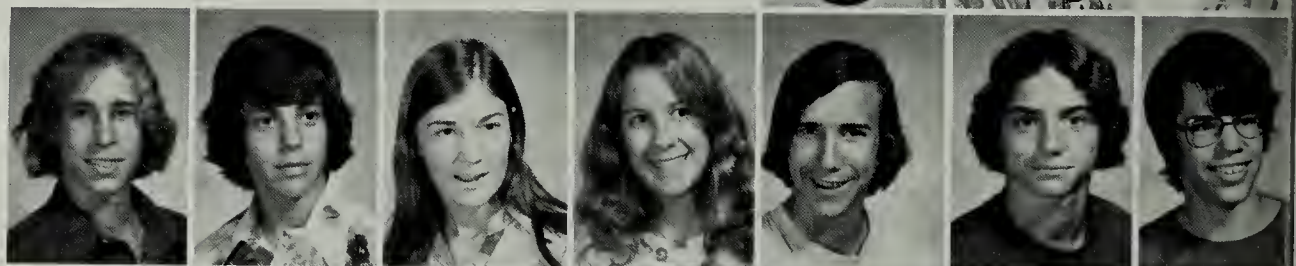


SOPHOMORES

Jerry Barnett
Mark Bennett
Nathan Carter



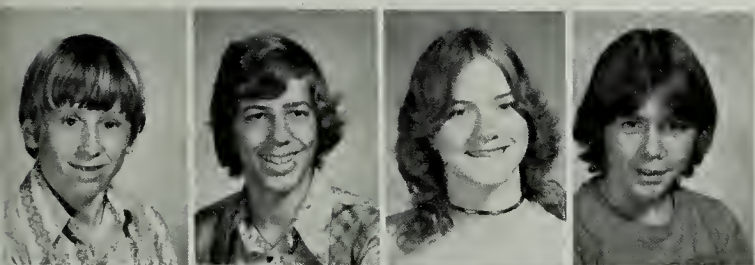
Greg Cullerton
Al DeAngelus
Barbara Duffey
Laura Ford
Duane Fulton
Steve Gerdon
Garth Hodge



Janice Thigpen
Debbie Thomas
Denise Thomas
Lynn Tipton
Ray Triggs
Robert Triggs
Eric Vogelsang



Jeane Monroe just barely slips by Terri Szymanski.



Tom Beckhoff
Michael Blake
Linda Finley
Billy Ice

FRESHMEN



Chris Irrig
Kim Klaren
Matt Martinisko
Janice McLain
Len Metallo
Monica Radman
Mike Taranto



Chuck Love
Marie Pearson
Richard Schafer
Tami Weaver
Tod Wichman

EIGHTH GRADE



Bill Christ
Costa Colbert

SEVENTH GRADE



Shauna Cooley
Robert Ivey
Ralph Lowenthal
Traci Oberle
Ginny Pearson
Jaqueline Radman
Brad Rothrock

John Snyder
Billy Taranto
Sharon West
Adam Wieder
Todd Wilkes
Eric Woolsey
Ann Marie Wootten



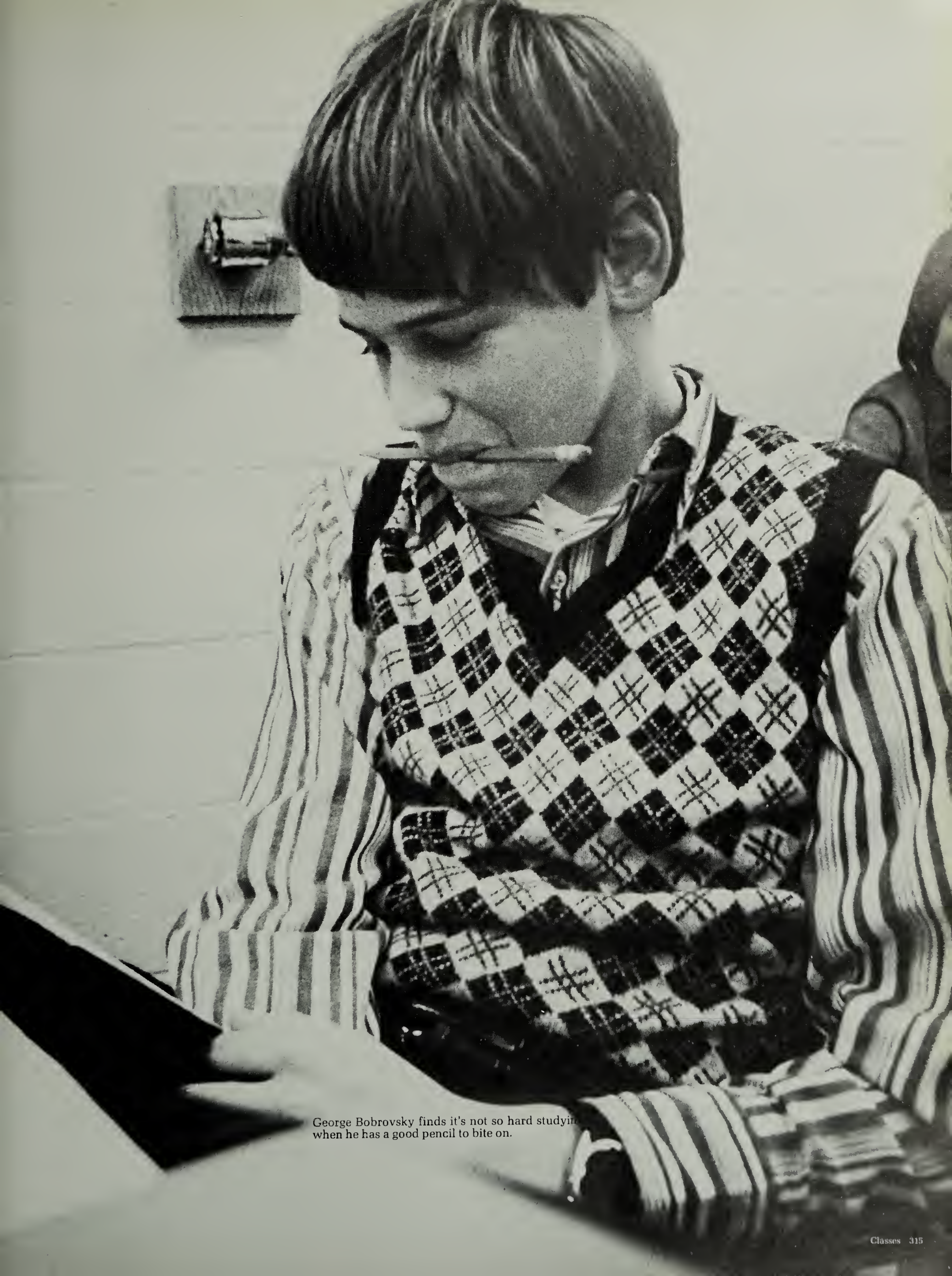
Hal Walter one of our Sophomore class.



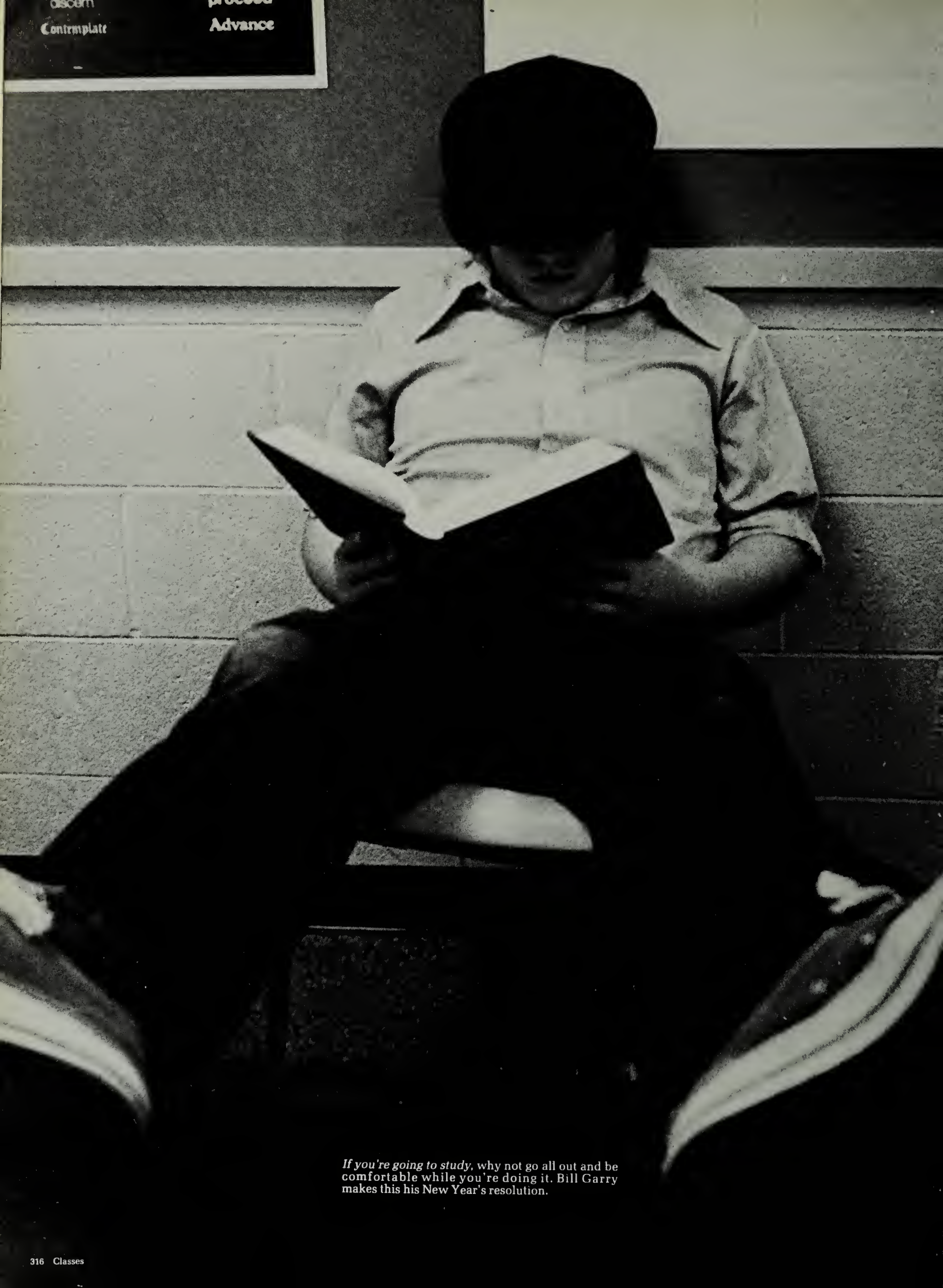
Joan McQuiston portrays Yankee Doodle in a skit she presented to the eighth grade during a January assembly. This assembly opened the class of '80 bicentennial celebrations.



"I wonder whatever happened to my bus."



George Bobrovsky finds it's not so hard studyin' when he has a good pencil to bite on.



If you're going to study, why not go all out and be comfortable while you're doing it. Bill Garry makes this his New Year's resolution.

Does anybody know how much it's going to snow?
Does anybody really care, about the flurries in the air?
It looks so pretty, so nice and white,
Too bad its bark is worse than its bite.
For the trucks came and sanded down
And now we meet the bus with a frown.

In a while we'll have 'bout an inch
Getting out of school should be a cinch.
Everyone's cheeks will be red and a glowin'
While the roads keep a icin' and the sky keeps a snowin'.
We'll love missing school, especially tomorrow,
For our geometry teacher's heart will be filled with
SORROW.

With the announcement of closing all county schools,
We forget about homework, teachers and rules
We all will awake in the mid afternoon,
Knowing tomorrow will come way too soon.
But for now a classroom is far from our mind
Leaving our books and our studies behind.

Here in Virginia it never snows enough,
But there were days when it was tough.
Our country's been covered with blankets of snow
From Washington to Ford, it's seen America grow.
For two hundred years it's been part of our past,
It'll melt away, but our country will last.

Kim and Mel





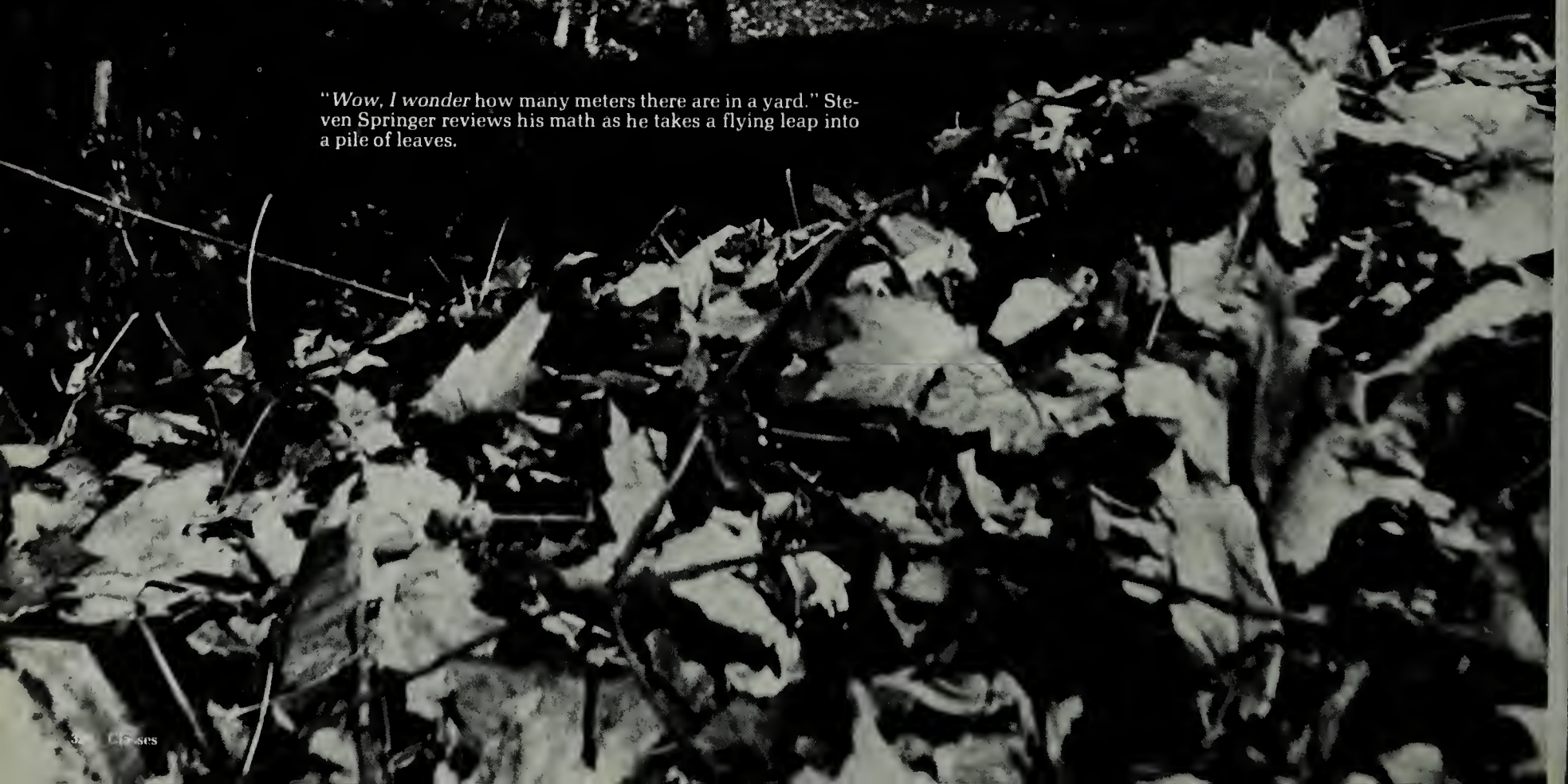
The class of '80 held an assembly in January to kick off their Bicentennial celebrations. The program included skits, patriotic songs, a puppet show and bicentennial parodies.



Ron DiGregorio has more
sole than most.



"Wow, I wonder how many meters there are in a yard." Steven Springer reviews his math as he takes a flying leap into a pile of leaves.

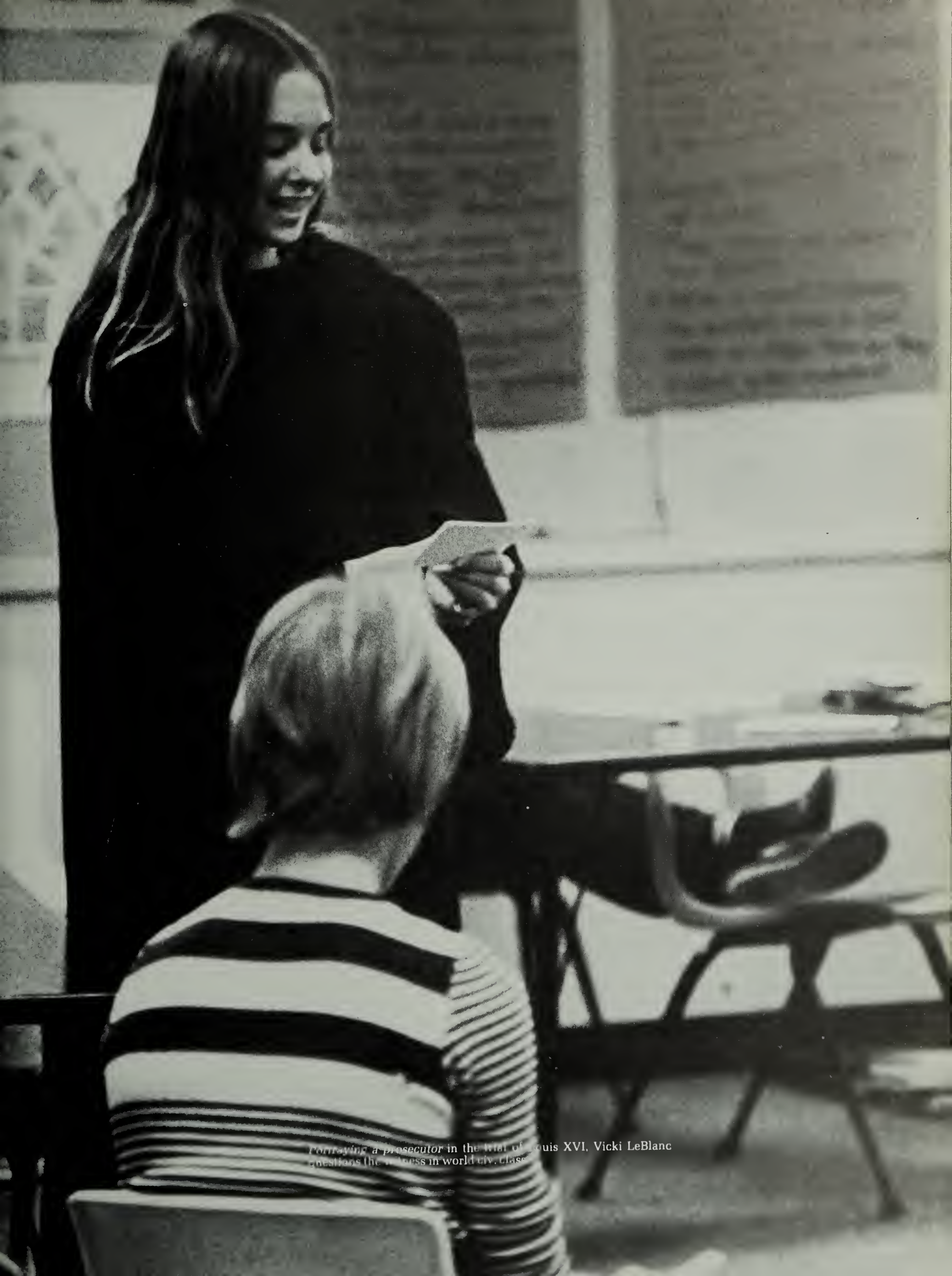




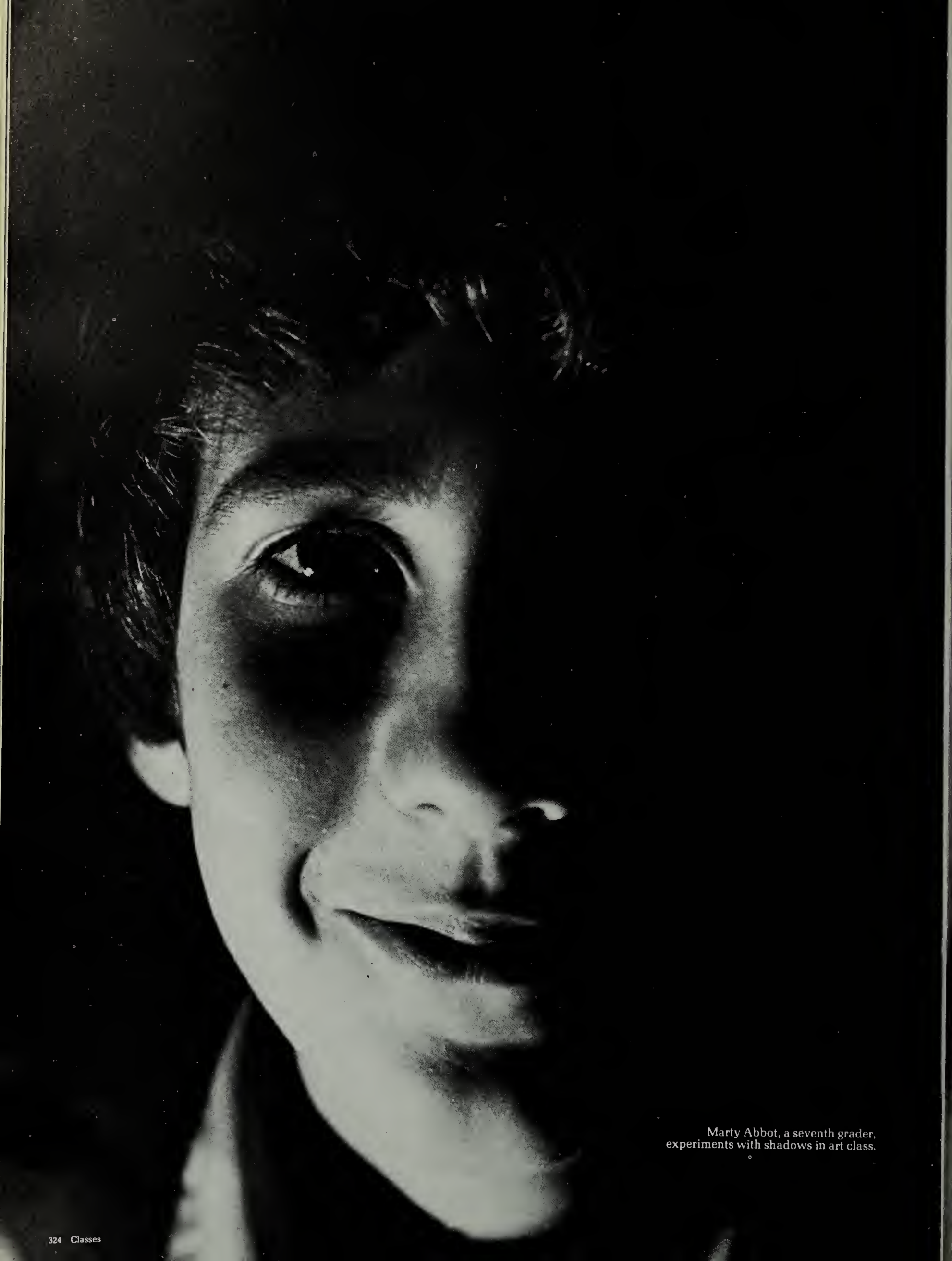
What Cindy Evans wants to know is, "If it's not pointing left, which way is it pointing?"



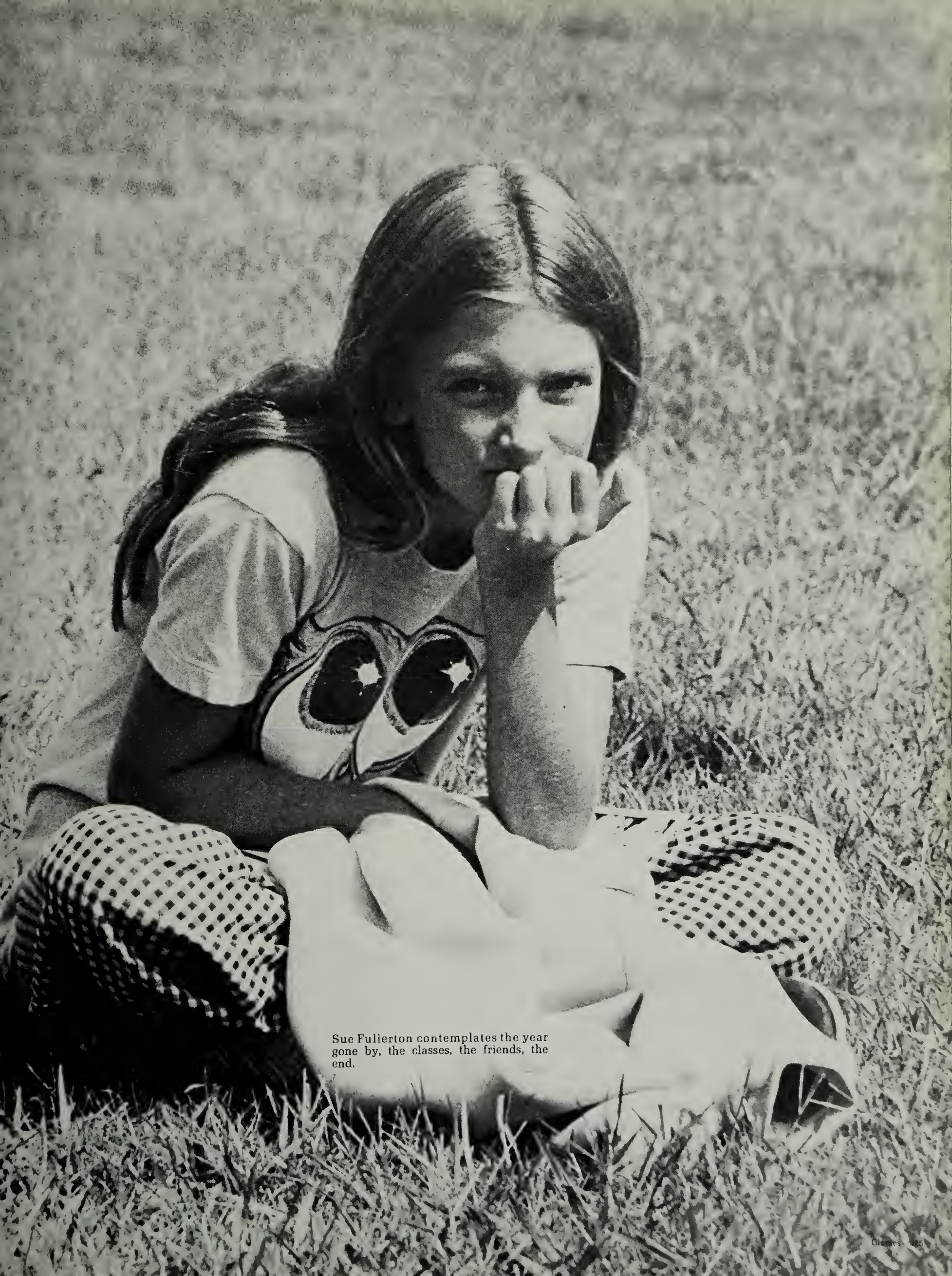
Kevin Moore in biology class.



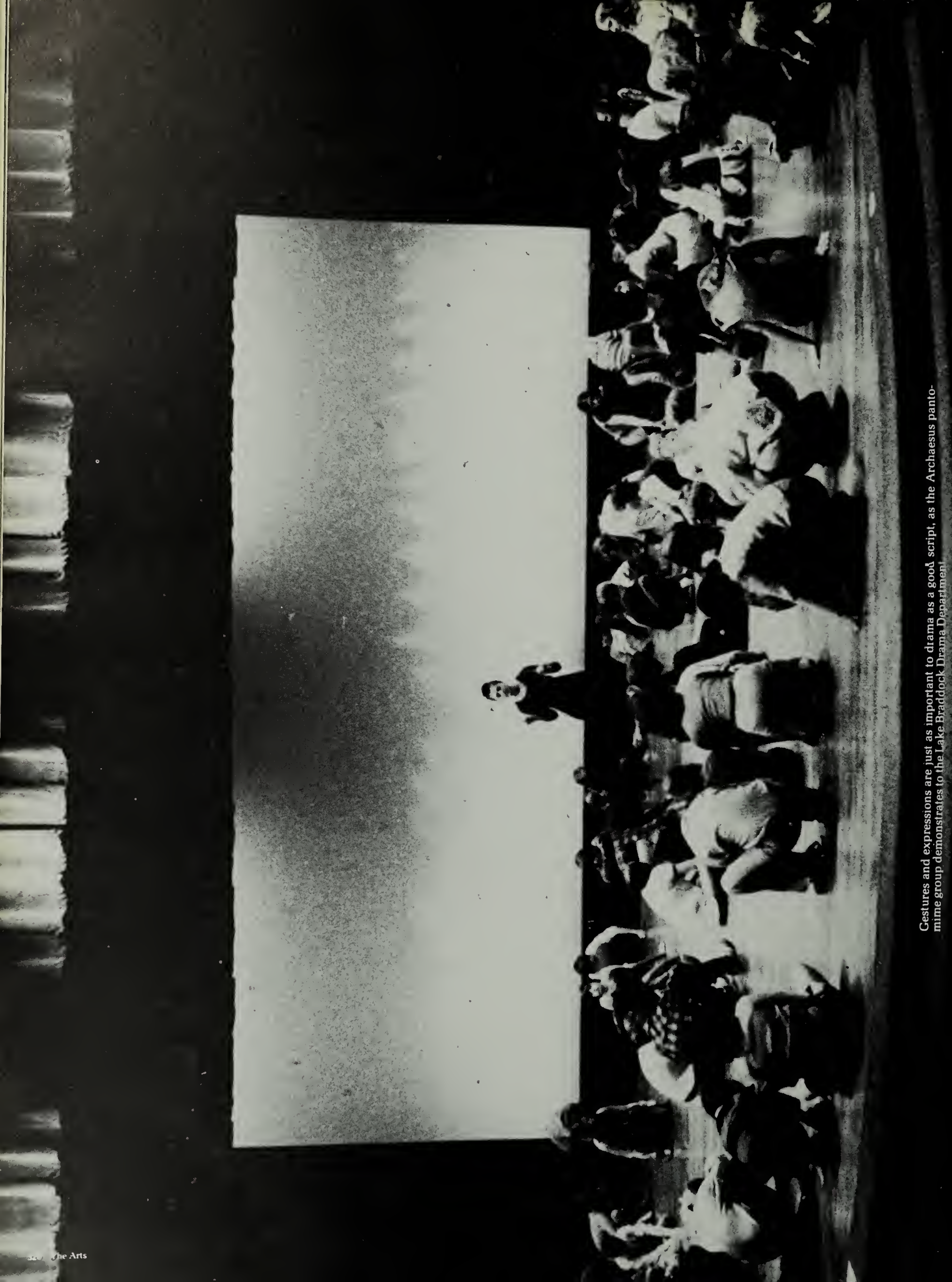
Portraying a prosecutor in the trial of Louis XVI, Vicki LeBlanc questions the witness in world civ. class.



Marty Abbot, a seventh grader,
experiments with shadows in art class.



Sue Fullerton contemplates the year gone by, the classes, the friends, the end.



Gestures and expressions are just as important to drama as a good script, as the Archaesus pantomime group demonstrates to the Lake Braddock Drama Department.

THE ARTS

What better way to celebrate our nation's two-hundredth birthday than to express our dedication through our talents. Lake Braddock's Art, Music, and Drama departments celebrated their creativity through productions and presentations. The students expressed their feelings for and about their school and country in the imagination they exerted towards their individual activities. The beauty of two hundred years of evolved talent was seen in plays, musicals, paintings, and sculptures. The arts of today were merely matured examples of the same type of expressions shown in the beginning of our country's history.



Never frustrated by the repetition, Mary Kline enjoys weaving.



Tim Bolen demonstrates the fine art of pottery.

EFFORT: A VITAL INGREDIENT

Not everyone is born with skill and talent. These virtues can be developed, but only with the help of one vital ingredient — effort. The will to succeed and do the best possible was seen in everything the art, drama and music departments did. The hours of planning, organizing and rehearsing, and presenting added up to an unbelievable amount of effort exerted by everyone involved. The faculty members worked together with the students to mold and strengthen skills and to initiate a determination for improvement and perfection. The students spent personal time as well as school time repeatedly practicing their assignments. Lake Braddock's fame and respect as an advancing, successful school was acquired through tireless efforts of all individuals.

Clay Richardson, proud leader of the L. B. Marching Band.



PRESTO! — from Lenay Stanfield to Oklahoma's Laurey with just a few strokes by a makeup artist.



Dave Burkes will tell you, a guy can hardly find room to swing his sticks anymore.



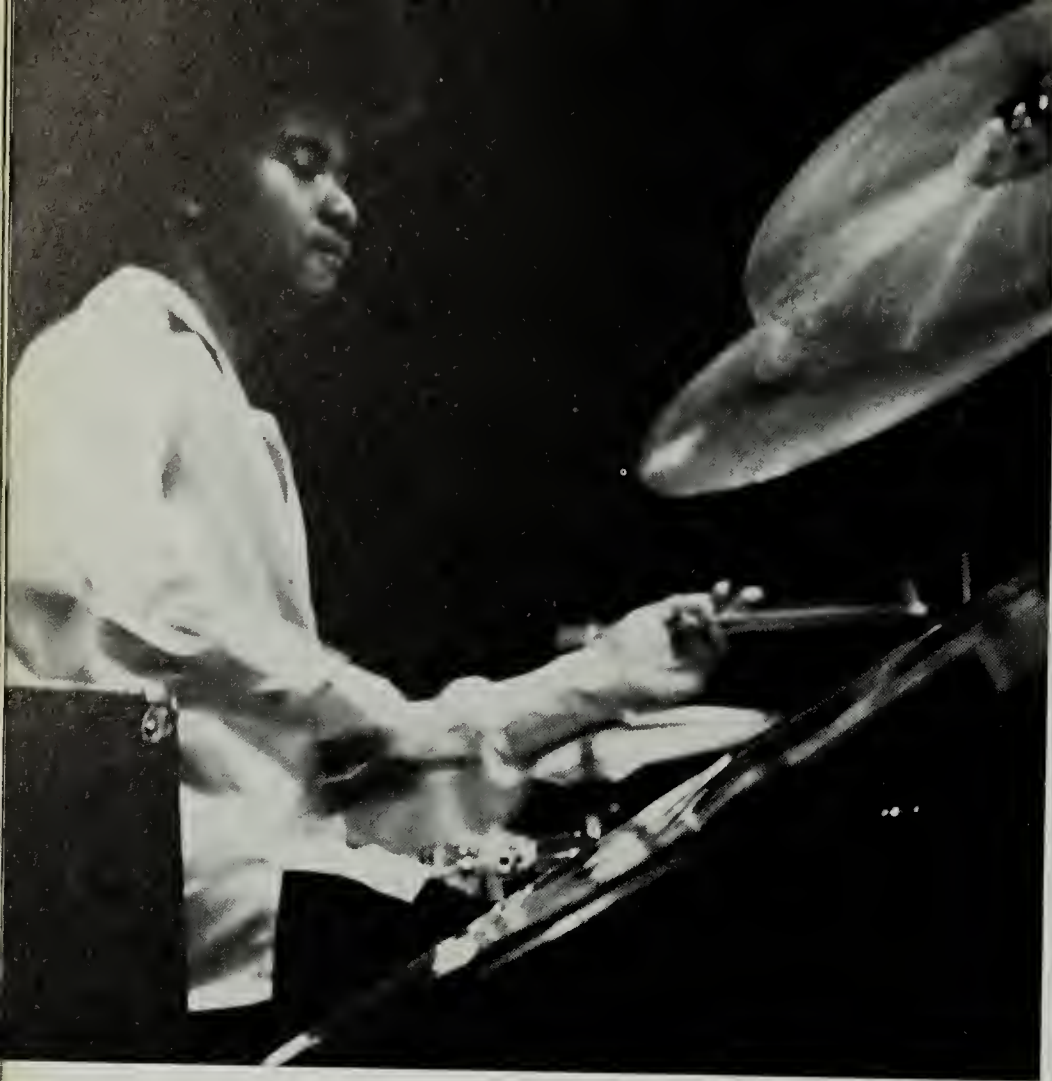
Robyn Fowler and Shelby Walter demonstrate freedom of expression.



Peg Stevens and Stacey Downing exhibit the real emotion behind *The Miracle Worker*.



"Magazines are BIG stuff," according to Teresa McKay and Cindy Tasker.



Clay Richardson demonstrates one of his many talents on the drums.



Buddy Morrisette and the beat of his drum set the pace.



John Lowe lets his fingers do the talking.



Holly Dick looks at the music assignment with disbelief.



Betty Newport displays true concentration.



Taking music to the limit, Kevin Donovan gives it all he's got.



Stage Band member, Marie Magsden adds sax flavor to the music.



Ladies and Gentlemen, introducing Dr. Claiborne Richardson and the L.B. Stage Band.

MUSIC TAKES IT TO THE LIMIT!

Students in the Symphonic Chorale, a part of the Music Department, presented concerts, sang at Graduation, and went on a tour to Florida during spring break. Within the Band Department, the Marching Band performed at football half-times, participated in the Robinson

Spectacular, and competed in the Herndon Mid-Atlantic Band Festival. The Symphonic Band presented concerts, hosted and competed in the District Band Festival, and performed at Graduation. The Stage Band performed with the Air Force Jazz Band and "The Commodores."



Good, Good, Good, Good Vibrations from Chris Johnston.



Doc Severenson, eat your heart out. The Cage is on the way!

A MELTING POT OF TALENT

It wasn't goulash. It wasn't stew. It was a melting pot of the art students involved in our art department. The different courses included in the program were ceramics (wheel thrown and hand built), crafts (making basically useful things with the hands), sculpture, soft sculpture (three dimensional forms), jewelry,

enameling, and textile design. There were also several categories of drawing, painting, and print-making. A well-developed elective, puppetry, not only required puppet-making, but also included manufacturing the theater scene and props, writing the script, and presenting the play.



Relaxing, students sketch a model in the art center.



Art Alexander — You make "me" a test little baby



Kelly Davail silkscreens one more month.



I knew the Art Department bought everything in bulk — But air by the bagful?



Very interesting, but is it art?



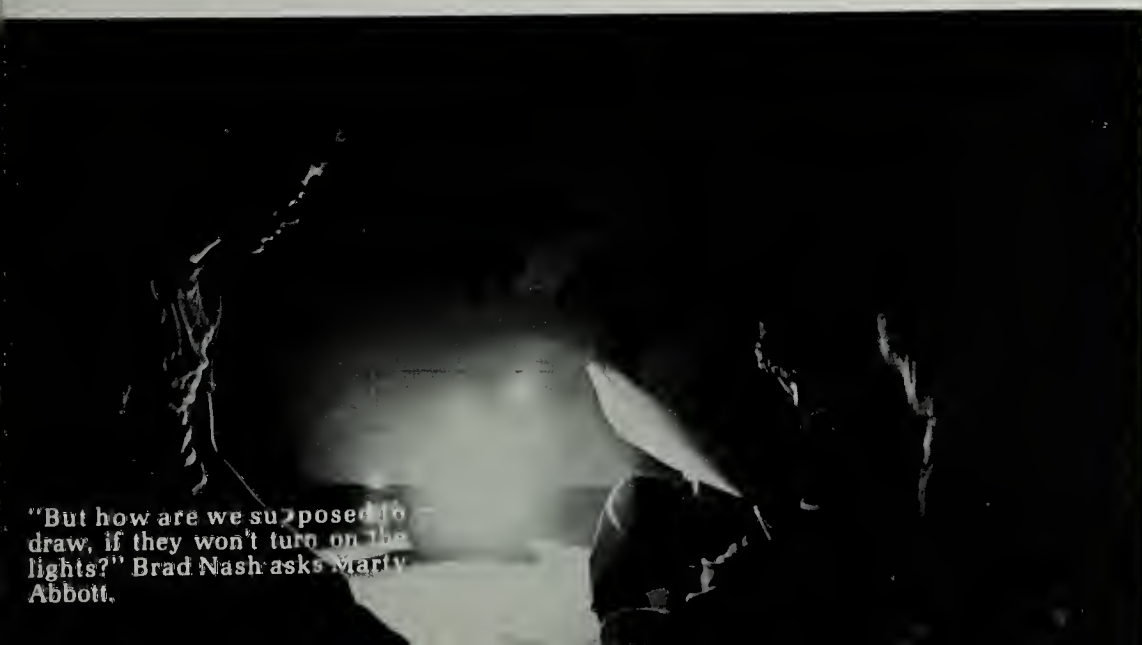
It's all in the wrist.



Chris Green gets his head together.



Doobie Smy needle thread the old fashion



"But how are we supposed to draw, if they won't turn on the lights?" Brad Nash asks Marly Abbott.



Stacy Downing portrays Helen Keller in *The Miracle Worker*.

Staggering from the effect of Laurey's kiss, Ralph Opacic, as Curly, backs off.



Greg Chadwick and Robert McDonald act as though they've never seen a yellow brick road.





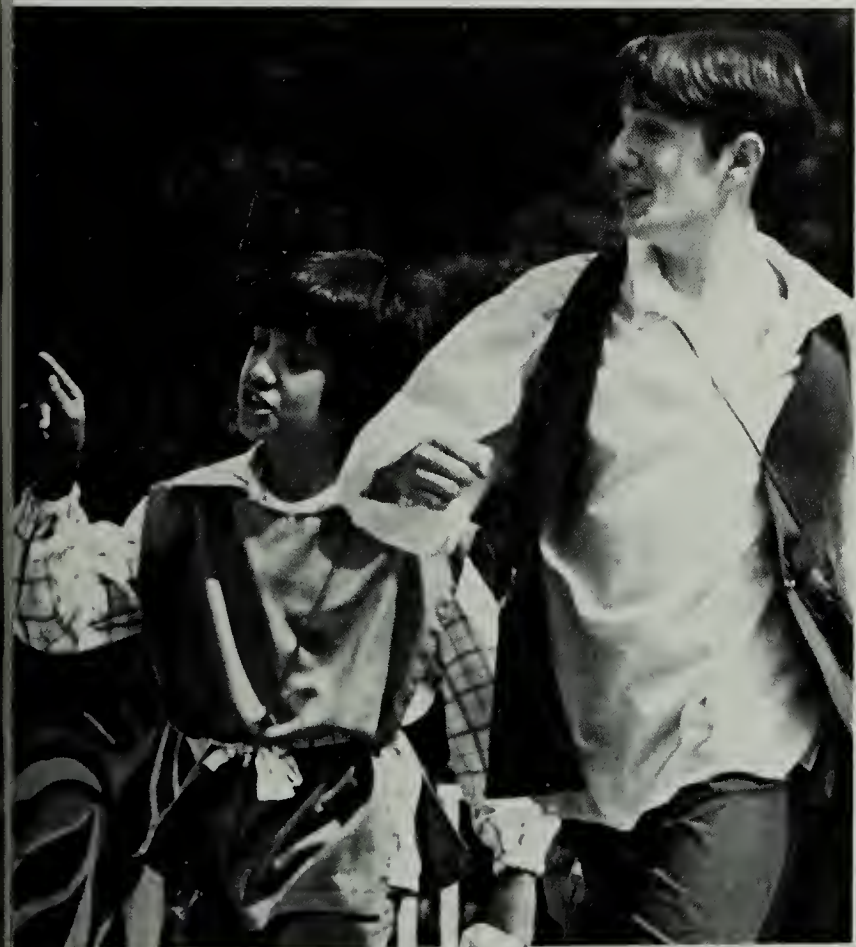
SUCCESS- "HOW SWEET IT IS!"

Enthusiastic, energetic, and talented were words to describe the students in the drama department. Their determination and drive for perfection earned the department the title of "successful." The members of the drama department didn't stop producing during the entire year, and all their performances came through with flying colors.

The summer months were filled with productions such as *Deadwood Dick*, and *Beast in the Cave*. The International Children's Festival in 1975 and 1976 was coordinated and

run by Mr. Jones and the drama department. In cooperation with the music department, the drama department also presented the musical *Oklahoma* and *The Wizard of Oz*, in addition to *The Miracle Worker* and *The Hobbit*. All were well received by their audiences. Other activities included skits for the magazine drive assemblies.

The department also held an awards night where students received letters, certificates, and other types of recognition for their involvement in the theater productions.



"Hope is the answer to everything!" exclaims Mark Stevens and Eric Eisenhower.

Peg Stevens, Stacy Downing, Julia Scowl act out a scene in *THE MIRACLE WORKER*.



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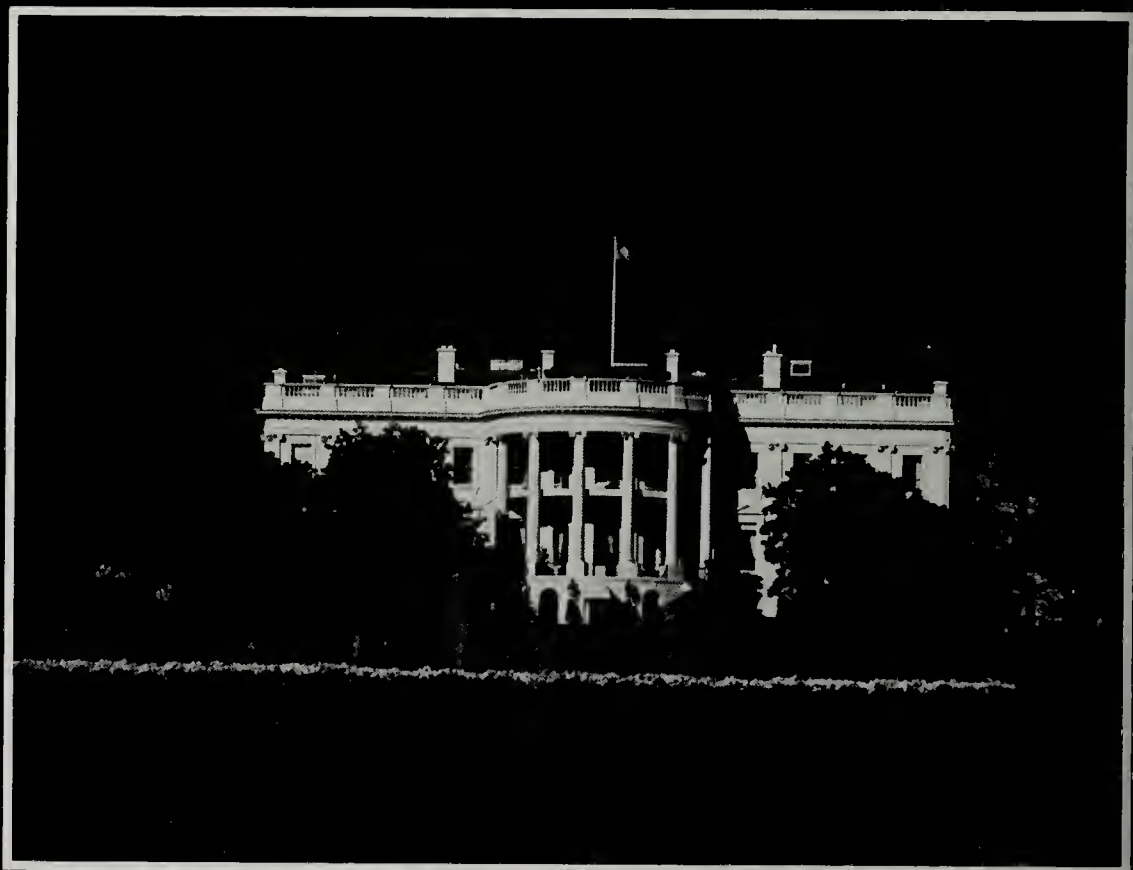
A Different Perspective

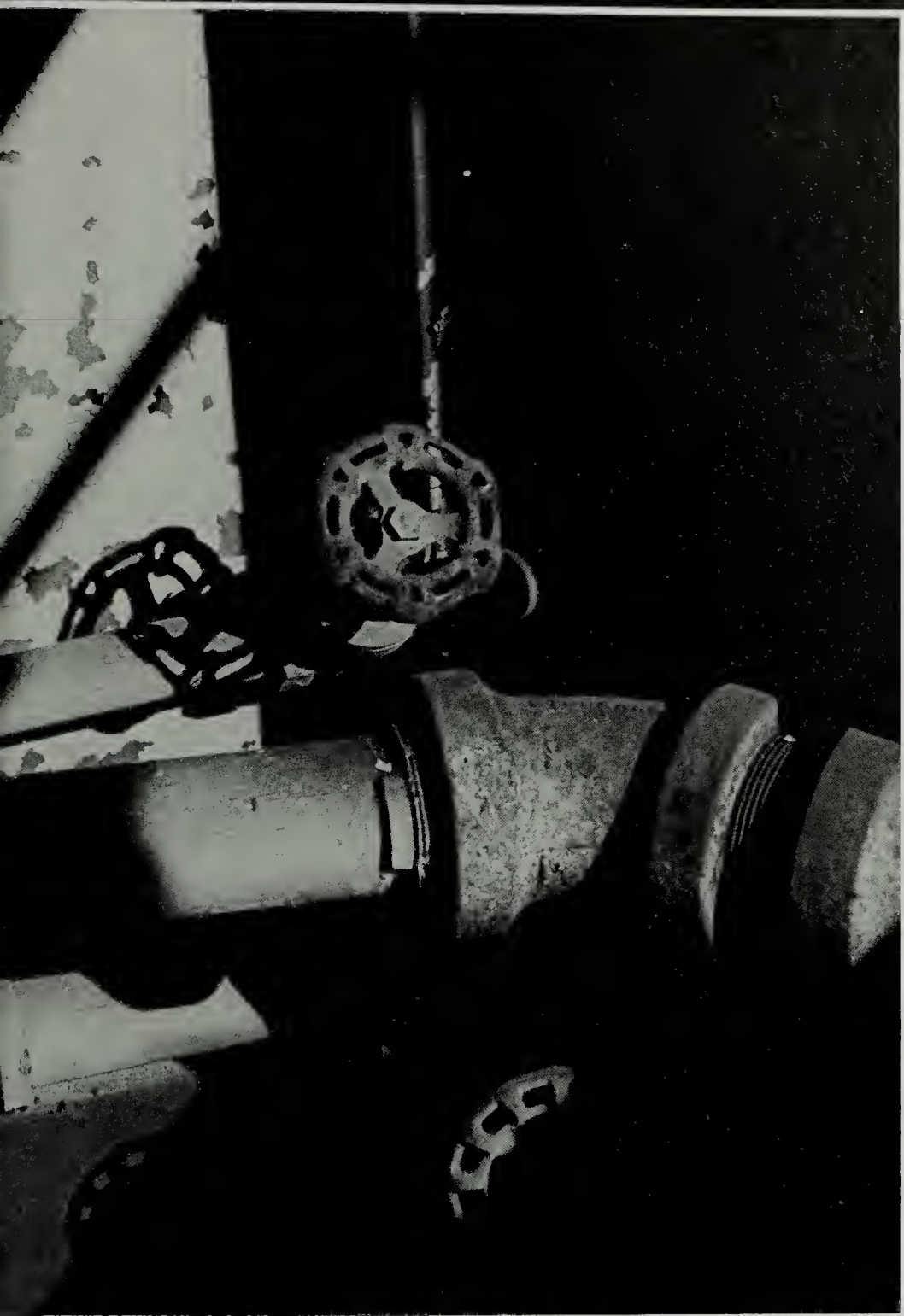


Common Objects

Most of us go through our lives not fully appreciating the inherent beauty of the objects surrounding us. We picture the White House in a postcard-like manner, and we consider every barn a red construction in an open field. Waterpipes tend to be ignored, and we look upon bells as producers of noise, not as photographic subjects.

There are factors that can alter the appearance of these common objects. A change in the lighting, exposure, filtering, or angle of view can make them unique and sometimes beautiful. An otherwise common subject can become picturesque by silhouetting it. A view from "a different perspective" can change the ordinary to the extraordinary.









Beautiful Downtown Burke

The area Lake Braddock served was one of contrasts. Not far from the subdivisions were familiar sights of the relatively undeveloped Burke area. The resources of Burke Lake and the surrounding land provided a unique situation for us to enjoy. The lake took on added interest when explored on an icy day. A look at the objects in Burke, such as a barn or a railroad sign, lent insight into an area that didn't fit into the scheme of rows of similar houses with catchy names. The lingering landmarks of an old farm community could serve to remind us of the way our lifestyles changed with the growth of the area we lived in.



Fluttering Patriotism

What is a flag? A rectangular-shaped piece of cloth of varying colors. In this bicentennial year, Americans looked upon the United States' flag as a symbol of liberty, democracy and freedom.

Lake Braddock proudly flew three different flags. We displayed the Virginia State flag, the United States flag, and, to commemorate 200 years of freedom, the official Bicentennial flag.





A Private World

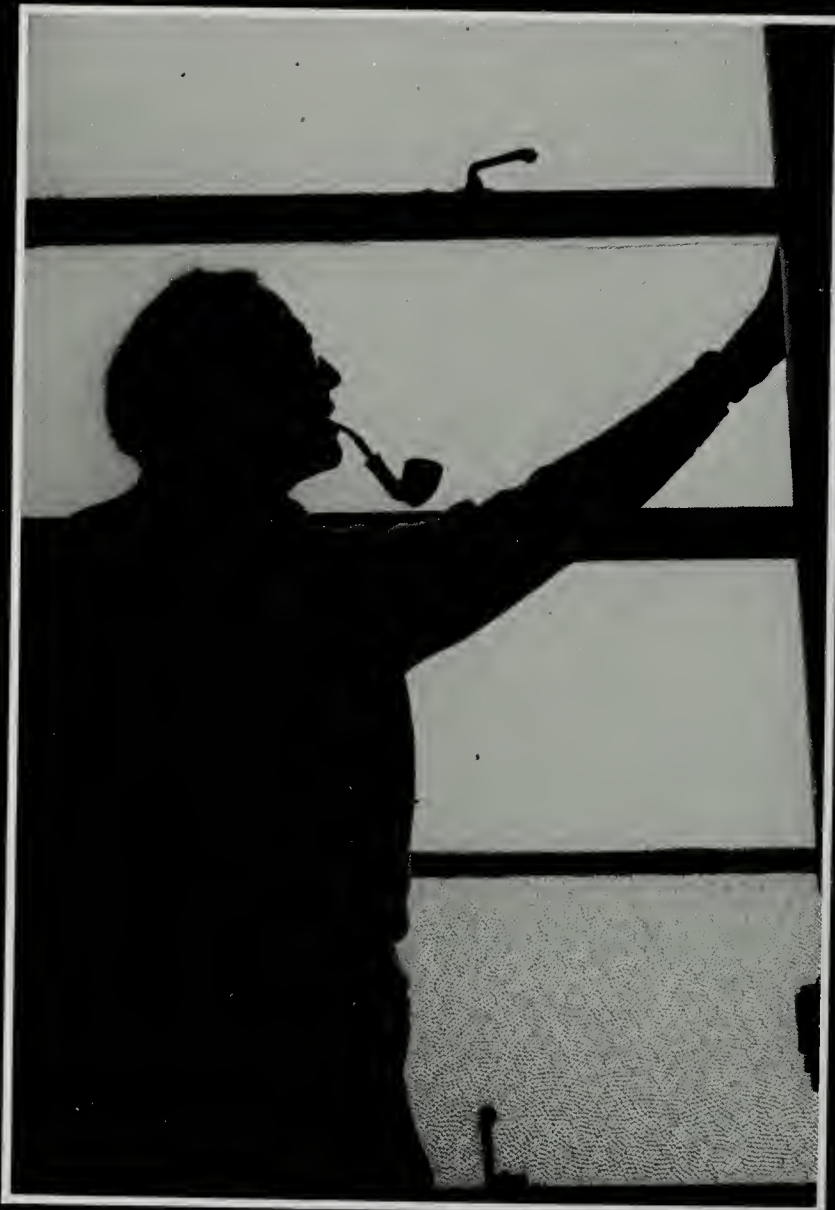
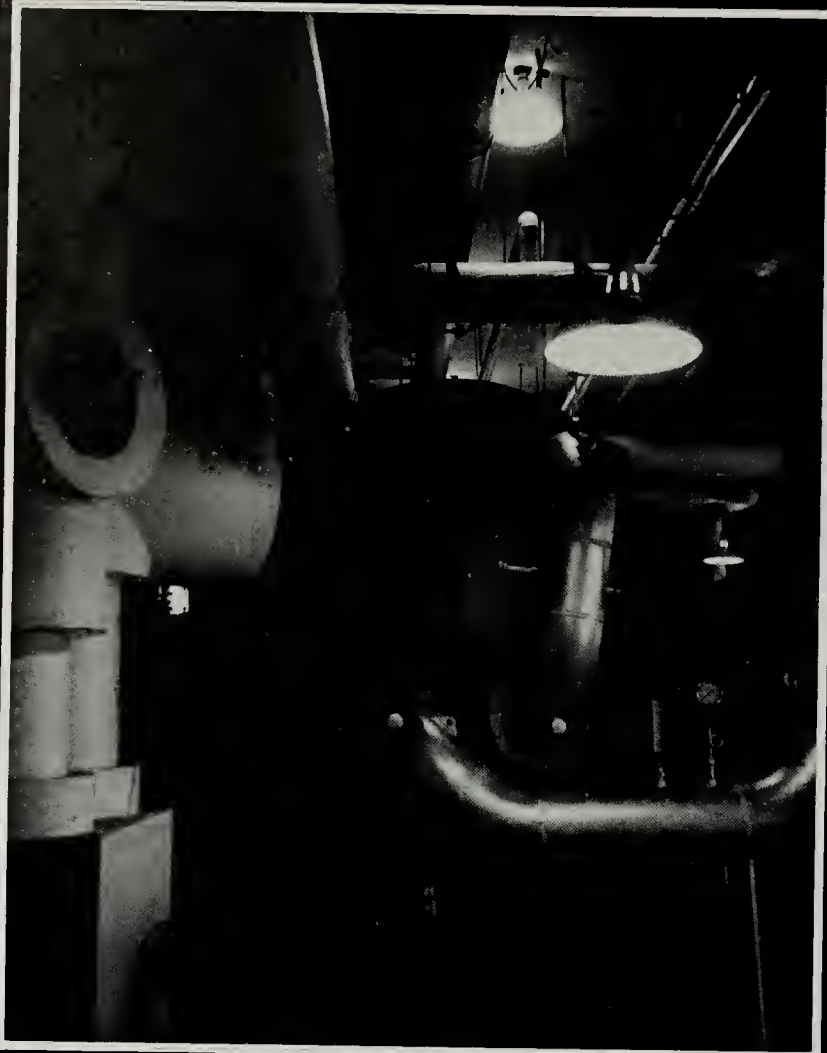
In an open school, many of the halls were eliminated when the walls were left out. Nevertheless, Lake Braddock still had its share of hall space, most notably the two main halls spanning one-fifth of a mile. Size wasn't the only way an open school affected halls. Along with our open-minded attitude, our halls became everything from a

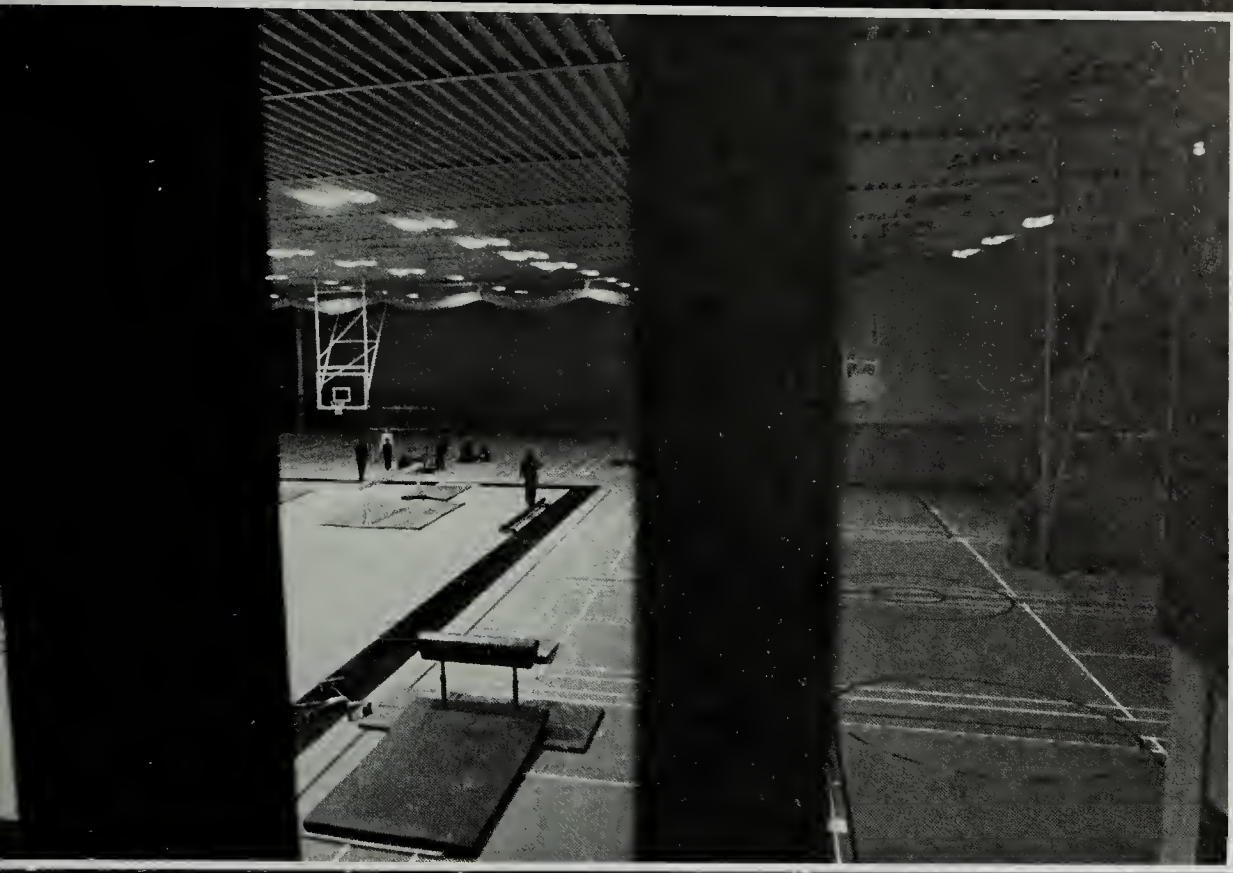
private study area to a classroom for a teacher who wanted to escape a crowded subschool. It was hard to believe anyone could find a space of their own in a school with so many students, but the halls often emerged as the best place to seek solitude.

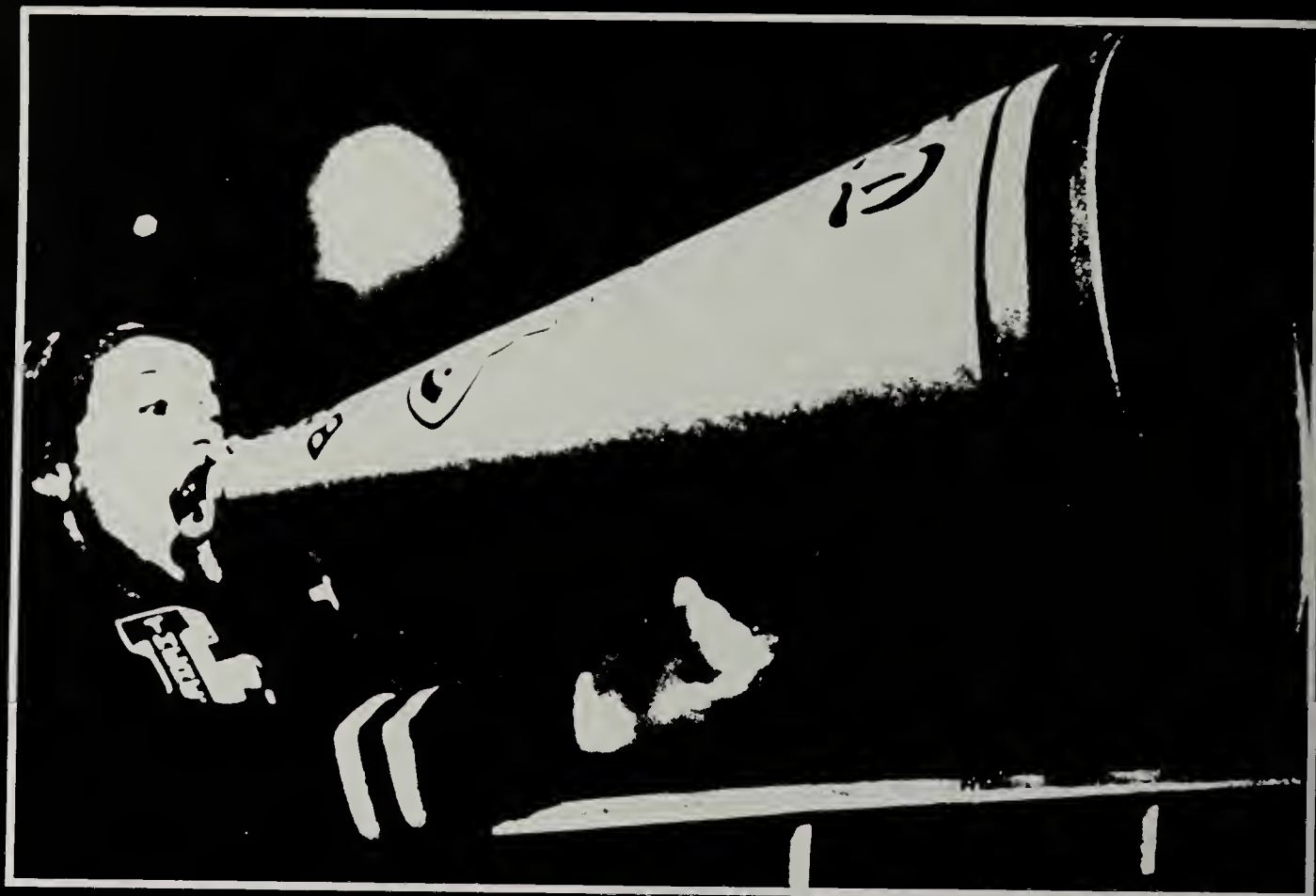


Remote Places

Few people knew how many keys it took to open all the locks at Lake Braddock. Or what the gym looked like viewed from the ceiling. It was only after you saw the maze-like boiler room that you could understand why half the building froze while the rest boiled. Here was the domain of Mr. Dave Webber, and the world of Lake Braddock which was foreign to most of us. It could provide yet another perspective of the intricacies of our school.

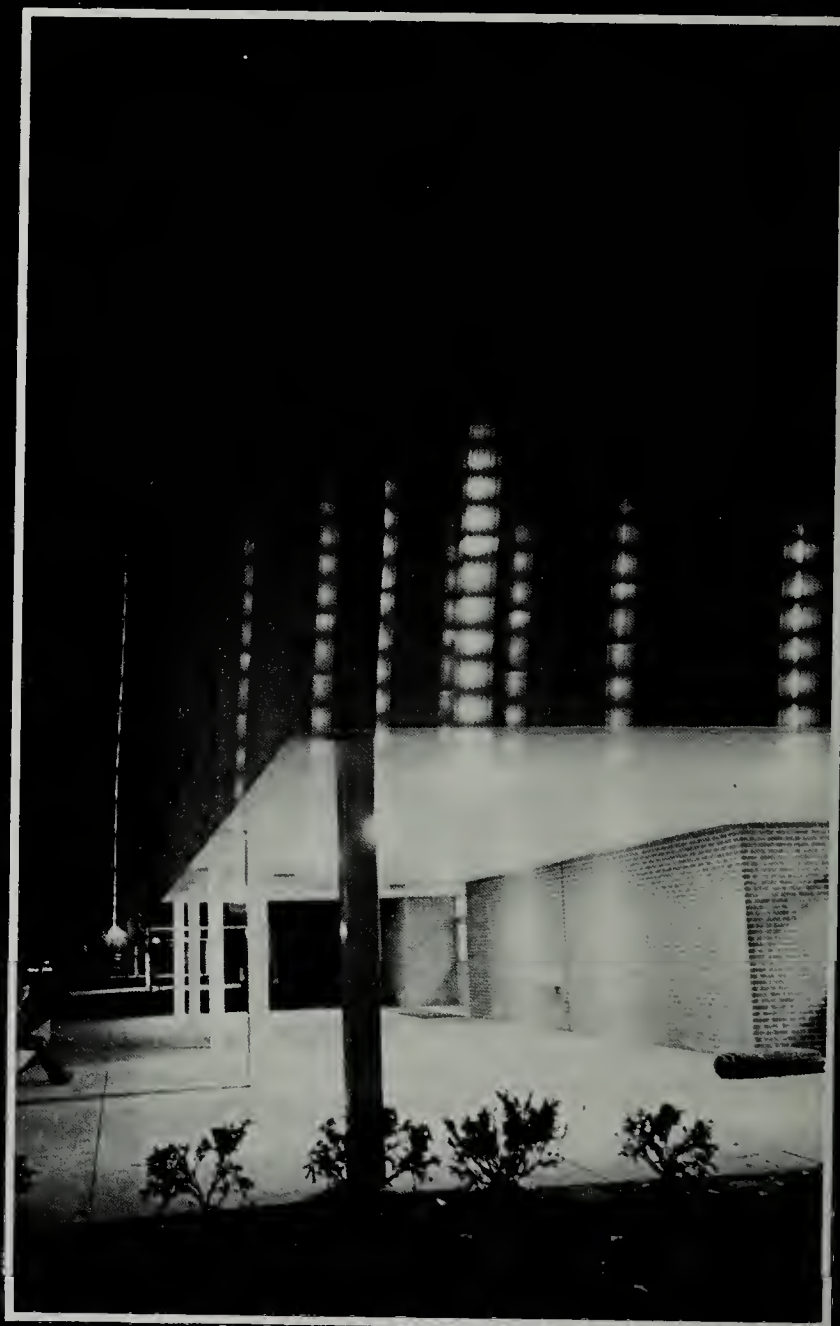


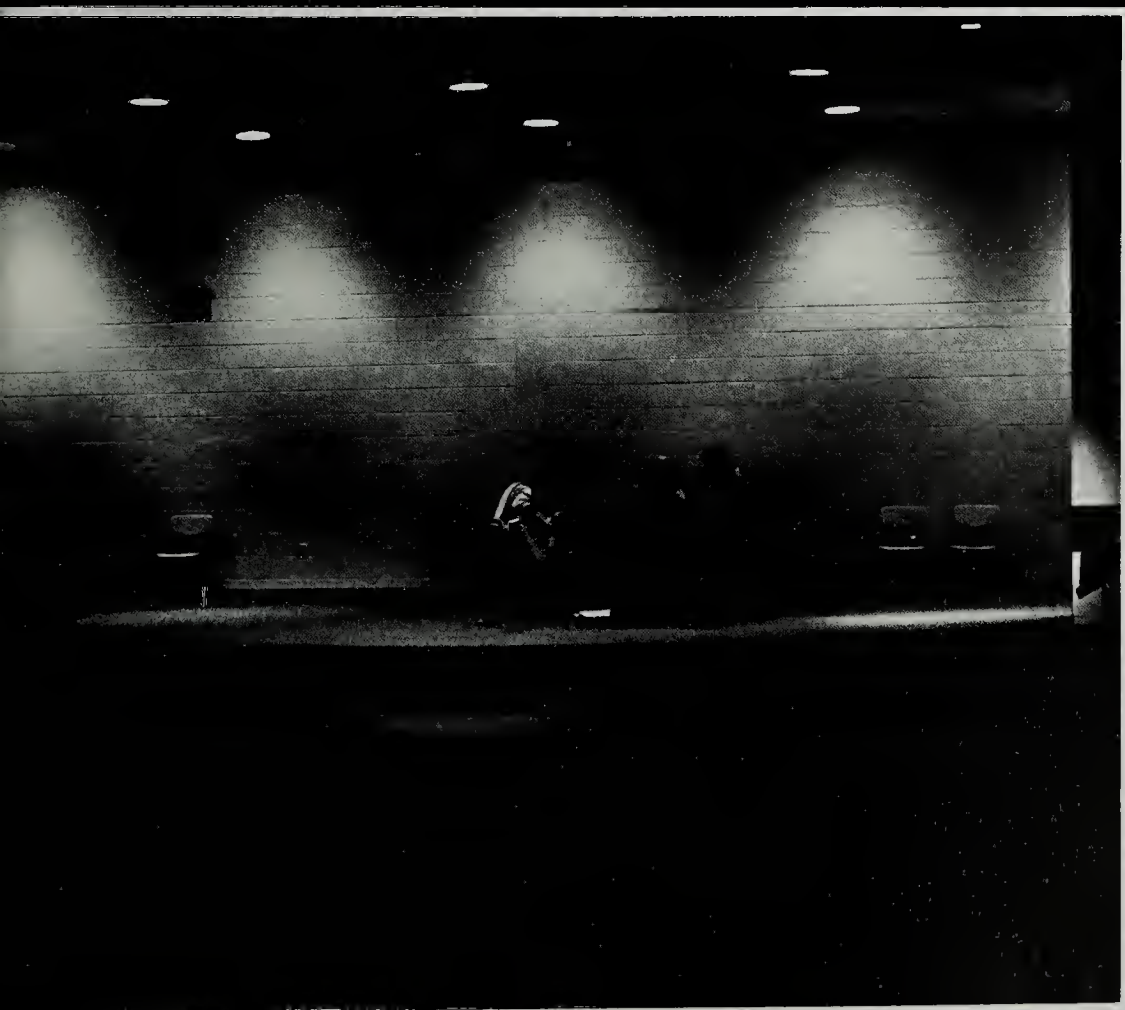




Different Things Vary

Our school was comprised of an untold number of students, teachers, administrators, mice, dogs, guinea pigs and fish, not to mention a few skeletons in their respective closets. This variety is what Lake Braddock was all about. If there was anything worth doing, chances are one of our groups was doing it. Obviously, everyone didn't agree on everything, except possibly the health hazards of cafeteria food; but that was another big part of Lake Braddock . . . the ability to form an individual opinion rather than one dictated by school policy. And besides, nobody forced us to buy lunch. Our variety show, or was it zoo, served to make Lake Braddock that much more interesting.

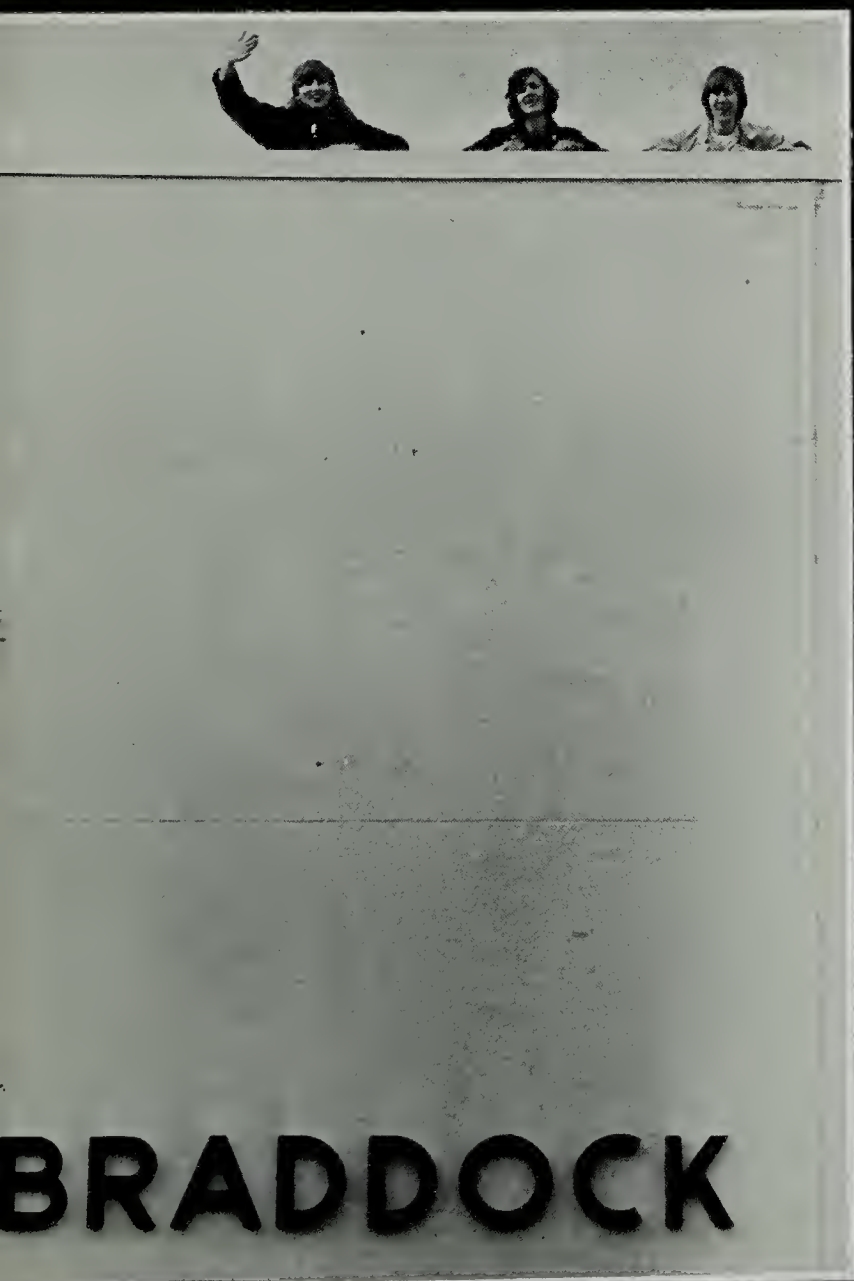




A Salute

An outsider would view Lake Braddock as a building, minus a wall or two, filled with unknown faces. To many of us who were here since the "makeshift" beginning three years ago, there was much more. Not only did we grow as individuals, as students do, but we grew as part of a school which was growing. The learning environment which existed belonged to all of us, for we helped to create it. Lake Braddock was very special to its faculty and students because of the small part of ourselves we put into it. Salute Lake Braddock, the school, not the building.





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During the Fall Festival Week Bonfire, two students sit quietly and exchange ideas.

RIGHTS AND RESPONSIBILITY

In celebration of the Bicentennial year, scholarships and contests were sponsored by high schools and colleges. In an entry to the "Voice of Democracy" speech contest, Brian Phillips cites important points concerning our past and the meaning of this great country:

"What rights do you and I have because of our heritage?

"Our forefathers put it this way: 'We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain inalienable rights, that among these are life, liberty, and the pursuit of happiness.'

"Ask yourself — 'Does violence threaten my life? Do I still have liberty when someone taps my telephone? Or, am I free to pursue happiness when I have lost my job because of a reduction in force?'

"Do we still have rights to life, liberty, and happiness to the same extent as our forefathers did? Why then do we have so many acts of violence in our country? What has happened to our inalienable rights? Have they been altered or are they now void?

"The men in the Continental Congress did not stop with just expressing their rights, but were willing to put their rights to an absolute test by pledging their property, their lives, and even their families. They expressed their rights through their responsibility.

"Yes, responsibility is part of our heritage. Each of us has inherited certain rights, but just having these rights is not enough — we must also accept the responsibility."



From the far end of the bleachers, it is possible for one to view LB's surrounding through a different perspective.



Nothing like a day outside with the ecology club to bolster Pat Breeden's spirits.



Lieutenants Cheryl Shephard, Sharon Johnson, Lori Hopkins, and Debbie Howey cannot get over the size of the first place trophy the Intermediate Drill Team won at the Virginia State Drill Team Competition.

"Let's look at the men of the Continental Congress. Most of them were wealthy men, having large estates. These men, their families, and their fathers' families worked hard to establish themselves. But when each one of these men signed his name to the Declaration of Independence, he was not only declaring his rights, he was also declaring his willingness to sacrifice his home, his property, his family, and even his life. They were willing to give up their materialistic gains in order to achieve a life of liberty. The last sentence of the Declaration of Independence says: 'We mutually pledge to each other our lives, our fortunes, and our sacred honor.'

"Have you heard the expression, 'I don't want to get involved?' I recently read of an incident that illustrates this attitude so common today. Many people were riding on a bus when a gang of youths boarded it and began taking people's wallets, purses, and watches. The robbers were eventually caught, but the majority of the victims refused even to claim their own possessions because they didn't want to get involved.'

"Tell me, what would happen if everyone in our country refused to get involved, or what would have happened to America if our forefathers had refused to get involved? Where would we be today? Accepting responsibility seems to me to be a vital ingredient for preserving the rights our forefathers established. We can see that 200 years ago the men who built this nation were willing to sacrifice their lives, their liberty, and their happiness that we have had for so long.

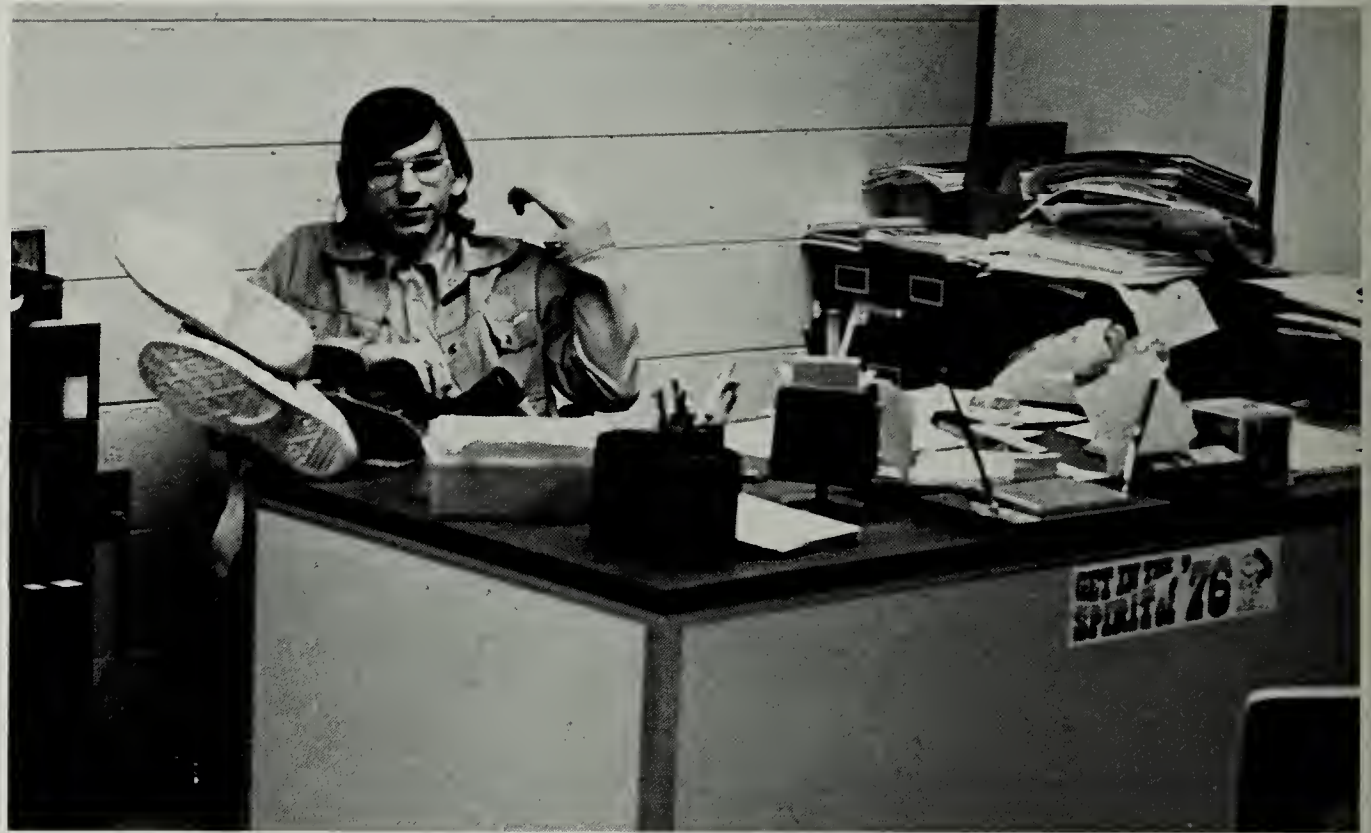
"What am I willing to sacrifice for the right to life, liberty, and the pursuit of happiness? Will my children have the same great heritage?

"The Bicentennial does not mean to me the visiting of the White House or the Capitol, nor the selling or wearing of buttons that say 'Happy Birthday, America!', but a time when we can look back and see what our founding fathers did for us. We can see that because of their sacrifice we have inherited their rights, but we have also inherited their responsibilities.

"And to me and my generation, this means that I must accept this responsibility, and I consider it a privilege to pass on to my children and my grandchildren this great heritage."



A broken water main should have been worth at least a half day off of school, but Mr. Webber and the custodians had the cafeteria in shape before lunch.



In obvious control of SSV, Dave Pasztor relaxes in Mr. Johnson's office.

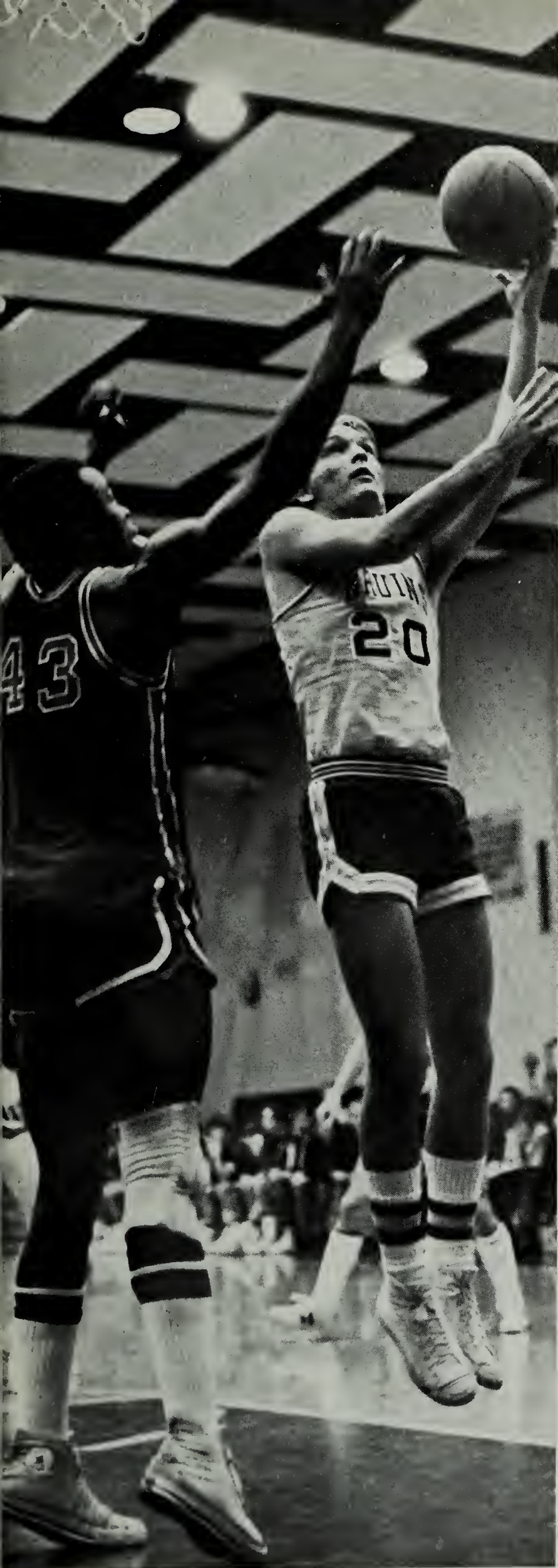


In a typical class meeting, Chuck Wedel, president, speaks to the seniors of LB.

The Key Club initiation, complete with Jamie Foggo's cake icing, brought grimaces to Jay Bullard's face.



The summer of '75 sported the newest styles as shown by Gary Mahey: jeans, bare feet, and a tux.

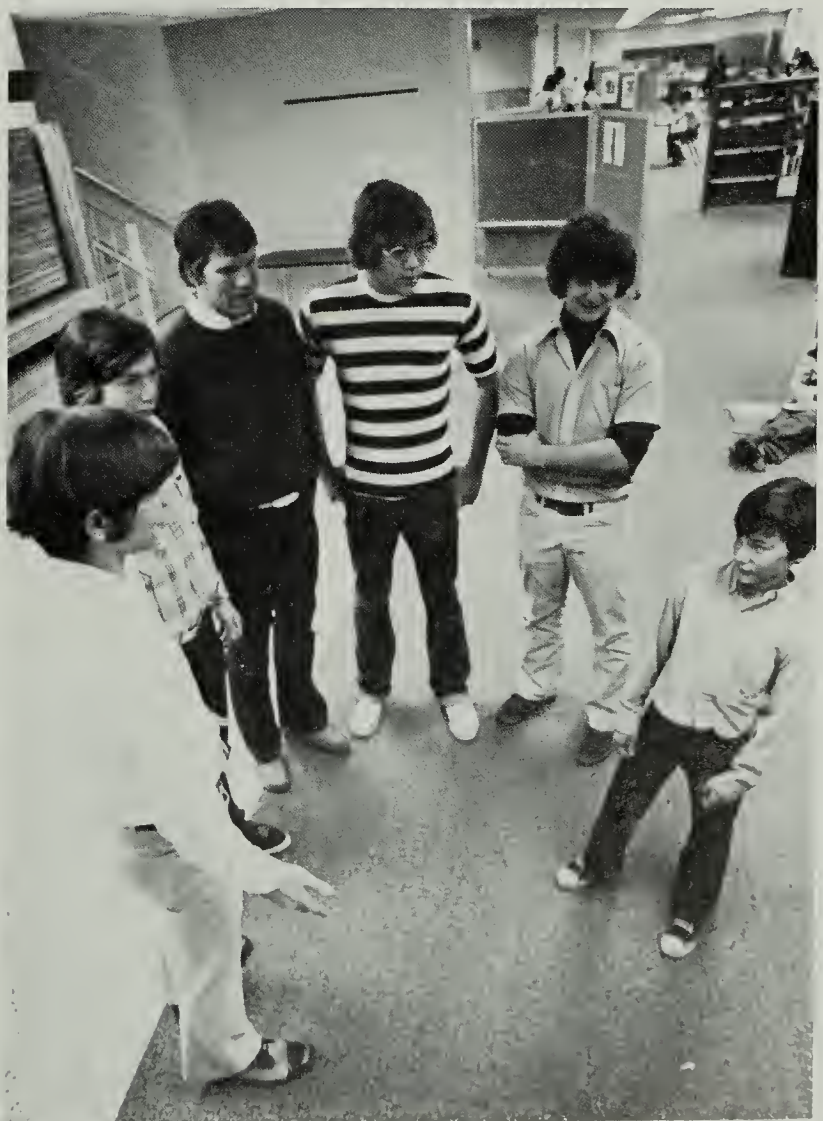


Using his skills against DeMatha during the Christmas Tournament is senior Rick Peterson.

SMILES AND TEARS ...

Leaving LB was approached with not only happy cheers and anxious tunes, but also with doubts, tears and a little pain. Seniors had close ties with members of the Class of '76 along with teachers and underclassmen. These were sometimes unwillingly loosened as goodbyes were spoken at graduation.

Still, there was promise in the summer air of the coming years, the free time; and the coaxing winds of change kept us counting the days 'til the end of high school.



Holding his own against five senior brutes is one of LB's "little people."

HARD WORK AND TAKIN' IT EASY



If you don't take shop, Clint Phillips would tell you he's brazing a candle holder with an oxyacetylene torch; and if you do take shop, that's standard stuff!

Well, heck, we're a complete school now, what's left? All of our firsts for doing things aren't first anymore. Instead, we still have the opportunity to follow on the carved path of those before us, but who knows? Maybe we'll change a few things ourselves, or add on to the structures we have now.

We celebrated all our accomplishments, individually and collectively, in many ways. Tears, pain, laughter, joy, hard work, and takin' it easy; all were forms of living up to being a total unit. We've done and seen it all, from registration to graduation. We've experienced and learned things inside as well as outside the classroom which furthered our life long education, and while some of us sought change, others settled back into a routine.

After all that, it's time to pursue our other endeavors outside these walls . . .



Practice is an important part of any athletic activity, from Kyle Noel and Co. to our own Varsity squad.



An open school still leaves plenty of room for a private conversation between Ms. Yalen and Darsi Krueger.



Geometric beauty can be found if one looks hard enough, but a fence doesn't always appear so at first glance.



Calling all students! Be on the lookout for a runaway rock last seen heading towards SS4.



You'd think the school is all one way; but don't worry, it has another side to it.

SUN 'n SURF OR PUNCH-IN AND PAYCHECK

. . . sweet summertime is comin' up! Bye for now and see ya around, the sun's in our eyes and we can't wait any longer.

The '76 Lair was printed on Taylor 80# enamel made by West Virginia Paper Co. for pp. 1-32, the remainder of the book on Taylor 80# dull enamel specially formulated for Taylor by Mead Paper Co. Body type was Melior with italics in 6, 8, and 10 point type, and all headlines were set by the staff. The cover was printed with 6 applied colors by Lithography plus varnishing. Color prints were separated by computerized laser scanner, printed on Miller Four-Color Presses. The typography and pagination was by Taylor Computer Controlled, Cybercomp System.

We'd like to thank Mr. Hal Shoun and Ms. Barbara Brant, our advisors, for their time and support; "Uncle" Bob, our representative from Taylor Publishing Co. for his fine service; and Dave Pasztor, Eric Leeper, Bruce Mikula, Paul Hillery, Scott Wacker, Charles Crafton, and Tom Hoioos our contributing photographers. The Publication's Committee for their help and dedication to our purpose every time we called. And most of all to our parents who waited dinner on us all those evenings we were working late.



It might be odd to see a Junior at a Senior bike-a-thon, but Leslie Debinski doesn't mind helping the operation go smoothly.



Dave Richardson likes to get outdoors and do what a lot of us like to do: experience a little fresh air and sunshine.

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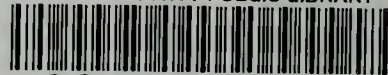
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